

Understand today's children and their New Time qualities & values.

Crystal Children, Indigo Children & Adults of the future

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ANNI SENNOV

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CRYSTAL CHILDREN,
INDIGO CHILDREN
& ADULTS OF THE FUTURE

GOOD ADVENTURES

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Finally, I would like to thank my parents for having put me into the world, which I undeniably feel gets better and better year by year. The more The New Time Energy integrates into our global society, the better I feel in my body and in daily life.

THE AUTHOR

Anni Sennov was born in Denmark in 1962. She is an Aura Mediator™, Clairvoyant Advisor, Lecturer, Publisher, and the author of several books about Personal Development, Relationships, The New Time Energy, and Indigo Children & Crystal Children.

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Anni Sennov is the Founder of AuraTransformation™, a powerful method for expansion of one's consciousness. Anni coaches the Instructors at The Aura Mediator Courses™ in several countries.

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For more information visit the following websites:

www.auratransformation.eu

www.annisenov.eu

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THE AUTHOR'S BOOKS PUBLISHED IN DANISH

Books published in the author's name Anni Sennov:

Balance at all levels (3rd Edition) 2006

Planet energies behind the human race 2005 2005

Crystal Children, Indigo Children & Adults of the future 2004

Balance at all levels (2nd Edition) 2004

Karma-free in The New Time 2003

Books published in the author's maiden name Anni Kristoffersen:

Spirit Mates – a book about love 2003

Balance at all levels (1st Edition) 2002

The new aura 2001

Planet energies behind the human race 2001

How hard can it be? 2000

The ABC of Aura Transformation 1999

Masculine & Feminine Energies 1998

Karma-free and in harmony 1997

Spiritual energy in daily life 1996

Spiritual Energy 1995

CONTENTS

Introduction	11
Author's perspective	12
Where are we going?	13
The New Time energy	16
Indigo Children	19
1995 – The pure Indigo Children are born	19
Characteristics of Indigo Children	19
The Indigo aura and the Balance aura body	21
Statistics	25
Crystal Children	26
2012 – The pure Crystal Children are born	26
Cosmic fountains and energy-copying	26
The structure of the Crystal aura	30
The characteristics of Crystal Children	32
Fire children with pure willpower	34
Crystal Children and their parents	36
The way they say goodbye	37
The New Time Children and their health	38
Crystal Children vs. Indigo Children	40
Children with a mixed aura	44
Characteristics of children with a mixed aura	44
1992-94	44
1987-91	45
The Old Time aura and the Indigo aura	47
The term Fate	53
Today's adults and Karma	53
Future adults and Dharma	54
Expansion of consciousness	57
The influx of the new energies	57
You have to help the development of yourself	59
New methods of healing for personal growth	61

AuraTransformation™	63
The Energy Tower	67
Ascension of consciousness	75
The global evolution	79
The way grown ups get the Crystal aura structure	81
Development of psychic power	86
Intuition and ethics	86
Use of intuition	87
The difference between spirit and matter	91
Adults of the future	97
Astrology and development of consciousness	104
Note to the reader!	104
Humanity's development cycles up until now	104
Humanity's future development cycles	119
Ways to help your children and yourself	123
My best advice	126

INTRODUCTION

We give this introduction as two of Anni's colleagues who have worked closely with her on a daily basis, and have been given a thorough understanding of her work.

By now many people are aware that something unusual is happening with today's children and it's our hope that this book can serve as a foundation in some way for creating a larger framework for understanding these unique and exciting times.

With Anni's direct and down to earth writing style along with her illustrations Anni gives the reader a comprehensive understanding as she describes in details how *The Crystal Children* act in different situations and why they do so and how we as grown-ups can better learn the meanings behind their behaviour.

In addition to the fact that there is currently very little written on the subject of *The Crystal Children* this book also very clearly and directly articulates the differences between the past and the future world and the dynamics of how this is manifesting during this transitional phase that we are living in.

Many people these days would like to be involved with life in a more meaningful way than the current old time ways have offered. One can gain the ability to stand very powerful in the truth of one's own worth with an overview from *The New Time* values paradigm that comes to us not by religions, new age guru's, or social political movements but by *The New Time Children* who are emerging in ever growing numbers in the world now.

