

# Hope It Helps

A Collection  
Of Wise Sayings



Son of Eldon



In **HOPE IT HELPS: A Collection of Wise Sayings**, Son of Eldon shares wisdom meant especially for teens, divided into 7 areas: Choices, Persistence, Miscellaneous, Career, Relationships and God. It's the motherload of self help for the young. **HOPE IT HELPS** is a jam-packed collection of truths, ideas, and observations, which can dramatically enhance the quality of life for your child. We truly Hope It Helps!

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## A Collection of Wise Sayings

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# **Hope It Helps:**

**A collection of wise sayings**

**Son of Eldon**

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## Chapter 1: Choices

“You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.”  
---Dr. Seuss

“Life is all about choices. Some choices will steer you towards what you want while other choices will take you farther away.” ---unknown

“Rowing harder doesn't help if the boat is headed in the wrong direction.” ---Kenichi Ohmae

“We are free up to the point of choice. But after we choose, then the choice controls the chooser.” ---Mary Crowley

“Present choices determine future consequences.” ---unknown

“Every artist was first an amateur.” ---Ralph Waldo Emerson

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“To grow, you must be willing to let your present and future be totally unlike your past. Your history is not your destiny.” ---Alan Cohen

“If you don't like the road you're walking, start paving another one.” ---Dolly Parton

“Make your dreams bigger than your memories.” ---Terri Savelle Foy

“Don't stumble over something behind you.” ---Seneca

“Empty pockets never held anyone back, only empty heads and empty hearts can do that.” ---Norman Vincent Peale

“You may be disappointed if you fail, but you are doomed if you don't try.” ---Beverly Sills

“I have seen slaves on horseback while princes go on foot like slaves.” ---The Bible

“If wishes were horses then beggars would ride.” ---unknown

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“Wishing for something without making a commitment to it, won't get you very far.” ---Roy Williams

“If you don't go after what you want, you'll never have it. If you don't ask the answer is always no.” ---Nora Roberts

“Asking is the beginning of receiving. Make sure you don't go to the ocean with a teaspoon. At least take a bucket so the kids won't laugh at you.” ---Jim Rohn

“Should you fail to pilot your own ship, don't be surprised at what inappropriate port you find yourself docked.” ---Tom Robbins

“We are still masters of our fate. We are still captain of our souls.” ---Winston Churchill

“The future is open; we decide what's in it.” ---Wolfgang Sonnenburg

“A man sooner or later discovers that he is the master-gardener of his soul, the director of his life.” ---James Allen

“A journey of a thousand miles begins with a single step.” ---Confucius

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“Do not let what you cannot do interfere with what you can do.” ---John Wooden

“Don't let the fear of the time it will take to accomplish something stand in the way of your doing it. The time will pass anyway; we might just as well put that passing time to the best possible use.” ---Earl Nightingale

“Nothing is particularly hard if you divide it into small jobs.” ---Henry Ford

“Success in most things comes not from some gigantic stroke of fate, but from simple, incremental progress.” ---Andrew Wood

“The man who follows the crowd will usually get no further than the crowd. The man who walks alone is likely to find himself in places no one has ever been.” ---Alan Ashley Pitt

“There is an enormous gap between what we know will benefit us, and what we do. We need to ask ourselves why this is.” ---unknown



“As long as you can tolerate your situation, you will. When you refuse to go on living the way you have, you will change.” ---unknown

“Each problem has hidden in it an opportunity so powerful that it literally dwarfs the problem. The greatest success stories were created by people who recognized a problem and turned it into an opportunity.” ---Joseph Sugarman

“Do not wait; the time will never be 'just right.' Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along.” ---Napoleon Hill

“You don't have to get it right immediately; you just have to get it moving.” ---Roy Williams

“The secret of getting ahead is getting started.” ---Mark Twain

“If you want to change your life ... change the way you spend your time.” ---unknown

“Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be

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careful lest you let other people spend it for you.” ---Carl Sandburg

“Your life is precious. Every single day you live is a day recorded in history never to be relived again. Your days on the earth are numbered.” ---Terri Savelle Foy

