

The relationship of each chakra to healing is given along with twelve levels of response for each chakra. The brain is divided into four parts – lower left, physical body; lower right, emotional; upper left, mental; and upper right, spiritual.

The Fantastic Human Being

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The New Millennium NoteBooks

Volume Two

THE FANTASTIC HUMAN BEING

Windows on the Past

Norma Hickox

The Fantastic Human Being  
A Chrysalis Publication

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Cataclysms?? A NEW Look at Earth Changes  
The TimeLine of Eternity

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## Chapter One

### THE CHAKRA SYSTEM

“Aren’t these animals fascinating?” Neil asked.  
“They sure are,” I responded.

We were visiting the Colorado Springs area in Colorado and were at the Cheyenne Mountain Zoo. We had been to most of the other attractions in the area, the Garden of the Gods, Pikes Peak, the Air Force Academy and other places and had saved the zoo for the last.

“They certainly have a lot of giraffes here, don’t they?” I asked. I spent quite a bit of time watching them while Neil was taking pictures.



*Neil and Giraffe at Cheyenne Mountain Zoo,  
Colorado Springs, Colorado*

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“All the animals are so much fun to watch.” Neil said. “I wish we had come here sooner instead of leaving it for last.”

“Yeah and the scenery is wonderful too. Just look at those views,” I responded. The zoo was located on Cheyenne Mountain and was just beautiful, but it really was all the different animals that fascinated us.

“You know, animals only evolved as far as having five chakras while humans evolved further and have seven chakras,” I said. “I think that’s an interesting bit of information and probably explains why we developed speech and the animals didn’t,” I said. “Why don’t we each get on one of the giraffes and ride off into the distance to where the TimeTraveler is waiting to give us an idea of the energy of the different kingdoms,” I asked Neil.

“Okay, I’ll pick that one over there with the really long neck that I just took a picture of,” he said amused.



### The Chakras

The chakras are simply energy centers, storehouses for the vibrating atoms, the first stirrings of life in the cosmos. In the beginning it was simply the air that played around and lifted grains of sand which had crumbled off of the pristine rock surfaces and placed them down on the ground near water. This caused a chemical reaction between the minerals in the soil and the algae in the water. This gave birth to the Botanical Kingdom and provided a form for this energy to be embedded in.

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The root chakra, the first chakra, was the first bundle of energy to be embodied in a manifested form in physical matter. The Botanical Kingdom evolved through the decaying and rotting of matter into the one cell amoeba. The root chakra, or kundalini, was the only chakra in these early life forms. The total being was centered in that kundalini for the life giving properties and energies. It was the center of the vibrating atoms and was quite necessary in those early forms of life when the animals used their tail for means of locomotion and for protection.

The root chakra was not needed in the animals that were to follow into the human kingdom, as they would no longer need the tail. This chakra was sealed over and the tail eventually disappeared from man. The bundle of energy was then embedded in the second chakra, the sacral plexus to insure survival of the race. The second chakra, the sacral plexus, was in essence the only one operating in the "cave man." It is the center of survival, of animal instinct such as eating, sleeping and procreating.

The third chakra, the solar plexus, came into being gradually. In the early Lemurian days, actually it was a stage before Lemuria called Lamanian, the third center developed. This third center, which was the sensing of other's thoughts, developed as primitive man felt a definite need for communication with his own kind to differentiate between themselves and the animals. It was a very slow development as the energy of the second chakra was not closed off. It had to be kept, so it was necessary to grow and build and develop this third chakra or energy center from scratch.

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This stage was followed more quickly by the addition of the heart chakra at the same time that these simple creatures developed a conscience, a need to feel responsible for their actions against others. This heart chakra was a quickly developing one, as it became urgently necessary to keep the animal/men from destroying each other. Thus the animal began to have feelings and emotions to deal with in connection with his instincts. The third center, the solar plexus, was not deliberately closed off, but fell into disuse due to the heavy activity of the second and fourth centers.

Thus the animal forms had developed into an upright, almost tailless form that began to sense their difference from the animals that stayed on all fours. They began letting others know what they meant by simple grunts and sign language. The sensing of other's thoughts, this ESP, so to speak, begin fading, and needing a means to communicate, the throat chakra drew the energy bundle from the solar plexus up to the throat and the fifth chakra came into being. The grunts turned into distinguishable, intelligent sounds that developed quickly into a language.

The next chakra, the third eye, developed due partly to man's deviousness and cunning and manipulation, and partly due to disuse of the solar plexus. When they wanted to know what others were thinking so they could manipulate them or beat them at inventing something, they used their imagination to visualize what the other was thinking, trying to second-guess the other – playing games, making up stories, telling fairy tales, and getting the person to respond to the games and daydreams. When this got carried too far



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drastic action was needed and the Atlantean civilization was destroyed.

Civilization was started over – but not clear back to the one cell again – by restructuring the chakra system. The use of the first chakra was still not needed and was completely sealed at this time. The second was still in use, the third one was reinstated, the fourth one was more separated from the second, functioning more individually from the instinct of the second. The fifth one was left as it was and the sixth one closed, sealed off and the spot for the seventh chakra was added. The energy from the sixth was sent to the seventh center but it was still sealed off until such time as it would be needed and safe to bestow on humanity.

The three lower chakras will set the goals. The root chakra gives the drive, the will to survive, the strength to forge ahead. The second chakra, the sacral plexus, gives the creativity to design your own life and the third chakra gives you the ability to psychically communicate with other kingdoms and other people. In the three higher kingdoms, the throat chakra gives you the ability to express your goals and creativity and to communicate with other kingdoms. The sixth chakra, the third eye gives you the ability to visualize creativity, and the crown chakra gives you the ability to communicate with the higher kingdoms. The fourth chakra, the heart chakra, functions as a transformer enabling all the other chakras to work in combination with each other.

The heart chakra transforms the physical evolution instinctual behavior of the animal kingdom into that of being a human being. Without these transforming capabilities, humanity would not have progressed to the point where it could serve as vehicles of expression for the

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spirits to enter. The three lower kingdoms draw from that which went before you in time of a physical nature. The three higher kingdoms allow you to access that which went before you in time of a spiritual nature. Both of these are used to form your own universe which is your heart chakra.

The sixth center was not to be reopened. The energy was to remain sealed in the crown chakra until needed. This will be when humanity is ready to enter the divine kingdom. Humanity has managed to get that energy dropped back to the sixth chakra, the third eye, the magic center. This energy needs raised up to the seventh to prepare one to enter the divine kingdom. As long as one remains in the stage of using this third eye, he is stopping his evolution. It is absolutely necessary to raise this energy back up to the crown chakra as this will be the stage of the intelligent, reasoning mind, which must be reached before the Christ can enter.

Although these chakras were opened on the cave man as a whole of humanity, they are opened again with each human at his birth and the whole process is gone through again on a higher level when each person goes through the period of rebirth into the fourth dimension. The chakras are the organs of the ethereal body which work in harmony with the physical organs allowing the physical bodies to evolve into beautiful forms for the spirit of the Creator to enter and express through.

Chakra number one was the root chakra and was embedded in the early forms of minerals from creation on. Therefore, the root chakra must be said to be eternal. There should be no time period put on it as a beginning. The root chakra is the core of energy, the stoppage of the vibrating atoms as the liquids solidified into solid

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surfaces. This is the root chakra, the potential in each of awesome fire and energy when the atoms are reactivated. It is a tremendous way to store energy and in the future the stoppage of the vibrating atoms, which is really suspended animation, will be a way of preserving anything wanted for indefinite periods of time.

This root chakra did indeed carry over and become embedded in the Botanical Kingdom. This was the addition of the second chakra, the sacral plexus, as the mating of the Mineral Kingdom and the water took place. The early plants reproduced asexually and as this kingdom developed the seeds were split. Yes, exactly like the human kingdom and the divine spark, the divine spark in the Botanical Kingdom split and part followed the track that would carry life over into the Biological Kingdom. Part stayed in the Botanical Kingdom and these now required the pollination process to reproduce.

