

*Channeled messages from
mother Earth by Pamela Kribbe.*

Earth Speaks

By Pamela Kribbe

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A vertical photograph of a forest. Sunlight filters through the canopy of tall, thin trees, creating a dappled light effect. A stream flows through the center of the forest, reflecting the bright light from above. The overall mood is peaceful and natural.

Pamela Kribbe

Earth Speaks

Messages from Mother Earth

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Introduction

We know our planet, the earth, as the palpable background of our daily life. The earth is present in the ground beneath our feet, in the nature that surrounds us, in the body we inhabit. It is present in our food and drink, in the rhythm of day and night, in the wind that touches our skin. But who or what is the earth anyway? Is it just a massive rock that carries us, a dead lump of matter floating aimlessly through the universe? Or is the earth an animate creature with its own voice and face?

This book posits that the earth is an inspired and conscious being, with whom you can connect and communicate on a subtle level. Human consciousness is not the only form of consciousness. Animals also have awareness, although this is different in nature than human consciousness. More and more animal studies show that animals can experience sophisticated emotions. According to research, plants seem to react to the way people approach them. Careful, loving treatment seems to stimulate their growth and flowering. This indicates that plants have a consciousness that can record people's thoughts and feelings. Even stones have a degree of consciousness. It is possible to feel the energy of gemstones working on you; they can have a powerful, healing effect.

What about the earth itself? The earth is a planet, which at first glance seems nothing more than a massive chunk of rock moving through space. Thanks to the Sun and the atmosphere, it is possible, from a chemical viewpoint, that life exists here. This is what science tells us. The question then arises. Is the earth just a lump of matter, or is it the consciousness that inhabits, animates, and gives life to this matter? You may ask the same question about yourself. Are you your body or are you the consciousness that bears and animates your body?

These questions are vast and all-encompassing and the subject of centuries of philosophical discussion. In this book, the assumption is that everything that lives is animated by a "something" that is independent and precedes the material form in which it resides. The earth is not primarily a material chunk of rock; the earth is a conscious and intelligent being. It is possible to communicate with the soul of the earth. This book aims to give the earth a

voice and to allow it to speak. Here you will find a series of messages *from* the earth.

I now write Earth with a capital letter so that the word becomes a proper name: the name of a unique, living being. The messages from Earth are about Earth itself, about we humans, and about the relationship between humans and Earth. Earth would like to make contact with us so as to remind us of an old agreement, an old covenant that exists between it and we humans. It is in the loving cooperation of humans and Earth that we both find our destiny, that we both experience joy and fulfillment.

What is channeling?

How does my communication with Earth take place? How did I receive the messages and how do I know if they are reliable?

The messages in this book have been received by way of channeling. During the process of channeling – literally *channeling* – you, as a human being, are open to the energy and wisdom of a spiritual presence that is not in an earthly body. You feel connected to an energy stream that transcends you and gives you a loving message that is enlightening and encouraging. During a channeling you will receive insights and inspiration, which you verbalize or write down in words.

When you channel, you find yourself in a state of spiritual relaxation, which is comparable to the sense of flow that you can have when you are inspired by something; for example, creating music, doing a sport or painting. You are outside of your mind and deep in your bodily feeling. As a channeler, you are also actively present in this open and receiving state because you form the bridge between the intuitively felt insights and their representation in human language. The channeler is the interpreter who translates the intuitively received and felt insights into words and concepts.

Channeling is an engaging source of information, which can shed new light on different themes and bring you into contact with the widest and deepest

dimension of your soul, the larger dimension of Being behind the physical. Channeling can lift you out of your earthly worries, connect you with a broader perspective and thus give you hope and insight. Nevertheless, channeling is, and remains, a human activity that, like other human pursuits, varies in quality and originality. Relying on a spiritual entity as a source of your message does not suddenly make the information in that message more valuable. The criterion of whether the information is valuable or not is always something you must judge with your common sense and intuition. If the information is enriching, stimulating, enlightening, and inspiring, then it is good and you may be helped by it in your daily life. If the message is judgmental, frightening, biased, or very dramatic in tone, then there is reason to seriously doubt its value.

