

The God Mind Principles is a comprehensive spiritual guide for all-no exclusions!-that awakens the reader's conscious understanding to answer the Why? and How? questions about their mortal life, and beyond this physical plane, so they can make a mortal/spiritual accounting and improve their outlook, and their lives.

The God Mind Principles

by Krystyna and Phillip Fowler

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The
God
Mind
Principles

COMPREHENSIVE,
NONDENOMINATIONAL SPIRITUAL TRUTHS

Krystyna & Phillip Fowler

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397. With this in mind, be cautious concerning the teachings of science that profess that the foundation for the universe was created by a random, coincidental bang of a mysterious, preternatural convergence of an unknown power and energy, and as a result of that random event, by happenstance all life began.

398. It is widely known that scientists, in spite of their claims, cannot provide complete answers to all questions in connection to the origin, creation, and true purpose of mortal life on earth. Nor can scientists settle issues pertaining to the conscious mind in conjunction with what appears to be supernatural powers, which are inherent in humankind, and in nature as well.

399. As equally confounding, they do not know how, and when, intelligent life came into being, as well as under what circumstances this world was chosen to support all that lives, including all inorganic matter that comprises the earth. Moreover, there is not a consensus within the scientific academia that can define the precise boundaries between physical life and what happens to a person's life energy upon their death.

400. To elaborate on this further, scientists work within the parameters of the physical world, and as a consequence they draw their conclusions based on their five senses. And for this reason they cannot identify and explain, beyond the scope of science, the actuality of a higher intelligence that formulated and created this planet and all life that exists on it. That is why they choose not to acknowledge what they cannot verify from their scientific methods.

401. One thing is certain: people who limit themselves by using only their five senses have a difficult time understanding the origin of who they are, why they are here, and where they are going beyond this life. They are not considering the reality where the natural physical world interpenetrates the supernatural world spiritually, since both worlds are interconnected through the magnitude of our pure love and through our infinite knowledge.

402. Once an individual begins to use their supernatural powers that are accessible through their spirit's consciousness, which

consequence of this, natural habitats and many life-forms are being endangered to the brink of extinction.

459. For this reason, humanity must not support any activity that imperils its natural treasures by being blind to the consequences of overharvesting, pollution, improper waste disposal, and the ongoing release of toxic gases and chemicals that are poisoning the world's environments.

460. You must comprehend the fact that just recognizing the problem is not enough to correct the imbalances occurring within the biosphere and save these endangered kingdoms. All must individually and collectively take action to counteract the effects of these mounting catastrophic disturbances that are taking place all over the globe.

461. Do whatever is required to restore the respective natural environments of each in-question species from their endangerment and inevitable extinction. Take preemptive measures, and rectify the disharmonies that certain ecological environments are being subjected to, because no one on earth has the power, or ability, to reclaim a life that no longer exists.

462. Through the intellect and knowledge that only our children possess, every person has an indubitable responsibility to protect, preserve, and maintain the conservation of the earth and the seas. Hence, learn about the living creations of this world, and how they are being impacted by the man-made environmental crises.

463. And remember, everyone can make available to themselves the information, data, and statistics through which they can attain better knowledge and understanding of how to maintain and support the ecology within each of its associated kingdoms. But do not stop there; call upon us, and we will guide you to avert those hazardous trends, so you can make a positive impact on those life-supporting changes.

464. In addition, become involved, speak out, and be an advocate for those environmental organizations that have taken it

anguish of knowing what they could have achieved throughout eternity if they had not forsaken to serve their brothers and sisters, especially to serve those in need who have crossed their paths.

516. You must also remember that those who take from the poor (without recompense) to build their empires upon the earth will stand before the multitudes within eternity as a pauper, a vagabond with no place to hide. Whereas the poor who strive to do what is right will stand in the glory of their heavenly parents. These individuals are far wealthier than those who are rich but greedy, materialistic, and self-indulgent.

517. For this reason, evaluate what are your greatest earthly assets. And consider what has the greatest lasting importance to you. Is it the amassing of money and possessions, and the acquisition of the superfluties offered by an extravagant lifestyle? Is it the successes, prestige, and power, and the control over people? Is it being captivated by a personal image, and the pursuits of temporal pleasures and fleeting happiness?

518. All in all, by being totally engrossed in the affairs of this world and utterly conforming to the criterions, images, rhetoric, and standards of the world, one will only intensify a false sense of self-worth and a false sense of security, ultimately leading to confusion. Inadvertently, sooner or later, one's own self-worth and the loss of direction will lead to an inner emptiness, incompleteness, and sense of lack, ultimately prevailing over the reality that their spirit's wholeness is complete without the adornments, accolades, and attachments of this world.

