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**How to Cure Almost any Cancer at Home for \$5.15 a Day**

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# How to **CURE** Almost Any **CANCER** at Home for \$5.15 a Day

By Bill Henderson  
*with Andrew Scholberg*



**Cancer survivor Paula  
will live to see her  
grandson grow up**

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ANY CANCER AT HOME  
FOR \$5.15 A DAY**

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# How to Cure Almost Any Cancer at Home for \$5.15 a Day

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Published by Online Publishing & Marketing, LLC

A Publication from *Cancer Defeated!*

## **IMPORTANT CAUTION:**

By reading this special report you are demonstrating an interest in maintaining good and vigorous health.

This report suggests ways you can do that, but — as with anything in medicine — there are no guarantees.

You must check with private, professional medical advisors to assess whether the suggestions in this report are appropriate for you. And please note, the contents of this report may be considered controversial by the medical community at large.

The author, editors and publishers of this report are not doctors or professional health caregivers. The information in this report is not meant to replace the attention or advice of physicians or other healthcare professionals. Nothing contained in this report is meant to constitute personal medical advice for any particular individual. Every reader who wishes to begin any dietary, drug, exercise or other lifestyle changes intended to treat a specific disease or health condition should first get the advice of a qualified health care professional, or accept full responsibility if he or she decides not to do that.

No alternative OR mainstream cancer treatment can boast a one hundred percent record of success. Far from it. There is ALWAYS some risk involved in any cancer treatment. The author, editors, and publishers of this report are not responsible for any adverse effects or results from the use of any of the suggestions, preparations or procedures described in this report. As with any medical treatment, results of the treatments described in this report will vary from one person to another.

**PLEASE DO NOT USE THIS REPORT IF YOU ARE NOT WILLING TO ASSUME THE RISK.**

The author reports here the results of a vast array of treatments and research as well as the personal experiences of individual patients, healthcare professionals and caregivers. In most cases the author was not present himself to witness the events described but relied in good faith on the accounts of the people who were.

ISBN 978-1-61539-952-9

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Printed in the United States of America

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# Chapter One

## The day that changed my life forever

**M**y life changed on November 1, 1994. On that day, my beloved first wife died following years of cancer treatments. These treatments were so harsh that they destroyed what Marge most needed to beat cancer: her immune system.

My wife's cancer treatments were torture. She had one surgery after another — but to no avail. And the radiation and endless rounds of chemotherapy made her so sick she felt like hell. She was in pain. She yearned for a “transition.”

She wanted to die, and she did.

After Marge's death, I thought long and hard about the misery the American cancer treatment industry had put her through. I couldn't shake the thought that there *had* to be a better way — a gentler, more effective way to get rid of cancer.

I had a hunch that the cancer didn't kill Marge. I suspected that the cancer *treatments* killed her — the very treatments most Americans take for granted: surgery, radiation, and chemotherapy. I now call these three treatments “cut, burn, poison.”

And so I followed up my hunch with a massive research effort to find the truth. It turned into a full-time quest for a better way to treat cancer — a quest that consumes me to this very day — 15 years later.

And now, having studied just about everything I could find about cancer, I'm absolutely 100 percent convinced that my hunch was correct: the harsh “medical” treatments killed my wife — not the cancer.

For the last ten years, a day hasn't gone

by when I haven't been working on alternative cancer treatments: researching, reading, studying, and helping patients beat cancer with gentle, effective, non-toxic treatments.

During that time I've found *several* effective ways to get rid of cancer. And I've helped hundreds of ordinary Americans beat the death sentences their doctors had given them.

Typically, an American doctor will tell a stage-3 or stage-4 cancer patient something like this: “You have three to six months to live.” But that doesn't mean anything, unless the patient believes it. Through my best-selling book *Cancer-Free: Your Guide to Gentle, Non-toxic Healing* I've helped countless “terminal” and “hopeless” cancer patients prove those doctors wrong.

For example, one of my clients is a wonderful young lady from San Diego who was struggling with breast cancer. She told me her oncologist was even more aggressive than a used car salesman, relentlessly pressuring her to undergo his harsh treatments. Instead, she got rid of her cancer by using my natural treatment plan.

