

*In the voice of her eldest male Australian Shepherd, author and canine nutrition expert Tigger Montague tackles the many aspects of whole-food canine diets, along with the wonderful and sometimes complex relationships that dogs share with humans, with cats, and with other farm animals.*

## **AN ABSOLUTE SECRET**

by Tigger Montague

**Order the complete book from the publisher  
[Booklocker.com](http://www.booklocker.com)**

**<http://www.booklocker.com/p/books/9542.html?s=pdf>  
or from your favorite neighborhood  
or online bookstore.**

# THE WORLD ACCORDING TO **KEMOSABE**



**Adventures of a Canine Blogger  
and his Human Nutritionist**

**Tigger Montague**

Copyright © 2017 Tigger Montague

ISBN: 978-1-63492-838-0

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, recording or otherwise, without the prior written permission of the author.

Published by BookLocker.com, Inc., St. Petersburg, Florida.

Printed on acid-free paper.

The characters and events in this book are fictitious. Any similarity to real persons, living or dead, is coincidental and not intended by the author.

BookLocker.com, Inc.  
2017

First Edition

## **DISCLAIMER**

This book details the author's personal experiences with and opinions about canine nutrition. The author is not a healthcare provider.

The author and publisher are providing this book and its contents on an “as is” basis and make no representations or warranties of any kind with respect to this book or its contents. The author and publisher disclaim all such representations and warranties, including for example warranties of merchantability and healthcare for a particular purpose. In addition, the author and publisher do not represent or warrant that the information accessible via this book is accurate, complete or current.

The statements made about products and services have not been evaluated by the U.S. Food and Drug Administration. They are not intended to diagnose, treat, cure, or prevent any condition or disease. Please consult with your own physician or healthcare specialist regarding the suggestions and recommendations made in this book.

Except as specifically stated in this book, neither the author or publisher, nor any authors, contributors, or other representatives will be liable for damages arising out of or in connection with the use of this book. This is a comprehensive limitation of liability that applies to all damages of any kind, including (without limitation) compensatory; direct, indirect or consequential damages; loss of data, income or profit; loss of or damage to property and claims of third parties.

You understand that this book is not intended as a substitute for consultation with a licensed healthcare practitioner, such as your physician. Before you begin any healthcare program, or change your lifestyle in any way, you will consult your physician or other licensed healthcare practitioner to ensure that you are in good health and that the examples contained in this book will not harm you.

This book provides content related to topics physical and/or mental health issues. As such, use of this book implies your acceptance of this disclaimer.

This book is dedicated to my mom, Cinnie, whose never-ending support and unconditional love allowed me to blaze my own trail.

Kemosabe dedicates this book to his mom, Soundtrack's Custom D'Zine, whose love he carries with him always.

# Table of Contents

<b>Preface</b> .....	<b>XI</b>
<b>Introduction</b> .....	<b>1</b>
<b>Part I: The Storyteller's Tales</b> .....	<b>5</b>
T-Bone and the Fence Testers .....	7
Wolves at the Door .....	12
The Power of the Bark Side.....	23
Spirit Dog .....	39
Fowl Play.....	53
I Herd You.....	65
The Reverend Mr. Schmoo .....	80
<b>Part II: Nutrition and Recipes</b> .....	<b>87</b>
Food, Glorious Food .....	89
Chow Time: What Do I Feed My Dog? .....	101
How We Got to Kibble .....	117
Dog Food Allergies.....	127
Feeding the Overweight Dog.....	133
Feeding for Healthy Skin and Coat.....	139
Bone Broth .....	149
Feeding for the Kidneys.....	151
Feeding for the Liver.....	157
Feeding for the Pancreas.....	163
Feeding the Diabetic Dog .....	169
Feeding Dogs with Cancer .....	173
Feeding Puppies.....	187

