

These poetic writings center on the mind, spirit, and soul in a philosophical and spiritual way and how they tie to each other. Other topics that are expressed in poetic verse range from man's interaction with nature along with the struggles some of us face during times of isolation and loneliness as we find ways to love ourselves and others.

The Poet's Perfume

Food for thought and thought for food

by KEVIN MULLANEY

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KEVIN MULLANEY



The Poet's
PERFUME

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Nature's Way

I hear the call of nature:
Welcome... oh welcome.
Patiently I've waited,
Now wipe your muddy thoughts
On the carpet at my door.
And I reply:
Take me out of myself
And in that clearing
Make a place where
Love might rest.
Take me out of myself
And in that space
Make a place where
I might welcome all.

Open me,
Like you open to the endless sky.
Watch,
as I dissolve in spirit
Like a shadow into darkness
Like an echo off a wall.

Complete in all her beauty
I listen for reply... then
She speaks in wild silence:
Please, don't give yourself to me,
Instead...
Invite me into you.

Take to the Open Road

Step over the threshold of constraints
You've placed upon yourself.
Limits defined by religion, politics, self-blame,
And the fear of what's unknown,
Within and without.

By removing those barriers
You may learn more about yourself
As the process of 'knowing' forever unfolds.
The freedom you experience
Might help in feeling the rhythm of life,
And assist in living out your dreams.

Accept this freedom as a gift
Wrapped in sprays of wonder and light.
This is the best gift you can give yourself,
The gift that aligns body with spirit
And spirit with soul.

Cross over that threshold
Into untamed regions of the mind
And bring to harvest those open fields
Where seeded marvels quietly lie
In the untilled pastures of your dreams.

Kevin Mullaney

Loves Refrain

Love is the epicenter
of the heart,
On its axis,
we spin about
the sequence of our lives.
It is the gravity,
that pulls us in
central to our core,
It comes without constraints,
or ceilings,
or fringes,
Its province has no end.

Without love—
The brook would sing to no one,
The clouds would hold no sky,
The earth would yield no fruit,
The trees would cast no bloom,
The ocean would find no shore.

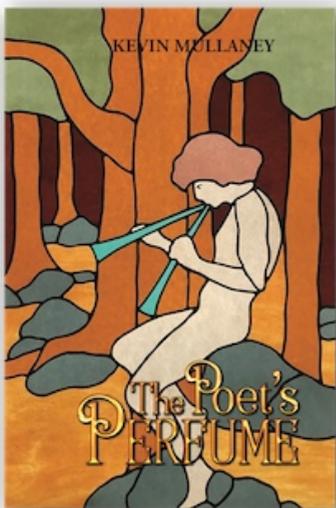
Without Love—
Light would find no dawn.
No moonlit sky
Or stars to show
Loves province has no end.



But, because of love
The earth is ours,
Its water, its fire, its air.
The mirrored reflection
in the pools of time
where Love reveals its face.
With unbroken beat
it spawns new dreams,
imaginings,
And a province, without end.

Then, be reminded
Of the seashells sound
as it recalls
the song
it learned from the sea.
And long after the heart
recounts its very last beat
We too will speak out
from our abandoned shells,
And echo;

'Loves province has no end'.



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