

History of UFO sightings, close encounters, alien abductions, flying saucers, hoaxes exposed, coverups, propulsion systems, psychological aspects of abductees, one abduction case that would stand up in court, science fiction influence, USOs.

Aliens and UFOs: Physical, Psychic or Social Reality? (Third Edition)

By Randal Montgomery, Ph.D.

Order the book from the publisher BookLocker.com

https://www.booklocker.com/p/books/5920.html?s=pdf
or from your favorite neighborhood
or online bookstore.

THIRD EDITION (REVISED AND ENLARGED)

ALIENS AND UFOs

PHYSICAL, PSYCHIC OR SOCIAL REALITY?



NEW CONTENT INCLUDES:

The explosive Pentyrch case
- UFO shot down in UK in 2016?

The Pascagoula Abduction
- best evidenced case that would
hold up in court

Foreword by Nick Pope
Randal Montgomery, Ph.D.

Copyright © 2011-2023 by Joseph Randal Montgomery

Print ISBN: 978-1-60910-730-7 Ebook ISBN: 979-8-88531-351-3

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, recording or otherwise, without the prior written permission of the author.

Published by BookLocker.com, Inc., Trenton, Georgia.

Printed on acid-free paper.

BookLocker.com, Inc. 2023

Third Edition

The author of this book may be contacted via email at UFObooksales@gmail.com. However, due to the high volume of email he already receives you may receive a delayed or no response at all. Summarizing your point in the subject line will increase the chance of a response.

Table of Contents

FOREWORD to the First Edition by Nick Pope	1
PROLOGUE	7
CH. 1 - INTRODUCTION: THE SUBJECT MATTER, THE SCIENTIFIC METHOD, AND THE AUTHOR	11
A Typical Recent Sighting reported to the Author	17
CH. 2 - A TYPOLOGY OF UFOS, AND DEFINITIONS	19
Type 1	20 20
Ch. 3 – MAJOR CASES UNEXPLAINED OR STILL HOTLY DEBATED	31
The NASA coverups of UFOs and alien structures on the Moon and Mars	31
B-25 case, Alabama, 1955	
The RB-47 case, 1957	
Malmstrom Montana Nuclear Missile Base, 1967	
The Coyne Army Helicopter case, Ohio, 1973	
Tehran, Iran, 1976	
Peru Air Force runway, 1976	37
O'Hare Airport, Chicago, 1976	38
Kaikoura Lights, New Zealand 1978 and 1979	
Taconic State Parkway sightings, New York State, 1982-86	
The Waterloo Bridge case, Stanmore UK, 1984	40

Randal Montgomery, Ph.D.

Belgium, 1990	41
USO sightings from Russian ships, 1976-92	45
The Phoenix Lights, Arizona, 1997	45
US Navy "Tic-Tac", 2004 and "Go Fast" and "Gimbal", 2015	49
CH. 4 - GOVERNMENT COVERUPS and GOVERNMENT	
STUDIES	57
Coverups in the USA and other countries	57
Disclosure in Other Nations	58
The Advanced Aerospace Threat Identification Program	
(AATIP)	61
Airborne Object Identification and Management	
Synchronization Group (AIMSOG) and the Unidentified	
Aerial Phenomena Task Force (2020)	
Latest US Government Project to study UFOs: AARO	66
NASA Study Announced, 2022	67
CIL 5 COME EAMOLIC CACEC NOW EVEL AINED	
CH. 5 – SOME FAMOUS CASES NOW EXPLAINED	<i>(</i> 0
(HOAXES, FRAUDS, MISTAKES)	
The Hamilton Heifer Hoax (Kansas, 1897)	70
The Steep Rock Mines story (Ontario 1950)	
Lonnie Zamora incident (Socorro New Mexico 1964)	71
Incident at Exeter, New Hampshire, 1965	
Kecksburg, Pennsylvania, 1965	
Falcon Lake Manitoba, 1967 (Stefan Michalak)	
Abducted while Skiing, Finland 1970	
Travis Walton, 1975 "Fire in the Sky"	
The Allagash Four, Maine, 1976	
Betty Andreasson	
Valentich small plane crash, Australia, 1978	
Cash Landrum case, Dayton, Texas, 1980	
Japan Air Lines Boeing 707 over Alaska, 1986	
Belgium, 1990	
RB-47 case, 1957	
Pentyrch UK case, 2016	91

