Ruth Montgomery coined Walk-ins to describe away of spiritual transformation.

WE REMEMBER, Stories of a Spiritual Awakening

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WE Remember

Stories Of A Spiritual Awakening

"The main thing is to always go with your feelings and always trust the process.

Just let it be, just like in your spiritual life, you let go of the control, you trust and what ever comes out is supposed to come out in it's own divine timing."

-Kelly Lynn

Kelly Lynn

"I am going to ask you to listen from your heart, because what I am going to share is my truth and you will feel that truth even though your logical mind might not be able to grasp what I am saying."

My heart is open and I am listening.

"I have never really told this story to anyone unless they were helping me with healing work. Let me share a little back ground with you to set the stage of my family dynamic and my father's work.

I have an older brother who is my half-brother; he is eleven years older than me. My sister is three years older than me. I'm the baby in the family. My father had a very strange background that nobody knew about and still, we do not fully understand.

He met my mom and they married. He had an eightyear-old boy with him when he married my mom that we later found out he had kidnapped. I won't go into that at this time, as it's not relevant.

I was born into an occult family through my father's association with the Masons and with a Satanic Cult. My father was an alcoholic, a drug addict, a pedophile, and a CPA by profession.

When I was a young child, he wasn't physically able to work because of the effects of the drugs and the alcohol on his body. So he needed to find other ways to make money.

One of the first memories I have is being in a stroller and my father taking my sister and me to a bar where other men would hang out. This was a place where he could sell his daughters. This was one way that he could make money.

My sister is blonde hair blue eyed and I am brown haired green eyed. Two daughters were a hot commodity in that market. He was also able and willing to sell drugs. I think that is how he became connected to the cult, the Mormons, and the Masons, is through the sale of drugs and of us. He didn't have any value or power to them, but he had something that was of value to them; his two young daughters. My sister and I were a huge part of the child pornography market and the snuff films.

There was extreme secrecy surrounding the making of the films, the drugs, the ritual and satanic use of the small children within these cults and brotherhoods. The children, myself included, were programmed from the very beginning.

We were taught to forget what happened to us or to remember incorrectly the events we participated in. The programming called for us to commit suicide or have an accident rather then say something that would expose a secret. For this reason many of us developed Multiple Personality Disorder."

How does your Walk-In experience fit into this childhood?

"I met a healer who could channel and he volunteered information that helped me understand that my multiplicity was really a Walk-In experience. I was about 90% into the healing processing when I met this guy. He had no idea if I was a multiple or what my background was. He didn't know me and had never

met me before. He just came right out with me being a Walk-In and it felt right to me.

My sister and my brother are both multiples in the traditional sense. In order to cope with such extremes, their minds literally split off compartmentalizing aspects of themselves. The cult did create intentional multiples in the children. Some personalities were created to go to work, some would watch others inside the internal system, some would be there as guards or secret keepers or to act in different roles. They would create the personalities in order to survive. My sister and my brother are traditional multiples; my sister is still in her healing process. I have finished mine. Thank God. I am not a multiple.

My understanding of my contract as a Walk-In is to allow a lot of beings that needed to or choose to, for various reasons, whether for education or karmic balancing, experience the many types of human dynamics and dysfunctions that Earth has to offer. They didn't need to experience the whole life from birth to death, they just needed certain experiences. We would do a time-share to experience what we needed to and since there was limited availability for bodies, this seemed to work for all of us. In this process I came to know that some of the Walk-Ins were living in other times and other places; that they were not living here on Earth. I was shown that a lot of them have lives in different places. Another reason we chose this method was not to create a lot of negative karma.

Meaning, that if somebody needed to experience being raped in a pedophile situation, then they didn't need to come into a family with a whole bunch of perpetrators and create the environment to have this experience. Instead, they could just come into this one family dynamic that was already created, sharing this one dynamic with one set of perpetrators. There is a lot less karma that has to be cleared up later... if that makes sense to you."

How did you become aware of the many different Walk-Ins that you've experienced and how did you actually start healing your life to get that information?

"I was not aware of anything until my father died in 1991. When he died I was working for IDF as an accountant. I went to his funeral, came back and within a couple of weeks I started having horrendous flashbacks of my abuse. I started regressing into a three-year old child or a two-year-old child sitting

under my desk crying and terrified. Nobody could touch me.

Needless to say, I went into therapy and went on disability and that's where I became conscious of everybody and everything that had happened to me. I was told and I was shown that there were hundreds of other souls that have walked through my life. It's been validated in over ten years of therapy.

