

A book that assists readers in transitioning from the old world to a new and more highly evolved world during the rapid fall created by the ascension process.

Stepping Into the New Reality

**Buy The Complete Version of This Book at
Booklocker.com:**

<http://www.booklocker.com/p/books/3663.html?s=pdf>

Stepping Into the New Reality

Copyright © 2008 Karen Bishop

ISBN 978-1-60145-625-0

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, recording or otherwise, without the prior written permission of the author.

Printed in the United States of America.

Author photo by Quinn Green

Booklocker.com, Inc.

2008

Table of Contents

Foreword.....	vii
Introduction.....	1
The Broad Ascension Picture.....	5
How We Evolve and Expand.....	25
Where We Are Headed.....	53
Keys To Living In The New Energies	67
Keys of Being: the Feminine	77
Shifting Into A New Way Of Being And Thinking.....	80
We Always Have Everything We Need	93
Accessing the Higher Realms Through the Earth.....	104
Not Taking Things Personally.....	113
Creating in the Higher Realms.....	123
Focus and Clarity	162
Living Effortlessly With No Struggle or Suffering.....	171
Shutting The Door Behind Us.....	190

Karen Bishop

Stepping Stones on Our Path: the Masculine	211
Knowing Who We Are.....	214
Defining Our Path.....	228
Connecting With Our Soul Teams and New Communities	231
Identifying Our Geographical Home on Earth.....	253
Living Without the Need for Money.....	266
Setting Up Our Store-Fronts.....	279
Knowing Our Path of Service.....	289
Connecting With the Star Beings.....	296
Finding Our Heaven.....	310
Staying In Our Heaven.....	315
About the Author.....	325

Karen Bishop

And so it is. Absolutely and most assuredly....and so it is.

- If receiving all we need is not effortless, it was not meant to be or our ducks are not yet all in a row. Stepping back, waiting a bit for things to shift and align, or changing course can then greatly help.
- We can remember that we came together as one big amazing soul team to create this Shift of the Ages. Thus, at times, when we are waiting for a critical mass to be reached, we can remember that we are creating and moving forward as a whole. In this way, we can be reminded that we are just in a waiting period, know that things will move forward effortlessly when it is time, and simply enjoy where we currently are.



Shutting The Door Behind Us

One day I received an email from a woman who used to teach me yoga. This beautiful and special woman was currently in the Hawaiin Islands, where she had been for a month or two after leaving the mountains of Flagstaff, Arizona for an indefinite stay in the islands. She had been called to the islands for reasons that had yet

Stepping Into the New Reality

to become clear to her, and she was confused. After we had exchanged a few e-mails, she received her clarity (of which she already knew, of course, and was only getting validated), and then returned to Arizona. When she arrived back home to the mainland, she e-mailed and asked when I would be back in Flagstaff, as she wanted to connect. It just so happened that I was going to be there in the next few days. Although not close friends, it seemed that this meeting was an important one none-the-less.

As we connected over a cup of tea, she suddenly gave me a very important message. This message hit me so powerfully, and validated so intensely what I had been seeing for some time now, that I had no doubt that this was the purpose of our meeting.

She told me that she had been concerned she might not like the islands or fit in there. Her friend who was currently living there immediately corrected her by saying, "No. It is really a matter of the islands *liking you*." He then proceeded to tell her that she or anyone for that matter, is not automatically accepted by the locals. If the locals do not feel comfortable with someone, they will not accept them or open up to them, which many times encourages that person to leave. For

Karen Bishop

those they love and accept, they will embrace and welcome with open arms. Her experience in the islands proved to be more than she had ever hoped for. She said that she had never felt more love, caring, unity, and support at any other time in her life, and greatly missed this energy when she returned to Arizona.

The Hopi tribe here in the Southwest has a similar philosophy. They will not allow just anyone into their world. I have found them to be some of the most welcoming, loving, and open people I have ever known. But if you cross them in an inappropriate way, they will not hesitate to take appropriate legal action against you. They know their boundaries.

After spending much time at the ancient sites here, I believe that a very similar philosophy was present with the ancients as well. The ancients utilized what I refer to as “cover sites,” or sites that presented a passive, peaceful exterior of feminine energy which was only what they allowed to be revealed to a visitor. One particular site, perfectly poised at a bottleneck entrance to the Mogollon community of many other scattered sites, was utilized for much trading and was thus, very open to the outside energies. This particular

Stepping Into the New Reality

site was poised in an area where visitors and travellers would most likely end up as they first neared the Mogollon community.