The question that channeling often raises is: how do you know if you are a clear channel; if you receive the messages pure and unfiltered? You can assume that every message is filtered through the human mind and the social culture in which you are raised. It is not as if you can totally turn yourself off as the recipient of a message. In my view, channeling is a collaboration between the person and God, between the human world and the spiritual world, in which a person is present as an active, conscious co-player. I do not think the art of pure channeling requires that you turn yourself off so you are a passive medium, but that in communicating with the spiritual world, you give the best of your gifts and talents.

The best thing you have to give is your trust, openness, and courage. These qualities make you surrender, as unbiased as possible, to the flow of spiritual energy that seeks to manifest itself through you. In receiving that flow, you will work with your mind and intellect to best share the energy and insights that you feel in human language. Words, concepts, and language belong to earthly reality. The contact with the spiritual world is often very direct and emotional. We need a human translator who gives this energy an earthly form. In this translation, some distortions can and will occur. Purity does not stand or fall with perfection, but with sincerity and a sense of one's own limitations.

As a reader of a channeled message, you can never know exactly what is distorted and what is not. If the channeler is pure, he or she usually does not know either, because the distortion takes place unconsciously. That is why it is

so important to judge a channeled message on its content. Feel from your own intuition and common sense whether or not it is valuable to you.

From a modern perspective, it is a strange idea that Earth has a living consciousness that you can communicate with. Both science and dualistic traditions of spirituality reject this possibility. Before I tell you how contact with Earth began for me, I would first like to let Earth itself talk about the possibility of contact between humans and Earth:

Communicating with the living nature around you is a very natural thing and can help you feel more at home on the Earth. What you call supernatural or paranormal is actually very natural and normal. Look around you in nature. Intuitive perception is quite normal for animals. In contact with their young and their own kind, animals often communicate telepathically, not in words and concepts. Animals can feel earthquakes and tidal waves coming before the technology designed by humans has registered anything. Plants can also perceive intuitively, they can sense moods and react to them, although they do not know the emotions of humans and animals.

In nature as a whole, there is a flow of communication that is based on the inner connection between all living beings. In all nature, the hand of God is at work, not as a defining or commanding hand, but as a gentle, living stream of spirit that manifests itself in a thousand and one forms and remains the One in everything.

In humans, this natural flow is disturbed by the presence of an overactive intellect. Thinking, which is analytical and ordering in its nature, has value and usefulness. However, thinking has become the smothering overgrowth in humans and has removed them from their own naturalness. Essentially, it is natural and normal to intuitively communicate with the living beings around you. People today find it strange to talk to animals and plants. They have convinced themselves that they are the only conscious beings on Earth. The animals and plants by their very nature feel absorbed in an animated whole; humans have disowned themselves from this natural whole. They feel like an errant loner in a cold and meaningless universe.

In this book, I call on you to return to nature, especially to your own nature, your feelings, your heart, that which makes you part of the whole. It is possible to do so, simple even. All you have to do is to move along with the music of your heart. It is about listening to the language of your own nature again, and not rejecting it out of fear or because of learned intellectual considerations. I call you to a new wildness. Not a wildness that disturbs harmony, but one that restores harmony and brings you home to your indestructible, divine core, which cannot be understood or tamed by the human mind.

For me, feeling a living contact with Earth has certainly not been a matter of course. I began receiving channeled messages from Earth in 2007, when I had been involved with my practice for years and had already published several books with channelings, mostly inspired by the Christ's energy. It was not natural for me to focus on the Earth. By this I mean that, partly unconsciously, I had many prejudices and reservations about my being on Earth in a physical body. In me lived old beliefs that the body is a dungeon for the soul, that the Earth is a valley of tears, and that, above all, spirituality helps you transcend the earthly. So, I myself was full of dualistic ideas, which I felt came from both the spiritual tradition in which we all grew up and from previous life experiences that were not positive and which had caused in me a resistance to being incarnated on the Earth.

The inner contact with Earth has taught me to gradually let go of these ideas. Feeling her wisdom, originality, and strength was, and still is, a wonderful experience. Earth has a highly developed, sparkling consciousness; she has depth, humor, and realism. In speaking with her, the image of a young woman in a light-colored dress sometimes appears, fresh as Spring, dancing in the wind. In her transparent eyes I see images of nature light up: ancient rocks, jagged tree roots, tender flowers, the eyes of a tiger, a deer disappearing behind the trees. Images that help me to experience the presence of the soul of the Earth in a most tangible way. She *is* the living nature around us, and she is more than that, she is that which animates all forms of life on the Earth, and she gives us the opportunity to explore and experience life here in this dimension.

