

The Spoken Blessing is life-giving and has creative power.

The Power of the Spoken Blessing: Whispers from the Father's Heart

by Sylvia Villalpando

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SYLVIA VILLALPANDO

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First Edition

Scripture marked NKJV is taken from the Holy Bible, New King James Version ®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.

The Power of the Spoken Blessing

Our words have great influence in the lives of those around us, and spoken blessings can bring hope, encouragement, and direction to our families, friends, and others. Speaking Blessings is an excellent way to intercede for others and in the process become more like Jesus.

Speaking Life into and over people is a positive and biblical assignment that invokes the blessing of God in the life of another. The power of spoken blessings comes from God, Who Himself “has blessed us with all spiritual blessings in heavenly places in Christ”

(Ephesians 1:3)

Definition from Merriam-Webster.com

“the act or words of one that blesses,” or “a thing conducive to happiness or welfare. I believe that blessing and encouragement can be used interchangeably.

Blessing/Encouragement represents positive influence, to give courage to someone—not waiting until it’s deserved or asked for, but taking initiative

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when things are difficult and uncertain. There are many synonyms one could use: to give support, confidence or hope to another; to hearten, cheer, uplift, inspire, motivate, vitalize, embolden, or rally.

The impact can be far reaching and often makes a difference when relationships begin to falter. Even the neuroscience gives credence to this dynamic. Criticism and negativity release harmful stress hormones, inhibit concentration, diminish the brain's executive functioning, and tend to create knee-jerk reactions vs. calm and rational thinking.

Spoken blessing is significant throughout Scripture. The first words God spoke over Adam and Eve were words of blessing. ²⁷ So God created man in His *own* image; in the image of God He created him; male and female He created them. ²⁸ Then God blessed them, and God said to them, "Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth." ²⁹ And God said, "See, I have given you every herb *that* yields seed which *is* on the face of all the earth, and every tree whose fruit yields seed; to you it shall be for food.

(Gen 1:27-29) The last words Jesus spoke over the assembled group of disciples as He was ascending to Heaven were word of blessing. ⁵⁰ “And He led them out as far as Bethany, and He lifted up His hands and blessed them. ⁵¹ Now it came to pass, while He blessed them, that He was parted from them and carried up into heaven. ⁵² And they worshiped Him, and returned to Jerusalem with great joy,” (Luke 24:50-52)

God is not the only one who pronounces blessings. When Rebekah left her family to become Isaac's wife (Genesis 24:60), her family blessed her by saying “may you increase to thousands upon thousands; may your offspring possess the gates of their enemies.” When Isaac was ready to die, he pronounced this blessing on his son, Jacob: “May God give you of heaven's dew and of earth's richness— an abundance of grain and new wine. May nations serve you and peoples bow down to you. Be lord over your brothers, and may the sons of your mother bow down to you. May those who curse you be cursed and those who bless you be blessed” (Genesis 27:28-29).

Jesus taught His followers to bless, and He continually demonstrated it.

- However, the truth is that in Christ you are already blessed and always blessed.

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(Ephesians 1:3)

- Jesus is the source of your personal blessing and through Him you can bless others.

When a blessing is given to someone, they receive a valuable treasure of the gift of blessing which can turn into a changed life. A blessing is calling forth the future and bringing it into the present; can also be called a prophetic blessing.

How to we become a people who bless? By making yourself available to intercede for others from God's word. Asking the Lord to open your spiritual eyes and ears to understand what He wants to do in their lives. When Jesus was instructing the disciples to minister to others in the power of the Holy Spirit, He Said, "Freely ye have received, freely give" (Matthew 10:8). Interceding for others with spoken blessings is one way you can freely give to others in Jesus's name.

Proverbs 25:11 says a timely word spoken is lovely as apples of gold in a silver basket. What a beautiful description of what every word coming from you should be.

Listen to these words and it will be well with your soul....

Fruitful words are words that bring life with the kiss that awakens us from the slumber of a crushed spirit. Take time today to speak fruitful words over yourself, your spouse, your kids, or whoever crosses your path today. Speak Life! When you speak Life into people you are being prophetic by bringing them hope of their future into their present.

Your voice becomes powerful when aligned with the word of GOD

May every word spoken by you be appropriate, fitting, suitable and right so that God is honored as you speak life into those you meet.

**Blessings overcome curses. Proclamation
releases the power.**

Hebrew Definitions:

1.To bless. Strong's Concordance 1288. The root word *barak* means, "To kneel," and by implication means "to bless." The word is used throughout the Hebrew Scriptures: "Bless the Lord, O house of Israel: bless the Lord, O house of Aaron: bless the Lord, O house of Levi: you who fear the Lord, bless the Lord" (Psalm 135:19-20).

2.Blessing: Strong's Concordance 1293. Hebrew speakers use the word *berakah* for "blessing." The word *berakah* comes from the root word *barak*. *Berakah* means "benediction" (the act of invoking a blessing), and for us it suggests the traditional benediction of a congregation at the end of a church liturgy. The word is used almost seventy times in the Old Testament *It is like the dew of Hermon, descending upon the mountains of Zion; For there the LORD commanded the blessing—Life forevermore.* (Psalm 133:3).

English Dictionary Definition -
dictionary.cambridge.org/us

The world around us views blessing as an occasional happy event. However, the truth is that in Christ you are *already* blessed and *always* blessed. (Ephesians 1:3) Jesus is the source of your personal blessing and through Him; you can bless others.

1. To bless: to invoke the divine favor on; to bestow happiness, prosperity or good things of all kinds; to make a pronouncement holy; to consecrate; to glorify for the benefits received; to extol for excellence's.

2. A blessing: a prayer or solemn wish imploring happiness upon another; a benediction; the act of pronouncing a benediction or blessing; that which promotes prosperity and welfare.

The Nature of the Blessing; Blessings Bring Forth Life

1. A blessing is proclaimed: pronounced audibly, written or wished.

2. A blessing continues in time, from generation to generation.

3. Blessings are not only for individuals, but for families as well.

For this book's purpose my working definition is: A blessing is a word spoken for good that carries spiritual power and authority, and that sets in motion something that will probably go on from generation to generation.

Scriptural Examples of Blessings

1. In Genesis 22:15-18: Abraham was blessed by God and his seed multiplied. This blessing is perpetual.

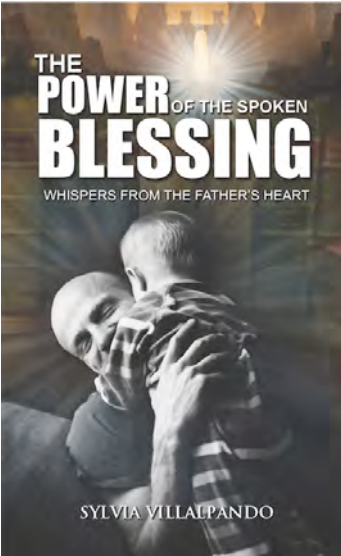
2. In Genesis 27:27-29: Isaac gave his blessing to Jacob instead of Esau.

3. In Deuteronomy 28:1-14: God's stated conditions for receiving specific personal and corporate blessings

can be summed up as "listening to and obeying the voice of the Lord."

We are blessed to be a blessing and in Genesis 12:2-3 lists the details of God's blessing over Abraham:

1. I will make you a great nation.
2. I will bless you.
3. I will make your name great.
4. You shall be a blessing.
5. I will bless those who bless you.
6. I will curse him who curses you.
7. In you all the families of the earth shall be blessed.



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