This has been necessary for the work that I am doing now. My work is with light and the ability to read and hear and understand beyond telepathy. It is the ability to sense different energies and their essence. Because I've done my whole life with hundreds of others, I am able to discern that this was this one or that was that one, identifying not by name but by essence."

You could get the energetic signature?

"Right. I would be able to discern to a fine degree the different energies or entities that were with me. Some of them had names some of them had personalities. Some talked. Some spoke with me telepathically. Some spoke with me emotionally. Some spoke with me energetically. Some spoke through my body. Some spoke through writing. Some spoke just by their presence. Some put thoughts in my head. So different ones had different ways or levels of communication or means of communication.

We time-shared; many of the Walk-Ins were constant, always with me. When they resolved or they healed whatever they came to experience, they then would leave because for them, the experience was complete. They taught me many ways in which to communicate and what that felt like."

How did the body handle all of these different energies?

"During the experiencing period, the other souls would just come out and be the dominant energy. They would just experience and absorb whatever was happening. My consciousness would just go into a place I called, "the place that wasn't". I don't recall any undo stress on my body if that's what you mean."

For the sake of clarity, how do we explain to the reader how you were able to determine that you had a series of souls living within your body and that you were not a multiple in the true sense of the word?

"Because they told me, they showed me."

You mean the souls that were inside of you - the many different Walk-Ins and Walk-Outs told you?

"Yes. I was told and I was shown. I sat with KC my therapist; he is more of an intuitive, spiritual therapist who specializes in cults and multiples. I spent the last three and a half years with him after spending many years in more traditional therapies.

Anyway, I remember in one of my sessions with KC, I had one Walk-In who was part of this experience of time-share come in to explain things to me. She showed me the planet that she was from and she showed me the other planets that were around her. She came back into my body and she told KC and she showed me. It was like watching a movie in my head, a whole satanic cult night, the whole ritual night.

From the beginning; what they do from the birthing of the baby, to the sacrifice of the baby, the sacrifice of animals, to the blood rituals, to Satan coming, the whole thing.

When she was done sharing all of this she showed me how she left and went back to her life on another planet. I had spent a part of my life with her and I felt sad that she was gone and so many others were gone. She reassured me by showing me the other places where some of the other souls had already incarnated to or lived so to speak. It helped me to understand and to release the sadness.

I asked KC if what that healer/reader had told me about the many Walk-Ins was true. KC said that his sense was that 97% of my experiences were Walk-Ins and 3% were my own creation of survival. It felt right to me what both of them said; it gave me the validation I needed to trust my inner awareness of my experience."

So you did have some splintering of sorts creating other personalities?

"Yes, my 3% of multiple personalities were created to help me survive. Some were created as part of the programming and some were created to help me be strong enough to make it through this experience. I had one that was very tough, one that was very innocent, one that was very smart. They were the ones that would come out and handle most of my life for me prior to understanding what my agreements were."

It's a fascinating story and I honor you for having the ability to heal and being the vehicle for so much growth.

"Thank you. I was thinking about this the other day when I was driving, that if you added my story to this book and other people who ARE multiples read it, then I thought that maybe this will mislead them into believing that they too are Walk-Ins. But then I thought no, spirit is too wise. Regular multiples aren't going to look at a Walk-In book. Only those multiples that have other souls time-sharing with them will be drawn to this book. Realizing this made it easier for me to share my story."

How did you survive the remembering?

"When I was in therapy it was excruciating.

It was by Grace that I was allowed to do my healing. I would be in terror and not know why. I would be in agony and not know why. I would have body memories and I didn't know why. I mean body pains where I would be doubled over on the ground in severe pain and I wouldn't have any conscious understanding of what caused it. It wasn't until the end of therapy where the souls started showing me actual events, the actual torturing, the torture rooms, the programming, the molesting, and the snuff films that the body reactions would make sense. I would be on the floor and I would be switching souls so fast, all of the beings that were time-sharing with me were coming out and participating and doing their part of the therapy. Showing me their work or lessons and then I would relive their experiences. It might have taken 50 souls to say one sentence or help me understand one event. The physicalness and the exhaustion and the shear overwhelmingness of it, I can't even begin to tell you."

What year did you feel like you fully anchored in as the primary soul in this body?

"That's interesting that you would ask that because it is not until just now, as I am talking with you, that I feel that I am actually anchoring in as my God-self. In many ways when the time-share souls left I questioned 'Who am I now?' I was lost without them. I didn't know how to identify myself, I had no history so to speak, most of my past experience or history belonged to the Walk-Out souls of the time-share.