When the animals started appearing the early forms were not split into male and female. This would be the criteria for determining transitional periods. Each kingdom in its stage of being the whole spark, both male and female in one form, would be considered the transitional period. As the Biological Kingdom then split, part followed into the human track. It was a very slowly developing period and the animals that were the forerunners of humans did another split. This was a minute split in the digestive system. The original split of the animal track was the development of the double stomach. This second split involved a tiny opening leading from the navel inward that opens and closes during food digestion. This is when progress really speeded up. The animals that followed this track (the human track) were able to pull in energy from the atmosphere. This would be

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from such things as lightning storms, stronger rays from the sun, more benefit from rain and also from the plants. Imagine, if you will, the purity and nourishment that were embedded into the plants they ate because the soil was not depleted at that time; also the rain watering the soil was from the remains of the swirling clouds of atmosphere that were receding from the surface of the earth.

Progress was very quick from this time on. This was when the addition of the third chakra took place. Then the addition of the fourth chakra took place. Remember, progress is happening quite rapidly now because it was necessary at this time period for the survival of the race. Then the fifth chakra was added.

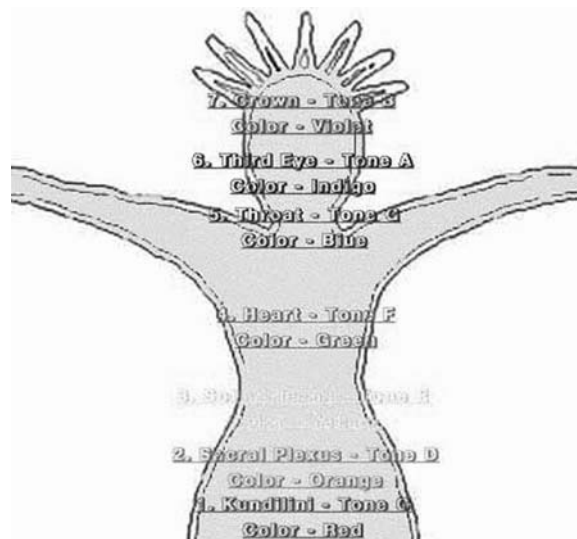
At this point progress slowed down and the next chakra, the third eye came into use. At the restructuring of the chakras, after the cataclysms of Atlantis (which did not happen overnight, by the way – they took place over a long period of years), the crown chakra was planned to come into being. But it did not work this way and has not really worked yet. Evolutionary growth slowed down considerably, but as all things cycle back around, the spurt of growth and the addition of chakras rapidly following each other is going to cycle back around and evolutionary growth will speed up until there are twelve chakras, with a period then of slow growth following. It all has to do with the rhythm of the universe.

### Chakras Are Organs of Ethereal Body

The chakras are the organs of the ethereal body that surround the physical body while in incarnation. They cross the line with the spirit between manifestation and non-manifestation. Being the organs of the ethereal body means that they are the atoms which are made up of

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subatomic particles and sub-subatomic particles. This is the way the passing of divine genes is accomplished. The physical organs of the body themselves, the actual flesh, blood and bones, are the means of passing physical genes.



The passing of spiritual or divine genes is a matter of thought or mind, which is the state you cross over to at physical death and the state you leave, for a period of time, at birth onto the earth plane.

The nuclear energy of vibrating atoms that are caught in a state of fusion – which makes up the thought capacity of each spirit – is stored in this ethereal body, in the chakra chosen to be the strongest focus of the upcoming lifetime.

This spark of nuclear energy is not only the storehouse of memories of previous lives, but also memories of the education received in preparation for the

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upcoming life, and it is also the connecting presence of the Holy Spirit. This is all encompassed in the nuclear point of energy which is housed in one of the chakras of the ethereal body. The physical body, on the other hand, has no such central location for anything except pictures of physical memories which are stored in the pituitary gland. The other organs enter into manifestation with a clean slate. At this time – the birth of the physical form – is when the ethereal body's "Lighting of the Chakras Ceremony" takes place when the spirit takes up residence. At this time all functions of the physical body are raised harmonically in octaves to a level usable by the spirit. This would start with the raising of the octave of the bloodstream which, in its course of circulation through the body, raises the octave vibration of all other organs, allowing the chakras, or organs of the ethereal body, to fully surround each physical organ and feed it energy.

At least this is the way it is supposed to take place. Lack of knowledge of this stage of post birth preparation has caused this to not always take place as pre-planned by the Creator. This is the cause of many physical ailments – the failure of secure contact with the ethereal body and the match-up of nuclear energy with atomic energy in the body. When this does not take place correctly the raising of harmonic octaves does not take place and the physical organs are not capable of sustaining the purposes of the spirit. Therefore, the body is not a suitable vehicle for the spirit for that incarnation. Sometimes the incarnation will be cut short and the spirit will return to non-manifestation until another physical body is located that will be suitable.

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When the incarnation is left to proceed and the spirit remains – this does happen more often than you might think, due to a shortage of physical forms – then the incarnation is spent in an entirely different manner than pre-planned before entry. Most of the incarnation is spent trying to compensate for the lack of harmonic elevation in the physical organs. Sometimes an entity, if he works really hard and long, can overcome this lack of mutual elevation between nuclear and atomic energy and make a success of the incarnation. This is duly noted when he returns to the unmanifested state and his progress is upgraded according to what he has achieved. The “Lighting of the Chakras Ceremony”

I would like to explain what is meant by the lighting of the chakras in the human body and the lines that connect them with each other in a circular effect.

The death of the body involves a pulling out of this line in an orderly procession so the circle is not disrupted. This is a stage of the death of the form that needs to be understood by doctors. Once this process has begun it cannot be stopped, only slowed. It cannot be speeded up.

It starts with the lines from the extremities extinguishing their lights and pulling to the solar plexus. The legs are first, then the arms. The next process is from the head down, then the torso up. All the energy is pulled into the solar plexus and the navel is the point of exit of this energy. The navel was the point of entry for the spirit and is the point of exit for the spirit. It also was the point of nourishment for the fetus while in the mother’s womb. It is an opening that never completely seals over. It has no other purpose except the three mentioned and as it serves both the physical body, (the lower self), and the spiritual body, (the higher self), it is the most important

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opening in the human body. The navel could be used for more purposes if studied thoroughly. It could be a way of administering herbs that could stabilize the body. It would not only permit healing to the physical body, but also to the mental-spiritual body. Herbal medicines administered through this opening would be much more effective than any taken orally or injected into the blood stream. The navel may appear to be closed off but in reality it has only a fine membrane sealing it which, if punctured, has the ability to reseal itself effortlessly. As this is the point of nourishment before birth and entry of the spirit at birth, why should it not be a point of nourishment to both the physical and spiritual bodies during the lifetime as it also, as spoken of before, is the point of exit at death of the form?

As this energy is in a circular form in the body, it forms into a circle after leaving the body and then forms into a circle when donning the ethereal body. The same chakras occupy the same spots in the ethereal body and when the next incarnation takes place the same process is followed in exiting the ethereal form and entering the physical form.

Those who no longer have to reincarnate stay in the circular form of energy, both singular and in conglomerates and also eventually on planet five. All existence from this point on will be in the circular form until planet six.

The chakras, being the point of energy that reincarnates each time, are where the divine spark is embedded. Which chakra this spark is embedded in is determined by what stage of evolution one is in.

The “Lighting of the Chakras Ceremony” should be installed on the physical plane at the birth of each form to



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insure the proper blending of the ethereal organs with the physical organs. This is a much more important ceremony than any the entity will go through in his lifetime unless it is the one that should be performed at the moment of death of the physical form. This was known at one time – the ceremony of passing from the physical to the ethereal – and this is where “the last rites” practice of the Catholic Church came into being. It has been misinterpreted and not understood at all and is, therefore, no longer of any service to the crossing spirit.

The ceremony at physical birth has never been instituted on the earth plane but it should be. Entities are advised to enter the mother’s body just prior to the actual birth so that they do experience the birth itself with its beautiful “Lighting of the Chakras Ceremony” that attends both birth into the earth plane and death, which is, of course, birth into the inner planes.