ALIENS and UFOs

CH. 6 - CREATION OF THE ROSWELL MYTH	99
CH. 7 - IF THERE ARE SPACE ALIENS, WHAT ARE THEIR INTENTIONS?	113
CH. 8 - ANGELS V. ALIENS	129
CH. 9 - ABDUCTIONS OF EARTHLINGS BY ALIENS	133
John Mack and his book "Abduction"	133
Abductees as quasi-religious Prophets	135
the same phenomenon?	137
A few abduction cases may be real – Pascagoula, Schirmer and others	141
Ch. 10 - A PSYCHO-SOCIO-HISTORICAL ANALYSIS OF "ABDUCTIONS"	149
Part One: Neurotic and Psychotic Epidemiology in UFO	
Abduction Cases	
"UFO Neurosis" proposed as a new diagnosis	
Social, Cultural and Historical Factors are also important	
The huge role of Science Fiction on "Abductions"	154
UFO Neurosis (an hypothesis), False Memory Syndrome and Sloppy Hypnosis	157
An excellent suggestion from Jacques Vallée, 1990	
Psychiatric Epidemiology applied to Alien Abductions	
Part Two: The Fantasy Prone Personality explanation of alien	102
abductions	165
Blackmore's research on the validity of the Roper survey	
Part Three: Sleep Disorders: Paralysis and Lucid Dreams	
A Case Study by the author – Oregon Motel, 1980's	
Sleep Paralysis	
Part Four: Post-Traumatic Stress and the Psycho-sexual	105
Dynamics of Abduction Claims	192
The Tujanga Canyon women's psycho-socio and sexual issues	

Randal Montgomery, Ph.D.

A more detailed critique of psychiatrist John Macks work	198
A Classification of Alien Traits According to Mack's Patients	
and other Famous Abductees	212
Part Five: The Psycho-Social Characteristics of Abductees,	
the Phenomenon of Missing Time, and the Credibility of	
their Abduction Experiences	217
Whitley Strieber – Creative Fiction Writer	222
Socio-Psychological issues in the Hills' case	223
Missing Time – not really in the Hills' case	224
Part Six: The Theistic Elements of Abduction Experiences	
and the Role of Religion in their Formation	224
Application of Julian Jaynes "bicameral mind" thesis to Alien	
Abductions	
Christian Soldiers and Burnt Offerings: The Betty Andreasson Case	240
Part Seven: The Psycho-physiological Effects of Fatigue:	
Exhaustion and Alleged UFO Encounters	246
Part Eight: Race and Gender Issues	
Part Nine: A critique of Hopkins's book "Witnessed" –	
Linda's alleged abduction	253
E	
CH. 11 - THE AVIATION ASPECTS	265
The Mayetery Airching of 1906 1012	265
The Mystery Airships of 1896 – 1912	
Could early UFOs have been USAF Flying Wings?	
Could early UFOs have been Nazi based craft?	
Could early UFOs have been US Navy "Flying Flapjacks"?	
Could early UFOs have been Russian flying saucers?	
The Canadian Avrocar	
The AVRO CF-105 Arrow	
A CIA Coverup Plot?	289
Ch. 12 - SOCIOLOGY OF SCIENCE, AND THE SOCIAL	
PSYCHOLOGY OF UFO BELIEVERS AND SKEPTICS	. 295
Ch. 13 - POPULAR CULTURE (especially Science Fiction)	
AND THE PSYCHE	.305
Belief in Space Aliens is very popular in the US and worldwide	305

