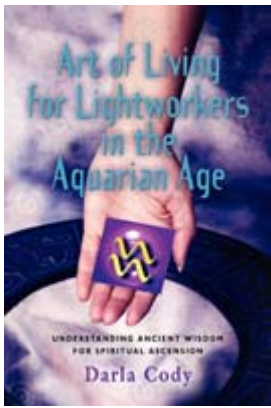


Art of Living for Lightworkers in the Aquarian Age

**UNDERSTANDING ANCIENT WISDOM
FOR SPIRITUAL ASCENSION**

Darla Cody



During the winter solstice of 2006 the Ascended Masters St. Germain and Djwhal Khul directed the author to gather ancient knowledge that has been passed down through the ages. These ancient truths exist in numerous languages, texts, and teachings. She has gathered these ancient truths and it is her desire for this information to be used to help Lightworkers all over the world understand the role they are to play during the Aquarian Age.

ART OF LIVING FOR LIGHTWORKERS IN THE AQUARIAN AGE

by Darla Cody

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ISBN 978-1-60910-232-6

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Printed in the United States of America and the United Kingdom.

BookLocker.com, Inc.
2010

"Ye shall know the truth, and the truth shall make you free." John (8:32)

Poem Given By Ascended Master Djwhal Khul
February 4, 2007

I follow you wherever you lead
I Am not afraid in word or deed

My heart is strong to take the load
I will capture the goal!

It is said----we are dead
But in your world---we are ahead

We are ahead of the times
We are residing in Universal climes

Do not worry about the foe
Because God is Almighty, and in control

We are raising mankind to meet the goal
For every man's heart to receive the gold
of heaven's eternal Light Divine

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Chapter 2---Moving Toward Christ Consciousness

What do we mean when we speak of the Christ Consciousness? This is a question that could best be explained as something we as human beings aspire to becoming as Jesus Christ showed us when He was Transfigured on Mount Carmel with James, John, and Peter. This event is spoken of in the Bible in St. Luke, Chapter 9: 28-29, "And it came to pass about an eight days after these sayings, he (Jesus) took Peter, John and James, and went up into a mountain to pray. And as he prayed, the fashion of his countenance was altered, and his raiment was white and glistening." This is shown to us as an example as the path for us to follow which brings a person eventually to Christ Consciousness, and the Kingdom of God. Christ has ever been the symbol of the potency and glory to which we as human beings can aspire and accomplish.

Jesus achieved Christ Consciousness as He lived His life by example through His words, thoughts, and deeds. He brought the love of God to humanity through His selflessness, love, and service. Jesus was a great soul in whom the Christ Consciousness was merged on all levels of His being. He was fully attuned with perfect awareness with the Christ Consciousness, which overshadowed Him at all times. He was perfectly aware of His oneness with God, and He maintained this high state of consciousness.

Christ Consciousness could also be understood as a state of consciousness in which the great soul incarnated on the Earth as Jesus made manifest. From time to time there is a great soul born that the Christ Spirit pours itself through as a physical manifestation, and Jesus was such a one. For those people who perfect themselves so that Christ Consciousness will manifest

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within them as a channel of blessings to others, is one of the most important things people can do to further their spiritual path toward the Kingdom of God. Before the fall of man, we knew the Christ Consciousness. When we were first created by God we were in a state of perfection at one with God, without sin, without the knowledge of evil, and then we fell.

When we knew Christ Consciousness before the fall, we were in perfect attunement with God at all times in a higher state of consciousness. We are now working toward restoring this state of attunement and consciousness before we can become aware of it being inside us at all times. It is possible for us to reach this state of consciousness again as shown to us by Jesus. We must raise our consciousness up as Jesus did to become overshadowed with Christ Consciousness once again.

Throughout time Great Teachers have been sent to us as they have been needed to help humanity when the demand has been strong enough by the people of the Earth. The time is now right for another great Teacher to appear for mankind to evolve to the next level, and this is also the end of the Piscean Age. The last great Teacher of our time was Jesus Christ, and He lived His life as an example for us to follow. He revealed throughout His life on Earth what wisdom and knowledge could do for each person. He showed us his full expression of divinity, and then showed His disciples how to carry on the teachings as He had demonstrated.

During the life of Jesus on Earth He faced some major trials and tests, which could be called initiations. There were five major points in His life, which served as an example for humanity on His road to ascension. The first major step was His Birth, next was His Baptism in the Jordon River, after which He was severely tried and tested. At the Baptism in the Jordon River He was overshadowed by the Christ from that time until His death.

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This was done to help Jesus face the major tests and trials coming His way at that time in His life.

Next was His Transfiguration on Mount Carmel when His raiments were turned to white, then His Crucifixion on Mount Golgotha, and His Resurrection and Ascension. He not only passed all these tests, but showed us by example how we could experience ascension as He had done while still in the body.

Jesus Christ understood the law of the prophets that came before Him, and He provided the next step of truth for us to help bridge the gap in order for us to realize we could do the things He did as souls from God. He showed us by example how we can attain these steps back toward God and move closer to perfection as we once were before the fall. He demonstrated how we can bridge the essential duality of our nature, and bring about oneness of the human and the divine, which it is the task of all religions to aid.

When we study the different religions of the world, we come to realize they are very similar to each other. Religion must be made up of many different sources and composed of many truths. In the life of Jesus we have the most complete and perfect demonstration of divinity ever lived in a human body. He showed us first hand by example how we as people can accomplish the same miracles He did during His life.

There are many similarities of the teaching between the East and the West. We find a parallel between the life of Jesus and other great Teachers of the East such as Buddha, Krishna, and others. There were tests and trials for all of them to pass, which could be called initiations. So these religions basically have similar messages for humanity. It could be true to say, there are many messengers, but there is only one message.

