

"Peter, this book is excellent...Excellent! That is how I would describe this book! Informingly presented and insightful. In my opinion, a book that should be a must read for anyone trying to understand relationships!"

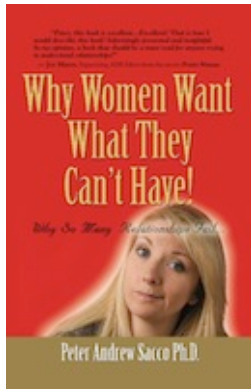
— Joe Mayer, Supervising ADR Editor from the movie *Pretty Woman*

Why Women Want What They Can't Have!

Why So Many Relationships Fail...



Peter Andrew Sacco Ph.D.



This book discusses the world of gender differences and how they impact relationships and marriages. Peter Sacco, Ph. D., examines and discusses: Why do women continually settle for less than ideal mates? Why are so many men threatened by changes in relationships? Why do women take back cheaters and abusers? Why are the differences in gender communication between women and men still so great? And Why do men in good relationships feel the need to cheat?

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WHY SO MANY RELATIONSHIPS FAIL...

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CHAPTER ONE

AN INTRODUCTION

Sometimes I wonder if men and women really suit each other. Perhaps they should live next door and just visit now and then.

Katharine Hepburn

What do women really want? What do men really want? What does anyone really want? To sum it up in one word: happiness! Happiness is a feeling with many meanings for different people. In the world of relationships, happiness usually means feeling good about oneself and feeling good about the other person. Unfortunately, in today's world this occurs with less frequency.

I attended a singles dance recently to find out what women and men are really looking for. Singles filled out questionnaires describing who their ideal mate would be. The questionnaires were then collated into a computer and an hour later singles were given a list of potential matches, and they were to find one another using the numerical name tag they were assigned. The experience was very interesting. Many really believed

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they would find their "soul mates" at the dance. Their future confidants!

I spoke with many men and women at the dance and asked them why they would choose this type of forum to meet people. Most responded with the answer: loneliness. Many were there to fill the void left in their lives from previous failed relations and broken marriages. I asked both women and men what they really wanted in their "ideal" relationships. Women reported wanting a man whom they could relate to and who could reciprocate quality communication. Men reported similar qualities they sought in women, but several of the divorced men stated they wanted a woman who could stay the way they were when they initially met them. In essence, men wanted women who would not change, while women wanted men who were not afraid of change and capable of evolving and adapting to relationships.

Everyone is unique and different. When you throw together individual differences plus gender differences you wind up with a tossed salad of misunderstandings and misconceptions. Author John Gray provides exceptional examples of how men and women differ in his bestselling book, *Men Are from Mars, Women Are from Venus*. Likewise, author Deborah Tannen examined the differences in communication which exist between the sexes in her book, *You Don't Understand Me*. She shows how gender differences in communication can cause misunderstandings between men and women.

Why are the differences between women and men greater than the similarities? Women want what they

Why Women Want What They Can't Have

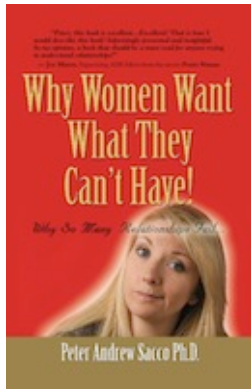
can't have because men want what they already had! Do you want to know why men won't change while women welcome change with open arms? In the chapters to follow I will show you why men and women are the way they are. I will present the underlying reasons why many relationships fail today and will continue to fail into the millennium because women want what they can't have and men want what they already had. Before you dig into the upcoming chapters, make a self-examination of your own life. What kind of person are you? How did your parents treat you as a child and how much did it influence who you are today? Do you possess a lot of the same similarities personality-wise as your parents? Are you happy with who you are today? Are you satisfied in your relationships? If you could make changes in your life, what would they be?

If you are discontent with who you are today and you find that you keep experiencing problems in your personal relationships, there are several key points to keep in mind as you read this book:

- 1) You can't change the past!
- 2) You can only live in the present.
- 3) You can live now to shape your future.
- 4) You may be a product of the past, but you can become anyone or anything you want to become in the here and now.

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- 5) If anything is going to be, it's up to you.
- 6) Yes, differences exist between men and women, just as they do for all human beings.
- 7) It is individual differences which make relationships worth the adventure.
- 8) No one's perfect, not you or anyone you meet.
- 9) Don't be too hard on yourself or others.
- 10) Life is an awesome gift for a short duration. Make the most of it and dare to dream!



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