As a cancer coach, I've personally worked with *hundreds* of patients, helping them overcome even the most difficult cases of “terminal” cancer. In fact, it's normal to melt cancer away in a matter of weeks when you follow my method. And it's not expensive, either.

The American cancer treatment industry will charge you about \$800,000 to die of cancer. Granted, many people have insurance that will pay for it, but who has that kind of

money just lying around?

By contrast, the program I recommend can help any American — even the uninsured — to beat cancer for only \$5.15 a day. Just about everybody can afford that.

No doctor should give a cancer patient a death sentence, saying, “You have three to six months to live.” No doctor can predict the future, though they routinely make such predictions. I know many patients who proved their doctors wrong by taking their health into their own hands.

Nor should any doctor tell a cancer patient that “nothing more can be done.” This can *devastate* the patient. And it’s totally false because no doctor can know *everything*. Instead, doctors should say, “I don’t know of anything more that can be done.” That would be more honest.

I’ve spoken to over 3,000 cancer victims in the last few years. You might find this hard to believe, but not one of them had heard anything about the *cause* of cancer from their doctors. That’s right. Not even one.

Why don’t doctors tell their patients the cause of cancer? Maybe it’s because they don’t know what causes it.

When I first talk to patients, they’re scared. But when I explain the three main causes of cancer, and when they see eye to eye with me about those causes, they begin to see a way to reverse the cancer. They see a bright ray of hope.

What, then, are the causes of cancer? During my thousands of hours of research, I’ve identified three principal causes.

### **Hidden culprit No. 1 exposed: Root canals and other jaw problems**

You might be surprised to know that root canals and other jaw problems can cause cancer. Although you might not link cancer

with oral health, it’s a well-known fact that oral health affects much more than just your mouth. Inflammation in the gums or toxic pockets in the jaw can tear the immune system to shreds.

**I’ve found that about 70 to 80 percent of the cancer victims I coach have root canals.** And, in my opinion, the evidence is overwhelming that these root canals are linked to the cancer. When a root canal is the cause of someone’s cancer, then obviously it would do no good to focus only on getting rid of the cancer. The cancer would simply come back. That’s what happens when you treat the symptom while ignoring the cause.

But when root canals are the culprit and cancer patients get the root canals removed, the patients just about always get better quickly — almost 100 percent. And I can make that statement based on my vast experience with more than 3,000 cancer sufferers.

In the next chapter I’m going to tell you how to find someone who’s competent to evaluate your oral health if you’re concerned that a root canal or an improperly extracted wisdom tooth could be the hidden cause of cancer or other health problems.

### **Hidden culprit No. 2: Unresolved emotional stress**

It might also surprise you to know that unresolved emotional stress can cause cancer.

Now, I disagree with those who claim that 90 percent or more of cancer cases are linked to emotional issues. But I’m convinced that more than half of cancer cases stem from some kind of emotional shock, trauma, or issue.

When someone gets cancer, it’s worth asking whether a jarring event has taken place in the patient’s life within the last year or so. Has he or she suffered the death of a loved one, the loss of a job, a divorce, or some other stress?

Having talked to thousands of cancer victims, I'd estimate that some kind of emotionally jarring event is a factor in well over half of cancer cases. And in chapter three I'm going to tell you how to resolve these problems quickly and easily. It's totally unnecessary to spend years on a psychotherapist's couch.

### **Culprit No. 3: The American Diet**

As you probably know, one of the biggest causes of cancer is our diet, our food, what we put into our mouths, what we buy at the grocery store. When a lifetime of bad eating is combined with faulty dental work, you're likely to get cancer. And if you throw in an emotional trauma like a death in the family, you've practically got a target on your back for this dreaded disease.

The typical American diet is unhealthy and has few nutrients. It gives cancer everything it could possibly want: lots of refined sugar, high fructose corn syrup, preservatives, artificial chemicals, added hormones, and hydrogenated oil.

In chapter four I'm going to give you an eating plan that will keep you out of trouble.