Not openly visible to its many visitors was the fact that it was really a “cover site” which encouraged outsiders to believe that what was revealed was all there was. And hence, not much interest was promoted for continuing on past this site and into the Mogollon community. Other powerful and valuable energy and ways of being were hidden beyond this site, but one might never know as these ancients revealed themselves to most as very simplistic and plain.

Many other individual sites were macrocosmically laid out in this fashion as well. Behind a “cover,” or area of each site which would be accessed first by a visitor, existed some very powerful activities and structures that were simply being protected from any intruders. A simple more basic existence was revealed first...usually a farming area or area for community trading. But if one were allowed to traverse further into each site, one would encounter the real purpose and power of the site.

So in this way, not everyone was allowed in. As the Mogollons were a peaceful and highly evolved culture which

Karen Bishop

still contained the pristine energies of the “very beginning,” these sites were being protected by the powerful but subtle energies of illusion. In addition, the ancients vacated their communities in one big whoosh many times. This was because they were very aware at a higher level that lower vibrating energies would be arriving in due time. They knew then, that they must indeed leave, as their higher vibrating cultures would then be contaminated and dominated by this newly arriving energy belonging to other individuals. The ancients left when they knew that the tide had turned...that the tide had turned and another lower vibrating reality was indeed on its' way. In our current reality now, it is just the opposite. A newly arriving *higher* vibrating reality is on its' way.

In many areas on the planet, this same scenario is happening now. Whether it be higher vibrating countries being invaded by much lower vibrating countries, cities and towns being over-run by different cultures that are bringing in some lower energy, or simply a dominance of dis-respectful, new, and unaware employees taking over a workplace. This is occurring because we are indeed switching over, but the higher vibrating energies are still in the minority. In this way, those bearing more light are retreating to their sanctuaries,

Stepping Into the New Reality

relocating to new and different geographical areas, or simply buying land and staying put until the fall is complete. Eventually, the majority will be comprised of higher vibrating energy. The see-saw effect of transition can be tricky at times, but as always, everything is transpiring in a divine and perfectly orchestrated way.

The law of spiritual hierarchies supports this reality as well, because higher vibrating energy cannot exist alongside lower vibrating energy. If you were to look through the dimensions, you would see a perfectly orchestrated and divine plan at work. There is no judgment with this plan, as it is simply a matter of physics and energy.

So then, it is part of the evolutionary plan to “shut the door behind us” after we arrive in a higher dimension. We are not required to allow everyone into our spaces. It is perfectly OK to have healthy boundaries, and with the higher dimensions breaking down many of the old denser energies, our boundaries are more fragile and thin than ever before. In this way, it is vitally important to stay behind “the veil,” or rather, within our higher vibrating creations and spaces. We have lost many of our old defense patterns as they were vibrating lower. In this way, it can now be difficult to exist

Karen Bishop

with less boundaries, and with the now more innocent and pristine energy within us, when our outside surroundings are vibrating so much lower. We may feel very vulnerable and defenseless in a world that still seems to present a threat.

This situation of shutting the door behind us is perhaps one of the most important of any of the aspects of the ascension process if we are to remain sane, and may even seem strange since unity is such an important concept in a higher vibrating reality. The higher we begin to vibrate, or the more evolved we become, the more uncomfortable it is to be in any aspect of the old world or old reality. Spending any amount of time there can serve to throw us off balance, make us feel extremely uncomfortable and edgy, make us wonder if we are indeed residing in hell, and break us down into a weakened state.

If lower vibrating energies cannot be in the same space as higher vibrating energies, why do we need to set strong boundaries at all?

Boundary issues become ever important the higher we vibrate. This is because energetic boundaries are now much thinner. There is less density present, just like in the very higher realms where the angels hang out, for instance. But

Stepping Into the New Reality

at the same time, because we are going through an ascension process, things are a bit different. In the reality where the angels hang out, there are no threatening, dangerous, or lower vibrating and lost energies! We may be residing with less density surrounding us, but most of us are still embodying some traits that vibrate lower. So then, because we are continually in transition through this process, we are getting a little of this and a little of that as we move up the rungs of the ascension ladder. In so many ways, this transition creates one big mish mosh, as we are not yet completely here or completely there.

In this way, we may still find lower vibrating energies within our spaces. Why? Because there is an overlap somewhere, or rather a matching energy between ourselves and the “unpleasant” intruder, and we have then created an open door. The matching energy might simply be an instance of two individuals wanting to develop new friendships, so they might both have that in common. Or perhaps two individuals both enjoy bowling. When the two individuals are focusing on and connection solely through bowling energy, things may seem to feel pretty good, but then one individual begins to demonstrate lower vibrating behaviors and the relationship then becomes uncomfortable for the one vibrating higher.