ALIENS and UFOs

The huge influence of science fiction on belief in aliens and	
belief in abduction by aliens	308
Flying Saucers as Archetype	
The Sci-Fi and Hoax origins of the Crashed Saucer /	
Alien Corpse Myth	319
Aliens Taking over Human Bodies, Aliens Disguised as	
Humans, in Science Fiction	320
Prevalence of Space Aliens in so many aspects of our culture	330
The influence of recent books sold as non-fiction	
Ch. 14 - PSYCHIC EXPLANATIONS	341
The Rendlesham Forest case (Britain's Roswell)	375
Files on Rendlesham Forest incident destroyed.	
Ch. 15 - RELIGION, ECONOMICS AND UFOs	397
Ch. 16 - OTHER FAMOUS EVENTS AS SOCIAL FACTS	421
The Gulf Breeze case – a waft of hot air	424
Carl Jung on UFOs	428
True Believers intolerant of inconvenient facts and skeptics	
The Roswell myth	
The Socorro New Mexico case (Lonnie Zamora) - hoax or real?	
UFO landing pads in Canada fail to lure UFOs	
Conclusion – UFOs are Social Facts	
Ch. 17 - WITCHCRAFT AND SELF-HYPNOSIS	437
Ch. 18 - SUMMARY OF MAJOR ISSUES AND SPECIFIC	
CONCLUSIONS	451
Abductions	451
Photographic and Video Evidence	457
Radar Tracking	475
Cultural Tracking	
Propulsion Systems	
The Nocturnal Factor	505

Randal Montgomery, Ph.D.

The Urban Factor	509
Earth Lights and Fault Lines	510
Illumination (UFO responses to light signals)	514
Soil and Metal Evidence	
Temperature Changes	
MIB (Men in Black) and Travis Walton	518
Shape Shifting	
The ODH (Other Dimensional Hypothesis)	
The Role of US Intelligence Agencies in UFOlogy	
Ch. 19 - OVERALL CONCLUSIONS and RESEARCH	
RECOMMENDATIONS	531
Conclusions	531
Research Recommendations	562
Eight Problems in UFO Research	
REFERENCES	575
INDEX to the Third Edition	593

CH. 1 - INTRODUCTION: THE SUBJECT MATTER, THE SCIENTIFIC METHOD, AND THE AUTHOR

The people of this planet are being subjected to thousands of close encounters with aliens from distant galaxies - if you believe popular "news" tabloids dating back to the 1970's and books labeled as "true" on their covers. (Extrapolating from a few questions in the US Roper survey of mid 1991, released in 1992, two percent of the respondents, statistically representing 3,700,000 Americans, met the criteria of having been abducted by aliens. This poll has been severely criticized, as will be discussed later in this book, as will more recent surveys about UFOs.) With the advent of the internet, one can also find many kidnapping claims on the web. On the other hand, if you do **not** read this type of material you are likely less aware of this apparent epidemic of abductions by space aliens, and presumably less likely to believe that so many earthlings are being medically examined, vaginally or rectally probed, having tiny tracers implanted, and for females even impregnated and having babies delivered in flying saucers. Those with less gullible and more educated minds may dismiss all this as mass hysteria, lies concocted for money or for the perverted fun of hoaxing, or the fantasies of the "lunatic fringe" of people who have personality disorders, genuine mental illness, or have gotten themselves indoctrinated into cults. After all, if this has really been occurring so often for half a century, one might have expected the governments of several countries to order their military and intelligence agencies to make a major effort to stop the aliens from committing what are classified as crimes in most countries (kidnapping, assault, rape, etc.). Yet such enlightened cynics might be surprised to learn that in fact several countries (including the USA, UK, and France) have had government commissions, agencies and their military investigate the more basic question of whether earth has been subject to close surveillance by space aliens, and whether there have been any actual close encounters between aliens and earthlings.