The experience of the highlight of sexual intercourse, orgasm, is a very similar feeling to that which should happen for an entity at his birth and at the death of the body, which is the birth back into the unmanifested plane. This is a repeated pattern, if you will, of the original birth of the Creator, when the energy builds to a certain point that it can no longer be contained within a minuscule black pin point, a feeling of intensity. The spasms build, and the energy eventually shatters, explodes, giving this wonderful thrill.

Michael, our Creator God, states, *“This is how I know what sexual intercourse feels like to humans, because I felt it at my birth, at my creation. Humans also feel it at their creation.”*

The babe when he comes out of the womb has this memory of the father’s explosion which has been ejected

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into the embryo or egg. Then he grows in the womb, building up the power, and when the birth pains begin the spasms grow wider and stronger and he shatters, feeling this same thrill throughout his own being that his father felt when he impregnated his mother.

Some incarnating entities choose to enter the new babe before birth thereby being present at birth of the physical form and experiencing the thrill of the explosion out of the womb. These are the people who do not search all their lives for this feeling. They do not miss it as do those who do not enter until after the physical birth. The ones who enter after this thrill do not get over the searching for it until the blending between the animal-based brain mind and the incarnating spirit (synthesization) has taken place. Please understand this. The incarnating entity is the one who missed it and until he brings his two bodies together he will be odds, at disharmony, and will cause a search to be made to replace this by any means that he can – such as alcohol, sex and drugs – except the right one, which is synthesization of the soul and the animal-based brain. This is not the total synthesization of the spirit mind; this is the body and soul working together. Until this happens the soul will continually search.

When the time comes to leave the earth scene and return to your home, the spirit is the first to withdraw. It starts its process back into the tiny pinpoint of a black hole. As it withdraws it builds spasms that grow stronger and it explodes back into the black hole feeling the thrill in the ethereal body, not the physical body. At the birth of a child on the earth plane this is felt in the physical body. At death it is felt in the ethereal body which is what you

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will be in until your next term to come back out of the black hole and reenter a new physical form.

### Effect of Flotation or Isolation Tanks

The value of flotation or isolation tanks is in aiding the person to return in meditation to the time period of being in the womb. Now if this entity did not enter the babe's body in the mother before birth, but waited instead until after the birth, then these tanks will have no meaning for this person as far as bringing back memories of that time period. I do not necessarily see the value in reliving this time period (being in the womb) at any rate. Anything that was accomplished was accomplished before the entity entered the babe's body and nothing more can be accomplished until after the actual birth.

It is a very frustrating time for an incarnating soul to be trapped in the babe's body which is trapped inside the mother's body. This is why they are advised not to enter until just prior to the actual birth so that they do experience the birth itself. One way these tanks could perhaps be of benefit would be as though simulating space and weightlessness in your mind which would ease the tension of the muscles of the physical body and conceivably do some healing in the area of the physical body. They also can be used for places of normal meditation. But the original theory was that they simulate the womb and I see no value in this concept especially if one did not enter the body before birth.

### Chakras are Chosen before Incarnating

The soul ascends at the end of each life and descends at the beginning of the next. The tiny pinprick electrical spark that is located in the center of the soul as a wispy cloud, takes up residence in the chakra of the body chosen to do the work. As the One Creator is still at

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the center of the universe that formed around Him, (in His inner planes,) this divine spark is in the center of each human and the human's universe – his mind – forms around it. The divine spark of nuclear energy that is the other half of the soul, takes up residence in the organ relating to the chakra that was chosen to work through.

The chakras are used on the inner planes to be as a guidance system for the new personality. In other words, the entering entity chooses those chakras he would like to have more greatly influence the form he will be occupying and therefore influence the personality of this form. The personality will develop based on the chakras the entering entity chose, making the job of blending with the new personality a much easier task. The new personality will already be on the same track that the entering entity wanted and will make reaching the goal of the entering soul much easier.

In my particular case, my entering soul wanted to achieve transplane communication, so chose the chakras of three and seven because those are quite necessary to achieve this goal. These chakras always have been stronger on me even as far as influencing my personality. Once the blending has been accomplished it would be ideal for me to work towards opening the other chakras, but they were not to have been opened earlier as they would have ruined my chances of reaching my soul's goal of transplane communication. For instance, if the sixth chakra had been opened too early, I would have been caught up in being able to see the astral plane and would have been most likely stalled on that plane rather than reaching the higher planes. If the second chakra had been too strong, I would have been caught up in human sexuality and relationships to the point where I would not

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have achieved the goal. Had my heart chakra been wide open, I would have been immersed in compassionate caring for all humans and would not have opened the channel.

The chakras chosen each lifetime are pre-set to be the more dominant chakras for the entity to work through in that particular life. These chakras are similar to pre-set dials on an appliance, if you want to think of them that way. This is why I do not condone forcing open chakras. It may be that two or three certain chakras are chosen to work through until karmic debts are paid. At that time it is pre-programmed to have any one of these become less active and one or two new ones to open. If all chakras are forced open early, the karma is never cleared up, or perhaps it takes much longer and is much more difficult. Forcing open chakras will only cause problems. As given, sometimes certain chakras are left unopened at the beginning so karma can be repaid. It is all pre-programmed.

In the future, the chakras that are chosen to work through will be able to be determined through Personal Music Charts (to be explained in a later volume of the notebooks). When this is able to be done, then it can be determined whether or not the chakras chosen are being used and are vibrating in harmony. If so, at that time the other chakras can be progressed and it can be determined what order would be in the best interest of each to work on being opened first. This will be when a blood test is perfected to find the musical keytone of each human being. (This also will be discussed in a future volume.)

The chakras in the human being will follow the same exact pattern as the kingdoms, that of the three lower kingdoms and the three higher kingdoms needing

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to have the middle kingdom as the transformer. In the human being this would be the heart chakra. Those who have only opened the three lower chakras have a personal universe limited to their physical existence. Those with only the higher chakras open will have a spiritual universe with very little concern as to their physical state of being. Some choose certain combinations of lower and higher chakras to be able to form certain personal universes.

For instance, if a person chose to have a strong solar plexus and a strong crown chakra, these two chakras would demand that this person form a personal universe that would satisfy the energy coming from both of these chakras. Therefore they would have a struggle with duality. As their heart chakra opens wider and their personal universe becomes more all-encompassing instead of the very limited personal universe, they will find themselves communicating and wanting to communicate with many other people. If this person stunts the growth of their personal universe they will be canceling out and defeating their goals for this incarnation.

As the heart chakra (fourth) opens, it becomes stronger as a transformer thereby enabling the throat chakra (fifth) to start working in combination with the root chakra (first) allowing them to express their goals. The transformer then begins allowing the third eye (sixth) to intertwine with the sacral plexus (second) and allows their creativity to be visualized and realized. Then the transforming wonders of the heart chakra allow the crown chakra (seventh) and the solar plexus (third) to combine very strongly. This along with the heart chakra enhances their ability to reach and communicate with other kingdoms, opening up even more doors to wisdom

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and knowledge. This is the growth that must take place for this person's mission to be fully realized – the wide opening of the heart chakra, the enlargement of their personal universe. They must keep growing and expanding in their thoughts, if nothing more, to have this expansion of their personal universe take place. They cannot simply close themselves off from the rest of humanity and have a very narrow personal universe or they will never fully be able to access the powerhouse combination of the third and seventh chakras.

The new chakra coming into being, the eighth, the ear chakra, is the one that allows for communication with the higher kingdoms. The sixth chakra, the third eye, allowed for communication with the lower kingdoms including the animal/human. This is where a good bit, in fact most of the channeling is coming from today. There are very few that use the combination of the strong third and seventh chakras with a very high degree of usage of the eighth.