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The Christ is considered the Teacher of the West and the Buddha is considered the Teacher of the Eastern part of the world. Buddha brought Light to the world, and the Christ brought love as demonstrated in the life of Jesus. Both Teachers worked for the evolution of all mankind as we are beginning to take a closer look today and compare the religions of the world. The message of the Buddha prepared the world for the mission of the Christ. In this way each Teacher brought to us from God builds upon the teachings of the one who came prior to them. We are building a giant tapestry blended with all the teachings throughout time to help us evolve, and take the steps needed to raise our consciousness back toward oneness with God.

The Age of Aquarius is signified by a water-carrier which is the New Age. We have the opportunity to come together all over the world in a way that has not happened since the last time we had the Precession of the Equinox, which takes us back approximately 25,000 years. For it takes that long to make a complete turn of the wheel that takes us through all the different signs of the zodiac back to the first sign, Aquarius which starts a new cycle. We are in the new Age of Aquarius for approximately the next 2,500 years; we are receiving special cosmic energy to stimulate the human brain bringing much greater functioning power. This will help raise our consciousness to a new level and increase our knowledge, intuition, and thinking processes.

As we move toward Christ Consciousness today, the majority of people are working on purifying their emotional desire nature, and realizing they must raise their vibrations up to be in harmony with their soul level. At this time some people are working on actively preparing for the Christ Consciousness level. These people are further along the path than the majority of humanity. This would be considered the third initiation in Eastern teachings, and it is also known as ascension while still in the body as Jesus demonstrated on the mountain, when His raiment

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was changed to glistening white, known as the Transfiguration. The Christ Consciousness level includes the ability to control the emotions, and the mind to always keep them attuned to the will of God, and not be controlled by the lower desire nature. This is also known as raising the vibrations from the lower chakras to the higher chakras above the diaphragm. Keeping their words, thoughts, and deeds on higher levels, and not be controlled by the emotional body letting the emotions rule them.

Lightworkers today hear a lot of talk about people or groups who claim to be initiates of different levels and degrees. They fail to remember no initiate makes any claims or speaks about himself. Those who call themselves initiates are giving denial to the claim by calling themselves initiates or shamans. A true shaman or initiate would never make such a boast or claim to be special or put upon a pedestal. They would live their lives in such a way that the people around them would know they were full of wisdom, love and compassion, without ever making such claims. We must also add study with understanding and mental enfoldment, which will lead to the true use of words, thoughts, and deeds. It must be a balance of head and heart that is required, and balance must be maintained at all times.

Good people who would be considered initiates are to be found in every nation, in every church, and in every group where goodwill and the pure of heart are to be found working, and where world service is carried out. There is no special group who would be considered the keepers of the teaching of initiation, nor is it their prerogative to prepare people for this enfoldment. The best of them can only prepare people for that stage in the evolutionary process, which is called the beginning or student level.

We are not to lay the emphasis upon personality devotion to the Masters of the Wisdom, or to their own organization and

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leaders, but to the small still voice within, our own soul connection to God. For it is the way of the soul where Christ is to be found while striving to understand through self-opening, self-effacement, and self-discipline.

Another word for initiation is love, expressing itself through wisdom. This expression is found in its fullness in the life of the Jesus Christ. Initiation is not a process in which a person undergoes when they join a certain group. It has nothing to do with societies, special schools or organizations. Christ gave the instruction on how to accomplish the way through His commandments in St. Mark, Chapter 12:V-30-31. "And thou shalt love thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength; this is the first commandment. And the second is, "Thou shalt love thy neighbor as thyself. There is none other commandment greater than these."

Why this triumph of the Christ Consciousness must always be spoken in terms of religion, of church-going and of orthodox belief is one of the most incredible triumphs of the forces of evil. To be a citizen of the Kingdom of God does not mean that one must necessarily be a member of the orthodox churches. The divine Christ in the human heart can be expressed in many departments of human living---in politics, in the arts, in economic expression, and in true social living, or in science, and in religion. It might be wise to remember the only time it is recorded that Christ (as an adult) visited the Temple of the Jews, He created a disturbance!

What is the church of Christ? It is made up of the sum total of all those in whom the life of the Christ or the Christ Consciousness is to be found or is in process of finding expression; it is the aggregation of all who love their fellowmen, because to love one's fellowmen is the divine faculty that makes

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us full members of Christ's community. It is not the accepting of any historical fact or theological creed that places us en rapport with Christ. The citizens of the Kingdom of God are all those who are deliberately seeking the Light and attempting (through self-imposed discipline) to stand before the One initiator; this worldwide group (whether in the body or out of it) accepts the teaching that "the sons of men are one," they know that divine revelation is continuous and ever new, and that the divine Plan is working itself out on Earth. Christianity has made eternal happiness dependent upon the acceptance of a theological dogma. You must be a true professing Christian and live your life a certain way or be in fear of going to hell---a hell that grows out of the teachings of the Old Testament that are full of hate and jealousy. The Christians seek through fear, and threats to keep people in line with this old obsolete teaching.

The essential truth lies elsewhere. This situation is not helped by the churches, when they do not believe in the Law of Rebirth. The spirit of a person is eternal and immortal. We live again and again, we come and we go and we are divine. We are finding out today that death is merely stepping through a doorway into another dimension of reality. There are many people now who understand that there are many levels of reality, and much to do on the other side. Death in this life is not the end of the soul, for it is immortal. The immortality of the human soul, and the innate ability on the inner spiritual level of the individual to work out salvation under the Law of Rebirth, in response to the Law of Cause and Effect are Universal Laws, which cannot be changed or evaded.