519. Given the fact that the world portrays a skewed sense of reality, you must realize that nothing of this world can procure a lasting sense of inner fulfillment. Not any amount of money, success, possessions, leisure time, perfect self-image, or instant gratification can drive out that spiritual void, that gnawing ache of aloneness. Because there is nothing in the physical world that can heal, nurture, and satisfy a spiritually malnourished soul. The reason is because

material wealth does not equal, or cannot even be remotely compared to, spiritual wealth.

520. And so, overemphasizing on the accumulations of material goods and the pursuits of life's pleasures will only perpetuate the vicious cycle of spiritual pain, unrest, and dissatisfaction, and the unrelenting vacuity within one's innermost part of their being.

521. Consequently, these feelings create an unrealistic perception, notion, and illusion of future happiness, fulfillment, serenity, and peace. This attests to the belief that if one strives harder to obtain more, then they will finally be happy; however, more is never enough to bring lasting happiness, contentment, inner wholeness, and peace.

522. When people attempt to fulfill their existential vacuum with ephemeral goods and chattels, as well as with the activities this world has to offer in lieu of developing a spiritual relationship with their eternal spirit's parents, their pursuits become a form of bondage, rather than an evocation of spiritual freedom. And over time individuals end up feeling worse, since their sense of lack, insecurities, and inner sense of incompleteness remains unchanged, and the uncertainty, confusion, and fear still pervades within their souls.

523. So, do not identify yourself with and become attached to your material belongings, to the varied stimuli and its effects on your life, and to all that which is changing, and passing, because nothing in the world is permanent; also do not look to others to complete you. Simply put, to alleviate your restless self-absorption you must identify yourself with that which is permanent and real, with that which does not change and will never die, which is your everlasting spirit and our eternal relationship.

524. In addition, never forget that your true identity is not defined by your wealth, fame, education, status, successes, race, and self-image, or by your financial crises, disappointments, failures, and/or underprivileged background, or lifestyle. But in fact, your identity comes from your spirit's identification. And your earth

experience is noteworthy, and remembered by the volume of your love and compassion combined with the concern you have for other fellow human beings and the selfless service you give to the world.

525. Needless to say, understand that nothing of this world will bring lasting happiness, a genuine sense of peace and satisfaction, or meaning and purpose into your heart, mind, and soul if you live your life without a spiritual balance. As a matter of fact, only knowing who you are spiritually and gaining further knowledge concerning your inner power in conjunction with your true purpose for living on this earth will shift your awareness, to where you truly know that you are complete within yourself.

526. This is the reason why it is important to take the time to look at your life from a different perspective, and also reflect on how you can ascertain your true identity (which is of the spirit), so you can gain a true sense of self-worth that will help you secure your inner wholeness and maintain lasting contentment, joy, and personal peace.

527. And not only that, but accept the fact that you are not your physical body; your body is your spirit's "vehicle" to help you navigate through the experiences in your mortal life. Nor are you the physical heritage you are born into, or your successes, or failures, prestige, or obscurity, or your worldly accumulations or lack thereof. The truth, and the reality, is that you are a spirit being temporarily experiencing this physical life on earth. Moreover, you are our spirit child, and therefore part of our heritage, which means you far exceed whatever was or will ever be created.

528. Thus, look within yourself, and feel the love we have for you; therein you will find a sense of peace, security, completeness, and spiritual harmony. Even when you have nothing in this world, you have everything, because you are born complete as our special spirit child. And your eternal spirit is the ultimate expression of the love we have for you, since there is no greater love within the cosmos than our love.

levels. Their lives have become a banal existence filled with misery and unnecessary sacrifices, which tend to leave them feeling stuck in hopeless situations. All because of their ignorance, arrogance, and unwillingness to look within themselves for our love, guidance, and enduring presence.

1062. This is the reason all must be vigilant not to become overly captivated by the world's many enchantments and distractions of commercialism, as well as not to identify themselves with the sources of consumerism that focus on the outer, shallow, and temporary attachments that have nothing to do with your true self, your exceedingly profound, timeless royal spirit.

1063. And not only that, but when people become totally absorbed with personal gain, vanity, and pursuing lavish lifestyles that are beyond their means, they are placing a strenuous financial burden upon themselves and their families. Moreover, when a major portion of their time is spent concentrating on what they do not have, instead of being grateful for what they do have, they are creating the feelings of being trapped, and bound to an unending cycle of dissatisfaction and longing for more, not fully realizing that more is never enough.