I feel like I just got here.

It's like when you peel back the entire onion and you get to that little core seed, that core seed really hasn't had any experience with the outer world. All the outer layers had the experience with the outer world in being

who they were. I'm just now going through MY spiritual growth. I don't really even feel like I have a personality so to speak.

I feel like I have my God-essence. I am a God-essence because I really don't have a history. I really don't have a track record of how I like things and how I don't like things; how I've been and how I've not been. I've been hundreds of beings and I can't always tell now what was me and what wasn't me, where I've left off. I'm just now deciding who I am and what I like."

Can you explain to me what you have done to integrate all of your memories?

"My soul, my essence, my guides are working with me to step outside of the roles that I played because it is too limiting. When I identify myself as Kelly Lynn, the survivor of the cult, and I ask spirit: How am I supposed to use this? Am I to tell people about it? Am I supposed to help other survivors? What am I to do with all of this?

What I get from Spirit is I needed to learn how to discern the different various beings of light, the very subtle perceptions of light and how to work with them through different methods of communicating. So that's what I gained out of this. Now when I do help people find their God within, there is nothing that anyone can ever tell me. "Oh you don't know my pain; oh you don't know my suffering; and my pain is so great that I can't get to God". They can't use that as an excuse with me because I have seen the spectrum of pain and suffering and yes, you can get to God. God is right there and yes you can succeed.

All those memories, all those experiences; they are all an illusion. They are just teaching tools to get me to grow more spiritually closer to God. And on the other hand, they really were other people's and mine. I need to identify myself with my God, my creator. I need to identify and know myself deeper as my soul. I'm not worried about identifying myself as my personality or my little Shakespearian play of drama that I have lived for the past thirty some years. I'm more interested in knowing myself as a God-self."

In going through your healing process have you developed a set of tools that help you connect with your God self?

"The main thing is to always go with your feelings and always trust the process. You know when your mind is saying things like, 'stop, run, you're crazy, they will kill you, they are coming to get you'; don't listen to your

fear. No matter what, never abandon the process. The process will take you home, it will take you through the experience and that is all it ever is; an experience.

The one thing that I know for sure, no matter how much programming or how much they stole, raped or whatever; they never touched my core. You may feel dirty. You may feel tainted. You may feel broken. You may feel damaged. You may feel there is nothing left of you. You may feel like they have their stamp on every single cell of your being.

However, remember, that's the illusion. That's what they want you to believe. The truth is, the light can overcome the dark. The dark cannot overcome the light. They can never touch the core essence of who you are; the pure perfection. That is the part of you that is pure divinity."

How did you come to grips with the shear pain of all those different forms of perpetrations? How did you find peace?

"Forgiveness. I had to set them free so that I could be free. I wasn't forgiving them for them, but for me. I forgave them and I loved them for me; because I needed to be free, I wanted to be free. I energetically went to my Father and I loved him. I used to give him healing treatments. I used to give him Reiki. I would go to every one of the cult survivors in my energetic mind and I hugged them, and I thanked them for what they had taught me.

There is nothing that isn't God. This is what I choose to learn and this is what I choose to play out. There are no villains; that is part of the illusion. They didn't do anything to me that I did not agree to experience. My soul agreed to it all.

So there is really no forgiveness; even forgiveness is an illusion. But at some level you need to use forgiveness as a tool. What I did is I set myself free. Forgiveness isn't for them; forgiveness is always for you.

In order for you to be free you not only have to forgive them, you have to forgive yourself. Even when you didn't do anything wrong."

What an amazingly strong soul you are to do what you have done for this world.

"I've been shown many times in meditations my soul, and the love that I have for humanity and for the earth. The compassion and the love that is my soul's growth and development. That's why I agreed to do this. I was

strong enough as a soul and clear enough in my integrity so no matter what happened to me; I wouldn't' be tainted. My soul was developed enough so that I could bring all of these other beings with me into this incarnation and still hold light.

I was even told by my guides that one of my purposes was that I held light, even when they gave me their worst. They couldn't break me and they couldn't figure out why they couldn't break me. What they realized was that there was something other than myself present. They had an encounter with God, because there was nothing else to explain why they couldn't break me.

I was a big threat to my perpetrators. I really terrified them."

I bet you did.