Today it is beginning to be understood that God is in all forms, conditioning from within all kingdoms of nature, expressing innate divinity through human beings. There is entering the minds of people everywhere a new concept: that of Christ in us, the hope of Glory. There is a growing, developing

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belief that Christ "is" in us, as He was in the Master Jesus, this belief will change world affairs and mankind's entire attitude to life.

The life of Jesus Christ showed us a new level of eternal inspiration, hope, encouragement, and example. The love He demonstrated still holds the thinking of the world in thrall, a love that leads unerringly to world service, to complete self-forgetfulness, and to radiant, happy living. The words He spoke were few and simple, all people can understand them, but their significance has largely been lost. Due to the different interpretations of His words, the arguments and discussions by theology, has led to the real meaning of His life being forgotten.

The opportunity for humanity to move toward Christ Consciousness at this time has never been as promising as it is now. The return of the Christ to Earth is bringing special opportunities for all people to take advantage of at this time. Vast numbers of people will take the first step towards the unfolding of the Christ consciousness and pass through the first initiation.

This often takes place without the conscious realization of the person on a physical level. The word initiation comes from two Latin words, "into", and "to go", which means the beginning, or entrance into something. On a broader sense, it means an entrance into the spiritual life, the first step upon the path of gaining knowledge, understanding, and wisdom. It could also be referred to as undergoing an expansion of consciousness, which is a normal process of evolutionary development. The passing of each initiation or step, marks the passing of the student into a higher class of learning, and an increased consciousness of God's plan for the world. Initiation is the ability to see, hear, comprehend, combine and organize the expansion of consciousness into the correct knowledge.

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The second initiation is also called the Baptism initiation, as bread and water are the symbols of the first two initiations. This is not in any way referring to the baptisms held in the churches involving the baptism pools. John the Baptist gave the baptism of water to Jesus, which testified to the purification of the emotional nature, which must always be a preliminary step to the purification by fire. Jesus had purified the lower emotions such as hate, greed, doubt, fear, lust, and other negative emotions. Water has always represented the feeling emotional nature. Jesus raised His consciousness up to the higher levels of consciousness, which represent positive emotions, such as love, harmony, peace, patience, and all others of a positive nature.

Christ was now able to manifest in Jesus, because Jesus had submitted to the baptism of John. This brought Jesus complete purification from His lower desire nature, and this was when God Himself proclaimed His Son to be the One in Whom He was "well pleased."

It is the return of the Christ that has made these two initiations possible. Only the first two initiations are implemented by the Christ, and they are under the supervision of the Hierarchy. The first and second initiation is only now possible to humanity as a whole. The third initiation, the Transfiguration is not yet taken by humanity on a massive scale. The first two initiations are directly administered by the Christ and the Hierarchy, but the third initiation is administered by Sanat Kumara, the planetary Logos in Shamballa. The third initiation is undergone consciously, and with an entirely awakened awareness.

The third initiation is known as the Transfiguration Initiation or the first major initiation. Jesus was tempted by the devil many times after the Baptism in the river of Jordon. He passed His tests and trials, and proceeded on to the third initiation, which

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was His transfiguration on Mount Carmel with the three people closest to Him. He had demonstrated self control, and from this time on He gained immunity from temptation by example, Jesus showed how to raise ourselves up to blend the physical with the spiritual until we can complete a soul merge to become transfigured into a pure atomic body.

Jesus was transfigured into a new man by integrating the outer conscious man, and the inner spiritual man, blending the higher and lower self, the soul and the body into a unification, which raised all His cells to a higher vibrational level. This creates a body totally filled with light, and His countenance and clothing were changed in the twinkling of an eye.

After the third initiation the student is exposed to monadic energy from higher levels, and the student can communicate by mental telepathy with the Ascended Masters of the Hierarchy, and the Spiritual Triad becomes potent as the conveyor of ideas; and these are transformed by the initiate into ideals for service of humanity. This is also the stage where pure reason, and knowing the spiritual will, makes the initiate an effective server of the Plan, and a transmitter in a constructive way of energy, for the purpose of the evolution of humanity, to carry out the will of God on Earth.

Our race is the Aryan race, and we will see more people take initiation than ever before in human history, which will see the descent of the Kingdom of God to Earth as a result of the ascent of so many people upon the ladder of evolution. This is the result of the energies coming to Earth at this time, because of the return of the Christ there is a great inflow of the love-wisdom energy. This is enabling people to take the Transfiguration Initiation.

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We are beginning to see some new characteristics showing up in the world of children being born of the sixth sub-root race, as the Aryan race is the fifth root race. These children are showing up all over the world with wonderful abilities. They are bringing in new ideas in the field of science, to join educational and useful science together as medicine showing that these two areas are one and the same with new ideas in the field of philosophy as to what people are and how they function. These will serve to lift humanity onto higher levels of consciousness to lay the foundation to prepare mankind on a large scale for the Transfiguration Initiation. A growing sense of unity and Oneness among mankind is required before this initiation can become a reality for the mass of humanity.

The existence of a closed mind is dangerous in the extreme when it is closed to world contact, world news, and world understanding. When a person refuses to admit new ideas, and new modes of behavior, they are no longer moving forward.

The Transfiguration Initiation is also known as the Ascension. This is Christ Consciousness, and it is what all humanity is striving for to lead the soul back toward God. After the third initiation the initiate has wisdom that enables him or her to know the true knowledge in the furthering of God's plan, and therefore to work as a light in the world. The person knows consciously what has been accomplished and senses something of what lies ahead. Past, present, and what lies in the future have a sharp difference. Separateness is finished for the person, they now feel and know there is no separateness, all is one essential unity. There is no such thing as space, as the truth of all Oneness has become known. There is still the sense of time to be overcome. All the ordinary rules that have governed the life of a person up until the third initiation, with the petty problems, and its small reactions to events and people, can no longer

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influence or determine their conduct. These have all been transcended.