We are pleased to see that this English version of the book is getting this information about *The New Time Children* out to the wider public at this time as well as it is introducing another way of seeing and approaching life.

We hope you enjoy the book as much as we have.

Anette Rasmussen and Berit Reaver

April, 2006

AUTHOR'S PERSPECTIVE

Life and the world around us, including people and all kinds of energies, can be interpreted in an infinite number of ways, all depending on the personal perspective of the viewer. Perhaps if one day only two people remained on Earth and they were told by Saint Peter that they would not be able to pass through heaven's pearly gates together unless they reached full and complete agreement with each other as a unified duality, would there be sufficient incentive and motivation to lay down the tendency to dismiss other people's respective individual truths in life in order to justify one's own!

I do not expect the seed of this book to fall in good soil with everyone at this time. However, I have been encouraged by several people to express and document this information. Therefore I have written this book from the heart, to the best of my ability with the spiritual consciousness and practical knowledge at my disposal to express my personal view of life and of the energies as I see them right now at the time of the transition from the Indigo to the Crystal energies which are emerging on Earth.

If you feel inspired by reading this book, it pleases me a lot. If however, you are decidedly in disagreement with my views, you as a reader, and me as a writer, are simply positioned in two very different levels of opinion. This merely serves to confirm the existence of a very great separation and diffusion of energies at the present time and place.

At the time of writing my unconditional motto is 'take it or leave it' which I suggest you do regarding this book!

Enjoy reading

Anni Sennov
Winter 2006

WHERE ARE WE GOING?

Life and the world are constantly changing. That's spirit and life, always in motion. Only in a highly condensed form, can things be kept relatively static and thereby maintain their form and structure for a very long time on this Earth.

If people become capable of becoming as static as the densest of matter, all life will end. If people partially or completely put their emotional, mental and physical development on hold, and don't understand or comprehend how to follow the eternal flow of life, the flow of life energy becomes blocked and mental imbalances occur.

It is therefore of vital importance to maintain constant inner motion, so that the spirit receives the best conditions for its existence. One should also take frequent rests so the Physical body is not fully depleted of spiritual and positive mental energy. It is never the spirit that is running flat on energy as it can easily keep awake for a long time if something truly is of interest.

The need for sleep is only required by our body and brain, since they work hard to maintain our body structure and matter.

How many lovers sleep the day away? Not many, since they would rather float around in their condition of pure pleasure. Thus the body's basic needs will somehow have to wait until later when life, spirit and energy are not in such a high mode. The curious thing is that the body really doesn't get tired if life and love run at full power through it. Life and spirit are the elixir that keeps the body and matter in full swing, creating a foundation for a longer physical life in contrast to situations where everything in the body runs much slower, is heavier and is more depressed.

Who ever heard of people needing a rest after their honeymoon period? You simply have no need to catch up on sleep, if the mind is awake and happy.

Spirit is life, and if life flows in a positive way, the basis for an even more powerful than normal supply of vital energy and joy is created.

So with this in mind where are we going at this point in time?



At present we are on our way to creating steadily more space in our human systems, so that spirit can enliven us to the fullest. Just look at all the small children with The New Time energy currently rushing to the Earth. They will not be limited by the body's physical constraints, nor by adults' lack of comprehension of their unique inner structures with which these new beings are equipped right from birth. Outwardly, they may be small in stature, and can not yet either speak or understand the language of the adults, but internally they are often equipped with a far greater spiritual capacity than their parents and other adults.

As parents and adults in general, we must therefore allow and encourage the children, as well as ourselves, to unfold the spirit optimally throughout the body so that we can all live our lives to the fullest extent. Moreover, we must help the children to accept living within and understanding the confines of The Old Time age, while at the same time acknowledging their participation in the current transformation process that is upgrading to The New Time energies with which the children can naturally identify. The world is constantly being filled with more and more of The New Time energy. All parents of The New Time Children therefore have an important task at hand. Luckily, there are many choices and options to help them cooperatively solve this task, providing the parents are open to it.

The adults represent the bridge between The Old Time and The New Time, and they must teach their children to live within a physical and spiritual balance in life. The adults themselves are a product of The Old Time outer focused energy where the focus is on everything that can be seen, heard, or felt.