In the messages I have received from Earth, her call to connect is heard again and again. Earth wants to tell us a different story about our destiny as human beings than what has been told to us by the dualistic traditions of the past. Our earthly nature, including our emotions and passions, is not sinful, low, or

suspect. The intention is not to transcend the earthly within ourselves and to reach out to a higher reality beyond the Earth. Instead, when we turn to the earthly and natural within ourselves, and listen to it and work with it, we come home to ourselves and to the Earth. The path is not about transcending the earthly, but more pointedly about the art of embodying your soul and descending with it into the earthly reality *here* and *now*. On this path of descent, the soul of the Earth wants to receive and empower us.

"Heaven on Earth" is not a distant dream, Earth stresses. Every human being is capable of creating a piece of paradise on the Earth, first and foremost by living in harmony with themselves. In this book, Earth invites you to come home to yourself. If you can work with nature within you, it will automatically lead to you honoring the nature around you and engaging with it from a place of connectedness.

All the messages in this book have emerged from channelings received in the presence of a group of interested people, on the occasion of a lecture or workshop. The messages were edited and supplemented by me afterwards, always adapting to the flow of energy and information I felt coming to me from Earth. During the workshops and lectures, I was always accompanied by my partner Gerrit Gielen, and his presence has been essential for the creation of this book.

Human beings and Earth

I am the voice of Earth, and I salute you in joy. I am pleased about the connection we are making. You are my child, yet at the same time, you are my parent. I am your mother, yet you act as my steward and caretaker of the Earth. You have been born from my womb and I enabled your soul to take form in a physical body. Your form was shaped by my hands, as does a potter shape clay, and in my hands you are still cherished. It is my continuing desire to protect and nurture you with my love and encouragement.

Feel my presence in and throughout your body. We are not separate – I communicate with you through your body. Let me help you to now relax, to let go of all the tension in your head, your neck and shoulders. A warm shower of gentle Earth energy now releases you of all the thinking and worrying you humans are so used to doing. I am here to tell you that you are fine just as you are. My energy feels warm and familiar to you, and with a spark of humor. Allow my energy to flow through your heart, your abdomen, your legs and feet, and connect you with the ground beneath you. Recognize your kinship with me – *we are one*.

The great secret of life on Earth is that all beings that live here are of one essence. The minerals, the plants, the animals, and the humans are connected by a web of consciousness that encompasses all beings. All nature is silently aware of this connection; it is only humans who seem to have forgotten. Although surrounded by a multitude of life forms – all conscious at some level – humans still feel lonely and lost in the universe. And this is tragic, though not without meaning or purpose. Humanity has embarked on an adventure, and forgetting was part of that adventure. Sweet human child, you have not made a mistake, in the ordinary sense of the word. You plunged into a great adventure when once you departed Home.

Home is not a place. Home is a primal sense of safety; a natural Beingness with no questioning of yourself and worrying about where you are going and what it is all for. *Home is a state of consciousness*, a sense of your own spirit so that you feel safe and free, a sense of peace and tranquility. Home is neither

up in heaven, nor does it reside in the past or in the future – *Home is in your heart*. You left Home the moment you forgot you are one with everything around you. You lost the self-evident sense of connectedness, which all beings of nature possess unconsciously, when you started to believe you were separate from everything and that you were independent and autonomous. It was then that you started to experience fear and loneliness.

The adventure of creation

The experience of forgetfulness and getting lost shows both your great strength *and* your great vulnerability. The very possibility of disconnecting yourself from the all-pervading oneness, and deeming yourself independent from the web of life, shows you have a strongly focused consciousness that is a creative force. Your consciousness was so strong and dynamic that it wanted to transcend the boundaries of what is self-evident. And in order to discover and experience what is self-evident – as it actually is – you first have to disconnect from it. You probably know the saying: “You don’t know what you got until it’s gone”. You had to forget the truth before you could truly and consciously know it. You had to leave Home in order to recreate it within your own hearts. Your consciousness had to turn itself inside-out in order to eventually understand what and who you are. This turning inside-out created the illusion of separation and fear, and, by doing that, it led you to a wrong image of reality – but it also showed your great creative power.