"I have memories where they hang you on a stone wall naked and in darkness for days. They starve you with no water and in sensory deprivation so that by the time they come to torture and program you, you are half way there. You are already in La La Land. That makes it possible for the programming to work more easily. If they are trying to say the water is orange, your logical mind is going to say 'no it's not'. It would not allow the programming to take hold. But if you are already starved; you are already sensory deprived; you are already halfway gone; then your logical mind is shut down.

They use all sorts of things like drugs, lights, and stuff like that and they can hit the subconscious mind and that's how they can program you. But with me, nothing that they did broke me. Nothing got them where they thought that they needed to go with me. They knew that there had to have been something else. Some other force within me that they could not control or subvert. That's what scared them with me."

How do you live with the pain of your memories?

"It is just a piece of the data.

Once you do the healing work you discharge it emotionally, you discharge the energy of it.

You feel the rage. You feel the pain and you feel the loss. You do the grieving. You do the confusion and you ask the questions.

That's part of the journey.

You can't live with those memories if they are still charged, so that's why you have to do the healing. That's why you have to do the therapy.

You need to express, to feel and be there. You need to be present with it, you need to have the feelings. You need to express, you need to emote. You need to get it out of your system and you need to face it face-to-face.

Whatever you don't face is still fully charged within your cellular memory and will haunt you, and will effect you, and will distort your truth.

You need to go through every nook and cranny. You need to go through every door, every cellar basement, every cell and let whatever energy that is there come out and be acknowledged. When you do all that, the memories hold no power over you no matter what your issue is."

How did you originally deal with the emotion of your memories?

"It is called the grace of God. Like I said, it wasn't until my father died that the TNT just blew the door off of the hinges of my amnesia. Healing has its own wisdom. That's why I say trust the process. Never abandon the process because it was all designed by your soul and by God. You are always watched by God. You are always being monitored by your guides and always being assisted into the next step.

It has its own wisdom; it has its own course of action. You need to let go of it and quit trying to guide it and direct it. Just let it be. Just like in your spiritual life you let go of the control. You trust and what ever comes out is supposed to come out in its own divine timing."

Kelly Lynn you are very well spoken, thank you. Is there anything else you would like to share with those reading your story?

"There is so much love all around them. There is so much profound love that their hand is always being held in love. They are never alone. They are never forgotten.

There are no sins; they are not dirty or broken. They are being seen as courageous and bold and strong and light and love and God. They are being applauded and they are known for their courage because many souls could not do what they have done and walked through what they have walked through. No one was sent here alone. They are sent here on a beautiful and divine mission and so I just want them to feel the love and accept the

love and to remember that they are most divinely protected and appreciated. Thank you."

"Know that the fear of greatness of allowing the reality of who you really are, is the biggest block you will face"

-Leandra Murray

Leandra Murray

Leandra, Please tell your story.

"I would like to begin my story with a galactic lesson:

If there is only one thing I could teach you it would be the truth of communication that language is experienced, not heard. The words you are about to receive are encoded within the language of light to open your own truths and come into contact with the precise energy formulas needed to accelerate you to the higher spheres of reality.

My Walk-In experience began in 1992 when we purchased a piece of wilderness property in the Canadian Rockies. The land pulled me so hard, I realized I would be willing to give up everything to be upon it. Unbeknownst to my conscious self, this land had a series of dimensional crossroads and a cosmic galactic Stargate. My conscious thoughts turned toward how and when I could create a home and live there. At that time, my husband and I were the Health Care Administrators for a multi-million dollar, private, nonprofit home care agency. We had played a major role in creating and managing it for thirteen years. It was my idea to have a non-profit agency and was certainly a satisfying mission to watch our business grow and most importantly provide the very best care that was possible. It was our calling and our lives revolved around it pretty much 24 -7.

Yet my heart literally ached to be upon this Canadian land. The wheels of creativity began to turn, and my husband and I believed we "would pre-retire, that is leave our agency before we were too tired too enjoy life." To become full time RVer's. We dreamed of spending winter as Snowbirds and summer on the Canadian property until we worked out the details of the home we would build there.

Of course, Spirit was running the show and had other ideas. In the spring of 1994, we toured the RV factory, went to place our order and were told it had to be purchased from a retail lot across town. We were already late in joining family for a vacation to Montana, and did not have the time to place the order. Our plan was to place our order on the return trip. Spirit set their second leg of their plan into action resulting in us

purchasing a log home back in the woods in Montana on the Flathead Indian Reservation.