### Chakras Open One Level at a Time

No one opens any chakra wide open all at once. If they do they will most certainly be in trouble. These chakras open one level at a time and when that energy is fully incorporated into daily life then, and only then, will the next level open. It is a lifetime process for most people to open the chakras as far as level seven and a few do open them to level eight. This is about as far as it is safe at this time for humanity to open. The next four levels would be too much energy for anyone to withstand.

## Chapter Seven

### THE BRAIN SYSTEM

“This is a place I’ve always wanted to visit,” I said to Neil. We were getting out of our car at the San Diego Zoo.

“Me too,” Neil replied. “It’s supposed to be one of the best zoos in the country.”

We got on the tram going from the parking lot into the zoo. From here we took another tram to see the different exhibits.

“Do you realize what a complicated piece of equipment we are?” I asked Neil. “You, I and everyone in the world are fantastic human beings.” I continued as we got off the tram and stood in front of the ape exhibit while Neil sat up his camera to take a few pictures.



*Ape Exhibit at San Diego Zoo – San Diego, California*



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"I'd like to go to the Wild Animal Park here in San Diego someday too," Neil said.

"Yeah, we'll get there some other time. It would be too much to see them both in one day," I said. "You know, sometimes it seems as though monkeys and apes are getting to be more like humans all the time. Let's get back on the tram and pretend that we can take it back in time to where the TimeTraveler is and learn more about different stages of brain development from the first brain to the present," I said.



### First Brain Registered Repeated Patterns

The first brain was a single glob of matter that registered outside stimuli when a pattern was repeated. Any action that was not repeated again and again did not register. It was simply a "musculature" conditioning to outside activity – outward physical actions. These, of course, included walking, running, eating, elimination of waste, procreation, and all of the basic body functions. When an action such as picking up a rock and throwing it was not repeated for a long period of time, say several weeks or a month, the next time it was performed was like a brand new experience as far as the brain was concerned. It had no memory of the previous try and was a totally new performance. If the action were repeated every day for several days in a row, the muscle content of the brain would register this new "twitching" or "flexing" and "loosen" up the tight constriction of the cells that were photographing this action. It then would become a

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learned action and an easier task to perform from that point on.

In the early animal-man, the very first action to register was walking on two legs because the pre-programmed brain was tuned into walking on all fours. This standing on two legs to reach food high up in trees was actually the first sign that here was an animal that could be taught new things. That first action of balancing on the two hind legs was repeated often enough to register as a muscle reflex action on the brain. Walking soon followed.

As the next generation was born, the flexibility of the brain cells was more prominent due to the use of the one giving the genes. The change in cells of the brain of the parents caused the genes that were passed on to their offspring to be more “advanced.” It is very important that this be understood. Herein lies the answers to some of humanities’ puzzling questions of genealogy. A man could father one child and three years later father another who was directly influenced either for good or for bad by what that father did in the three year period between fathering the two children. The mother also has this ability to pass on “changed” genes between offspring. As a matter of fact, she has slightly more influence than the father because the matter for the form is drawn from her cells.

### Evolutionary Growth Due To Survival Instinct

The first animals to stand upon the hind legs became stronger and more intelligent due to taking this initiative on their own because of their desire for food. It was a matter of survival that instigated the survival of the race and caused it to grow.

In other words, the evolutionary growth of the race was begun because of the survival instinct. That set the

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pattern for all that was to follow as far as the development of this brain. Therefore, even after the experiments were begun by those in the higher planes to hasten this growth, there was no changing this first pattern of survival instinct which had as a sidekick, competition. Competition is a necessary part of the survival instinct. It cannot be separated from it, or the survival instinct is no longer there. Therein lies our problem. If competition is totally eliminated, humanity would not have the will to survive and would die off. This competition needs to be balanced, not eliminated. What it boils down to is the fact that competition is the survival instinct. All changing and growth that has been done since then has been built on top of this “animal instinct” of survival, leading to competition. This must be remembered and “worked” with in everything having to do with the human brain.

### Changes Passed To Offspring

The only way to change this ever is through education and conditioning of the brain from birth onward as to a better way to survive than competing against each other. This babe then grows to manhood or womanhood and has children. These children then have brain cells that are not as loosened up in this area as was their parents. The same procedure is then used as far as their education goes and the children they give birth to have the same non-functioning of this particular cell mass of the brain. After enough generations go by, the cells in this mass begin to deteriorate. Eventually this part of the brain is undeveloped in future generations and disappears. What a long drawn-out process of change this is going to be. But it must start now with the education of each and every babe born onto the earth plane. This very

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beginning of brain function is not understood by our scientists today. When it is, then will come further understanding of early childhood education from birth and before on.

A study needs to be done of the fetal growth of animals and the physiological changes that they encounter in each life and the growth they are capable of in relation to what they achieve. This can then be compared to the total overall evolutionary growth of the animal track and then can be explained as far as animal-based brain actions and attitudes. This will then all be related to the process that takes place in humans. For instance, the brain of a baby human at one stage is exactly the same as a koala bear's brain. They could be used for experiment and research to aid SIDS (infant death syndrome). The answer to this baffling problem would be found if this research was done.

### The Animal-Based Brain

The animal-based brain is the motor function center of the physical body. It cannot be said that the role of the animal-based brain is unimportant. Without it there would be no life, no body for the incarnating soul to enter to experience the earth plane. It is the control of this animal-based brain for usage by the incarnating soul that is of vital importance. The animal-based brain is a physical organ by which genes are passed from physical evolution. These genes are as thought-pictures passed from the parents. They are memories of traumatic events and also very impressionable and inspiring events that happened to our ancestors. These thought-pictures can go back a long way, over eons even, to the beginning of the human race, which was when the first genes from the higher planes were inseminated into the animal bodies.

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There will not be thought-pictures passed previous to that because it was the genes from higher planets that carried the animal into the human dimension. To repeat, it was the inseminating of these higher genes that changed the animal to the human and allowed the passing of genes or memories or thought-pictures. Animals that followed the animal track, even animals today, do not have this capability of passing memories of their ancestors. They operate purely on instinctive reactions that are pertinent to their particular species. Humans, on the other hand, can pass these memories and can change these memories. The secret of evolution itself is in the changing of the memories and passing on more highly evolved or knowledgeable thought-pictures.

The animal-based brain at the center of the brain can be compared to the sun. The twelve mind levels for the soul to use to develop are compared to the planets orbiting the sun that the Oversoul uses for his path of enlightenment. As planets move out of the solar system and new ones move in, so also does this take place in the human. In the beginning of the sun and planets in our solar system, the sun kept the planets alive by the black holes of birth, by feeding them nourishment through these vortices. When this stopped the planets became able to sustain life and position in the universe on their own. The same is true of the human universe.

In the beginning, the whole of the animal-based brain was used just to keep the body alive not just by eating, but also for the functions of the lungs, kidneys, liver, heart, etc. – all the organs necessary for the life of the form. These first levels of mind power in the human have moved out. These were the controls that allowed the body to function on “automatic pilot.” These body

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functions are partly instinct leftover from the animal forefathers and partly inherited genes passed on from the parents from the time of the inseminations of genes from higher planets. The organs are now capable of sustaining life without requiring the absolute focus of the animal-based brain. Therefore, the first two planets or mind levels have moved out from the solar system of the brain. There is a new one coming in, the fourth mind level and it is time for the third dimensional level to recede and eventually move out.

This is the stage that most of humanity is at now. There are some out ahead of this but they are few and far between. Humanity as a whole must be classed as being on the brink of moving the third planet out and allowing a new one to come in. This makes it sound as though the brain is capable of only working on two levels at once. This is not true. They are all there, but are in suspended animation, the same as the twelve planets are all in our solar system. Two have moved out but the rest are all there; most of them are in suspended animation as far as life forms due to the Oversoul not having progressed to them as yet. The same is true in the human; the animal-based brain has not allowed the soul to move very fast through the mind levels. The sun in the large universe is doing the same thing because of the intense heat that is still within it. This prevents life forms from surviving which prevents the Oversoul from using those planets at this time.