The new children, in contrast, come here with an internally guided intuitive and totally unstructured spiritual energy and life force animating their systems. This is so obvious that even the most limited adults can see it. The adults would be wise to learn to accept this New Time energy for themselves as well and refrain from relating to it as some kind of foreign entity to be quickly suppressed or eliminated.

The children of The New Time are generally highly intelligent with great human insight. Through their openness to all new things, they can in several ways, contribute to inspiring their parents and other adults to greater personal growth. However, this requires that the same adults are open to and positive towards the children's new inputs in daily life.

Anyone can see that the new children are very different from their predecessors. When they unfold completely, they are so full of life that they are almost too intense for all their parents, teachers and adults in their social circle. If the adults don't have or accept The New Time energy or parts of it integrated in their energy structure, they are at high risk of frequent breakdowns when they try to follow or manage the inner and outer pace of the children. These children however, are here to stay and their numbers are growing fast. As it is the adults who are bringing them into the world, it is somehow the same adults who are in the rightful position to find a good solution to the growing challenges and communication problems between the generations.

THE NEW TIME ENERGY

The New Time is here to stay, and so is The New Time energy. All the new children are born with this new energy. The adult section of the population must show far greater flexibility than previously in order that they may more easily integrate the new and unstructured energies into their lives. In addition, the adults must be far more aware of when and where they 'draw the line' with these new children. A new age has dawned in which the energy of the children is far stronger than that of the parents. For this reason, Mom and Dad must integrate a completely new, much stronger set of boundaries and conscientiousness into their personal parenting toolbox.

Obviously, The New Time Children should not be allowed to create upsets in their surroundings with their strong and often unrestrained, boundary-crossing energies and language. Even though this is currently the common day-to-day way of things in many places around the world now, both children and adults must learn to show mutual respect in relation to each other.

Looking at the positive aspects of the integration of The New Time unstructured energies, it is obvious that in the future adults must re-evaluate their childrearing and their own attitude to the surrounding world. The children mainly function as skilful eye openers to adults, and in particular to their parents, because the children often mirror the behaviour of the adults down to the last detail. Regrettably, the children don't exercise any discrimination which explains why unfortunate characteristics of the parents can be immediately seen in the children's behaviour!

If your child does reflect certain unacceptable personal behaviours then perhaps you could start by looking inwards at yourself, and make the appropriate personal changes; thereafter starting to positively influence your children.

The children of The New Time often need help to understand and respect the current ways of doing things both in society and at home in the family. Once this learning is in place, they can start to gain influence and be allowed to offer advice at home and in the local community. Then they will also give plenty of useful hints and

suggestions for changes, and in particular changes of the kind which involve shortcuts to get to the goal faster.

The children must be able to control their own energy before they can expect to gain any greater influence in their own lives and on their close surroundings. We are not dealing with small amounts of energy regarding these small children! If these powerful energies are let loose prematurely at home and in society without guidance and control, it would be like releasing a swarm of angry bees into one's home – and we as parents have let them in by not taking the children and their powerful energies seriously.

The parents of The New Time Children must simply make sure that their children can manage their own energy in a controlled and well maintained manner before they are allowed to go out into the world alone.

The further we move into The New Time the more parents will get used to a new type of responsibility where honesty, direct communication, consequence, and responsibility become a fact of daily life for many people.

When adults make a conscious choice to have children in these times, they should not take a half-way position in their parental role. It's either the whole role or no role for parenting a child, and in the latter case they must then instead hand over the full responsibility to others and not expect to join in as a parent later on or after others have done all the basic childrearing.

The New Time Children are just as loyal to their teachers in life, as children were in the past days to even the most irresponsible parents.

Today, parents will not have their children attached to them automatically, unless they assert themselves in a positive way throughout the child's upbringing, which is only fair. One will not gain attention and energy from the child by merely being parents by name, but only through taking actions that directly benefit the child. Thereby a new balance has been introduced in the parent-child relationship.

In the future, the spirit and the body will be as one. People, who are connected in their hearts and always act out of sincere heart impulse, will be the ones who follow each other in both the physical and spiritual life.

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