In July of 1994, a cross-roads was emerging that would change our lives significantly. It was at an annual family reunion where I connected with a first cousin. She intrigued me with an invitation to their home, as they were involved in according to her, "some major developments in the psychic realms." I was skeptical but curious, so went with her that same day. They were using what I now know as psychometry, I gave my watch to her husband to hold. As soon as he linked, I felt a presence overlight me and I began to sob. The presence was known to me for it was the spirit of my identical twin sister who drowned at two years of age. Truly the connection was overwhelming.

I was invited to attend their meetings where they were studying the Celestine Prophecies. My schedule seemed always too busy but I bought the book and began to read it. I could feel this was important. We met three times and on the third meeting in August, I was introduced to a whole new group of people from their psychic church. Somehow I found myself volunteering to lead the group through a newly created labyrinth. I went into the labyrinth "an Administrator" and came out a different person. As I walked, I opened to other spaces and times. People saw rose petals falling upon my body. Energies overlighted me and filled me with knowledge, peace, and joy. When I stepped from the labyrinth I was expanded and knowing. For me it was seamless.

I could see into other dimensions moving around me ... energy pulsed through my hands and body. I didn't know what it was, but I was off the charts with energy. For several weeks during this transition I hardly slept. My body was "reconfiguring." The new energy would push against blocks and suddenly, the blocks would let go...whoosh! I had an excruciating headache for three days. Now, when I work with people I know what that is, the skull is being expanded. Understanding this expansion experience I am able to energetically enlarge their skull, move old energies out, and enliven more of the brain to enable people to connect and accept the integration conversion. The Walk-In experience was a total transformation for me but at the time I had not heard the term "Walk-In".

On Monday, I went back to work and sent a memo to all staff that from this point forward I would be working at peak performance. Our Personnel Manager was off that Monday and when she returned on Tuesday, asked what had happened as it seemed the morale of the complete office had moved upwards. After many years in an office there are always

dynamics of personalities. When I went back to work that Monday all I felt was love and the karmic issues of the past seemed to melt away or in the terms of a Walk-In, simply were not connected to the new soul.

On Friday afternoons, I would make time for healing and my husband said it looked like a Doctor's office as people lined up to come in to see me. I recognized that wherever I was for more than twenty-four hours, a dimensional portal would open and spirits would move through these crossroads. It was an exciting time. In fact, I would not have traded the experience for anything as I followed the synchronicities and watched realities changing before my eyes. How amazing to release many things for others and see the forms move and transform.

For example during a staff meeting an employee mentioned she had a terrible headache. I just pointed and moved the energy out of her head and she said, "Oh my headache is gone"!

It made some people quite nervous, of course, but I never hid what I did. I just lived my life. I didn't think of myself as a Walk-In, I just thought something phenomenal had happened to me. And I loved who I was.

Another time, an office staff member spent several days avoiding me until I asked what was wrong. She would not look me in the eye as she told me that I did not know how powerful I was. She explained I had come to her in a dream and her deceased Father was there with his arm around her shoulders. I told her she was pregnant, that the child was blessed, and her Father told her it was going to be alright.

She then told me that she since had an appointment to have her tubes tied and when she went to the Dr. they discovered she was pregnant. With the message from Spirit, she knew the importance of the child she carried and gave birth to this blessed child.

During this same time, my body and spirit continued to undergo transformation. I was seeing things at the quantum level and communicating within the other realities. At night I would wake up, walk out onto the deck and sing to Family in the night sky. "They" would come to visit me and I would visit them. It is an amazing sight to see and feel one's light-body coming back into the physical body. I didn't want to miss anything and became so sensitive to energy that I was aware when Light Beings did energy work on me.

One time I remember very specifically lying in bed, when I was told, "We are going to do some very

important surgery on your physical body because we are changing it, and you cannot move or get up during this procedure." At a certain point my bladder said differently, so I thought..."Well, I gotta go...I'm sorry..." and at that instant, my husband rolled over in his sleep and threw his arm over me. I felt like his arm was the safety bar that they put over you on a rollercoaster ride. That steel bar - I couldn't move. It helped me realize that Spirit is going to use whoever and whatever they need to make sure things happen when you are on the One True Path.

From the beginning of my Walk-In experience Spirit supported me. My older sister had been on a spiritual path for years and had studied a variety of disciplines with both Transcendental including initiations Meditation and Reiki. She had been the sort of the odd one out up to that point in our family, with no conscious connection from me to these things she studied. When I called her about my transition that day, she came over immediately. She was afraid they would "put me away" because I was very vocal about what I was experiencing. She had brought several boxes of books for me to read. I would put my hand on a book and say, "Yes" and could feel the information come into my body, downloading. To others, I would lay my hands on the book and say "Not that one..."