People who are awakening to the world of reality are being made aware of the divinity in man, through unselfish acts, kindness, light-hearted attitude in the face of difficulty, and in humanity's essential goodness. It is encouraging to know we have a divine nature that we can develop and nurture. We have the opportunity to raise ourselves up to the higher levels of awareness of the possibilities, and the intuitive perception of truth, to that illumination which the gift of all the perfected human beings can accomplish. The kingdom of God is within us. We have an inner body of light that is present that we must encourage to come forth to the forefront to manifest in all ways in our lives.

Now the time has come for humanity to leave off just believing, and pass on to true knowledge, through the method of thought, reflection, experiment, experience and revelation. To know we have the ability to do the things Jesus did, to actually achieve these things in our every day world. After each expansion of consciousness of a more deepened awareness we return to our every day life, and get tested to discover its reality and truth. We find out where this lies within us to reach our next point of expansion, and what new knowledge must be acquired. Our task is to understand and use this knowledge for humanity, and ourselves as well. Christ died in order to bring to our notice the way into the kingdom of God was the way of love, and of service.

Self-surrender to God is one of the most important things we as human beings can do. When we surrender to God's will, we can by pass our own will, which gets in the way. We must ask God for His will to be done in our lives. As human beings we have free will, and God will not interfere unless we ask Him to

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over-ride our freewill for His will to be done for our highest and best good. He can see the big picture for our soul, and we are limited in what we can perceive as being the right thing to do. If you wish to attain real knowledge and permeate yourself with wisdom, self will is lethal. In ordinary life, we know self-will only as prejudice---and prejudices always destroy higher insight, creating narrow-mindedness. In fact, we must intensify thinking about self-surrender in order to open ourselves up to the higher levels of consciousness. We must be able to move out of the way, and let God work in our lives.

When people do not open themselves up to spirit in an attitude of self surrender they are limiting their own thinking, which only takes them to their own mind with the same ideas and thoughts in a self-restricting circle. I can understand people wanting some proof, if their minds are closed they are stuck in the same thought patterns, and they will not continue to progress. The soul must be empty and quietly able to wait with expectancy to receive out of the space-less, timeless, secret, hidden world, information that can then come to us as we open ourselves to spirit.

How do we know if we are receiving the gifts of the spirit? It reveals itself as a feeling of being blessed by a gift from the spiritual world that comes to meet us. This could be experienced as a blessing, as granting a gift, as giving us something. It is more important to give than receive, and we might be shown a way to bestow a blessing, or help someone else's wish come true.

In the Bible Jesus tells us that the last shall be first. By this He is telling us to be self-less, and that means we are not to put ourselves first. We are to be of service to others without thinking of ourselves. To be of service to our fellow man is one of the greatest deeds we can accomplish in our lives. Christ

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Consciousness can come forward within us when we practice the expectant feeling of wanting to know more about the Christ. As our thoughts are centered on Him, we are beginning to attune ourselves to this energy raising our consciousness to a higher level that will allow Him to come through to us. By reading, studying, and devoting our time toward learning more about the different religions, we can understand the oneness of all things. There are many ways to enrich, purify, and raise our vibrations to more fully align with the Christ.

Another good way to begin to attune to the Christ is to go within at least once a day, with inward focused concentration or meditation. Quiet the mind and give ourselves a chance to let our subconscious come forward.

As we practice, we learn to tune out the noise, chatter, and interruptions of the outer world, giving the soul a chance to be heard. It is good to find a quiet time when you can be alone to go within to contact your higher self.

Chapter 5---Sirius and Cosmic Evolution

The star system of Sirius is approximately ten light years from Earth. It is one of the brightest stars in the heavens. This star system has been important throughout the ages to many ancient civilizations. All the more advanced civilizations have been aware of Sirius after they reach a certain level of evolution.

The ancient Egyptians based their whole religious beliefs on the heliacal rising of Sirius each year at the time the Nile River floods during August. One of the shafts of the Great Pyramid in Egypt points toward the star system of Sirius. Their goddess Isis was from Sirius.

The star system of Sirius is not generally understood as having any important significance until a person has undergone several expansions of consciousness, and reached a certain point in evolution. Humanity has now reached the point in its Evolutionary path to be made aware of Sirius and how important it is to us. We are ready to understand the role Sirius is playing for us to advance to the next stage by helping us move forward into Christ Consciousness. What this means is we are moving up from the third dimension where we are consciously residing now into the fourth and fifth dimension.

We will be completing a full cycle as of the year 2012, according to the Mayan calendar. It is their belief we will be entering the fifth age, so this is very similar to the teachings tied to Sirius. We are now moving closer to Sirius, which brings more enlightenment to humanity. The Ascended Masters of the Great White Brotherhood indicate we are entering the Aquarian Age, which is the beginning of a new cycle that will take us forward into the Golden Age in the future. The Sirians have been in

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contact with humans all the way throughout history. The contact with them has never ceased. The concern of the Sirians could be placed as helping mankind evolve closer to God.

They are helping all of humanity find their way back to God through evolution. The Sirians are responsible for the most ancient teachings that are a part of the esoteric human knowledge we possess today. These teachings have been given out as humanity becomes ready for them. It is now time for the general public to become aware of the Sirius star system, the Great White Brotherhood, and how much they have helped humanity.

The Great Central Sun is the center of this galaxy, and transmits energy to Sirius, where the Great White Lodge of Sirius, and Solar Hierarchy, then transmits these energies to the Great White Brotherhood (Planetary Hierarchy), to be used for the evolution of humanity on the Earth.

