

MOND PETERSEN

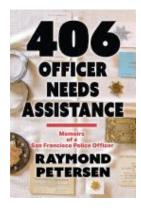
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In one of the year's most authentic, down-to-earth memoirs, a former San Francisco police officer provides an all-too-human look at the actual experiences of a real-life cop, offering compelling new meaning to the phrase "officer needs assistance."

406 – Officer Needs Assistance Memoirs of a San Francisco Police Officer

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406: Officer Needs Assistance

Memoirs of a San Francisco Police Officer

Raymond Petersen

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First Edition

Prologue

In the San Francisco Bay Area, the code "406" is a policeman's urgent radio-call for help. This help is all-too-often necessary on the streets during working hours, but also is much needed *after* hours.

In fact, help can be needed for a lifetime.

I can personally attest to that.

The following police stories are true-life events as I remember them. Many changes have occurred since my nine years as a San Francisco police officer. New laws, new political awareness, and new social attitudes have altered the American landscape including my home town of San Francisco.

But some things remain real and compelling. And while looking back and pulling details from my memory bank, I came to realize—more than ever—the full meaning and reality of "406: Officer Needs Assistance."

Bringing these stories to the page brought me my share of flashbacks and actual anxiety attacks. Yes, some of these symptoms could be explained by my ongoing battle with Parkinson's disease. But, more than that, many memories and feelings simply have never left me.

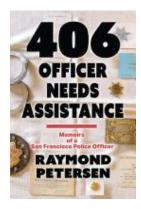
My final story here is entitled "Complacency: Time to Hang It Up." But I never really did. Emotions and memories from those years have haunted me for decades, and will haunt me for the rest of my life.

I always wanted to stay connected with the men and women in blue. My 30-plus years in the insurance industry—in the decades after I left the San Francisco police force—often were filled with helping police men and women plan for their future and the future of their families. After moving to my new home in Brentwood Tennessee, I promptly became involved with the Williamson County Crime Stoppers organization, as a result of which I made many new acquaintances who also had an affinity for police officers and their work.

One young man—whom I was asked to counsel—was in the throes of anxiety and panic over his upcoming retirement from the Brentwood, Tennessee Police Department. His story was troubling on many levels: he couldn't face the thought of retiring to civilian life, believing his life was over. And he facilitated that by "eating his gun"—committing suicide—in his police car. I still have the raw, heartfelt letter he wrote to me after reading rough drafts of the stories you are about to read.

All of this deepened my sense of "406: Officer Needs Assistance."

All of it left me wondering: *Where do I go from here?*



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