Some of the more important books she brought to me she had never read. Spirit works on many levels.

In the spring of 1995, I was guided to attend a Festival of Light which took place at a Resort at Flathead Lake in Montana. Several people asked me at different times if I were a Walk-In?" I asked Spirit the question and Spirit said "Yes." In those days I would ask Spirit three times if I wanted clarification about the answer. So I would say..."Really, really... let's get real clear here am I a Walk-In?" And Spirit would say, "Yes."

The third time that happened, I went into shock...because I wondered - then who am I? What happened to who I was? What does all this mean? What about my husband, my child? What about my family? What's really going on?

I was really quite startled. It only lasted for about thirty minutes, because who I am said, "Leandra...would you trade anything? Would you go back?" And the answer was a positive NO!

Because I understand we are one with all things and this makes me look at Walk-Ins differently than other people might. I know we are going to a "point of oneness"...so...am I a Walk-In? Of course I am. Any kind of major spiritual transformation that would

happen has to be part of "the one," as we are moving TO the one. I see it as an overlighting of a bigger part of the oneness of soul, a much bigger part.

Ten years later as I write this, I absolutely believe my experience was a much larger part of the soul transference. At my first Walk-In conference, the founder of WE, Liz Nelson, believed we should ask the natal body soul to leave and I consciously sent this natal body soul back to school for re-training.

Five years later I was doing personal sessions at our Spring International Walk-In Conference and worked with a woman who was struggling with her integration process mostly with the health issues of the physical body. I saw and was guided to ask her natal soul to rejoin with the body to assist in optimum physical health as the crystalline structure of the Walk-In soul had different soundings. I asked the same for myself. When I reentered the conference room, a high school friend of mine attending immediately told me that my original soul was with me. Many spirits would like to partner within the body and it is important to use discernment on these connections.

It was in 2004 when my natal Mother passed away. I was honored to stand beside and assist in a bridge, where my natal body's identical twin that had

drowned at two years of age stood on the other side, to help our Mothers passage. The tremendous connection of moving through the veils physically with the identical twin has created a partnership of physical expansion into the other worlds. This has resulted in more embodiment of the spiritual energies and a tremendous jump of healing abilities.

I now believe I am part of a group of Walk-Ins from the Future here to assist Evolution.

By the spring of 1995, we had given our notice to our Board of Directors that we were leaving the Corporation. Later that year, we were in our log home in Montana, waiting for the moving van to bring our belongings and sleeping on cots in the living room.

I was awakened by an Indian Medicine Man. He was standing there looking at me in such real time and asked me with a stern countenance "What do you want?" I began to cry softly, saying "My name...tell me my name." It seemed to be the most important thing I had ever needed to know. The Medicine Man smiled at me, looked into my eyes and said 'Woman-Who-Teaches-Medicine-Spirit' and it was like I had passed this test.

For awhile I waited for someone to teach me, and of course it was Spirit who taught me. The cloud-people, the stone-beings, amazing ancient ones who live within the trees, the portals of the land, the plant kingdom, the beings who live upon it and come out of it and those from the Heavens. Everything began to teach me that we are one with all things.

I was so fortunate. I really think it was just the acceptance of it - I just allowed it and accepted it. Within six months of coming to the reservation I went to the Walk-In Conference, and then had an article written in the Walk-In International and Universal Brotherhood newsletters - I had to get "call-waiting" because that's how fast the calls were coming in. It's been going ever since. I haven't had difficulty living and doing my work, because it's just there and Spirit leads me. When you are open, there are some wonderful miracles, really quite amazing things. "

They told me I could leave after my mission. They said, "You know we could use you back here ... you can leave if you want to ..." I replied, "I'm having a ball!"

You would think that was funny, but it is the truth. You know, I love having the energies, I love bringing them through. I love seeing them, I love doing it! I mean I was just having a LOT of fun! Its just joy...I didn't want to be the person I once was - I did not want to go back. I don't think I could live on this planet and be who I was, knowing what I know. That would be difficult, terribly difficult."

Did your body go through changes when you had the transference?

