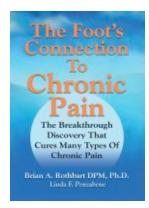
# The Foot's Connection To Chronic Pain

The Breakthrough
Discovery That
Cures Many Types Of
Chronic Pain

Brian A. Rothbart DPM, Ph.D. Linda F. Penzabene



If you suffer with chronic pain, you may be one of 80% of the world population born with an abnormal foot structure. Professor/Dr. Brian A. Rothbart, researcher/clinician for over 40 years, explains how to tell if you may have one of these common foot structures and, if so, the therapy that may permanently eliminate your chronic pain.

# The Foot's Connection to Chronic Pain

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First Edition

### **DISCLAIMER**

Professor/Dr. Brian A. Rothbart is a Podiatric Physician and Doctor of Natural Medicine. This book details his research and clinical observations about chronic muscle and joint pain. Linda F. Penzabene is the journalist reporting on this healthcare information.

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The statements made about products and services have not been evaluated by the U.S. Food and Drug Administration. They are intended to help the reader determine if they may have one of two inherited abnormal foot structures and how it may result in chronic muscle and joint pain. Even though much of the information contained in this book has been published in peer reviewed medical journals, this book is not to be used to treat, cure or prevent any condition or disease. Please consult with your own physician or healthcare provider regarding the suggestions and recommendations made in this book.

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You understand that even though Professor/Dr. Brian A. Rothbart is a trained medical healthcare provider, this book is not intended to be a substitution for a consultation with your physician. Before you begin any healthcare program, or change your lifestyle in any way, it is strongly advised that you consult with your physician and determine that you are in good health and that the information contained in this book will not harm you.

### The Foot's Connection to Chronic Pain

This book provides content related to topics physical and/or mental health issues. As such, use of this book implies your acceptance of this disclaimer.

### **Dedication**

This book is dedicated
To all those who still have hope
And are seeking an answer.

## **Table of Contents**

Introduction – WHAT'S IN THIS BOOK FOR YOU	1
Chapter One – LET ME INTRODUCE MYSELF	5
Chapter 2 – THE LINK BETWEEN YOUR FEET, YOUR POSTURE AND YOUR CHRONIC PAIN	9
Chapter 3 – THE ROTHBARTS FOOT	. 15
Chapter 4 – TESTS TO HELP DETERMINE IF YOU MAY HAVE A ROTHBARTS FOOT	. 39
Chapter 5 – THE PRECLINICAL CLUBFOOT DEFORMITY	. 45
Chapter 6 – HOW TO TELL IF YOU MAY HAVE AN ABNORMAL FOOT STRUCTURE	. 57
Chapter 7 – TRACING YOUR CHRONIC PAIN SYMPTOMS BACK TO THEIR SOURCE – YOUR FEET	
Chapter 8 – UNDERSTANDING THE SYMPTOMS OF YOUR CHRONIC PAIN	. 81
Chapter 9 – TREATING YOUR CHRONIC PAIN	. 89
Chapter 10 – PROFESSOR/DR. ROTHBART'S EDUCATION, EXPERIENCE, RESEARCH AND PUBLICATIONS	143

### **Introduction – WHAT'S IN THIS BOOK FOR YOU**

Hello and welcome to my book! In it, you'll learn a lot about my work curing chronic pain. More importantly, you'll learn a lot about YOU and why you haven't yet found relief from your chronic pain.

You see, although we haven't met in person, I know something about you.

I know you've suffered from chronic pain for a long time. I know you've been to doctor after doctor and tried everything they suggested to relieve your pain. And still, your pain persists.

I know you've tried forms of physical therapy from massage to chiropractic. And still, your pain persists.

I know you've bought every pain relief product sold in drugstores, from non-prescription remedies to hot packs to knee wraps to back support belts. And still, your pain persists.

I know you've searched stores and the internet and bought things like special chairs and mattresses, like copper bracelets and magnets. And still, your pain persists.

I know you've been told there's no reason you're in so much pain and it may be all in your head. I know you think the pain itself may have driven you crazy.

And I know you may be at the end of your rope, deep in pain and depression, doubting your doctors and worst of all, doubting yourself, asking questions like, "How much longer can I go on like this?"

I'm here to tell you that YOU are not crazy, even if unrelenting pain has made you feel that way. I'm here to tell you that there is a solid, scientifically proven reason why you are suffering from endless muscle and joint pain, a reason most doctors have never even heard of.

And most important, I'm here to tell you that there is a cure for the source of your pain, a cure that does not involve drugs and does not involve surgery.

You see, I spent more than forty years of my professional life as a doctor doing both clinical work and research, looking for a source of chronic muscle and joint pain. After I found such a source, I then spent even more years developing a therapy to correct it and end the chronic pain.

And this is very important--the therapy I developed does not involve drugs or surgery.

What I discovered is that many people with chronic muscle and joint pain who have not responded to any other treatment have an abnormal foot structure. If you have such an abnormal foot structure, you won't know it by looking down at your feet. The abnormality is deep inside, and can only be identified by doctors specially trained to recognize this type of abnormality.

Very few doctors have such training. This is why none of the doctors you've seen so far have told you that the pain you feel all over your body, in your shoulders, in your back, in your hips and knees, may actually start way down in your foot, with an unidentified abnormal foot structure.

So here's what's in this book for you. First, I'm going to tell you a little about myself and why I became so passionate about discovering a source of chronic muscle and joint pain.

Next, I'm going to explain what I discovered. This is where it starts getting a little deep. You'll see words you may not have heard before, like "musculoskeletal" and "proprioceptive". These words may seem strange at first, but keep reading. Your doctors didn't learn about my discoveries in medical school, so it's important for you to educate yourself.

Finally, I'm going to give you the basic information you need to determine if you may have an abnormal foot structure and what can be done about it.

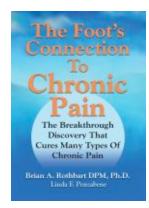
If your doctor doesn't know about the impact of an abnormal foot structure and isn't prepared to help you determine if it's the cause of your chronic muscle and joint pain, you have come to the right place. Reading this book will give you the tools you need to make a sound decision on how to finally and permanently rid your life of chronic pain.

### Brian A. Rothbart

As you read this book, please keep in mind that many, many people have been totally cured of chronic muscle and joint pain though my therapy. They now live normal lives, free to pursue work and pleasure. And they all started their journey with the information you'll find in this book.

May it be the start of your own journey to freedom from chronic pain!

Warm Regards, Professor/Dr. Brian A. Rothbart



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