I do not have that kind of creative power; I do not create as you do. I will give you an example to illustrate this difference. When a human holds a flower in its hand and really admires it, something happens to the flower. If you had etheric eyes, you would see a flow of light going from you to the flower, and when that light is taken in by all her cells; the flower will gain in life force and beam her loveliness even more. Humans can give life force to plants and flowers by their appreciation and admiration. The flower receives this energy as spiritual food that reinforces the flower’s self-awareness and makes it even more lovely and vibrant. In this way, humans can inspire nature and help it gain in self-awareness.

My, or nature's, power is not to create, but to receive; I receive energies and pass them on. I receive energies from the cosmos, from the Sun and the planets, and from the realm of humanity, and I transform these energies so they can take form in an earthly way. *I am a great transformer of energies!* I receive and then I give back, but I do not create as do you humans. I am like the flower who gathers in your light and beams it back to you. I, and all my realms of nature, admire your creative power. Through your creative consciousness, I am able to grow in awareness. And as you lose track of what you are, I can remind you, and thereby become more conscious myself.

At this stage of your journey, you feel homeless and lonely, although you are starting to again long for unity and connectedness. This longing leads to growth in consciousness among humans and the realms of nature benefit from this – *they grow with you*. They are becoming more consciously aware of themselves. As you become more conscious of the unity and connectedness between all that lives, you become the stewards and teachers of the natural realms on Earth. As I told you, I am your mother, but I am also your child. I want to learn from you and to share in your experiences so that I myself acquire experience and raise my awareness.

Do not feel shame because you are a human; being a human is something grand. Humans are the great “forgetters”, but also the creators of new paths in consciousness. You are masters at opening up unexplored territory – you are pioneers. Humans have received the gift of free will so they are able to disconnect from the whole and steer their own course. They can create new realities based on their desires, dreams, and intentions. This freedom has been granted to you because in the heart of the cosmos there is faith in humanity.

There is much fear, anger, and resistance in humans. In the past, humanity has explored the extremes of pain, destruction, and suffering. Yet deep within the cosmos there is still faith in humanity, faith in *you*. Being human can lead you to become entangled in persistent illusions of fear and desire for power, yet there is also a great promise in the heart of humanity. The moment humans remember the oneness and connectedness of all being, they themselves become divine, loving beings who elevate life around them and inspire it to grow in self-consciousness and self-realization. Human beings have a type of

consciousness that can give a powerful evolutionary impulse to all living beings on Earth.

The promise of cooperation

I, Earth, and the realms of mineral, plant, and animal; of air, fire, water, and earth, are waiting for you – we wait for your awakening. When you awaken, your collective consciousness will lift us to a new level of consciousness. We do not wait passively – *we reach out to you*. We can help you to remember who you are by reminding you that you are safely held by Powers that transcend the human state and that have your best interests at heart.

We long to embrace you! Be receptive to nature and feel that you are allowed to ease back into the unconditional safety of Being itself. You need not fret and stress so much about getting your life together – let *life* take care of that. There is a rhythm and wisdom inherent in nature that is communicated to you through your body and your feelings. You are used to thinking too much and then basing your actions *on* your thinking, but the flow of feeling inside you often points in another direction. Feeling comes from within and thinking often comes from without, and it is this difference that causes so much conflict between what you feel deeply within and what you think you ought to do or be in the outside world. I encourage you to trust your feelings more and to let the voice of your heart speak openly.

In practice, you can do this by giving more attention to the signals your body sends to you. Your body is an extraordinarily rich instrument; it is not a mere shell, a material fabric in which your soul is wrapped. Your soul manifests itself in and through your body, and speaks to you through your body much more directly than through your thoughts. Make it a habit to frequently ask your body how it is feeling: "Is there tension or pain somewhere?" And then direct your attention to those areas. Ask for the emotion behind the bodily sensation to show itself to you, but do not make doing this difficult. Do not think: "What emotion could possibly be hiding here?" *Feel what is there!* If you do not feel anything, let it go for awhile – the answer will come to you.