Karen Bishop

Any overlap energy creates an open door. Thus, there then exist energies in our spaces that are not a match at all, as they have arrived along with the overlap energy.

Another scenario involving boundaries relates to those who are seeking light, but want to get it from another person. In this way, an individual who is bearing more light will feel drained, used, perhaps abused, maybe even violated, and eventually wants to flee. One individual will be very happy and the other individual will be very uncomfortable. The more light we embody, the more we will attract others. This sets up a situation requiring an understanding of healthy and necessary boundaries.

Navigating the Dimensions...Staying Sane and Connected While in the Lower Vibrating Energies

There is a solution to this dilemma and/or aspect of the ascension process involving boundaries, that can keep us in the higher realms and allow us to remain balanced, in states of peace and joy, and living our dream lives while wondering if we have indeed arrived in Heaven.

Stepping Into the New Reality

Of the many ways of being that we eventually evolve into, there are three that become important and extremely helpful in regard to navigating the dimensions and staying sane.

1. *Letting go of compassion and moving into love.*
2. *Letting go of supporting and allowing others to suffer.*
3. *Protecting ourselves while in the lower dimensions through the energy of love.*

These states of being might sound cold and incaring, but I can assure you that anything else only derived from a 3D way of thinking and being. So many times I have said that the higher realms is not what we may have imagined it to be, and this is yet another example. As we begin to vibrate higher and expand and grow, we indeed find that what we might have believed to be a higher way of being, quite simply, was not.

During my lifetime, if I had heard it once I had heard it a million times... "You are such a compassionate and caring person!" Little did I know how much this trait would eventually bite me as I evolved. It first began when I found out that my neighbor, whom I dearly loved, was recovering from a kidney stone. I cared so deeply and resonated so

Karen Bishop

deeply that I got a kidney stone within a week. Several weeks later my sister-in-law and both brothers were having trouble with nerve pain in their legs along with lower back pain. The next day, I had the same, but this time, only briefly. Next, my step-mother was scheduled for surgery to remove a lump in her thigh...hopefully not cancerous. Within a day or two I developed a lump on my thigh. Jeez! What was going on here?

I soon discovered that deep caring and compassion vibrated lower than love and only existed in the old reality. Each time that I cared too much, my energy would literally drop down lower and I would connect in an unhealthy and non-productive way. Over and over I had this experience. One particular evening I was concerned about my prior husband from a brief marriage, as we had recently parted and I was very worried about him. Suddenly, in dropped my non-physical companion (who only shows up rarely with *very important* messages ☺), who very susinctly told me that I was running my energy completely wrong. Oh, how he loves to catch me when I am going down the wrong road and hurting myself!

Stepping Into the New Reality

Well, after weeks of getting this message, I nearly had a breakdown as my identity was severely compromised. After sadness, tears, grave disappointment, feelings of being invalidated and seemingly worthless, I finally began to get the hang of shifting out of my old self and into someone new. I simply did not know how to shut off my feelings of compassion and deep caring. If I could not be the me I had been my entire life, who in the world was I now supposed to be? Was I supposed to stop caring about others? Was the main component of the way I ran my energy now being completely shut off? And I have to say, I now felt completely shut off myself....turned off, shut down, and eliminated! But eventually, I found a new way, became a new me, and was on my way once again.

As always, the ascension process continues to make new people out of us. This is why we may often wonder who in the world is staring back at us when we look in the mirror, and may wonder just who is speaking the words we hear coming out of our mouths. We eventually lose an awareness of ourselves as we embody more and more Source energy within us. And this is how it is.

Karen Bishop

So then, when we are in states of compassion and deep caring, we are giving energy to and fueling the situation which we are compassionate about. Resonating too much with a situation which is not ours eventually becomes ours if we resonate too deeply. We end up going where we need no longer go. We need not make another's journey our own. We are no longer vibrating at that level, so then, situations or experiences which require compassion are not longer in our own individual realities. In this way, being in states of compassion takes us to the old world and the old states of being that will drag us down. Love is the key here. We can still show our deep caring and concern, but we can now show it in the form of love.

Love vibrates very differently and much higher. Love tells another that "I respect your journey, as it is yours." Love tells another "I know that what you are going through is part of your soul's desire and plan." Love tells another that "I love you always and know you can handle your situation." Love tells another that "you are deeply respected and highly revered." Love tells another that "I am here to listen." Love tells another that "you matter to me." Love tells another "I will be by your side."

Stepping Into the New Reality

So what about the energy of support? Are we supposed to quit supporting too? Do we get to have any positive and helpful traits at all? As a life-long supporter of the dreams of others and the many situations of others, this one was a tough one for me as well.