There is hope that the animal-based brain can be encouraged to allow usage of more mind levels, the same as there is hope that the sun will cool enough to allow life forms to develop on the planets closest to it. It is a known fact that the sun will cool this much. Therefore, it is also

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a known fact that the animal-based brain will allow the soul usage of the higher mind levels. There can be no argument about this. It is a Universal Law.

To continue relating the evolution of the brain to the evolution of the universe, the brain has the different planets all orbiting the central core, as given before. Each stage of brain power has its turn at being activated by the central core, for progress in that stage. At that time it moves out of the action category and into the memory category. This part of the brain is huge and, like a computer where data can be compressed, so also does the brain do this compressing. This is why memories of early childhood become faint, the older you get. This is what the disease called Alzheimer's does, is open back up this memory storage part of the brain and, because of its size, it starts pushing the new planets of the brain out. In Volume One of the New Millennium NoteBooks in our discussion on the birth of planet earth, it was talked of how the gases continue expanding inwardly even though they were stopped from outward expansion. This is what happens in the brain. The memory portion continues to grow inwardly while being blocked outwardly by the new experiences. At one point, then, it will explode and let all these packed memories loose into the universe of the brain. Because they are strong with the force of the explosion, they dominate the new brain cycles that are striving to grow, like little children. There are even memories from other lives that you chose to bring back in with you, that are released causing even more confusion to the individual and to those that are trying to help him.

The Biological Kingdom, without a spark ever having entered it, would have progressed to a certain amount of brain growth without any help. Therefore, an

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animal-based brain is capable of and would have accomplished a certain level of progress by itself. Before the sparks entered, the animals had already progressed to the point where they were standing upright; they were planning ahead for food to keep them through the winter. As you know, animals do that now, but these were capable of inventing ways of protecting themselves from the elements and of growing food and of harvesting this food. They were truly progressed past the animal stage and would have continued to do so until the point where a lot of humanity is still at right now because they have not let the divine spark in to do its upgrading and it's refining into intelligence – the use of the intelligent, reasoning mind.

If the divine spark had not entered these animal forms then they would have progressed without a spark in them. They would have progressed to the point where they would have been in family groupings, giving birth to their children, tilling the fields, eventually building their little wooden houses or cave homes as they did. At the point where all this growth was done, the divine spark, even though it was in the body, was not able, at that time, to have much influence on the body, on the personality – the animal brain that was developing.

### Brain Restructured at Time of Atlantis

The brain was restructured at the time of the destruction of Atlantis. It was softened by means of changing the atomic structure that the human forms consisted of. This softening then allowed for expansion of the universe of the brain. This compares to the second explosion in the macro creation process, the explosion that allowed the expansion and moving outward of the galaxies. As the macro creation process is the chain



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reaction of the nuclear explosion, so also is the growth and development of the human brain. In comparing the brain to the large universe, we can know what this brain is capable of because we know the expansion capacity built into it. It has the same outlines or borders or limits that the large universe has. These borders are non-existent in the large universe; therefore they are non-existent in the human universe of the brain.

This is what happens when intercourse takes place and the eggs are not fertilized in the female human. Those that are there waiting and do not receive the instigation of life are dead at that moment and disintegrate and are flushed out of the female system through the menses. This process has never happened in the universe, so it has not been determined how the dead planets and sun of our solar system would have been flushed out of the universe. Those in the higher planes cannot speculate on this process as they know it not and hope that they never have occasion to experience it.

As given, the moment conception takes place there is a mind, a physical form mind. All else that takes place in this entity's universe will be caused by this original mind. Remember that the form developed from the amoeba that had a certain "spice" in it. This spice was of original creation energy that caused the amoeba to split allowing part of the forms to develop into the human. The form then had more help with the series of inseminations of genes from the higher realms. Therefore, the forms being born having this animal or physical form mind are already highly developed.

The souls waiting to enter – who can choose their entry time, either in the womb or after birth – can be compared to the lesser minds, fragments of the original

## Windows on the Past

energy of God talked of in macro creation. The souls are fragmented parts of the mind of our Sun/Son, Lucifer who are waiting for their forms to develop. These forms are the planets that have not yet solidified into being able to sustain life. At times this happens with a human being when it is born. It does not form into a physical body that can sustain life and the physical form dies or is aborted as a fetus. This happens to planets. At times the formation of a planet will begin, but the gases that are forming it are shifted off in another direction before hardening enough to form a solid body.

When we talk of this happening in the human, it is the human brain that we are referring to. As compared to the gases in the large planets, the human brain is drawing together the correct cells from the protoplasm that is what the fetus consists of at the moment of conception. If the cells are not drawn together correctly, the brain does not form into one that can serve as the motor to control the functions of the body and the baby dies or the fetus aborts.

To continue, there are different spirit-guiding energies that take up residence in these sections of the brain, the same as there are spirit energies forming the aura or essence of all planets. In the human these are the past lives that are chosen for their different strengths and weaknesses (they can be considered your “guides” that change as you grow and develop.)

They need to be turned into strengths with their overriding essence of spirituality and talent. They take up position in each section of the brain and as it develops the human then draws on this energy, the same way the Oversoul draws on the energy of the different planets to use as inspiration for humanity.

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To continue with our comparison of the human brain's growth and development to that of the macro universe, I would like to talk about the make-up of the brain itself. As the cells in your brain are considered the planets, so also are the large planets made up of groups of cells of the creator. They are hardened bits of the Creator's energy. The planets in your brain all have their own path or orbit. The same thing is true in the macro universe.

The sun cannot contain the spirit mind; it can only receive messages and thoughts back from the planets which is where the spirit mind is embedded. Therefore, when we say the sun in the sky is the physical body of our creator and the son of our religions is the spirit mind, this can be compared to the human brain in that the animal-based brain is the physical body of the creator; the other planets in your brain are your spiritual guidance system.

The planets in your brain were seven, but have been expanded to twelve, the same way the planets in the macro universe began with seven and at the time of the second explosion were expanded to twelve to allow for expansion of creativity. The same is true with the human brain. These planets in your brain are the mind. They are not round shaped spheres like you picture planets, but rather should be thought of as planes. The words planets and planes mean the same things because the planets in the macro universe are the planes for the Oversoul; so also are the planes in your mind to be used by your individual soul.

### Summary

There is much yet to be learned about the human brain and its capabilities. This brain is capable of tremendous feats, but most of them will not be

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sustainable until the physical form is more highly evolved. There is a potential powerhouse in each human. But, what good would it do to release the power if the form cannot sustain it? Slow, steady strides forward is the way spiritual growth must be when in the earth plane cycle. It cannot move any faster than the physical form can evolve. This is our limitation. This also is the reason the classroom lessons on planet earth were set up as they are – because of the physical form.

Those religions or disciplines stating that the physical form should be ignored, that it's not important, are off track. This is the whole idea of the earth plane schooling system. It is to learn mastery of the physical form and to evolve it to where it is totally usable for all that the soul can apply to it. This is the goal. It will take generations. It has taken generations to bring it to this point, and will take generations to carry it further.

Miracles cannot take place until the physical form has evolved to the point where it is buoyant enough to walk on water. The quicker the animal-based brain can evolve and control the body, the quicker all this will happen. This is definitely the starting point, the control of the physical body through the physical brain. This is a matter of evolution, and on-going experiments will speed this up.

This experimentation is the penetration of the human brain with new genes without going through the birthing process. This is what is taking place at this particular time on our particular planet. This is pervasion, which is the penetration of the human brain by genes of the higher planets to help this control over the physical form be gained in a faster way than normal evolution would allow it to take place. The experiments

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are on-going. All one has to do to be part of this experimentation is to express the willingness to be part of it, and they will be part of this experiment to whatever length their animal-based brain will allow them to be.

The higher genes penetrate the brain to allow the physical form to come under the control of that brain. This then allows the soul to use that brain, which then progresses the evolution of that particular entity. At the present time, this is the path of progress on the earth plane. It may not be in the future. As we move past the need of penetrating the brain with new genes; as the physical form catches up and contains the ability to bring these new genes through in the birth process, there will be a backing off of the penetration as is being done at the present time.