“Remembering that I’ll be dead soon is the most important tool I’ve ever encountered to help me make the big choices of life.” ---Steve Jobs

“Pale Death with impartial tread beats at the poor man's cottage door and at the palaces of kings.” ---Horace

“On average 27,630 days separate the doctor who helps bring you into this world from the one who pulls the sheet over your face. Spend your time wisely.” ---Roy Williams

“A lifetime goes by faster than you think.” ---unknown

“If you looked the world over for the place where the most potential could be found, you would find it's in the cemeteries. The sad truth is most people go to their graves without releasing the potential they have inside.” ---unknown

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“We first make our habits, and then our habits make us.” -  
--John Dryden

“He who reigns within himself and rules fears and desires,  
is more than a king.” ---John Milton

“Habits began like flimsy cobwebs, but soon grow  
stronger than cables of steel.” ---Denis Waitley

“No pessimist ever sailed an uncharted land.” ---Helen  
Keller

“Optimist are right ... and so are pessimists. It's up to you  
to choose which you will be.” ---Harvey Mackay

“Many of us look at something we want and think, ‘I  
would do anything for that.’ But too often we’re unwilling  
to daily do the little disciplines of life that would get us  
there.” ---Ryan Walker

“Look at a day when you were supremely satisfied at the  
end. It's not a day when you lounge around doing nothing;  
it's when you've had everything to do and done it.” ---  
Margaret Thatcher

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“Whether you think you can or think you can't ... you are usually right.” ---Henry Ford

“The people who are crazy enough to think they can change the world are the ones who do.” ---Steve Jobs

“Seize the day. Heck, go ahead and seize the whole week, it's all the same price.” ---Roy Williams

“I couldn't wait for success so I went ahead without it.” ---Jonathan Winters

“The winners in life think constantly in terms of I can, I will and I am. Losers, on the other hand concentrate their waking thoughts on what they should have done or could have done, or what they can't do.” ---Dennis Waitley

“There are two primary choices in life: to accept conditions as they exist or accept the responsibility for changing them.” ---Dennis Waitley

“If you think you're too small to make a difference, then you've never been in bed with a mosquito.” ---Anita Roddick

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“No matter what the level of your ability, you have more potential than you can ever develop in a lifetime.” --- James T. McKay

“You are never too old to set another goal or dream a new dream ... unless of course, you think you are.” ---CS Lewis

“If you aren't making any mistakes, it's a sure sign you are playing it too safe.” ---John Maxwell

“Life is way too short and much too precious to play it safe or anxiously search for security.” ---unknown

“Why not go out on a limb? Isn't that where the fruit is?” --Frank Scully

“By failing to prepare, you are preparing to fail.” --- Benjamin Franklin

“Impossible is just a big word thrown around by small men who find it easier to live in the world they've been given than to explore the power they have to change it. Impossible is not a declaration. It's a dare. Impossible is potential. Impossible is temporary.” ---A Print Ad For Adidas

“Don't despise small beginnings!” ---The Bible

“For those of you wanting to make changes in your life, I suggest that you begin with the little things. Every small thing is the beginning of something bigger. Every step taken isn't a leap, a hop, a jump, but it is a movement in the direction you want to go.” ---Bob Perks

“Almost everything radically innovative was discovered in the equivalent of someone's garage.” ---unknown

“Destiny is not a thing of chance; it is a matter of choice. It's not a thing to be waited for; it's a thing to be worked for.” ---William Jennings Bryan

“Don't think for a moment that your life is simply going to unfold before you and all you have to do is follow the "yellow brick road." There are choices to be made and you are the one to make them.” ---Bob Perks

“The Trouble with Dreaming is sooner or later you have to put feet on them or they'll just die in place. Dreams are indeed convenient. No one has to know a thing about them. No one has to see them or touch them but you. So, in reality they don't even exist until you say so.” ---Bob Perks

“You can't always control what happens to you in life but you do have a lot of control over your responses.” ---Gary Halbert

“Mediocrity has a way of keeping demons away from the door.” ---Marie Arana

“Isaac Newton was 23 when he began inventing calculus. Albert Einstein published several of his most important papers at the tender age of 26. Werner Heisenberg pioneered quantum mechanics in his mid-20s. These men started inexperienced and you will have to also.” ---Jonah Lehrer

“Create a definite plan for carrying out your desire, and begin at once, whether you're ready or not, to put it into action.” ---Napoleon Hill

“Talking about how we feel about the problem and who or what caused it, does little to help solve the problem. Let's talk about how to keep the boat from sinking or a way to get to dry land.” ---Liz Strauss

“I'm trying to free your mind, Neo. But I can only show you the door. You're the one that has to walk through it.”