In June of 2008 we experienced a substantial movement of energy with the arrival of the solstice on June 21st. It seemed that nearly everything was knocked out of its groove and left flying around with seemingly no familiar home. We had reached a very important turning point in the ascension process and this event created a very new state of being for many of us.

It was now time for “the fall” to begin in earnest. Many with the gift of sight and vision had predicted that 2008 would be the year of new beginnings and great abundance for many. But by June, nothing much had changed and many felt down right awful at best. Where was all that abundance? Where was our very new beginning? We had decided as a group of souls to give as many as possible the opportunity to expand, awaken, change, and grow...to make perhaps different choices in their lives....choices made without regard to money or perhaps with a new knowingness of what was

Karen Bishop

really and truly important to each and every one of us. This then, created the big delay in this new time of very new beginnings.

So then, the solstice of June 21st added to this very important phase. Much was shaken up, much was usurped, and insecurities, suffering, confusion, and chaos resulted. It was a very difficult time. But not only was it a difficult time for those who were suffering, but it was difficult as well for the loved ones of the suffering, even if they were very fine in their own lives and circumstances.

At higher levels, those who had gone before and were thus more situated, were being prompted to stay out of the fall, to stay out of the suffering, and to simply stay put where they were. This manifested in strange ways, but basically, many of us had to watch from the sidelines. Why? Because our presence alone in areas that were falling would only serve to hold them up longer, and they needed to go. Many of our loved ones still needed to hit rock bottom before they were willing to wake up and make a change. Thus, saving them or supporting them by holding them up and possibly alleviating their circumstances would only serve to hinder the very needed fall. Individual souls needed to come to a point

Stepping Into the New Reality

where they were ready to “ask” for help, or for something new and different. They needed to be ready and willing to *let go*. Holding them up through our supportive energy would only serve to prolong the existence of what needed to fall. Thus, supporting was seemingly prohibited.

During this time, enough had now crossed over to “the other side.” When this occurred, everything else was most ready to fall. It was time. The other side was secure and safe....a place where all our needs would be met in an effortless way. And going down with the fall was not our original intent or plan. Most of us bearing light have been very used to supporting or bringing light into situations, and now this role was over forever. Done, never to return. We had accomplished a monumental task and now we could rest. No more supporting, holding up, extending, and infusing our energies into the old and denser reality to hopefully bring it “up.”

Who were we now? What now was our very new role? Without being able to be compassionate and supportive, what in the world were we supposed to be doing with ourselves? Could we no longer simply brighten anyone’s

Karen Bishop

day, or were we now supposed to shut down and become invisible?

Very simply, we had successfully crossed over to the other side. Here, there is no suffering. Here, compassion is then no longer needed. Here, we need not support or hold anything up as each and every one of us can hold their very own space with the support of Source energies and our own bright lights. Here, we can easily and effortlessly create whatever we choose, all by ourselves. Here, there are no ties that bind us. Here, we need not hold the energy for another, ever again.

But what happens then, when we need to leave “here” and visit that old world in another reality that is still partially poised in the lower dimensions? How do we assist others who are still traveling up the ascension ladder or who are being seriously affected by the fall? And when we need to interact with some of the old systems, as we still sometimes do, how do we do this without suffering greatly from all that old and very unpleasant energy that nearly kills us to be around?

Love is our greatest protection. Over the years I have heard of different psychic remedies providing so-called

Stepping Into the New Reality

“protection” from dark forces or the like. But the higher we evolve, the more we realize that keeping our own vibration high is the best protection ever. Intentionally doing anything is not a way of being in the higher realms. *Sending* light to others, smudging to remove denser energies, or even surrounding ourselves with light eventually becomes very moot. There is too much extending here and too much of our old ego selves making things happen. In the beginning stages we may have felt more comfortable performing these rituals, but eventually we will find that we no longer need them.

Staying in a state of love as much as possible when we visit the denser energies or old reality is all we need do to stay centered, peaceful, and grounded. But at times, this can be a very tall order indeed. After all, we are only human and still evolving. This is why we can only stay in these denser energies for limited amounts of time and then we must retreat to our sacred spaces. It may sound harsh, self-serving and a bit strange, but it is a good and solid remedy to keep us afloat and feeling good so that we *can* assist others in our own special ways. As always, a simple fact of how energy works is that higher vibrating energies cannot stay in the same space as lower vibrating energies.

Karen Bishop

Just like a simple flower in nature, when we know who we are, are very comfortable being just that, can stand firm and steady within our true selves, not taking things personally, and simply being comfortable with our true, authentic, and divine selves, we can then be much less affected by any lower vibrating energies which may surround us.