## Chapter Eight

### THE POWERHOUSE IN OUR BRAIN

“Hey Neil, did you ever think that you might want to build a new house – I don’t mean have it built, I mean actually build it yourself? Your dad was a carpenter and he built most of our house by himself. He did have some help from me and a little from you even though you were eight years old at the time. Do you remember?” I asked Neil.



*Our house being built in Grand Junction*

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“Yeah, you know, I have thought about it several times, but I don’t believe I could do it. I don’t know anything about building houses,” Neil replied.

“You know there are plans to follow – blueprints that tell you exactly how to do it,” I said.

“Yeah, I know, but even with the blueprints I doubt if I could do it,” Neil said.

“You may be right,” I responded. “A lot of people don’t get it right even when they have specific instructions on how to do things. I bet if humanity had an instruction manual to follow to perfect themselves, most of them would still mess it up.”

“Yes, but I don’t think there are specific guidelines that would work for everyone,” Neil answered.

“Maybe if we try to make contact with the TimeTraveler by closing our eyes and thinking about the sound of a hammer, we could find out if there is a set course or path that works for everyone,” I said.

“Okay,” Neil said, “I’m game. I really am interested to find out what specific steps or phases we need to go through.”

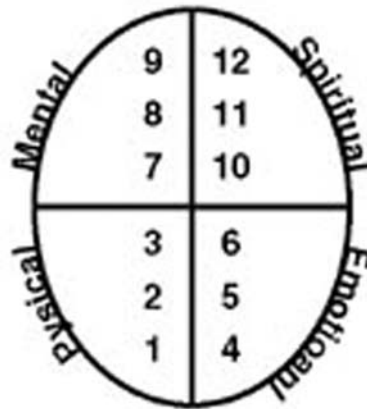


### Our Four-Part Brain

I’d like to use an analogy of building a house to help with the understanding of the stages of progress the brain needs to go through. But first I need to give an explanation describing the new way of thinking about the brain. This is that the human brain is not only divided into the right side and the left side, it is actually divided into four parts.

## Windows on the Past

The use of the creative channel is the process by which the cycle of growth is accomplished on the earth plane. Actually, there is a double growth process, the exoteric, outer, physical expression and the esoteric, inner, spiritual expression. Because of this double growth track, we have the brain separated into the left and the right sides. The left deals with physical growth, our exoteric (outer) life and the right side deals with our spiritual growth, our esoteric (inner) life.



*Our Four-Part Brain*

Now we need to divide the right and left sides in half giving us four parts to the brain. There is a lower left side, a lower right, an upper left and an upper right. Each of these divisions has three levels, with each level having twelve stages. The lower left division, sections 1-2-3 deals with our physical bodies; the lower right, 4-5-6, our emotional bodies; the upper left, 7-8-9, our mental bodies; and the upper right, 10-11-12, our spiritual bodies.



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This gives us twelve levels or dimensions of the human mind. Most of humanity is functioning on the third level but there are some people who are starting to connect with their inner being. This is a new phase or stage of growth that takes place when moving into the second section of the brain, the lower right side, the fourth level or dimension of the mind.

There are people right now struggling on all divisions of this fourth level; we have people at all stages of growth. Some of them have gone past level four into levels five and six, and a few have broken through over into the left side again into the third section of the brain, levels 7-8-9. Some came in at those levels, already understanding this process, and have been reviewing and are now ready to help humanity understand the path.

This is the structure of the brain and the path of progress should be from lower left brain to lower right brain, then upper left and upper right, with the apex of the mind where your inner being will be located. There are no shortcuts available. The progress must be made by all in the same manner, left to right on the lower and left to right on the higher. The left deals with physical body functions, the right with the creative process.

There is a well-defined path to open the channel that needs begun as a child. There are three major stages of synthesization or blending that will occur over time as a child grows. These three stages of synthesization are: the first stage which takes place at mind dimension six, the second stage at mind dimension nine and the third stage at mind dimension twelve.

I'd like to use an analogy of building a house to help explain the process of synthesization that humans need to go through.

## Windows on the Past

- First Section of the Mind – Dimensions 1-2-3  
(Physical Body Section)

Work is done here on the forming of the personality. A beginning stage of blending takes place when the half of the soul in incarnation begins having some influence on the animal-based brain in the process of forming a personality. Actually, the forming of the personality is completed at mind dimension three. At this stage the half of the soul in incarnation gains control over the physical body – a soul-infused personality.

*Building our House - 1st Section of Brain*

*The animal-based brain is responsible for all body functions. It also provides the vehicle for the seedcore, the storehouse of treasures that the incarnating entity brings with him. This animal-based brain provides the "canvas" for the picture the soul wishes to paint. Perhaps you could picture it as the bare ground where you want to build a house. This lot has all the utilities in place, such as the water, sewer, gas and electric (compare to body functions) so you can begin to build your house with these tools already established.*

*The incarnating soul digs the basement and stores his goods there (traits he brought into this incarnation with him) until the first floor of the house is laid. Then he can begin shaping up that first floor into rooms and decorating it with his choice of carpet and paint. This would compare to the age of four and the forming of a new personality.*

- Second Section of the Mind – Dimensions 4-5-6  
(Emotional Body Section)

When you have moved through the twelfth level of mind dimension three you “graduate” into the second section consisting of mind dimensions 4-5-6. This is the

emotional body section and work is begun on merging the soul-infused personality with the half of soul on the inner planes. This takes place once the individual evolves to level six. It is only at this point that the individual can receive direct guidance from the half soul left on the inner planes. It also seems that emotion can't be assisted with or controlled by the inner plane soul until this synthesization takes place. When this takes place you "graduate" to the third section.

*Building our House - 2nd Section of Brain - 1st Stage of Synthesization*

*The incarnating soul eventually finds just one floor too confining and begins building the second story. This would be when he returns to the basement and brings up the goods he stored there to furnish the second story of his home. When the first story was completed he was so wrapped up in furnishing it with new items and decorating it the way he wanted that he more or less forgot about the stuff he had stored in the basement. Now, when building the second story, he realizes that he has much in the basement that needs to be looked at and either utilized in his house or discarded.*

*Perhaps there is a perfectly good television down there but it is small and the picture somewhat fuzzy. He goes through a battle with himself over whether to use this TV or not. He tries to decide whether to keep it because the person who gave it to him means a lot to him and he is sentimental over it, or to discard it in favor of a newer, more enlightened model of TV. A newer TV would have a sharper picture, more channels available, better color and a remote control. He goes through this battle with almost everything he had stored in the basement, either keeping it or discarding it. What a job this is. No wonder he didn't*

## Windows on the Past

*want to do this when he was building and furnishing the first story of his home.*

*When he gets through this process, he finds he is able to use the whole house now, including the basement that was previously stacked with boxes. This gives him a very complete home and very complete feeling. Most people are content to spend the rest of their life in this home. This relates to the first stage of synthesization, that of the soul-infused personality – the soul in incarnation being blended with the personality.*

- Third Section of the Mind – Dimensions 7-8-9  
(Mental Body Section)

Your graduation from the second section, at mind dimension six, leads you to the third section, mind dimensions 7-8-9. You work in this area attempting to communicate with the other half of your soul that you blended with at level six, and the thoughts of your seedcore which is a collection of the wisdom and knowledge of all those in your spiritual family tree. This leads you to complete connection with your personal guidance system at level nine – the second stage of synthesization.