The Great White Brotherhood works with the people of the Earth, and receives their orders from the Solar Hierarchy on Sirius. The Planetary Hierarchy of Ascended Masters work under the guidance and plans of the Solar Hierarchy on Sirius, and they are also known by the name, Great White Brotherhood, the word white does not represent a color, as it is signifying the brilliant white light emanating from these celestial Beings. This energy is also sent to Sanat Kumara, (Planetary Logos), also known as, The Ancient of Days. He resides in Shamballa, which is an etheric city above the Earth near the Gobi Desert. At one time this city was physically located on the Earth until humanity fell into darkness once more, and the energy vibration was too low to keep it on a on the physical level.

As we evolve, we become more aware of this energy coming from Sirius. This cosmic energy from Sirius gets stronger

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as we cycle closer to it, as it moves through its elliptical orbit through the heavens. Our solar system is traveling through space at great speed, and scientists are only beginning to realize this today. This movement takes us into contact with other planets and systems in the heavens. As we travel through space the Earth revolves through many cycles, and moves through many galaxies, having a positive or negative attraction to them as they emit certain energies.

Sirius has sent many Teachers and Avatars to Earth throughout time to help us evolve, and it is headquarters of the the Great White Brotherhood, called the Hierarchy. The primary energy for the Hierarchy is controlled from Sirius where the Great White Lodge resides; The Great White Lodge is made up of a group of highly evolved Beings dedicated to the furthering of the Divine Plan on Earth. It is the Great White Lodge of Sirius that functions something like the parent source, and is represented by the Hierarchy on our planet. The Hierarchy looks to the energies from the star Sirius. Sirius is so much more advanced than we are that our highest spiritual Being appears to them as a struggling student.

During the time of Atlantis, the Teachers called Ascended Masters from Sirius were here on Earth and walked among the people. They showed the Atlantean people new inventions, and assisted them in crystal technology. At that time the Ascended Masters showed the people how to do things they were not mentally advanced enough to handle. This led to the people turning away from the divine plan of God. The people began to use the new technology for selfish gain which led to their destruction.

This let the Hierarchy know humanity must be led along gradually, letting them advance slowly so their mental level would be developed enough not to use negative applications

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with advanced technology that could lead to their destruction. Humanity must be ready on all levels to handle the powerful information they are being given.

Today the Hierarchy is working behind the scenes watching our evolution very carefully to determine when they can again move among us, as they have at different times in the past. Once again it is time for us to make giant strides forward as the Aquarian Age has returned to help bring enlightenment to mankind. Now, the Hierarchy is ready for humanity to move forward into the new age, and we have the opportunity to open up to new spiritual levels with their help.

We must take advantage of this opportunity to move into the Aquarian Age to begin a new age tied to the cycles of the Earth called the precession of the equinox approximately every 25,000 years.

The Hierarchy was here during the Mayan civilization and assisted their culture in establishing the Mayan calendars of different counting systems to measure time covering thousands of years. These ancient calendars of the Mayan civilization are some of the most precise ways of measuring time still in use today.

There have been several books written about Sirius that indicate how the Dogon tribe in Western Africa is tied to ancient visitors from outer space. The tribe was given information about the star system of Sirius, and it has been handed down through time.

This information involved detailed facts about the star system of Sirius. These were so explicit that there is no way the Dogon tribe could have known about them without some ancient knowledge being given to them.

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It is speculated that the Dogon tribe could have been related to the ancient priests of Egypt at one time. Much of the culture of the Dogon tribe is very similar to the Egyptian civilization.

The Dogon tribe has worshipped Sirius for the past 5,000 years. They have also been aware of how the planets circle the Sun in elliptical orbits. They believe that approximately 5,000 years ago, Amphibious Gods, called Nommo, came to Earth in three legged space ships from the Sirius star system. They have described the DNA pattern made by this elliptical orbit created by the two stars as they rotate around each other. They believe Sirius to be the axis of the universe, and from it all matter and all souls are produced that have been handed down in their tribe.

Their mythologies also state that Sirius is the source of culture, and both the Dogon and the Sumerians believed Sirius to be the determiner of time and the calendar.

Ascended Master Djwhal Khul also referred to Sirius as being the karmic adjuster, because it was associated with creating the illusion of time and space. There is really no time and space except in our own minds where we are living our lives on the wheel of rebirth until we can break free of these illusions, and no longer be tied to the cycle of rebirth.

In the book "The Lost Star" by Walter Cruttenden, he gives information to support his theory that our solar system is part of a dual star system, which causes the procession of the equinox approximately every 25,000 years. Based on ancient civilizations and their worship of Sirius, he believes Sirius could well be a binary star system with our solar system. A binary star is a star that is gravitationally bound to another, orbiting around a mutual center of mass.

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The majority of stars in the Milky Way Galaxy are in binary or other forms of multi-star systems. This might also account for the ancient Sumerians making reference to other Suns in stone tablets found scattered in the ruins of Sumer.

There are many different kinds of Avatars and Teachers sent to help mankind from Sirius. Human avatars that arise from a physical body on Earth have a much more restricted impact.

Examples of human avatars include Abraham Lincoln, Plato, Buddha, and Christ. All of these great people left indelible marks in the history of the Earth, especially dealing with big changes for humanity. The effect of Avatars is so great for our evolutionary path that the inflow of divine energy transmitted by them to humanity forever raises the concepts of human thought to a new level.

The three star system of Sirius emits huge amounts of electromagnetic energy. This energy is also referred to as cosmic energy, which is helping to change the Earth to assist in our evolutionary cycle. Sirius and the Sun are both emitting huge amounts of electromagnetic energy upon the Earth.

Each person has an electromagnetic field around them from birth. It is a natural part of our bodies on a higher level that is known as the auric field, and it is a part of our physical bodies as well. This has been proven by science since early in the nineteenth century, although not commonly taught to the general public.