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"There is a difference between knowing the path and walking the path." ---Morpheus, The Matrix

"One ought never to turn ones back on a threatened danger and try to run away from it. If you do that, you will double the danger. But if you meet it promptly and without flinching, you will reduce the danger by half." --- Sir Winston Churchill

"The first step to getting the things you want out of life is this: Decide what you want." ---Ben Stein

"Life is like playing a violin in public and learning the instrument as one goes on." --- Samuel Butler

"Advice is what we ask for when we already know the answer but wish we didn't." ---Erica Jong

"No great man ever complains for lack of opportunity." --  
-Ralph Waldo Emerson

"This time, like all times, is a very good one, if we but know what to do with it." ---Ralph Waldo Emerson



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“The self is not something ready-made, but something in continuous formation through choice of action.” ---John Dewey

“If you limit your choices only to what seems possible or reasonable, you disconnect yourself from what you truly want, and all that is left is a compromise.” ---Robert Fritz

“No pessimist ever discovered the secret of the stars or sailed an uncharted land, or opened a new doorway for the human spirit.” ---Helen Keller

“Far better it is to dare mighty things, to win glorious triumphs even though checkered by failure, than to rank with those poor spirits who neither enjoy nor suffer much because they live in the gray twilight that knows neither victory nor defeat.” ---Theodore Roosevelt

“There are two ways to slide easily through life; to believe everything or to doubt everything. Both ways save us from thinking.” ---Alfred Korzybski

“Life is either a daring adventure or nothing. Security does not exist in nature, nor do the children of men as a whole experience it. Avoiding danger is no safer in the long run than exposure.” ---Helen Keller

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“Learning is not compulsory... neither is survival.” ---W. Edwards Deming

“Our ultimate freedom is the right and power to decide how anybody or anything outside ourselves will affect us.” ---Stephen R. Covey

“All the little things in life add up to be your life. If you don’t get the little things right, nothing else matters.” ---Roy Williams

“Nothing will ever be attempted if all possible objections must first be overcome.” ---Samuel Johnson

“We are built to conquer environment, solve problems, achieve goals, and we find no real satisfaction or happiness in life without obstacles to conquer and goals to achieve.” ---Maxwell Maltz

“Most of the mistakes I ever made were when I wanted to say no and said yes.” ---Moss Hart

“Every decision you make - every decision - is not a decision about what to do. It's a decision about Who You Are. When you see this, when you understand it, everything changes. You begin to see life in a new way.

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All events, occurrences, and situations turn into opportunities to do what you came here to do.” ---Neale Donald Walsch

"Creativity requires the courage to let go of certainties." --  
-Erich Fromm

“If Columbus had turned back, no one would have blamed him. Of course, no one would have remembered him either.” ---Unknown

“Let us not be numbered among those cold and timid souls who neither know victory nor defeat.” -  
Teddy Roosevelt

“Opportunity has been knocking for a long time now. In fact it’s pounding on your door at this very moment!” ---  
Roy Williams

“Faith isn’t faith if you know the outcome. Pioneers have to take a leap of faith in order to reach their goals. And, it’s a leap that we must each ultimately make alone.” ---  
Liz Strauss

“The choices I make today will determine the rest of my life!” ---Ginny Dye

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“Change is the essence of life. Be willing to surrender what you are for what you could become.” ---unknown

“Victory loves preparation.” ---Philip II of Macedon

“It wasn't raining when Noah built the ark.” ---Howard Ruff

“You alone decide what you will be - when will you decide or what have you decided?” ---unknown