*Building our House - 3rd Section of Brain – 2nd Stage of Synthesization*

*Some people aren't content with the house at this stage. They feel they need to have even more room to expand. They believe they would like to add a third story to house their interests, a place where they could pursue the subjects that fascinate them, such as photography, or making stained glass, or learning all there is know about a certain country, or pursing philosophical interests. They need to have a library where they can do research and a communication system to be in touch with others*

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*interested in the same subjects. They build the third story and feel very satisfied and complete. This relates to the second stage of synthesization that of contact with the half of the soul on the inner planes.*

- Fourth Section of the Mind – Dimensions 10-11-12 (Spiritual Body Section)

When the connection is made, at the twelfth level of mind dimension nine, then the soul on the inner planes enlists the help of a Master teacher along with their seedcore, as the move is made into the fourth section, levels 10-11-12. Level ten is the scientific section. Level eleven is focused on spiritual truths and level twelve is connection with the total mind of the Creator. The third level of synthesization occurs when all aspects of the half of the soul in incarnation and the half of the soul not in incarnation merge with the overshadowing spirit and attain the ability to be in communication with the mind of the Creator. This takes place at level twelve when you reach the “apex of your mind.” This is the final “icing on the cake,” if you will, after the synthesization or blending of the other parts has taken place. This means that the total creative channel has been built – the third stage of synthesization.

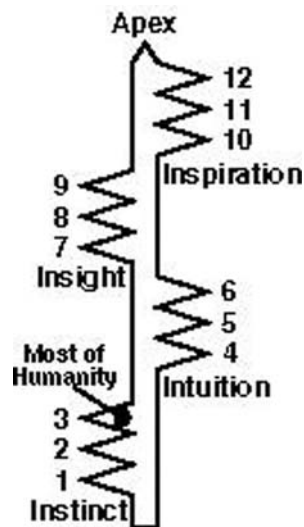
*Building our House - 4th Section of Brain – 3rd Stage of Synthesization*

*At this time the incarnating souls usually focuses in on one certain subject and realize they need to have a laboratory. They want to pursue the experiments they wish to make to further the knowledge for humanity about a certain subject, so they build the fourth story.*

*They finally finish their home with a very substantial roof on the top, one that is glass so they can see out the top of their house and watch the stars and the*

## Windows on the Past

*moon and the sun. Without this glass roof they would feel too confined. This is the third stage of synthesization, that of connection with the apex of your mind, your God Within. This is being “One with God,” the goal of every incarnating soul. But this incarnating soul could never have achieved any part of this house without the basic skills and tools of the physical body under the control of the animal-based brain.*



### *The Creative Channel*

- The connecting that is done in the first section (1-2-3) is done as instinct. The connecting from the next section (4-5-6) is accomplished by use of the intuition. The connecting from the third section (7-8-9) comes as flashes of insight (genius) and the

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connecting from the fourth section (10-11-12) is as inspiration, (divine inspiration).

- The soul comes into the picture in the second section of the brain, the lower right division, 4-5-6. This is where you meet the other half of your soul. Level four is where connecting starts; level six is where mind and soul start working together, a soul-infused personality – the first stage of synthesization.
- The higher mind of each is the 3rd section of the brain, levels 7-8-9, where one can be open to insight. Level nine is where the second stage of synthesization takes place – the joining of the half of the soul in incarnation plus the personality (which were blended at level six, the first stage of synthesization) and the half of soul on the inner planes. Those on the 9th level are getting ready to take the first step into the next section, the spiritual kingdom at level 10 which is connection with the mind of the Creator, the upper right section.
- This fourth section, mind levels 10-11-12 is where the third stage of synthesization – joining with the mind of the Creator – takes place, at level 12. Of course, the mind of the Creator is in all that came before, but much more highly concentrated in those from the 10th level or dimension and above.

Schools in the future (to be discussed in a future volume of the notebooks) will be designed to bring forward the inner being of each person at a very early age. This will allow them to bring forth thoughts and concepts from the center of their beings. This will also

## Windows on the Past

lead to the necessary intertwining of this inner being with the present personality. This is most important.

The way our lives are lived at the present time, contact with lower evolutionary forms (section one, the lower left side of the brain) serves from birth to adulthood. The changeover from the first section of the brain to the second, for the inner life, is the period known as adolescence when turmoil is gone through. Contact with this second section (lower right side) aids and serves human progress from early adulthood to middle age. The change over from the second section to the third section is the period known as mid-life crises when another period of turmoil is gone through.

Needless to say if the contact with the inner life is made as a child these time periods will be easier. The stress that the physical body goes through at these times would be eased. There would be an elimination of mood swings that are common in both periods. These mood swings in children today manifest in bad attitudes that lead to bad behavior. Resentment is one of the bad attitudes. A lot of youths who commit suicide are acting out of resentment and are trying to manipulate their parents with no thought given as to the ultimate result.

To review, the use of the creative channel needs to be prepared from the day of birth onward to operate in the fully developed human as it should. The channel will begin to open with the transmuting of instinct to intuition. Intuition must be achieved before anyone can come into the use of the higher realms or dimensions of the mind. As soon as this process takes place in the child, the lessons of the classrooms will become much, much easier.



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### The Powerhouse in our Brain

To explain the powerhouse built into our brain I'd like to again compare the brain to the large universe. The moment conception takes place there is a mind, the same as there was a Creator's mind the moment the "big bang" took place in the large universe. This original mind of the human that I'm talking of is the mind of the animal form that has developed over eons of time.

The same way the Creator is still at the center of the universe that formed around Him, the energy of our piece of divine spark is in the center of each of us, and our universe, our mind, forms around it. This is the tiny pinprick of electrical spark that takes up residence in the center of our soul.

Planets are drawn into the magnetic attraction of suns and form individual solar systems. In a similar manner, the cells of the animal-based brain are magnetically attracted to different areas of the brain and serve a particular function for the path of the soul (spirit) who enters the form. The same thing is true in the large universe. Each individual solar system within a galaxy forms a particular function for the path of the Oversoul (Creator) to experience.

This animal-based brain can be compared to our sun in the sky, in that the sun is the magnetic pull to keep the planets in line. The animal-based brain is the guidance system or motor control center for the planets in our brain, which are groups of cells. The same way the mind of the Creator is embedded in the planets of our solar system rather than actually in the sun itself, so also is the spirit mind embedded into all the other cells of our brain except the central animal-based brain. This part of the brain cannot be infiltrated by the spirit, only

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influenced by it. Up until the time of Atlantis when the brain was restructured, the spirit could not even influence the animal-based brain and it was very strong.

The human mind has twelve different levels of functions, different energy wave rates, and of these only three are being used by most people. This is why it is said that we are only using 15% to 20% – maybe even 25% of our brains.

If you were to use the highest level you are capable of, you would be able to travel in your physical body without transportation. Yes, in other words fly through the air with no means of propulsion except your mind. People may make jokes about being a birdbrain, but birds operate on this level of energy waves when flying. They are capable of only two levels and this level is second nature to them. The other level is just under that level and allows for balance on those two spindly legs, so they can walk on the ground. Walking on the ground is harder for them than flying. Perhaps this will give you something to think about, something to spur you on to deeper thinking.

With practice the higher mind can be reached and entered into as easily as taking off or putting on a hat. Some people wear hats at all times, others never do. It is slipping into the fourth level of the mind. There are several levels of the mind that are very easily entered, but the higher the level the more difficult and blocked entry into them is. Knowing they are there and consciously thinking of them helps differentiate between them and makes conscious entry into them possible.

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*The brain is a computer and a computer works  
in multiples of anything.*

The first level of the mind is just human survival instinct. The second is our sleep state, the third is the use of our everyday mind, thinking and reasoning. The fourth level is the higher mind. The fifth level will take humanity one step further in the next dimension. The fourth level is prerequisite for the fourth dimension, the fifth level for the fifth dimension, etc. It is a natural progression of evolution.

If these higher areas could be reached at this time, many mind power feats could be accomplished. There are some people capable of reaching these higher levels for short periods of time, but the energy drain is so great, that they cannot be sustained for too long a time. Those accomplished in martial arts know that it is an instantaneous spurt of power that cannot as yet be sustained past the length of time to accomplish a blow,

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and they also know of the feeling of tiredness that hits afterwards.

Olympic athletes experience the same after-effects because they are performing on the fourth level at all times with spurts of the fifth and in some, even the sixth level comes in for milliseconds. The performances of concert artists are in the same category, only on the fifth and sixth levels at all times. These are all in the second section of our four-part brain, the lower right which is the realm of the emotional body. A genius in any field is working totally on the seventh level of the mind, which is the third section, the upper left, and is the realm of the mental body.