"Tremendous changes internally...I used to have migraines - gone. I am just so healthy. I was on estrogen therapy and I just stopped. I don't take any medications and neither does my husband. I just keep us both balanced in health. If we are driving and he gets a muscle cramp I just put my hand on him and move it out. I do energy work before I start heavy physical work, so I don't have a problem. I mean there is so much that we could teach the world about having a productive life without all of these aches, pains and problems."

What do you tell your clients who come to you about integrating their life - about healing their life?

"The issue is not "integrating" – it's moving forward. Having a spiritual experience of integrating higher aspects of yourself is not an "issue" - that's the game plan. That's the love. That's the joy. But if you get into fear, then you get into blocks -and then the energy can't

flow, and you have real problems. We see diseases come into people because they don't allow the energies to come through their bodies. Look at the many people who perpetuate with their dysfunctional thoughts, a scarcity mentality rather than put their thoughts and energy action on prosperity. I see it as a wholly happy experience that we are bringing more aspects of self within our beings. Because even though that energy is completely different than who you were, it's of a higher vibration and will bring you to more completeness, more joy. But if you're blocking it with fear, then what's it going to feel like? Jammed with problems, that's what it's going to feel like. So, it's about moving the fear out.

With my clients, Spirit brings me to the dimension where the problem is, and we move it out, transmute it. Fear looks like a tornado inside a person - when somebody is so afraid that they are ready to check themselves into an institution, it's a tornado that is upside-down in the abyss; and truly, they feel like they will step into the chasm and be lost. That is the energy of it.

The more fear you have, the more tornado energy you create, so you are out of balance. It is about getting back into balance, doing a lot of releasing (because you've co-created a lot of stuff in your lifetimes) and getting into the joy and the full flow where there are miracles happening. It's just called synchronicity and it tells you what to do and how to do it. Sounds too simple, doesn't it?"

What do you think your biggest challenge has been being in this world?

" My fear of greatness."

What do you mean by that?

"We are so powerful that we can do anything. Bringing all of that energy through the physical body creates fears.

The challenge of integrating greatness as a big picture into the little picture of 3-D existence for me goes back to shortly after my transition experience. Spirit asked me to watch and tape a program on public television entitled Padre Pio. Our family was not raised Catholic and I had never heard of this man. The movie recreated Padre Pio's life. It was a dramatic reenactment as inside the monastery he was shown being struck with light emanating from a statue of Christ on the Cross. They showed his healing work, the stigmata and his prophecies.

After the movie I asked Spirit, "What does this have to do with me?" (I want to caution anyone reading this that what you perceive in your limited reality Spirit is telling you and what the bigger picture of reality is, can definitely "set you up" for Spirit putting you exactly where they want you to be). I was given the information ... "You will be the greatest healer in the world" ... Mind sent panic signals throughout my body.

I told myself, this cannot be the correct message and I asked three times for clarity. Each time my fear and energy built as I received the answer yes. At this point, my body was visibly shaking and I passionately voiced my words "Don't ask this of me - I won't do it. I won't do it!" My Being was filling with panic as my mental mind went into overdrive about THE GREATEST HEALER...Christ, the crowds, stigmata, no peace. My voice was still was shaky as I loudly proclaimed, "My privacy - I have to have my privacy." You can imagine the energy I was creating. Taking deep breaths I ruthlessly put this whole thought package as totally out of my mind as I could.

Two days later, my sister called and said she wanted to come up and see me as she had something to share with me. I told her to come on up and when she arrived she said to me, "Do you know who Padre Pio is? "My energy flashed through me, waves of fear assaulted my senses, as I told her about Spirit asking me to tape this program on Padre Pio two days ago. We watched the movie and halfway through it at the part where Padre Pio is struck by the light, she gasps and runs over and, grabs the paper that she had brought with her, a drawing she had done in her class at Maryhurst University that weekend. She went on to tell me "At my Native American language class, the Lakota elder all of a sudden said, 'There is someone here that needs to know about Padre Pio' and he said that it was important." From his story, she had drawn a picture of where the light hit Padre Pio and he fell down. She showed me the picture which plunked me smack into the previous panic mode.

If you look at the cosmic joke of things, the facts are, Spirit knew a remote location was called for to open me as a Teacher taught by Spirits, not with words, but with vision of things unfolding in the realities of how things are. They had already set two possibilities of home places for privacy. The remote log home in Montana and the Canadian Rocky Wilderness property. How much more privacy did I need? The truth was being woven with colored tapestry within my beingness to absolutely choreographed galactic moments. They had me screaming for exactly what was needed to create the conditions where Great Mystery could touch me in a

direct way of connection and understanding of other kingdoms and relatives. These mountains in Montana are where the Salish creation story resides and very big Spirits create and spin their realities.