1064. The worldly deception is to pursue more money, more power, career advancements and achievements, social status and accumulations, a slimmer, younger-looking body enhanced through cosmetic surgeries, stylish wardrobes, and so forth, the list is endless. And by following this trend individuals believe that if they could just accomplish this, or that, and possess more, then they would feel happy and complete, and at the same time their lives would be free of problems.

1065. That being said, when an individual views their life from the perspective of shortage and lack, then their state of mind becomes fixated on discontentment, envy, and fear. And when a person habitually compares themselves to others, especially with those who have gained fame and fortune, then their life's struggles and pursuits become an illusion that hides the primal truth of reality which is: everyone is complete and whole as an individual, without

any of the external trappings of the world. So, from this moment forward, we want you to enjoy your life without comparing it to that of another.

1066. And do not become confused with everyone else's ideas and misconceptions of what happiness, enjoyment, and satisfaction are by trying to keep up with them, or compete against each other. Especially when the world proclaims if you do this, or that, become this, or that, believe this, buy or change that, then you will be truly happy for the rest of your life, exuding an existence that is free of stress and suffering.

1067. In continuation with recognizing the remedy to avert the feelings of aloneness, it is extremely important to nurture a healthy self-love. To put it simply, true self-love emanates from feeling complete within yourself by knowing who you are spiritually, and by knowing and accepting the reality that you are our spirit daughter or son. This also includes knowing that your spirit is perfect no matter what you have or have not accomplished, and what you have, or have not accumulated, or what physical condition you happen to be in.

1068. Our precious, you must recognize and accept that our love is first and foremost yours, and second to that is the love and respect you should have for yourself. Because the more love you have for yourself, the more love you are able to give to others, and the more love you give to others the greater the love is returned to you. In conclusion, when you truly love yourself, you become the best you can be.

1069. This is why it is so important to understand the virtues of self-love, and that loving yourself is different from being arrogant, conceited, egocentric, and narcissistic. Loving yourself means accepting you the way you are without judgments and conditions, and by honoring yourself for who you are becoming without any reservations. True self-love is filled with respect, tolerance, patience, and forgiveness. Self-love is like an inexhaustible fountain of abundance from which more joy, enthusiasm, vitality, and happiness

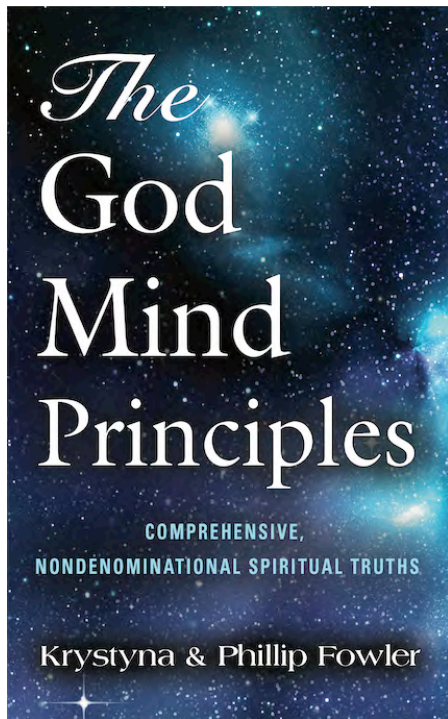
flows. Loving yourself is essential to unlock those powers that lie dormant within you. Loving yourself is your birthright!

1070. When you live by these values you will find within your soul transformations that are ensued by a new profound sense of contentment, serenity, and lasting joy, and you will also feel whole as a person. And so always remember that true happiness, and successes in life, are not measured by your net worth and appearances alone, but rather how much love you carry in your heart, and how much love, compassion, and service you give to your fellow brothers and sisters. And lastly, to gain a strong spiritual harmony and balance in life, you must understand and be willing to embrace the truth that you are a spirit being temporarily residing in your mortal body.

1071. What's more, know the simple fact that it is not the high-status job, prestigious area/region of living, the bigger, better home, expensive vehicle, and the like which will make you truly happy; no, and not even people can make you happy. This is because happiness is a state of being, not a state of having or doing, and therefore you must first be happy within yourself, and everything that exists outside of you must be considered an addition to your existing happiness.

1072. And that is the reason you need to be mindful of your thoughts. So do not allow your adversaries to convince you to believe the only thing that matters in this physical life is how much you can acquire for yourself; in some instances this means taking advantage of others to satisfy your wants, lusts, and yearning.

1073. Fallen spirits are encouraging all of our children to practice negative attitudes and conducts, to have low self-esteem, self-criticism and self-contempt, and to have unrealistic, irrational expectations of other people, while holding on to personal entitlements, instant gratifications, and unsubstantiated philosophies concerning life. They are also coercing insecure, susceptible individuals into controlling, bullying, and intrusive behaviors toward others.



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