

Head Jacked is a term coined by A. Mark Bedillion which signifies multiple strategies used by unscrupulous people or organizations to gain an unfair advantage over trusting, unsuspecting people by using psychological practices or deceptive advertising schemes. Head Jacked is a book written for people who have been cheated, swindled, ripped off, bamboozled, tricked, hoodwinked and duped who want to regain control of their own lives.

Head Jacked

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HEAD JACKED

Tricked

Conned

Bamboozled

Ripped Off

Duped

Deceived



LORAN SCIENCE 801

HAVE YOU LOST YOUR MIND ?

A Revolutionary Book by:

A. Mark Bedillion MS.Ed.,C.A.P.

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Throughout this book, the author may occasionally refer to he, him, or his; however, all material is intended for both genders.

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Visit the author's website: www.HeadJacked.com

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Chapter Six

Hollywood or Follywood?

In my earlier years, I always liked entertainment. I enjoyed most art forms, television, music, movies, sports, etc. It was my belief that media was being used to make people happier and healthier. I was in for a rude awakening as I got older. When I began to believe the advertisers, my life became worse. I have rarely, if ever, seen truth in advertising. Media has a way of using celebrities to promote their products. Unfortunately, these celebrity role models are certainly not what I would consider a healthy role model for myself or children. The following are some of these famous people who helped shape our lives but died from alcohol or drug abuse:

1. Elvis Presley, musician King of Rock and Roll. A medical examiner listed the cause of death as cardiac arrhythmia caused by ingesting a large number of drugs.
2. Michael Jackson, King of Pop music died of cardiac arrest as a result of taking a combination of Propofol, along with two other anti-anxiety benzodiazepines; Lorazepam and Midazolam that had been administered by his physician according to the Los Angeles Coroner. The coroner declared the death a homicide (Wikipedia).
3. Brian Epstein, Manager of the Beatles—drug overdose.
4. W. C. Fields, Performer and actor—complications of alcoholism.

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5. Sigmund Freud, Neurologist—long-term cocaine use, physician assisted morphine overdose (euthanasia).
6. Anna Nicole Smith (stage name of Vickie Lynn Marshall) (39), Playboy, playmate, actress, reality show star—lethal combination of chloral hydrate and various benzodiazepines.
7. Kurt Cobain (27), Musician, Nirvana--alleged suicide by gunshot after heroin overdose.
8. Hillel Slovak, Guitarist of the red hot chili peppers and was considered one of the best guitarists ever—overdosed in 1987;
9. John Belushi (33), One of the Blues Brothers, actor, and comedian, heroin and cocaine overdose (speedball).
10. Chris Farley (33), Comedian who rose to fame on Saturday Night Live, cocaine and morphine overdose (speedball).
11. Andy Gibb (30), Singer, younger brother of the Bee Gees—cardiac damage strongly exacerbated by cocaine and alcohol abuse.
12. Bobby Hatfield (63), Musician, The Righteous Brothers—heart attack triggered by cocaine overdose.
13. Jimi Hendrix (27), Rock and roll musician—respiratory arrest caused by alcohol and barbiturate overdose and vomit inhalation.
14. Abbie Hoffman (52), Self-identified communo-anarchist, social and political activist in the United States—suicide by overdose of Phenobarbital pills.

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15. Howard Hughes (70), Aviator, engineer, industrialist, movie producer—died of liver failure—autopsy showed lethal amount of codeine and also valium in body.

16. Janis Joplin (27), Rock and roll and blues musician—heroin overdose.

17. Rick James (56), Musician—died August 6, 2004 of a drug induced heart-attack.

18. Heath Ledger (28), Actor—accidental death due to combined drug intoxication of various prescription drugs, including Oxycodone, Hydrocodone, Temazepam, and others.

19. Bruce Lee (32, Actor, martial artist—died of acute cerebral edema due to a reaction to compounds present in the prescription pain killing drug Equagesic.

20. Marilyn Monroe (36), Actress—overdose of barbiturate-based sleeping pills.

21. River Phoenix (23), Actor—overdose of heroin and cocaine.

22. Freddie Prinze (22), Comic, actor—accidental gunshot wound while under the influence of Methaqualone and alcohol.

23. David Ruffin (50), Musician, the Temptations—adverse reaction to cocaine.

24. Jerry Garcia, Singer/musician—cardiac arrest induced by longtime heroin use.

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Celebrities and Rehab—According to Glamour.com

1. Aerosmith lead singer Steven Tyler finally admitted he had a drug problem and went to rehab.
2. Bon Jovi's guitarist, Richie Sambora, went to the Cirque Lodge in Utah for rehab.
3. Lindsay Lohan and Britney Spears are just some of the latest stars to be admitted into rehab for a miracle cure to their spiraling addictions and mental problems.
4. Lindsay Lohan checked herself into rehab three times during 2007, suffering from alcohol and drug-related addiction.
5. Nicole Richie went to rehab in 2003 to cure her addiction to drugs.
6. Amy Winehouse was in and out of rehab so many times between 2005 and 2008 that she wrote a song about it.
7. Whitney Houston has proved there's life after rehab with a successful career revival.
8. Keith Urban, country singer, checked himself into the Betty Ford Clinic for alcohol abuse shortly after marrying Nicole Kidman in 2006.
9. Kelly Osbourne sought treatment for an addiction to painkillers and checked herself into a rehabilitation clinic.
10. Ben Affleck checked himself into rehab in 2001, marking a turning point in his life.

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11. Colin Farrell had become addicted to recreational drugs and painkillers. But, since getting help in rehab, the actor hasn't looked back; he's won a Golden Globe for "In Bruges."

12. Eva Mendes reportedly checked herself into rehab in 2008 following an addiction to cocaine.

13. When Joaquin Phoenix became addicted to alcohol in early 2005, he immediately checked himself into rehab; a drug overdose had killed Joaquin Phoenix's brother, River, in 1993.

14. Mel Gibson entered a recovery program in 2006 following his arrest for driving under the influence of alcohol.

15. In August 2006, Robin Williams went into the hospital suffering from addiction to alcohol.

16. Eminem was forced to cancel his 2005 European tour to enter rehab for addiction to sleep medication.

17. Melanie Griffith has struggled throughout her life with drug and cocaine addictions. To keep these demons under control, the actress regularly checks herself into rehab as "part of a routine plan."

Isn't it interesting that celebrities who have been used to Head Jack the population have themselves become Head Jacked. This goes back to the adage, you reap what you sow. Tragically, many celebrities have been unsuspecting participants in these Head Jackings. It has been my personal belief, after being in recovery for over 25 years, that you cannot hurt others without hurting yourself. It still brings tears to my eyes when I write about the senseless loss of such intelligent,

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talented and creative people. My heroes deserved a better fate. Hopefully, they would have agreed with my writing this work. All of these preventable tragedies can teach us a valuable lesson. In the end, it is my desire to memorialize these people and make sure they did not die or suffer in vain!!!

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