This electromagnetic energy affects us in many ways, and it is coming to us from the cosmos. Some examples of electromagnetic energy used today are microwaves, radio waves, gamma rays, x-rays, and more. These waves are not detectable to human beings.

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Sirius is a very advanced star system that is leading humanity along the evolutionary path back to the Christ, and closer to God. Mankind has felt separated from God, and feel they must look outside themselves for God. We must look within ourselves for we are all a part of God, because God gave everyone a soul which gives us eternal life.

When we feel separated from God, or we are not good enough, we become susceptible to influences that are not for our highest good. It could be said that evil is the tendency to support division, and ignore unity. This creates greater problems for humanity to come together in love, peace, and oneness.

Sirius is the star where divine love and wisdom enter this universe, according to Djwhal Khul of the Great White Brotherhood, and this cosmic energy then flows into the Great White Lodge located on Sirius. These energies open opportunities for the human race to expand their consciousness toward God.

This energy flows through Sanat Kumara (Ancient of Days), who then divides it into seven basic rays which moves the members of the Great White Brotherhood (Hierarchy), to progress forward toward higher levels in a cyclic order. It then passes through all the people who are involved in the Hierarchy on all levels. The Sirian energy is what motivates the entire Hierarchy, and all involved to move forward toward a higher evolutionary path.

The stars that never set in the sky nearest to the celestial North Pole, are becoming identified today as having the most influence in the ancient civilizations such as Egypt, Sumeria, and the Mayans, among others. These stars are called circumpolar stars, and they were studied by the ancient civilizations concerning their movements, the energy being transmitted from

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them, and the different way they influenced the people of that particular time period.

It has never been determined that Sirius was a pole star, and it is one of the brightest stars in the heavens, very easily recognized. A line of sight can be drawn from Sirius to the North Star.

It is time for mankind to look beyond this world to the stars, much as the ancients have done before us. We as human beings tend to interpret everything in terms of personal interest in our own little world, but we are being influenced by the cosmic energy coming from certain stars in the heavens.

The cosmic energy we receive from Sirius affects people, mainly increasing their mind energy, which results in the expansion and understanding of the truth as it really is, and is lasting in its effects. It is felt primarily in the throat chakra, where sound is created in the body.

We must learn to deal with qualities of energy rather than our individual experiences that make us feel separate from God. It is time to leave the pettiness in our personal life, and begin to look at the bigger picture of cosmic consciousness, and how we can expand and grow into a group level. This will help us grow in spiritual awareness that includes universal expansion and ascension to higher levels of consciousness.

In Christian religion it is a basic belief to be "saved" from sin, if this doesn't happen, then the person cannot go to heaven. Another way of looking at this is in the concept of expansions of awareness and consciousness. If these expansions are not achieved, then the person will be considered a failure spiritually, and will be held over for further development somewhere else during later periods.

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This is where the idea of reincarnation comes into play, because the soul is eternal, but is held accountable for words, thoughts, and deeds while on the Earth. The souls of these persons will be given more chances to advance spiritually in another place, and they will continue to reincarnate, and develop elsewhere.

The Great White Lodge of Sirius is a transmitter of energies that come from the Great Central Sun, which is the center of this system. These energies that are being transmitted to Sirius are then passed to the Solar Hierarchy on Sirius, who then passes them on to Sanat Kumara in Shamballa, and the Great White Brotherhood to help humanity on Earth.

The Great White Lodge resides on Sirius, and this is also known as the Solar Hierarchy. All the work done by the Great White Lodge is controlled from Sirius. These are a group of highly evolved beings dedicated to the furthering of the Divine Plan of God's Will on the Earth.

When humanity has demanded help from God down through the ages there has always been a response given in the form of special Divine Messengers, and Angels. According to Ascended Master Djwhal Khul of the Great White Brotherhood (Planetary Hierarchy), he says," those who came as the revealers of the love of God come from that spiritual center to which the Christ gave the name "the kingdom of God" (Matt.VI:33). Here dwell the "spirits of just men made perfect" (Heb. XII:23); here the spiritual Guides of the race are to be found, and here the spiritual Executives of God's plan live and work, and oversee human and planetary affairs. It is called by many names by many people. It is spoken of as the Spiritual Hierarchy, as the Abode of Light, as the Center where the Masters of the Wisdom are to be found, as the Great White Lodge. From it came those who act as Messengers of the

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Wisdom of God, Custodians of the truth as it is in Christ, and those whose task is to save the world, to impart the next revelation, and to demonstrate divinity."

Scientists have found that we are downstream from Sirius in the part of the galaxy where our solar system is located. Sirius fits the description of the "God Star" in the heavens, brilliantly blazing, one of the brightest stars to be seen by the naked eye. Sirius is transmitting energy to our solar system through electromagnetic fields.

Sirius A is ten times brighter than our Sun. The other star is called Sirius B, and it is a small white dwarf star whose energy is very dense and heavy. It generates huge magnetic fields around it, and exchanges energy back and forth with Sirius A. These stars give off massive amounts of energy, which travels to our solar system, especially to the Earth. It has recently been discovered there is another star in the system called Sirius C, which is also transmitting electromagnetic energy.

Around every 50 years, stars Sirius A and Sirius B come into close contact, and they actually trade places in the heavens. This causes Sirius B to come between Sirius A and the Earth. When this happens, it is so powerful, we can actually feel the magnetic pull on the Earth. This happened in 1943, and again in 1993, when the fall of the wall in Russia happened to end communism. Every time these two stars come into close contact with each other it stimulates the energy of Earth to break down barriers to freedom of all types. As the Earth moves closer to the star system of Sirius on its great elliptical orbit, we again have the opportunity to grow in consciousness and awareness.