Add to this, being in a state of love as much as possible and feeling this love for our brothers and sisters while seeing who they truly are...their true, authentic, and divine selves, can greatly ease our time spent in the lower dimensional realities.

When we find that we are suddenly in the company of an energy which does not feel good to us, it can help if we stop to identify what our overlap or like energies are about...in other words, why we connected in the first place. Staying in that arena or subject matter as much as possible while ignoring any others, along with focusing on the divine gifts and talents of that individual will greatly assist in keeping our lights shining and our vibrations high when we are not in our sacred spaces.

We are most certainly morphing into the angels of the earth, one by one. As our angel wings continue to sprout (that

Stepping Into the New Reality

never ending stiffness and pain in our upper back and neck ☺), we become more like the angels who have loved and watched over us each and every day. So then, eventually we will *be* the angels of the earth, as we drop down into the lower dimensions to assist and serve, while spending the remainder of our time in our Heaven on Earth.

By simply *being* who we truly are...our pure and authentic selves...we can thus keep our light shining brightly while we make our own special contributions through our sacred gifts and talents.

Do you know who you really and truly are? Do you know what your very special contribution is? Do you know why you are here on this Earth at this particular point in time?

Stepping Into the New Reality

the economy goes sour? Or when we lose our jobs? Or when our businesses dry up? Or when, or when, or when.....?

During this monumental Shift of the Ages, we are transitioning from a monetary based society to one that is not. So in this regard, our interactions with money may seem to wax and wane as we transition. One common experience many of us have with the ascension process is when we suddenly lose our jobs and cannot seem to find employment anywhere. What is occurring here, is that we are now vibrating higher than the old system, and are thus ousted from it. Or perhaps we find that we just cannot be in that old space where we once were for one minute longer. And thus, we have a very strong desire to quit our current jobs, but may find it hard to rationalize quitting when we would have no source of monetary income at our disposal. As always, what is within us is vibrating higher than the old systems and old creations that still exist on the outside.

When we lose our current jobs, or when we simply cannot find employment anywhere, it is usually because we are being asked to dig deep within ourselves and to find out who we are and what we are here to contribute. We are literally being booted out of one reality and into another, whether

Karen Bishop

we are seemingly ready or not! The new reality requires that we know who we are, why we are here, and what we are here to contribute, thus placing us in alignment with our true authentic selves and with Source.

In the year 2000, I could not get a job anywhere. I had been very blessed most of my life to easily get the jobs I had applied for, but suddenly, absolutely nothing was manifesting. I had hit a brick wall. Being a responsible person, I began to feel very uncomfortable. I was not willing to sit around and do nothing while I could not pay my rent or even buy food. I had been going through quite a transition during that time, was beginning to connect to some new and higher frequencies, and this was the result!

I thus began a deep process of soul searching and decided that I needed something that was really a good fit for me in all ways. I was finally able to get a job running the United Way in my area, but at that point I could no longer push, uplift, hold up, motivate, or make anything else happen, so I quit after just one day. I needed something that seemed effortless, was fun, and allowed me to utilize many of my interests, gifts, and talents. Very soon, the arena of grant writing popped up and was validated by some very big

Stepping Into the New Reality

“signs” and away I went. Little by little, piece by piece, things miraculously fell into my lap. But then very shortly after, I crushed my leg and was catapulted into yet another massive transition. Again, wanting to be responsible, I thought I would resume grant writing work while on crutches. I was adamantly told “NO!” by the universe, and this time I listened. So from that point on, I never had a job again and have survived for over eight years with no real employment.

While in the long recovery process with my leg, I also began the intense process of ascension. It was then that I tried out many different creative modalities that I thought I would be interested in...some fit and some did not. It was then that I also had six months of traditional counseling, which greatly helped in cementing in who I really and truly was. Whenever I attempted to make any money through one of my new creative outlets, I would end up with a thriving business in only a week or two! If ever I became stressed and came from a stance that I *had* to make money from my creativity, nothing much would happen. But when I relaxed, enjoyed what I was doing, and did not care if it produced any income, I would get clients galore without any trying. It was then that I also began writing the energy alerts which fit me to a tee, and which I have now been writing for nearly seven years.

Karen Bishop

During that time, I also realized I did not want a business, did not want any rigid system of earning a certain amount of money for a certain measure of work, and really only wanted to relax, enjoy myself, and *be*. This is how I survive today in regard to money. I do not charge for my articles, or rather energy alerts, but simply love writing them and do not care much about how the money arrives. I do charge for books, but this is because I work with a publisher who needs a set way of doing business, and because to receive books in print, there are overhead costs to me met by others and not just me (the old reality). I make far more money from voluntary payments than from required payments. Mostly, I just love the writing and focus on that.