What is going on and how did the situation arise? This was the question I asked myself when I set out to write this book, during a summer vacation back in 1979. The book was to be both recreation and mental exercise. It was to be a popular book, not a dry, technical academic opus. My stated aim was, however, serious: "to clear up all this UFO mystery". I thought it would only take ten weeks of intensive reading and writing. Ten months later, tired and confused, I had to admit that I had greatly under-estimated the size and complexity of the task. Moreover, over the decades, new evidence has arisen, both supportive and destructive of beliefs in space aliens being present in our skies and seas and even on our lands or in our midst. Some of the "classic" reports of yesteryear have since been debunked as hoaxes or explained as not involving inter-galactic oddities, while many new reports seem to consist of credible and trustworthy evidence of at least the presence of hyper-performance vehicles in our atmosphere and under water. Rather than being able to make a conclusion, the serious researcher is faced with a "moving target". Thus, over thirty years later I am still struggling with the UFO phenomenon. The sheer amount of information, past and constantly arriving as fresh reports of sightings and encounters are reported online or in print, and as others' articles and books on the subject are published, has created an overwhelming task.

There is a genuine phenomenon here, but is it physical (i.e. one can confirm the belief that aliens are here by photographing, bouncing radar beams off, or touching a spaceship, all of which have apparently been done; or one can "explain away" sightings and abductions via physics, geology and neurophysiology, as several respected scientists have apparently done)? Or is the phenomenon a social one (i.e. the phenomenon exists only in peoples' minds, requiring analysis from psychological, social-psychological and/or sociological and sociocultural anthropological perspectives)? Finally, is the phenomenon best understood and explained as psychic? (When I first got into this I thought this perspective was nonsense but it seems to be the only one to explain certain aspects). Overall, the UFO and alien abduction phenomenon (along with allegedly related events such as cattle mutilations and crop circles) has all the hallmarks of a great mystery.

(Or, if you believe the cynics, one of mankind's greatest follies, a modern version of belief in fairies, witches, goblins and gods who talk to people.) But my ongoing study of UFOs and supposed space aliens is still is a Labor of Love.

Unfortunately I paid a career price for this new hobby. When my colleagues in sociology, criminology, demography, and psychology began to learn of my new interest, they began to treat me differently, as if I had "cracked", or "gone flakey". Now, forty years later, it is a bit more acceptable to be researching the topic of UFOs, so I envy the younger generation of scientists who are openly "into" UFOlogy and need not "hide in the closet". I do worry that some of today's researchers may be naïve, too eager to jump uncritically to conclusions, and lacking in scientific discipline. A little skepticism is healthy. If my generation was biased against even investigating the topic, some of the post-1980's professors seem biased in favor of their beliefs in abductions by aliens, government coverups etc. rather than approaching the topic with a neutral ("disinterested") attitude. Perhaps their beliefs function as a religion for them, much as a strong dedication to Marxism does for other academics.

Enough about the author and academic politics. Let us look at the subject matter. The Drake Equation by astronomer Frank Drake in 1961 calculated that there are 10,000 planets in out Milky Way galaxy capable of communicating with other planets. Decades later Prof. Amir D. Aczel a mathematics professor at Bentley College calculated that if one considers the visible universe (much, much larger than our galaxy) there is a 100% chance of not only life but advanced civilizations. See the excellent documentary *UFOs Out of the Blue* at: https://www.youtube.com/watch?v=cYPCKIL7oVw

(Incidentally I quote many URLs in this book and have found that when they are for Youtube videos sometimes if you try to access them with the MS-Edge or the Safari browser all you get is a page saying that your browser is up to date, but if you use Google Chrome or Firefox it always does link to the video you want (unless it has been taken down since this book was published). This message will not be repeated for the rest of this book.)