The three causes I've just mentioned — root canals, emotional issues, and the typical American diet — pretty well nail the principal causes of cancer. But there are some other causes. Of course, it's well known that smoking or chewing tobacco causes cancer. Some other causes include environmental toxins, radiation, and vaccinations.

Incredible as it sounds, many vaccinations contain known poisons such as mercury and even formaldehyde. Is this insane, or what? How can injecting these poisons possibly be safe?

### **The four secrets of treating and beating cancer**

Because cancer comes from within the patient's body, whatever treatment the patient

selects must *address four factors*:

- 1) Cancer treatment must strengthen the immune system. Cancer cells are normally "no big deal." Just about everybody produces cancer cells every day. But a strong and healthy immune system can mop up cancer cells faster than our bodies can produce them. When cancer runs out of control, you can be sure that the immune system has become too weak to kill off the multiplying cancer cells.
- 2) Cancer treatment must increase the oxygenation of the cells. Cancer cells are anaerobic; they need *sugar* to thrive and multiply. They *hate* oxygen. Cancer cells react to oxygenation the way a vampire would react to broad daylight. And when healthy cells get more oxygen, they produce more energy. Your health becomes more vibrant.
- 3) Cancer treatment must detoxify the body. Toxins put a heavy stress on the immune system. Getting rid of the toxins helps the body get back into a state of vibrant health. In chapter four I'm going to give you an eating plan that won't just nourish you but will also detoxify you.
- 4) Cancer treatment must change the body chemistry from acidic to alkaline. Cancer and other diseases thrive in an acidic body. But you can easily change your body chemistry. And when your body becomes alkaline, cancer gets the message that it's no longer welcome and will no longer be tolerated. The program I recommend promotes an alkaline state.

Let me emphasize that *any* treatment plan must address *all four* of these factors! When I get this point across to my cancer-coaching clients, they begin to evaluate in their own minds how chemo and radiation would fit into those four factors. They don't fit! In fact,



chemo and radiation can make all four factors worse!

I've never had cancer. But as a result of my relentless quest for information about the most effective cancer treatments, I've made some changes in my own eating plan. I do this for two reasons: to get vibrant health so I can be alert and active into my golden years and also to prevent cancer.

I actually follow the eating plan I recommend for cancer patients in chapter four. It's good for everybody! And one of the most important aspects of this diet is a mixture of flax oil and cottage cheese — an amazing discovery of the great German scientist, Johanna Budwig, Ph.D.

Since January of 2003 I've been following "the Budwig protocol" every day without fail. The mixture of cottage cheese and flax oil travels right to the cell membrane and repairs it. It gives the cell exactly what it needs in terms of essential fatty acids. Dr. Budwig found that cottage cheese is the ideal and most efficient carrier for flax oil. When you mix the two together, they combine into a new molecule that's uniquely capable of reforming the permeability of the cell membrane. This kills cancer cells.

Changing my eating plan and taking some supplements have changed my life and my health. Here are just a few of the changes:

- I used to get at least one or two colds every year. But I haven't had a cold in over 13 years. Why? Because my immune system is as strong as iron!
- I used to get the flu every year. But I haven't had the flu for over 13 years. Nor have I had any flu shots during that time. (Flu shots and other vaccinations contain harmful and toxic substances.)
- I've lost weight and kept it off for

13 years. My weight is ideal for my height. Yet I'm not "on a diet," and I don't feel deprived or hungry. The secret is a healthy eating plan you can live with long term, as I describe in chapter four.

- I used to have trouble sleeping, but now I sleep like a baby.
- I used to run out of steam in the afternoon, but now my energy level is high throughout the day.
- I'm mentally sharp. In fact, I play bridge on the Internet with people all over the world.
- I regularly sing in a quartet.
- I'm physically active, and I no longer have aches and pains.

That's not bad for a guy who's nearly 80 years old, wouldn't you agree?

Don't be surprised if you experience major health benefits when you follow the eating plan and the regimen of supplements I mention in chapters four and five. It's not just a matter of preventing, avoiding, or healing cancer. It's a matter of enjoying vibrant health!