If one can be taught to enter these levels, then one could perform skills and talents they are unaware they possess. They can do this just by having a suggestion made to them that they have mastered this accomplishment and can perform it. They can even give themselves the suggestion after they are trained to reach these levels. This perhaps would be considered a form of self-hypnosis as we think of it. It truly is a natural state that people are capable of achieving, but it won't be reached without trying. There must be much effort and study and practice put into the feat of reaching these levels of the mind. They are all conscious levels wherein physical acts can be performed. Even the natural, normal sleep level does not stop some people from walking around.

Fear will catapult people into the same level as a martial arts performance takes and enable them to do things they couldn't do otherwise, such as lift a car off of someone it has fallen on. I'm sure you have heard of other examples.

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The creative level for most people is the everyday third level. They are expressing feelings and this serves a very useful purpose, but if they could, and some do, step it up a level, then the creative pursuit would begin to have meaning for others. Stepping it up to the seventh level (genius level) then would create masterpieces of art, literature or music.

The use of acupuncture helps attain the higher levels, but of course the needles cannot be left in the body so these levels cannot be sustained, the same way reaching those levels in martial arts cannot be sustained. The levels being reached in this way will never be able to be sustained. On the other hand, those reaching these levels through the area of the arts will be able to sustain them for much longer periods of time. One area is dealing with the physical body and the other is dealing with the emotional body, which is where the soul is found. This is why an artistic, creative activity is vital to all. It is as necessary to the soul, as food is to the physical body.

The higher mental levels should be used and will be used and can be used, not only in future, but also at the present time. For instance, even now they could be used for the birth of a child. These higher levels can be attained and sustained by acupuncture for periods long enough for the birth process to be completed. How much safer and healthier this would be for all concerned. In the future, the use of mind power will be used to cure all diseases, injuries or surgical procedures as well as childbirth.

I'd like to elaborate on the process that takes place in the brain to reach these upper levels and also what must occur to sustain them. Because I'm a musician I will

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use a musical performance as a comparison to help with understanding.

1. Level one in the first section of the brain, the physical body realm, is the part of the brain keeping our body alive and breathing.
2. Level two is the physical movement of the individual parts. The first stage of brainpower is simply the ability to focus on one thing, while performing an unrelated task. This is an experience that should be practiced by all. A simple one to begin with, that most everyone can do will serve as an example. This is simply to eat and read a book at the same time and do a good job of both. This is a very simple demonstration and, of course, needs to be expanded from there. This is simply to give an idea of what is meant.
3. Level three is coordinating all that physical movement. The study of a musical instrument that necessitates the use and coordination of both the hands and the eyes at the same time is good. This also incorporates the mental thought that is controlling the memory of the notes or the eye/hand coordination, if reading the music. Any task or art or sport that uses eye/hand coordination is a good starting point. It progresses beyond this stage into that of incorporating one's emotions into the same task, or occupation. This would be the use of the soul (emotional body) with the physical body. When these two are able to cooperate in unison in a flowing, blended performance, then the higher levels of the mind can start to be ascended.
4. Level four in the second section of the brain, the emotional body realm, lets all that go on while

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pulling it all together into an integrated performance so smooth and beautiful that it affects the emotional body of those listening. You can sustain this fourth level by being able to continue the performance of the physical and emotional bodies combined and at the same time think of something entirely different. In the case of a concert artist performing, he would be able to concentrate on the effect his performance was having on his audience and act as the director of the performance while still performing. If he doesn't think the emotional impact of the piece is reaching those listening, he can demand more effort, more involvement of the soul, the emotional body. If he feels the tempo is dragging, he orders the physical body, the fingers, to pick up the speed with which they are moving.

5. Level five takes it out of the realm of the ordinary and lets it become part of the universe. This is the level that touches or senses the harmony of the energy waves and automatically pulls the performance into perfect balance with the universe. The mental body is truly the director of the other two bodies, but his job can go higher. He can take that performance out of the realm of the ordinary by moving up to the fifth level and listening to it as though from a distance.
6. Level six would allow all this to continue and would allow the performer to be able, at the same time, to wonder what he was going to have for dinner that evening. Does this surprise you? It is an ability to split off another part of the mind totally onto another subject. If one had more hands

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he would be able to perform a totally different song on a totally different instrument at the same time.

7. Level seven in the third section of the brain, the mental body realm, would give the ability to keep the performance going and give a lecture on another subject at the same time. It's like stacking one block on top of another, adding another dimension to the previous level.
8. Level eight would be keeping the performance and lecture going and to be receiving information from higher realms at the same time.
9. Level nine continues all this with the entity able to leave that body doing all that, and go somewhere else.
10. Level ten in the fourth section of the brain, the spiritual body realm, would continue all this and allow this one to be able to return with something of a physical nature brought back with him. This could be in the form of a flower, or leaf or a rain cloud or what have you. You see we still have two levels to go.
11. Level eleven would enable the physical body to rise above the stage of performance while the performance was continuing.
12. Level twelve would allow for flight in the physical body to take place, but only a short distance to be able to keep the performance going. If not interested in continuing what you were doing, you would be able to fly in your physical body anywhere you wanted to.

To recap, the lowest level is that which the animal would have reached through normal evolution, without the mating with the divine sparks. It would perhaps have



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taken longer because the entrance of the divine mind seeped and sifted down and infiltrated that of the animal brain. The higher mind reached at the fourth level is that part of the Creator, the divine spark, which entered the animal body to learn and express through. The higher levels of the mind are the blending done through the mating of these two, the animal body and the spark or spirit. The pure divine mind is still there in all at the highest level.

To help you reach these higher levels, music is excellent because it sharpens the animal-based brain part of you and this will then begin tying in with the higher realms, first through your higher mind. When you practice music you need to call on your higher mind because it is there and most certainly can help you. The way this process works is your animal-based brain takes care of the musical techniques, the actual physical technique involved in performance. This is the movement of the fingers on the keyboard and the reading of the notes through the eyes, tying them together in performing.

To take the composition you are performing one more step into memorization you would call on your higher mind. The composition will be locked into your mind for eternity if it is implanted and embedded into your higher mind. To take the performance one step further, for interpretation and expansion into the universe, you call on those beings in the higher realms, your communication conglomerate (your seedcore), who are more than capable to help. They are ready, waiting and eager to give this interpretation, to feed it into the memorization process, which then feeds it into the performance process. Once this interpretation process has

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happened, the next step higher is to give it to humanity by going out into public knowing that the higher beings (your higher mind) are with you and feeding the energy of the Creator into your performance.

I wanted to present the previous information just to give you an idea of what a powerhouse is built into each entity. Of course, the better condition all parts of your body are kept in, the more possible it becomes to enter these levels.

The consciousness of humans needs to be raised, which basically means educating them as to the truths of their universe. When the mind is stretched by questioning our beginnings, then all the other byways and highways will fall into place.

The concepts of Pythagoras were in their day, as unrealistic as some people think mine are today, but they served the same purpose; this was opening the minds of people to help them form a more complex environment to test and open brain cells. How in the world can people think we will ever be able to use the full potential built into our brain at creation, both esoterically and exoterically, (spiritual evolution and physical evolution) if we never take quantum leaps out into space? In other words, how can we reach our full potential if we never “jump off the deep end” into unknown territory, if only by wondering and daydreaming? This is how “other kingdoms” are formed – by opening “other brain cells” than the ones already in use. This has been the job, if you will, of prophets, philosophers and religious leaders down through the ages; to help humanity inch open the membranes separating the cells of the brain into clusters.

It is now time for science to enter the picture and give factual, exoteric (physical evolution) truth to what

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philosophers and religious teachers have been saying for all these years on an esoteric, (divine evolution) basis. This is why the two, our exoteric and esoteric journey, must be drawn together.

The relationship of each chakra to healing is given along with twelve levels of response for each chakra. The brain is divided into four parts – lower left, physical body; lower right, emotional; upper left, mental; and upper right, spiritual.

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