So how did I survive the process of “finding myself” and my new creative outlets without any money coming in? Who paid the bills when I could not get a job? And how did I get where I am today?

If we are at a point where we are uncomfortable with our current job situation, but have not been officially “released” by the universe (as I was when I was still able to get a job with United Way), then we are still at a point where we can create money generating work that fits us better while we

Stepping Into the New Reality

are still in the old reality or mainstream. We can thus remain in the old reality while we create work that is more in alignment with where we are currently vibrating. In this way, we can continue to “tweak” a job description into one that may fit us better, as we have now evolved. We can make changes by becoming a consultant, for instance, that would allow us to remain out of the old world more. Or we can find new ways in which to express our gifts and talents that give us more freedom of choice, schedule, or the like. Or we can even do something different with our old job descriptions. There are many options available. The important ingredient is that we create “work” that fits the new us and our new desires in as many ways possible. We are then in alignment with where we are.

When we are in this space, we are then able to continue on a bit longer until we reach a place where we *must* make drastic changes. When we arrive at a point where we must make changes, it is because our soul plan is ready to be implemented, the time is now, and we must get on board. Our vibration is now simply too high for anything else. This is when our old job dramatically kicks us out, and we simply cannot get hired anywhere else. When this occurs, we are usually supported by the universe in strange ways until we

Karen Bishop

can get up and going again...going again completely within our new arena and while very much in alignment with the new us and the new creations that we are now ready to give to the world.

When we are literally unable to work, even though we may try and are willing, it is because we are being given an opportunity to go to another level. *It is now time*, and our souls and the universe are setting everything up. We are being granted this opportunity and are being given this gift, or it would not be happening for us at all. If we can choose to surrender, let go, and accept this gift, then we will most assuredly be taken care of. We have to come to a point where we know with certainty that we are being lovingly watched over and everything will be OK. This takes a fair amount of trust. But once we surrender, everything will simply fall into our laps.

And this is what happened for me. Little by little, weird things would happen and I would receive money, either through the insurance company or through some other portal. In addition, the person who was driving the vehicle that I was a passenger in when I crushed my leg, felt badly and sent me some money every month as well. My attorney

Stepping Into the New Reality

said he had never seen this happen before...he was quite amazed. I also had to get to a point where I was very willing to receive for doing nothing in return, and thus, get over the feelings I had that I was being irresponsible.

So then, eventually I was able to earn “money” doing what I loved, by simply being me, only “working” a few hours per week, and having absolutely no schedule, agendas, or responsibilities, thus fitting very nicely into the new reality which I was now a match for. It could be no other way. Through this seemingly stressful and dramatic process, I also came to know that I would *always* be taken care of. I knew that I had “earned” it through the ascension process, and that I would forever more be fine financially, and I have. I had reached the end of a road....all the “work” that I had done for the planet over the many years of my life (through the vehicle of me), was finally ready to manifest in abundance. And this is how I know it will for you as well.

When things slow down for me within my money generating portal, I simply do not care. Somewhere very deep I know that I am right where I need to be and will never go through financial struggle ever again. It is not worth the stress. I would rather leave this world than struggle again the way I

Karen Bishop

did the first 46 years of my life. I do not care if my books sell, if my writing dries up, or much of anything else. It simply does not matter, and ironically, this is when everything arrives effortlessly. (But I *do* care if I am on track with my soul's direction...most certainly. This matters to me above all else.)

If you are one who has suddenly lost your stream of income, cannot find work even when you try, I would suggest to you that it is now time for your soul plan to kick in. The planet is now ready for your new and special contribution and the universe is simply giving you time to find it and to connect to it. If you are one who is very out of alignment with your current job situation, but you are still there, I would suggest to you that perhaps the planetary vibration is not quite ready for your ultimate soul contribution. You simply need to tweak or fine tune your current occupation into one that fits where you are vibrating right now. This does not mean that you are "behind" any others either. It can simply mean that you have been holding a particular space for the planet for a particular reason...all voluntary at your soul level. It may not be time yet for your ultimate soul contribution. We are always right where we need to be.

Stepping Into the New Reality

To confuse you even more, there are of course, always exceptions to these basic scenarios. If you are one who has a history of irresponsibility, of being a victim, or perhaps continuous experiences for many years of losing jobs or being out in the street, then you probably have some energies within you that you have not yet cleared or balanced. It can be easy at times to attribute all of our dilemmas to the ascension process, without looking closely within ourselves, but ascension is not always the culprit. The ascension process was not designed for us to suddenly be homeless and living out on the street. When we go through these at times dramatic changes, we are always taken care of if they are indeed caused by the ascension process. If you have been homeless for a long period of time, there is probably a very different cause for this, and it has nothing to do with the ascension process.

