



This book, as are the others in this series, is designed to provide inner spiritual development information, hands-on, experienced manifesting information and techniques and motivation for our readers.

IN PSYCHIC DEFENSE

by Don Chapin, Ph.D.

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In Psychic Defense



Don Chapin, PhD

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POSITIVE MANIFESTATIONS

The previous stories of Frank, his groupies and the way The Commander handled the situation definitely taught me a few things, which I proceeded to implement in my own way.

My initiation into BELIEVING I (or anyone) could actually DO this started in Hong Kong, when I envisioned a ‘fishbowl’ over Marie’s head in order to “protect” Diane and I from the literally suffocating effects of a very poor tantric yoga practitioner, one that would not properly focus her intentions. When Marie went to my late wife, Diane and her guides for “emergency assistance” because she felt smothered, I realized I had actually, albeit unintentionally, accomplished an act of aggression rather than defense and that we ACTUALLY DO manifest on other planes. I later psychically “developed” defensive devices in addition to what has already been mentioned.

1. Ocean Energy Work

I had seen a statistic many years ago that 80% of humanity lives within 50 miles (roughly 80 KM) of an ocean-conduit waterway.

O.K., if that statistic is any where near accurate, that means that the world’s oceans can act as tremendous energy conduits to reach the

majority of Earth's population. Also, I remember a private session where TBC had mentioned that the world's oceans can act as antennas for energy work. Given these facts, several years ago I traveled Oregon's coast 'testing' various locations for energy work and found the little town of Bandon to be very receptive for that, while in other areas nothing would seem to work. Therefore, two or three times a year, I went to Bandon to "do my thing" in attempting to affect humanity from a sea level dimension. :-) O.K., so later on I realized I didn't need to be by the ocean, but that was apparently a learning process I had to go through.

WHERE A FORGOTTEN ITEM BECOMES AN ASSET
RATS! April 23, 2012, I found after I'd arrived in Bandon that I'd packed everything for this trip except the "Lumarian" crystal that I was going to use for the ocean work. The box I use for transporting it went into my baggage, but without the crystal inside it. :-(The crystal isn't absolutely necessary, but I felt it was quite helpful and it was apparently in my belief system that these efforts wouldn't be as effective without one. Anyway, from what I "picked up," I can simply construct one in other dimensions... one that is far larger than the Lumarian.

So, on April 24, I set out to do just that from a bench at the edge of the cliff... a huge crystal was formed and suspended over the cliff. This took a degree of concentration and emotional energy (but wasn't draining!) and I was informed that it might be better to do the forming first, before attempting to use it. However, I couldn't wait to try it... surrounding it with the pink light I generally use for these efforts, then "test firing" it by "pushing" a small amount of pink light out to the ocean.

Guess I should have waited as I had been encouraged to, as it somehow shrunk to roughly 1/3 its original size! HUH??? It was pretty chilly on the cliff edge, so I went back to the motel room and later took a look at the situation from my balcony. I could "see" the crystal and knew I could still work on it from the relative protection of the balcony, even though that location was out of the physical line of sight.

Later, looking at the newly formed crystal from a restaurant in Old Town Bandon, I realized that distance didn't matter... that I could "work" the crystal and the oceans from here, or anywhere... "finish" the crystal from anywhere and have a tool here in Bandon to "work" the oceans at any time! DUH! Why hadn't I thought of this approach before? The answer? Even though I've

taught this stuff... of using Universal Energy to form other-dimensional objects (even citing what a “Black Master” could do)... my belief systems concerning my personal abilities wouldn’t support such an idea until “pushed” into the situation. Typically Human! :-)

On the evening of the 25th, since it was wet, cold and windy outside, and having put this off as long as I could because of what I was afraid might be a “bust,” I sat down in the motel room to see what could be done w/o a crystal (theoretically, it shouldn’t be a problem). After a few minutes of “entering into” the process, I “saw, felt and heard” a huge amount of energy “fly” overhead in a descending trajectory and enter the ocean’s surface. This was such a massive amount I felt as if I could hear a “whoosh” as it came in from overhead. I “tracked” that energy down around the Pacific Ocean and observed a second huge energy input entering on the east side of Argentina as it rounded the southern tip of the continent and started north, up through the Atlantic Ocean.

Likewise, a 3rd huge energy surge entered on the east side of Africa, about where Somalia is located. Looking at the North Pacific, a 4th surge (somewhat smaller, for some reason) entered in either the N. Pacific or Bering Sea area and split

apart to traverse over Canada and Siberia. Populations along all these ocean coastlines should be benefiting!

Getting back to the formulation of the other-dimensional crystal, I proceeded to provide a well-grounded support stand with a swivel where it attached to the crystal. The crystal was turning out to be a large replica of the “Lumerian” version I had neglected to bring, including the jagged back end that fits so well into the hand and over a palm chakra. Why, I don’t know, because a double terminated is theoretically a better, more efficient design.