The Aquarian Age is the beginning of a new cycle, enabling humanity to become more enlightened. Everything

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works on a cyclic evolutionary path, which moves our solar system through the heavens.

Another passage in the Bible referring to the stars is, "Who can withstand the sweet influences of the Pleiades?" (JobXXXVIII:31). The ancients knew all things are tied to the movement of the Earth through the twelve constellations of the zodiac. As we move through these constellations we come closer to different influences being emitted to the people on Earth. This determines how people react to these influences by moving us toward human evolution or retarding our progress according to where we are located in the heavens at any time.

The spiritual Hierarchy has been working behind the scenes since the time of Atlantis, and today we have the opportunity to draw closer to the Hierarchy and the Christ. We must not limit ourselves to one idea as to how the Christ will appear to us, or how He will look physically. He is totally unlimited in His approach to mankind, and we must be ready to accept Him when He comes to lead us once again.

We are in the beginning years of the Aquarian Age that is stimulating cosmic energies from the heavens to promote enlightenment for humanity.

The Great White Lodge of Sirius transmits cosmic energies to the Earth from the Great Central Sun. The cosmic energy coming to our system today creates a huge triangle composed of the constellations the Great Bear, and the Pleiades, together with the binary star, Sirius. Djwhal Khul says these factors, working together as a unit furnishes the essential energies that drive our solar system.

The three members of this triangle could also be thought of as a divine trinity with each one expressing a different aspect.

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In this triangle, the Great Bear expresses Will or Purpose, Sirius expresses Love-Wisdom, and the Pleiades express Active Intelligence.

Djwhal Khul offers another hint when he tells us our system and the Sirian system orbit together in some way around a cosmic center, which may be in the Pleiades. Our Sun orbits Sirius, and as a unit, the two orbit Alcyone in the Pleiades. The notion that Alcyone functions as some type of universal center is noted in other ancient civilizations.

There are many different triangles of energy in our solar system, but the one most important to the Earth today is composed of the Pleiades, Sirius, and the Great Bear. This triangle is the source of energies pouring upon the people to awaken them to the possibilities of greater expansions of consciousness. It is instrumental in revealing to a person on the Path the unity and connectedness of all things within creation. There is much to study and learn about this important cosmic triangle.

We find that Alcyone is the brightest star in the Pleiades, and in the Cherokee culture it was believed that the Pleiades serve as the center of the universe. The Pleiades were also very important to the Babylonians, who called Temennu, "The Foundation Stone." The Arabs had two names for it, Kimah, "the Immortal Seal or Type," and its present name, Alcyone was derived from the Greek word signifying Peace.

The Pleiades constellation, specifically Alcyone, is called the "star of the individual", and sometimes the "star of intelligence" by Djwhal Khul.

There are many myths about the Pleiades, and many of them are along the same lines, including the legend of Zeus and

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the Seven Sisters, to the Kiowa Indian story of The Seven Maidens. The Cherokee Indians have a myth about the Pleiades as the Seven Boys, Anitsutsa, who would rather dance than eat. The Cherokee New Year is determined by the Pleiades, as well as their time of planting and harvesting during the year. The Cherokee sometimes referred to the Pleiades as the Four Hundred Boys, indicating the stars in the whole cluster.

The Great Bear constellation includes the star Arcturus. This is the star that has a very advanced civilization, and has been referred to as the way out of this galaxy into intergalactic realms.

The other star system in this very important triangle is Sirius, and it transmits cosmic energy from the Great Central Sun to our solar system. Sirius is very important to the evolution of humanity, and our planet. We have a direct connection to Sirius in terms of our spiritual growth, and the Great White Lodge is located there. They send spiritual teachers to help us evolve, and all this is presided over by the Great White Brotherhood, and Sanat Kumara, Planetary Logos.

Sirius is helping all of humanity move toward Christ Consciousness into a higher level of spirituality that will take us into the cosmic realm. Once we have raised our vibration to a certain level, the initiations given through the Ascended Masters of the Great White Brotherhood go to a cosmic level, and they become inter-planetary.

Once we reach this level, we are asked to make a choice of what path we want our training to follow, because we have mastered all the tests and trials the Earth has to offer. There are seven cosmic paths that are offered for the initiate to choose from after the fifth Initiation. At this stage, we are no longer a physical body; we are a pure energetic being.

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The fourth path is called the Path to Sirius. The majority of initiates follow this path on a cosmic level. Attributes associated with the Path to Sirius are cosmic rapture, and rhythmic bliss.

The teachings of the East have held secrets for many ages; the truth is only now beginning to be investigated as having some merit, or showing signs of having more knowledge and wisdom than we first thought. Actually, we are only now to the point where we can use technology that brings us to the beginner level of what the ancients knew and understood thousands of years ago.

According to the Mayan calendar at the time of the winter equinox, December 21, 2012, we will be at the end of a cycle. A new cycle will begin, and the Mayan's call it the fifth world. It does not mark the end of the world. Humanity will continue, but in a different way. The material structures of the world will change, such as money will no longer have any value. We will use a different system of barter for services rendered. Our whole society is built on materialism in the world today, and this will all be changed. It is up to the people of the world to determine how difficult or easy this will be for the changes to come about.

The Lightworkers must come together, and work as a united group to transmute the energy to create a new world of peace, harmony, and love. It can be a wonderful time to come together in brotherhood to help our fellow man, or it can be much worse.

The dark side is very strong right now, and very clear about what they want. They have their vision and their priorities clearly held, and also their own hierarchy. They are working in many ways so that we will be unable to connect with the spiral Fifth World in 2012.

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Now the Lightworkers are divided and everyone thinks they are the most important, that their own understandings, or their group's understandings, are the key. There is diversity in cultures and opinions, so there is competition, diffusion, and no single focus. We must all come together, and forget our differences to unite against those forces who would keep us from moving into a higher level of Light.