So then, we are still talking about money here. We are still talking about surviving *with* money. Until we progress to a state where we no longer need money, we will still need it for some things. Where are we ultimately headed, and how will we survive *without* money?

Karen Bishop

My soul memories of the end of the road look like this, but there is always room for change and different choices....this is the beauty of creation, as we are the ultimate creators:

Small communities will form in various areas of high vibration. These geographical areas will vibrate higher because they have either experienced a cleansing, or new energy has been released from beneath the Earth. The inhabitants of these areas will very naturally be drawn there for reasons of similarity of purpose. In other words, the vibration of the residents will match the vibration of the area. Each resident will contribute his or her own special passion, gift, or talent, there-by creating a piece of the whole. The center, or theme of the whole, will be the same for all inhabitants, but each contribution will be very different. In this way, all needs will be met by the passion or gift of another. The earth will also serve to provide what is needed. The earth possesses much, and all that is needed is to live in harmony with her as her bounty is utilized. She loves to provide! The celestial bodies will contribute as well, as the sun, moon, and planets have much to offer. In this way, all needs will be met without the need for money.

Stepping Into the New Reality

Several years ago I had some acquaintances who were very angry that the land in their area was being utilized for oil and gas. They protested frequently, became very hostile, and wanted to stop any excavation of gas and oil from the earth. They wanted to protect the earth. After hearing about this from them for a while, I finally decided to simply ask the earth how she felt about it. She very easily responded, “[I] don’t mind at all that my bounty is being utilized. I love to share. It is the fighting and the way it is being distributed that is causing the problems.”

Currently, I have living in my home a small community of spiders (well, it’s not really a community...just a few). They are allowed to stay in my windowsills if they continue to catch flies. But they must stay in the windowsills, not run loose, and they must catch the flies...and they do. For a while, as you may remember, I had some rattlesnakes (not in the house!). They took care of the many gophers when they were here, but eventually I decided to have a talk with them as for various reasons I decided that they needed to reside further away from my house. I found that I truly liked rattlesnake energy after I connected with them. They are very laid back and easy going. But then the gophers came

Karen Bishop

back! Eventually, a wonderful and quite large gopher snake arrived, and harmony was again restored.

There is a balance in all things, as most of us know. Here in New Mexico, it can be as harsh as it is beautiful. It is tough country, and at 7,000 feet, it can greatly help to be in harmony with nature. Many visitors who come here to live, have a mentality that they have to be tough...that they have to conquer the elements. They almost seem to take pride in their new toughness. But the Zuni have lived here for a very long time. They are soft spoken, gentle, open, accepting, and very easy. They do not conquer the elements and this land. They live in gentle harmony with it.

And this is how it will be with the communities, with the earth, and with the cosmos. An easy interaction of acceptance, reverence for the gifts of each contributor, seeing and honoring one another, and a beauty, peace, and ease with it all.

Until we are at this place with our evolutionary process, we will still need money. But as the ascension process unfolds in slow and steady steps, we will come to know that we continually have one foot in one reality and one foot in

Stepping Into the New Reality

another. As we may eventually find ourselves living in pseudo communities, removed from the old reality, and having many of our needs met within them, we will still need money for some things for a while. In this way, money needs to know where to find us. It needs a portal or opening to come through. Thus, the store-fronts will arise.

Karen Bishop

all one and that what we do affects each and every part of that whole. Almost all of those bearing more light than most, experienced challenges of abuse and darker and denser energies when they were young. These challenges transpired so that light-bearers would be given the opportunity to transmute that darkness through themselves, there-by assisting all of humanity in the process. These experiences of darkness also served to encourage a summoning, searching, and desire for something better, and thus this questioning and yearning created the connection and remembrance of who we really were and why we were here at this particular time.

Very typically, experiences of abuse create a very self-absorbed individual. So then, getting out of ourselves, or our ego-selves was an even greater challenge. But the more we progress through the ascension process, the more we lose these ego-based aspects of ourselves, and the more we then connect to Source and our true authentic selves.

Everything is not about *us*. The more dense our energy is, or rather the more we embody lower vibrating energies within us, the more of a filter we see things through. Some call this ego, some may call this our mis-perceptions, and some may

Stepping Into the New Reality

simply refer to this density as opinions. But as we progress spiritually, we begin to take things much less personally, as our filters or densities are dissipating. With more of our filters now out of the way, we begin to see that what we may be experiencing has less to do with us and much more to do with what is outside of us.