An Associated Press article which appeared on p. 2 of the *Toronto* Star on 3 Feb., 2011 indicated that an orbiting NASA telescope has discovered over 50 planets within our Milky Way Galaxy that appear to be in the potentially habitable zone (out of 1,235 spotted). Until now only a maximum of two relatively nearby planets were believed to be in the "Goldilocks Zone" (not too cold, not too hot). Of course a life supporting environment requires more than a certain temperature range, e.g. water, carbon and specific atmospheric conditions, but the more planets "in the zone" the greater the chances one or more may be supporting some form of intelligent life. A longer article about the findings of the Kepler-11 space telescope by Kate Lunau (2011) appeared in Maclean's magazine (Feb. 21, 2011 edition). That story noted that the telescope is only looking at 1/400 of the sky, a small sliver of our Milky Way galaxy, which is but one of many billions of galaxies in the universe. The telescope is watching 156,000 stars out of a couple of hundred billion stars in the Milky Way galaxy alone (Lunau, 2011: 51). Moreover these 54 planets were found in just the first six months of the 3 ½ year mission. Certainly many more potentially inhabited planets will be found in our galaxy let alone others.

According to an article in the National Post 17 June 2020, summarizing a paper in the Astrophysics Journal, researchers at Nottingham University have theoretically discovered at least 36 intelligent aliens civilizations similar to that of Earth, within our own Milky Way Galaxy. Their method involved an update to the 1961 Drake Equation, which they call the Astrobiological Copernican Limits. The average distance to these plants is 17,000 light years which means travellers flying at the speed of light would take 17,000 years (on average) to reach any of these planets. However in astronomical terms these places are fairly close. The scientists reckoned that it would be another 6,120 years before communication with these "neighbors" (or possible enemies) would even be possible, though.

A news report from 4 April 2013 entitled "New planet-hunting technique may reveal 100 billion alien Earths" is worth quoting in part. It begins, "Astronomers from the University of Auckland, New Zealand, have come up with a new strategy that may help them to find

up to 100 billion Earth-sized planets orbiting around other stars. Although the Kepler telescope 'transit' method of finding planets has been the one talked about most here (because so far it's been the most successful), it's not the only method that astronomers use to detect planets. Another that has been used for years is the 'gravitational microlensing' technique. Astronomers have only found 15 planets so far with this method, compared to over 2,300 planets and candidates discovered so far with the transit method, but University of Auckland astrophysicist Philip Yock believes that he has a new strategy for the gravitational microlensing technique that may yield far better results." Prof. Yock is then quoted explaining the methodology and ends by saying "... we should get a good estimate of the number of Earth-like, habitable planets in the Galaxy. We anticipate a number in the order of 100 billion." Downloaded 4 April 2013 from:

https://ca.news.yahoo.com/blogs/geekquinox/planet-hunting-technique-may-reveal-100-billion-alien-122527840.html

Fundamentalists from some religions believe we are alone in the universe, and some non-religious academics say that the conditions under which the human race arose involved so many factors, including accidents such as the collision with a giant meteor, that we are unique. Less extreme skeptics assert that we may not be alone but the conditions for life as we know it are still so unique to that it might require a thousand or thousands of so-called habitable planets to find one where all the conditions exist to create beings anything like us. Such planets, skeptics point out, are so far away we will never have contact with alien beings. Travelling at the speed of light it would still take eons in earth time to reach the nearest habitable planets, and many millions of earth years to reach others. (The faster one travels the slower time passes, but even at the speed of light a space crew would make almost no progress before they died of old age.) Yet an advanced alien civilization (or perhaps our own a century or two from now) may have the knowledge and technology to travel faster than the speed of light, or if not faster, differently. Some physicists believe there may be many other universes, connectible via "worm holes", so if we are being visited or studied by aliens, they may not even be from our universe or dimension. My conclusion is that it is not illogical or silly to believe

in the possibility of alien life, and assuming that such a life form is more advanced than ours, it is not absurd to at least consider whether they have been here or are here, or have sent remote controlled devices to monitor us.