The Fifth Sun coming is ether. Ether permeates all space and transmits waves of energy in a wide range of frequencies. It is tied to the electro-magnetic frequencies such as radio wave, microwave, x-ray, gamma ray, and human auras. Ether is the element of the Fifth Sun; it is celestial and lacking in material substance, but very real. We will no longer have polarities of dark and light, but a blending of both to create an uplifted higher frequency for all of humanity. The dark forces don't want to see this happen, and they are organized to block it. They seek to unbalance the Earth and its environment, so we will not be ready for the alignment in 2012. It is urgent that all goodhearted people come together in a united way to change this situation.

We need to work together in unity for peace and balance, and confront the other side to preserve life. It is time to get involved, and not sit back anymore. It is time for constructive action to really make a difference in the world. If you are incarnated on the Earth now, it is for a spiritual purpose.

You are needed to pray, send your intention out to the Light, visualize the Earth being restored to balance, and the people being filled with love, harmony, and peace.

In the ancient Vedic teachings everything is based on an elliptical (elongated circle) that cycles through the heavens, which is bringing the Earth back around from the ages of darkness toward the Light once again. This is tied to the

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Aquarian Age, which is just beginning for the Earth and humanity.

According to the great Hindu Avatar, Sai Baba of India, we are currently in the Kali Yuga period (Iron Age), which lasts 1,200 years. The lowest point of the Kali Yuga was around 500 A.D. when mankind was at its lowest ebb, and they are just now beginning to move toward the light. The Kali Yuga began in 700 B.C., and ended in 500 A.D., a period of 1,200 years. The Vedic teachings of India show we are entering an ascending cycle, which will last for thousands of years. In the book, "The Holy Science," Sri Yukteswar, one of the greatest sages and scholars of our time translated ancient material, and gave great detail about the Yuga cycles. He was the teacher of Paramahansa Yogananda, who came to California from India, and established the Self-Realization Fellowship.

According to Sri Yukteswar, we are moving out of the age of darkness of the Kali Yuga into the Dwapara Yuga, which is estimated to have begun around 1,700 A.D. The Dwapara Yuga (Bronze Age), will last for a period of 2,400 years, and mankind will understand different forms of energy, new advanced technology, and interplanetary travel. During this age, man will understand he is more than flesh and bones that he has an etheric body of energy, and how to work with it. Man makes many new discoveries and inventions, and knowledge of all kinds is accelerated, transforming everything. The ancients referred to this Yuga as a time when man understands time and space, and the full uses of electricity in many new ways we do not understand today.

The Treta Yuga (Silver Age) will begin in 4,100 A.D. and lasts 3,600 years. We continue to move forward as mankind lives more in harmony with subtle forces, and the natural rhythms of the Universe. Creation is experienced as a symbiotic relationship

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between the receptive and nurturing feminine qualities, and the masculine qualities of reason and strength.

Life in this age is marked by a deep respect and understanding of nature, and the universe, as well as the human body, seen as an integral part of the cosmos. These people truly understand the Oneness of all things, and are adept at perceiving the unity of the cycles of the universe, and their impact on human life. Some of the characteristics of the Treta Age are mental development where people realize they are composed mostly of ideas. In this age, mankind extends his knowledge and power over the attributes of universal magnetism, the source of different electricity's, and the universal laws. Man succeeds in piercing the veil of the illusion of time.

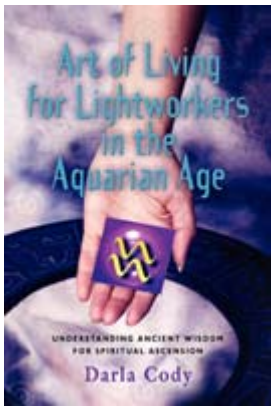
Then we enter the Golden Age or Satya Yuga for a period of 4,800 years. This will begin in 7,700 A.D., and last until 12,500 A.D. During this age the Earth is a virtual paradise and truth reigns supreme. This is the Age of Enlightenment where man is completely attuned with Nature and Spirit. During this age the people know they are spiritual beings composed of divine knowledge and wisdom. People have complete mastery over time and space, and comprehend the structure and laws of the universe. There is no duality of pain and suffering, or lower Levels of thoughts and desires. Everyone resides in bliss, harmony, peace, and divine love.

Sri Yukteswar, pointed out that the Yuga cycle is not only tied to the periodicity of the Precession of the Equinox, but halfway through the process of the turn of the great wheel around the Great Central Sun, near the 12,500 year mark the ascending energy switches the direction of its flow. It changes to a descending nature as it moves through the astrological signs of the zodiac for the next 12,500 year period. Different numbers have been used to signify the exact time of the Precession of the

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Equinox, as it has been estimated anywhere from the 25,000 year mark to as much as 28,500. Sri Yukteswar indicated that the original count of the Yugas had gotten out of true count due to a mistake that occurred during the descending age .

We also have cleansing processes going on at different intervals of a root-race, especially around the 12,500 year mark which is approximately halfway through the Precession of the Equinox period of 25,868 years. When we look back to this time period, we find Atlantis being wiped out by the Great Flood in the time of Noah. This is associated with the shifting of the axis of the Earth. The face of the globe was completely changed each time this occurred, complete continents were sucked in by the oceans, other lands appeared, and huge mountain chains arose where there had been none before.



During the winter solstice of 2006 the Ascended Masters St. Germain and Djwhal Khul directed the author to gather ancient knowledge that has been passed down through the ages. These ancient truths exist in numerous languages, texts, and teachings. She has gathered these ancient truths and it is her desire for this information to be used to help Lightworkers all over the world understand the role they are to play during the Aquarian Age.

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by Darla Cody

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