With much more of our old selves out of the way, any agendas we may have had are dissipated as well. As we progress spiritually, we begin to possess a new agenda, and this new agenda does not derive from our lower vibrating ego selves. But know as well, that any agendas we may have are always a good fit for where we currently are. In this way, there is no right or wrong, or better or worse.

As we continue to progress spiritually, we also begin a knowingness and new experience of having all our needs met effortlessly, as we are then in a very new evolutionary space. It is then that we desire different things. It is then that we desire things relating to the whole. And it is then that we become more focused on utilizing our gifts to provide our service to humanity.

Karen Bishop

In our early stages of growth, we may find new and exciting ways of working with energy. We may learn about what the core of creating is about. We may suddenly have experiences of connecting with non-physical beings and the non-physical world. As we expand our consciousness and begin interacting with a higher vibrating reality, we may think that we have come far and are perhaps now “advanced” beings indeed.

But until we mature into these new ways of being, use them with wisdom and discernment, and utilize them in the ways in which they were intended, we are only playing with fire. Similar to creating an off-shoot of a refined and pure religion and warping it to the extent that it now does not remotely resemble its original purpose, mis-using energy, or running it through a very dis-connected filter, reflects a still dis-connected soul. This situation usually occurs when we jump too fast...when we do not fully embody a new energy within ourselves before we try to begin a new way.

Maturing gradually into a being that uses his or her gifts and talents wisely is paramount in regard to knowing our path of service. Our path of service almost always *calls to us*...we do not call to it. As we evolve, we find that we no

Stepping Into the New Reality

longer decide what we want to do and then try and make it happen. When we arrive at a place where it is time to focus more intently on our path of service, it will arrive for us very naturally and it is usually not even our idea. It will most certainly arrive when we are ready and when we need not learn any more about our particular contribution, as we are now embodying it fully. If we have come to a place where we are simply happy within our passion, this is usually when we are called. We will then begin a process of preparation within ourselves....either through a cleansing, through losses (within and without), and the like. This is a holy moment. We are being called.

Thus, as we progress with our spiritual evolutionary process, we become less and less concerned with creating for our own self-interests, and more and more concerned with using our new awareness to create for the whole.

One of the many symptoms of ascension is finding ourselves talking and wondering who is doing the talking. It may seem that a voice is emanating from within us, but we may feel far removed from that voice. We may look in the mirror and not be aware of that particular self anymore. Becoming less and less aware of ourselves means that we

Karen Bishop

have lost more and more of our old selves and are now much more connected to Source. We have now gotten out of our own way. And it is then that we begin to be more aware of what is outside of us than who we are and what is inside of us. Service to humanity is then the next natural stepping stone on our path of ascension.

We are now well on our way to becoming human angels of the earth. When we arrive at this space, we are here for several reasons. We are here because we have learned how to let go of compassion and move into love. We now know that we cannot and should not hold anyone up, fix things for anyone, and care so deeply that our energy drops into their space of pain and we are now where they are. We now know that we need only love them. Love them, revere them, and give them the due respect that all living creatures deserve. We are here now because we now know how to allow suffering to occur. We know that this is a natural process in the lower dimensions. We know now that suffering is an individual journey that serves to connect those who suffer more fully to Source. We know now that we need not save anyone from his or her own individual and holy journey. We know now that we need to be asked for our assistance, our wisdom, and our new knowledge, gifts, and talents. We know

Stepping Into the New Reality

now that we do not meddle, attempt to alleviate and fix, without each recipient of our services first coming to a point where he or she is ready...and when one is ready, one will ask.

And when they ask, a portal or door will open to the other side; another side where we are now residing and where we are willing and ready to assist others in joining us. Have you experienced pain and stiffness in your neck and back over the years and recent months? Have you had an aching and pain that could not be explained in these areas? Our angel wings are attempting to sprout. They are readying to burst forth, open through the density of our old human bodies, and serve to carry us in a cloud of light as we serve humanity. We are becoming human angels of the earth indeed.

As we become much more aware of what surrounds us the more we get out of our own way, we begin to know that there are others out there who are not residing on this planet, but who are none-the-less very connected to us as well. The higher we begin to vibrate or to evolve, the more ease we will have in connecting with these non-physical beings. I frequently refer to them as the Star Beings.

A book that assists readers in transitioning from the old world to a new and more highly evolved world during the rapid fall created by the ascension process.

Stepping Into the New Reality

**Buy The Complete Version of This Book at
Booklocker.com:**

<http://www.booklocker.com/p/books/3663.html?s=pdf>