Going Raw .....	197
Seeking the Balance .....	207
Warming, Cooling, and Neutral Foods.....	211
Bovine Colostrum for Canines .....	215
Supplements .....	219
<b>Part III: Kemosabe's Point of View .....</b>	<b>223</b>
Mealtime .....	225
Bison for Breakfast.....	229
Lassi (not Lassie) .....	231
Aliens Among Us .....	235
Living with Cats.....	239
On the Road Again.....	243
Rescue Me .....	249
Skunked .....	253
The Puppy Cometh.....	257
When Bad Stress Happens to Good Dogs .....	261
Canine Tips for Happy Holidays.....	265
Food for the Holidays.....	269
<b>Appendix A: Home-Cooked Recipes.....</b>	<b>273</b>
<b>Appendix B: More Tips on Feeding Raw.....</b>	<b>279</b>
<b>Appendix C: Product Recommendations .....</b>	<b>287</b>
<b>Acknowledgements .....</b>	<b>297</b>
<b>Bibliography.....</b>	<b>299</b>
<b>About the Author.....</b>	<b>305</b>
<b>Index.....</b>	<b>307</b>

# **Introduction**

by Tigger Montague

Canine nutrition can be a rather dry subject. There are many, many good books on canine nutrition, and I doubted I could write about the subject any better than previous authors.

For the last thirty years I have lived on a farm with multiple dogs—a venerable pack, a motley crew of canine personalities. Some dogs were rescues, some adopted from the SPCA, some purchased as puppies from breeders. Some were challenging, some were entertaining, some owned me lock, stock, and barrel. Every single one of them was a teacher with paws.

Many years ago, while watching the dogs lying close to one another under the shade of the walnut trees, all of them awake but relaxed, it occurred to me how much like a human tribe they were: there was a leader, there were warriors, and there was the storyteller, the one who remembers, who re-tells and passes on the stories of the tribe. Every pack member, new and old, lay under those walnut trees hearing the stories and adventures of pack members long gone, as well as current tales of hunts, humans, chickens, and cats.

In writing this book on nutrition, I wanted to include my canine tribe's stories—and who better to tell those stories than their current Storyteller, Kemosabe? Together we

collaborated on the book, with me handling the nutrition section, and he sharing the stories of the pack as well as his own personal viewpoints on things.

The book is divided into four sections: The Storyteller's Tales, Nutrition and Recipes, Kemosabe's Point of View, and a set of appendices that includes helpful tips, guidelines, and recommendations for feeding a raw diet, along with recipes for home-cooked meals for dogs.

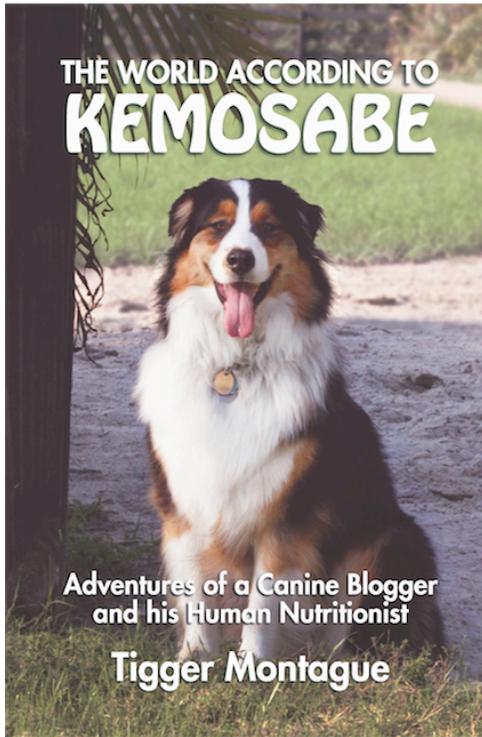
Over a lifetime shared with dogs, there are the very special ones, the dogs who become our best friends. The dogs we love deeply and profoundly. Their hearts speaks to our hearts, and we are forever changed by it. Kemosabe is one of those dogs.

I hope there is a Kemosabe in your life, or a new puppy that will become your storyteller, the dog of your heart.

*The World According to Kemosabe*



Tigger and The Storyteller as a puppy



*In the voice of her eldest male Australian Shepherd, author and canine nutrition expert Tigger Montague tackles the many aspects of whole-food canine diets, along with the wonderful and sometimes complex relationships that dogs share with humans, with cats, and with other farm animals.*

## **AN ABSOLUTE SECRET**

by Tigger Montague

**Order the complete book from the publisher  
[Booklocker.com](http://www.booklocker.com)**

**<http://www.booklocker.com/p/books/9542.html?s=pdf>  
or from your favorite neighborhood  
or online bookstore.**