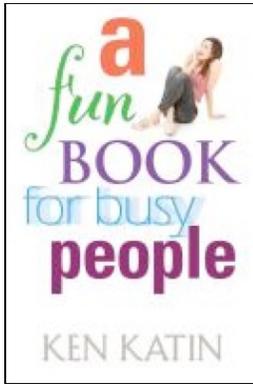


a  
fun  
BOOK  
for busy  
people



KEN KATIN



*This book was written to entertain, motivate and inspire busy people. The subjects are diverse and written in many different styles. The purpose is to relate instances of life with bits of wisdom and humor. Some of the writings are serious, and some just play around to have fun. In most of the book, each page contains a complete storyline. However, a few of the writings may take more than one page.*

## **A Fun Book for Busy People**

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**For**

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**Ken Katin**

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2013

First Edition

## **Dedication**

This book is dedicated to people who seldom have time to read because of their busy schedules.



## **Preface**

This book was written to entertain, motivate and inspire busy people. The subjects are diverse and written in many different styles. The purpose is to relate instances of life with bits of wisdom and humor. Some of the writings are serious, and some just play around to have fun. In most of the book each page contains a complete storyline. However a few of the writings may take more than one page. If you have only a minute or two you can read a page and get something from that page to remember. This book can be read from the beginning, middle or end. It can be read forwards or backwards, or whatever catches the reader's attention. It's the kind of book that can be read over and over for new meaning. There are no "Contents" so bookmark pages you wish to share with friends and family.



## **Motivation**

Some people are motivated by fear. An authority figure may say: “If you don’t do your job I will terminate you.” But fear is such a terrible way to motivate others. They never do more than is necessary. Some people are motivated by parents, movie stars, or sports figures, because they want to be like those people. This is a better way of motivation providing the parents, movie stars or sports figures are good moral examples. However, the very best motivation is Love. Look back at the famous people of the past and you will see Love at work in their lives. Ask yourself: “What motivates me?” If you can’t answer, look for your own personal vision, the one thing that keeps you going when everything else is in chaos. Look for whatever or whoever you Love.

## **Power**

The courage, knowledge and energy to overcome

We have within us all the power necessary to live fruitful, loving, and satisfying lives. However, most of us don't tap into our inner resources; we just follow the path others have chosen for us, or the path of least resistance most people take. Choose your own path, start taking back your power, gain the necessary knowledge, and find the courage to become yourself. All of us will not be rocket scientists, nor make fortunes in the stock market, but we all have something important to do. Find out what you want to contribute to the world and pursue it. It is never too late, and you are never too old.

“Your greatness lies in the power of your thought.”

*Ken Katin*

## **On Being Right**

Everyone has the right to be wrong  
To read a different page  
To sing a different song

So before you attempt to correct another  
Check to see if you are  
Truer than your brother

Then skip this correction of another  
For everyone has the right to be wrong

## **Freedom**

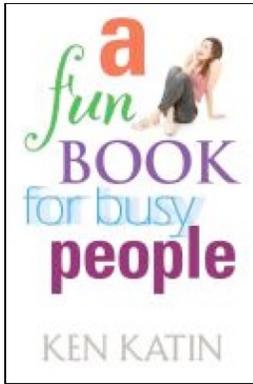
Liberation from slavery or restraint, or from the power of another

Freedom is the first choice of everyone. We have personal freedoms granted by the constitution of our country. However, no one can grant you freedom from the trepidation of your own thoughts, save yourself. Your mind (thought processes) can make you feel lonely in a crowd. Depression, anxiety, fear, emotional, and mental problems stem from a lack of control over your own thoughts. You are greater than your thoughts, and beliefs, you can learn to control them.

Much like a gardener pulls the weeds, and plants flowers in their place, you can replace negative thoughts with positive thoughts, granting yourself peace of mind, calmness, and joy.

Start today reading self-help books, doing affirmations, and committing yourself to honesty, truth, and love.

“Responsibility is the path to freedom.”



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