The fact is there are many greatest healers in many arenas on this planet. We all have the opportunity to do the many great things we have volunteered and focused our realities to do before we arrived on this planet of thick veils. Walking your sacred path in balance in the present moment will open dimensions where you will be the most powerful healer of the specific mission you agreed to do. You are beamed up in a portal of light and honored with your friends and family cheering. In the next moment, our heads are bent around the table where the blueprints are laid for the next mission. Who supports who in playing that major role, our time in the Sun, when we follow our sacred path with purity? Each one of us carries the seeds of greatness and can live those moments radiating out to all levels of existence. Walk with symmetry, not pushing to arrive before the time but staying in the present moment. Within this point of power we can accomplish exactly what we are here to do. This includes the mental mind of ego, for it can stop us. Even if you think you have a big one or a little one...it stops you. Ego has got to be our assistant, not our master. Quiet that mental mind, be in balance, let the synchronicities lead you. Know that the fear of greatness of allowing the reality of who you really are is the biggest block you will face. Face the fear...risk to get to joy.

The experience of Spirit sending me the information through the television and having my sister bring me a message from a Lakota elder awoke me to realize they will tell you who you are through many vehicles to get you where they need you for the unfolding of your sacred mission on this planet."

So what is your biggest surprise of being here... what's the one thing that surprises you the most?

"That we don't get it."

Why does that surprise you?

"Because if people could see the other realities, the world would change in twenty-four hours."

But they can't see and you know that they have trouble seeing... so why does that surprise you?

"Because it's right there...it's all right there. We are living all of this all at once, right there...just on a

different frequency. Now think about it...we are not using it - we are not tapping into it.

But how can they tap into something they are not aware of - that they can't see...what do you do for your clients to help them see? Because I know that they come to you and say..."I don't see what you're saying... I don't get it."

Due to my remote living situation, most of my clients I "see" connect on the physical plane through the telephone. Spirit shows me within many dimensions of time and space, those situations which are creating blocks to their physical and mental health, and opening routes to forward spiritual movement. As all things are living, I see these blocks within their bodies as dark and moving. Working together, the movie replays, I speak the resonance of this living reality and co-create with my medicine spirit helpers a dimension where the living dysfunction moves out. As the balance returns the client feels the changes in their physical bodies and their spiritual bodies. When the density moves out they jump to a higher frequency, they feel it, know it and talk of it with me and others.

Here is an example of a person who had studied spirituality for many years but still did not see. One of my friends brought a man to my home from Holland. He had been learning in India for about twelve years with a Guru. He was here and we were talking, and I said..."What do you see?"

And he said... "Oh, I don't see." I said, "You don't see at all?" And he said, "No, I don't have any visions."

I thought to myself... 'This man has studied for twelve years with a Guru and he doesn't have any visions.' So I told him to stand in back of me. Then I began to talk. He said, "Oh... I see."

And I said, "You can't see" and I took him to another dimension. And he said..."I see Buddha" and I said, "You can't see." He could see, just energetically he believed he couldn't, and instead of me saying, "you're seeing" I said, "Oh, uh-huh, you can't" and triggered him in a different way to see more.

That night he stayed up all night and he channeled and wrote and drew pictures...he just couldn't go to sleep. I linked him to something within me and he opened.

We are heading for a time where we need to be open. We need to be aware. We need to be awakened. It is quickening. It is now...if people would just open. Let's get it going...let's get it stirring. The more they open, the more we open. Why are people holding back? Why

don't we just allow everyone to open? I feel the more we give, the more we receive on all levels."

What is the one thing you wish someone would have told you about when this whole process first started for you? If you had an owners' manual, what do you wish it had said?

"Take the risk to step into your greatness, Live in the moment. Get over your stories. If it's last years' news, last weeks' news...forget it...let it go. Allow the joy."

What is your message to those awakening now?

"Open to your hearts' desire and call it forward. I mean open the heart and accept it all."

What are your last thoughts, or what is it that innerknowing part of yourself would like to share with this work?

"The best is yet to come. This is a sacred adventure. We're all in it together, co-creating. It is all within you. Everything is within you...you are the center of your universe, and all who see you can read you and know exactly who you are, no matter what the third dimension is saying. And when you are balanced

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within your star contract, everyone will react differently to you."

Ruth Montgomery coined Walk-ins to describe away of spiritual transformation.

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