### **"But don't American cancer treatments sometimes work?"**

You may be wondering why American doctors would recommend surgery, radiation, and chemo for cancer if they didn't work at least some of the time.

It's true that the harsh American cancer treatments work about two percent of the time in advanced cases of cancer. In other words, if you take 100 cancer patients at stage four (the worst stage) and if they all submit to surgery, radiation, and chemo, only two of the 100 will be alive after five years. Ninety-eight will be dead.

That means the harsh treatments that Americans take for granted have a 98 percent

failure rate for late-stage cancer. But still, these treatments have a two percent *success* rate. The explanation is the “placebo effect”.

As you may know, a placebo is a fake medicine that the patient believes is real. The patient is absolutely convinced that the placebo will work — even though there’s no real medicine in it.

And studies have proven the power of the placebo effect. It’s real. Placebos assist the body in healing because they affect the patient’s state of mind.

Many people also believe effective medicine is supposed to be unpleasant: the more unpleasant, the more effective. Because of this belief, some cancer patients may truly believe the harsh cancer treatments will work. And this belief helps a few of them survive.

That’s why America’s leading alternative doctor, Dr. Julian Whitaker, M.D., calls chemotherapy a “dangerous placebo”. The typical placebo is harmless; it’s like a “blank” that contains nothing to either harm or help the patient physically. But chemotherapy is poison. It can really hurt the cancer patient — especially when given in high doses, as doctors typically do in America. It can and does kill.

And the reason just about every cancer doctor in America recommends expensive chemotherapy drugs — some costing \$10,000 a month or more! — is because they make a lot of money prescribing these drugs.

You don’t have to take my word for that. An article in the *Journal of the American Medical Association* reported that the average oncologist makes \$253,000 per year. Incredible as it sounds, the article says that 75 percent of those earnings — about \$190,000 — come from chemotherapy drug profits! If you subtract those drug profits,

the oncologist would make little more than \$60,000 per year.

## **How to become smarter than your oncologist**

The cancer patient in America today faces several choices. One choice is to do what my first wife and I did. We trusted the cancer doctors and followed their treatment plan to the letter. We put my wife’s fate in the doctors’ hands. They called all the shots, and we didn’t question any of their decisions or recommendations.

In hindsight, I can see that was the worst mistake of our lives.

Another choice is to become smarter than the oncologist and take your health into your own hands. You might wonder how it’s possible to become smarter than an oncologist — someone who spent years studying medicine and specializing in cancer.

Believe it or not, if you spend 10 or 20 hours doing research on the Internet and reading my book, you’ll know more *useful* information about cancer than your oncologist. That’s because the oncologist has spent all of those years studying drugs. And drugs aren’t the answer. Rather, drugs are part of the problem.

A cancer patient who has decided to become smarter than the oncologist also faces another decision: whether or not to use the services of a clinic that uses alternative treatments. This is an individual decision, and there’s no right or wrong answer. I’ve coached many clients who’ve defeated their cancer without the help of a clinic. I’ve also coached many who’ve gone to an alternative clinic to get rid of their cancer.

If you want to go to an alternative clinic to get rid of your cancer and if you have the money to pay for it, by all means do so. If you can’t afford an alternative clinic, you can get rid of your cancer by following my six-point

plan, which I describe later in this Special Report.

Throughout this Special Report I'll mention the names of some clinics and health practitioners who've helped my clients. Some use natural remedies only, while others use a combination of standard treatments and natural remedies.

### **Where to get more information you can use right away**

My intention in writing this Special Report is to give you practical information you can use *right now* to reverse your cancer. This

Special Report lays out a plan that's simple and effective, and it gives you options so you can make an informed choice.

For lots of other good information and advice that's FREE, I invite you to log onto my website: [www.beating-cancer-gently.com](http://www.beating-cancer-gently.com). If you'd like information about a wide variety of alternative cancer remedies, you may want to read my best-selling book *Cancer-Free: Your Guide to Gentle, Non-toxic Healing*. You can order it as an e-book or as a paperback book by clicking this link: <http://www.naturalcancerremedies.com/thirdedition/>

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