“Most people are not going after what they want. Even some of the most serious goal seekers and goal setters, they're going after what they think they can get. Set your sights higher.” ---Bob Proctor

“Reasonable people adapt themselves to the world. Unreasonable people attempt to adapt the world to themselves. All progress, therefore, depends on unreasonable people.” ---George Bernard Shaw

“If you ever succeed at any endeavor I guarantee you there will be problems in your way. The way you look at those problems will either magnify them or shrink them.” ---Andrew Wommack

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“It’s more common than not, for those nearest and dearest to you, to tell you that you can never do, whatever it is you are trying to accomplish. You will have to decide to not believe them.” ---unknown

“You can have a thankful heart, or a complaining heart, your choice.” ---unknown

“Any man or woman who left their fingerprints on the world had a "good kind of crazy" an irrational optimism. None of them had it until they committed to their dream.”  
---Roy Williams

“We examine each day before us with barely a glance and say, ‘no, this isn’t one I’ve been looking for,’ and wait in a bored sort of way for the next, when we are convinced, our lives will start for real.” ---Tom Hennen

“We all hate the pain of learning new things while others are watching.” ---unknown

“You can't build a 3rd story on a vacant lot. You have to start where you are, at the bottom with a foundation, start small.” ---Charles Capps

“It is our choices...that show what we truly are, far more than our abilities.” ---J. K. Rowling, *Harry Potter and The Chamber of Secrets*

“Be not afraid of growing slowly, be afraid only of standing still.” ---Chinese Proverb

“All who have accomplished great things have fixed their gaze on a goal which was high, one which sometimes seemed impossible.” Orison Swett Marden

“There is no code of conduct to help beginners. That is why some people with mediocre talent, but with great inner drive, go much further than people with vastly superior talent.” ---Sophia Loren

“The minute you settle for less than you deserve, you get even less than you settled for.” ---Maureen Dowd

“Focus on running passionately after what you need to learn as if it's the last bus of the night headed to your home.” –Liz Strauss

“In the absence of clearly defined goals, we become strangely loyal to performing daily trivia until ultimately we become enslaved by it.” ---Robert Heinlein

"Let me get this straight, Orville. You and Wilbur are building a machine that will do what?" ---Roy Williams

"Lofty ideals take twice as long as you thought, cost far more than you anticipated, and strain every important relationship in your life!" ---Roy Williams

"Youth is not a time of life - it is a state of mind. It is a temper of the will; a quality of the imagination; a vigor of the emotions; it is a freshness of the deep springs of life. Youth means a temperamental predominance of courage over timidity, of the appetite for adventure over a life of ease. Nobody grows old by merely living a number of years; people grow old by deserting their ideals." ---Samuel Ullman

"It's important to decide for yourself what's important to you and what you want. Once you do get to know and understand yourself, remember who you are and stay with it. Understand your weaknesses and acknowledge your mistakes." ---Will Rodgers

"You don't necessarily have to be smarter or better educated to succeed. Your power lies in your ability to focus on doing what is important. If you focus on the right

things, and work at them often, you will achieve exceptional results.” ---Mark Sanborn

“An idealist believes the short-run doesn’t count. A cynic believes the long run doesn’t matter. A realist believes that what is done or left undone in the short-run determines the long run.” ---Sydney J. Harris

“Every idea, every achievement, was first a vision, before it became a reality.” ---Henry Kissinger

“Every real goal has an action plan built into it. An honest-to-goodness goal will reveal itself through daily action, even if that action is sometimes limited to a quick note written to yourself and stuffed into your shirt pocket during the course of the day.” ---Roy Williams

“The past was written by the choices of yesterday. The future is written by the choices you make today. Few things turn out as well as we had hoped or as badly as we had feared.” ---Roy Williams

“We have a choice every day - to act on yesterday's good intentions or get an early start on tomorrow's regret.” ---Robert Brault



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“You have a clean slate every day you wake up. You have a chance every single morning to be the person you want to be. You just have to decide to do it.” ---Brendon Burchard

“The day after this day is called Tomorrow and it's never been here before. I hope you'll show it a good time.” --- Roy Williams



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