The bright, clear morning of Thursday, April 26, 2012, I realized that where I had placed the crystal earlier was not optimum, so I moved it to the relatively inaccessible Tablerock slightly off shore (but generally accessible by boat or wetsuit). After a little additional work to more firmly establish it in the new location, I asked Spirit to help “man” the crystal for 24/7 global work, spreading pink light/energy around the globe, using the oceans as an antennae... A few days later, in talking to a medium, an entity came through her, identifying itself as Andrew/Andy and stating that he was fulfilling that “crystal manning” request. On my next trip to Bandon, I became better acquainted with Andy. :-)

CHANGING THE CRYSTAL ORIENTATION & PURPOSE

In mid-August, 2013, I received an email that had been sent to a broad group of people, asking for assistance in trying to combat the radiation from Japan’s disaster with the Fukushima power plants. Because I’d had some limited experience in communicating with Pacific whales, in an answering message I sent on August 13, 2013, I stated:

“Not good news, _____. I ‘worked’ on the crystal situation last night, attempting to neutralize the

radiation being dumped into the ocean from Japan, while also attempting a very low-level communication with whatever cetacean species I could "link" with. What I "picked up" was that even if the cetaceans could squeeze closer to the western U.S. shores, the contaminated waters are slowly moving eastward. From "their" viewpoint, it isn't so much the direct contact with the contaminated waters, at least not yet, but the absorption of the contamination at the lower levels of the food chain (plankton and on up) and the cetacean's ingestion of that food chain, where the radiation then works on them from within. Furthermore, their concern is that this radiation will be slowly creeping eastward, across the Pacific, towards the western shores of the U.S.

“Then, this morning someone sent me a link to this article: *Fukushima's Radioactive Ocean Plume to Reach US Waters by 2014* by Jeremy Hsu, LiveScience Contributor, August 30, 2013, 04:20pm ET, at <http://www.livescience.com/39340-fukushima-radioactive-plume-reach-us-2014.html>.

Unfortunately, another fear-based approach. However, he also makes some good points and, if my supposed 'communications' earlier have any merit, there very definitely do seem to be some long-range problems.”

However, I “sent” a request that the crystal’s orientation be changed from universal love surrounding the planet by using the ocean surface, to one of “pumping” a spiritually-derived anti-dote to the Cesium radiation into the ocean to help protect the ocean’s cetaceans.

Then, in October, I ran across this article, which seemed to indicate something mysterious had happened: “Fukushima Radiation Traced in Pacific Seafood” by Henry Ridgwell, October 25, 2013 at

<http://www.voanews.com/content/fukushima-radiation-traced-in-pacific-seafood/1777465.html>,

found, “That radiation is moving across the Pacific, but it gets much, much lower even short distances offshore,’ he said. ... Buessler said ‘a bigger concern is the accumulation of isotopes in marine life. Earlier this year, cesium isotopes from Fukushima were found in tuna caught off California.

“The tuna that were caught off San Diego with the Fukushima cesium isotopes, they were 10 to 20 times lower than they had been off Japan... Now, the leak from the tanks - they’re changing in character. Strontium 90 has become of more concern because it’s a bone-seeking isotope. That will stay in fish much longer,’ he said.”

Eventually, a “satisfactory” scientific theory will be developed as to the “reason” for the rapid Cesium drop-off, but meanwhile... what can be done about the Strontium 90??? So, IF our crystal work had any affect on the Cesium level drop-off, might this be repeated with respect to the Strontium? I requested that our crystal output be adjusted for that, but as of this book’s production date, I have seen no reports of “expected vs. actual” for our (U.S.) west coast.

2. Working With Trees

This may sound silly, but the trees of this world are very cooperative in working with humanity, despite the deforestation efforts in different countries. In my three years of sponsoring a Healing Earth group, we often worked with the trees around the globe, covering the land masses in addition to using the oceans such as in the last section. The group’s members would ask permission first of both evergreens and deciduous trees, but they were invariably cooperative.... after all, this was another form of service.

Energy, pink, green or white, either originating from within Gaia or reflected from inside, entering tree roots and being broadcast out through the branches would become part of the

global and local mass consciousness, covering all land masses and beyond.

3. Direct Global Work

After researching and detailing the "World Peace Exercises," Addendum 3, I started using that same technique, although not as "religiously" as I probably should have. One method is to see the Earth from outer space and simply visualize the energy you are working pink, white, or whatever, as surrounding the Earth.

Another method is to simply "send your consciousness" around the globe, directing the energy everywhere possible. (I started using this approach many years ago, seeing various lights pop up and sending those lights additional energy to encourage their respective opening to the God consciousness/expanded consciousness states that they were initiating.)

A third method, on Nov 4, 2007, I had a strong urge ("received the word"?) to simplify that process by simply surrounding and interpenetrating Earth with the effervescent pink God-Light of Love. This approach was confirmed by channeled words from an independent source, on Nov 23rd, of "He got it! He got it" is to visualize the Earth in the palm of your hand and

direct/see the energy you are working with covering the whole globe.

Another method is to visualize a thick layer of pink light covering the earth, so that everyone is touched by that energy and it permeates each individual.

And then, what about using trees to cover the land masses in addition to what we can do with Earth's oceans? From both Mayan philosophy and my own personal experiences, the trees of the world actually communicate with each other, although it is more 'efficient' to treat evergreens and deciduous tree energies as independent. Of course, the proper way is to have a discourse with the energy of the trees beforehand to obtain their cooperation... separate discourses with evergreen and deciduous varieties. But, in the three years I moderated a Healing Earth group, I found that globally, trees are very cooperative and service-oriented.

The general idea is to generate positive energies that can enter the trees around the globe through their roots, and using their branches as antennas, emanate that energy out through their branches, moderating the layer of mass consciousness wherever they are.

* * * * *

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