A Typical Recent Sighting reported to the Author

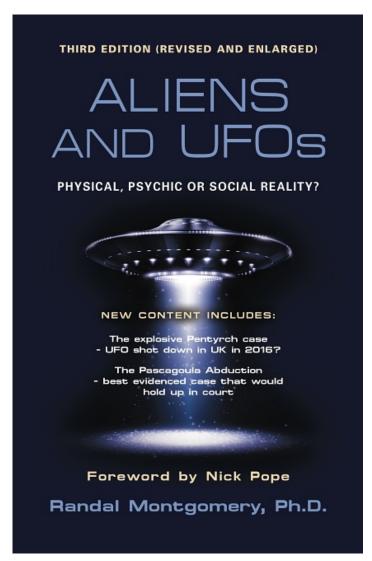
In late September of 2021, I interviewed a 19-year-old male (G.B.) who reported the following. He and four friends were riding around the countryside in an all-terrain vehicle with a trailer, at night, in July 2021 in the rural area southeast of Lockport New York. This is very flat country which apart from small towns and hamlets is comprised mostly of small farms separated by what is left of the forest. He noticed an orange light in the sky which disappeared after a while. Not long after he and his friends saw a traditional saucer shaped UFO hovering over the farmland and nearby trees, about 30 or more feet above ground level. They were only about 60 or 70 feet away and got a good view and he estimated that the saucer was 20 feet in diameter. After it hovered there silently for awhile it tilted about 40° and underneath he was able to see a solid red triangle and a solid green triangle. After a short time the craft slowly moved away from them at about the same height from the ground until it disappeared from view. They were so flabbergasted none of them thought to take photos or videos on their mobile devices and they agreed amongst each other that they could not understand what they had just seen and have not talked about it since. It was only because this young man was apprenticing for someone who was aware of my book and told him of my interest in UFOs that he volunteered this information. While the most unique experience of GB's life to date, this sighting is very typical and contains many of the often reported elements. There is a US Air Force Reserve Base only 30 km (or 18 miles) from where the sighting occurred. The base is an air-to-air refuelling facility, not having any fighters or front line aircraft, but if this was a secret craft of US origin one might expect it to be operating from the base rather than over farmland.

The Balloon Flap of Feb. 2023

A Chinese spy balloon was ordered shot down by US President Biden after it had completed its mission, travelling from Alaska, across Western Canada and then across the USA from NE to South Carolina. When this balloon was first spotted it was a UFO, because it was an Unidentified Flying Object. Within the next week or so three more smaller UFOs were shot down, being small balloons or octagonal shaped craft of human origin, probably designed for research or simple hobbyists' balloons. All this created a lot of attention about UFOs and such is called a UFO flap. Evidently none of these four Unidentified (at first) Flying Objects fit the characteristics of the typical UFO that people identify with being own by space aliens, e.g. hypersonic speeds, making ninety degree turns at those speeds, changing altitude a lot in the blink of an eye, etc. However at least all this put UFOs into the public "eye", with Nick Pope being contacted for interviews and mainstream journalists and even the US Presidential Press Secretary talking of ET (extra-terrestrial) UFOs and of the US government's recent official studying of the phenomenon. (See end of Ch. 4 below.)

UFOs in the Ukraine War

There have been many UFOs reported on both sides. This is because a UFO is simply an Unidentified Flying Object and both sides are using missiles and drones against each other. The Ukrainians use Western sourced drones and Russia uses its own and Iranian made drones. When seen on radar by the other side these are literally UFOs. Once identified with human eyes they become enemy drones or missiles. Recent (late Dec. 2023) video footage of a reported "UFO" over St. Petersburg looks to this author just like an aircraft slowly approaching the airport.



History of UFO sightings, close encounters, alien abductions, flying saucers, hoaxes exposed, coverups, propulsion systems, psychological aspects of abductees, one abduction case that would stand up in court, science fiction influence, USOs.

Aliens and UFOs: Physical, Psychic or Social Reality? (Third Edition)

By Randal Montgomery, Ph.D.

Order the book from the publisher BookLocker.com

https://www.booklocker.com/p/books/5920.html?s=pdf
or from your favorite neighborhood
or online bookstore.