Wait patiently and know that the attention you directed toward those tense and painful spots has already been beneficial.

If you continue to do this every day, you get used to going within and aligning yourself with what is going on inside you, instead of letting your energy unconsciously be absorbed by the hectic outside world. By going within frequently, your connection with your unique, individual flow of energy becomes stronger and stronger, and your intuition becomes clearer. You are then able to stay more attuned to what suits you and what does not.

As a soul, you have chosen to incarnate in an earthly body. Through your incarnation – by becoming flesh and blood – you wanted to know yourself more profoundly. The more you are connected with the Earth and with your body, the more fully you are incarnated, and the more you are able to realize your soul's longings in the realm of Earth. Is it possible then to be only partly incarnated? Yes, it is. If it is difficult for you to feel your body and, therefore, to also have trouble connecting to your emotions, you are only partly incarnated. Part of your consciousness has not been fully anchored in your body and does not feel at home here, and this causes feelings of unrest, irritability, and insecurity.

There are spiritual traditions on Earth that encourage you to transcend the body and that place the realm of heaven in opposition to the realm of Earth. But heaven and Earth are *not* adversaries, just like soul and body are *not* opposites. These two realms are meant to complement and mutually enrich each other. The heaven you are looking for – the Home you *long* for – is present in all the cells of your body. The light you call God flows through all earthly creation. Your spiritual goal is about truly valuing the realm of Earth and not about transcending it. I welcome you and encourage you to use my healing powers for your self-realization.

What can you do for the Earth?

I also want to tell you what you can do for me. Many of you would like to know this, because you are concerned about the condition I am in. If you ask

me, Earth, what you can do for me, my answer is this: *accept me, appreciate me, enjoy me.* This is the call that sounds from my heart to you reading this. Bless me with your loving attention – I ask for your blessing. You are gods in the making, so do not underestimate the power of what you radiate with your consciousness. The moment you connect with a plant, an animal, a stone, you touch and influence their consciousness. You can treat an animal carelessly, for example, as a means to satisfy your needs, or you can treat it as a unique being who wants to be cherished as such. The way in which you approach the animal has a direct impact on its self-awareness and the way it feels about itself. If you bless it with your loving attention, with your spiritual knowing that you both are part of one great Consciousness, you awaken something in the animal. It will experience a gain in life force, health, and self-awareness, and it will develop a bond with you that will have a positive effect on you both. The same goes for all living creatures in nature. When you hold a flock of birds in the sky with a loving gaze, admire a colorful sunset, or feel thankful for a fine, nutritious meal, you bless the Earth with your love. *This is what I ask of you.*

Now, you may wonder whether it can be really so simple and if you are really helping the Earth by being this way. It may seem that by only appreciating and blessing the Earth, you are doing nothing really about the pollution of the air or the water, the climate changes, and the other negative developments you take note of in the media. However, I say to you: *I am a living consciousness.* I am affected by your inner attitude toward me; I am a sensitive being, not a thing. Your blessings reach deep into my heart and I am better able to regenerate myself if you make an inner connection with me. From this connection, I can communicate with you and also tell you what you may do for me in particular. The most important first step, however, is to make the connection. This is not something self-evident in your culture.

Connecting with me is also connecting with your body. Your body is a part of the Earth, and I speak to you through your body. Many of you dislike your body. You do not approve of the way it looks, you resent the physical complaints it can give to you, or you simply feel caught in and restricted by your body. Because of this attitude, no message can come to you from your body. You first need to recognize and appreciate your body as the refined and

unique instrument it is. *Your body is your closest friend*. It reacts to everything you think, feel, and sense. It is the mirror of your soul and wants to help you manifest your soul on the Earth. If you are able to feel this, and to let go of your judgments about your body, the inner connection can be made.

Once that inner connection is there, you will probably change some things on the outer level, too. Perhaps you will eat, breathe, or exercise differently and create more quiet time for yourself. You will, in any case, treat your body with more respect and probably want to go into nature more often. When these outer changes in behavior are born from an inner connection with your body, the changes will be lasting and will give you joy and satisfaction. It is of no use *forcing* yourself to change your behavior with regard to your health, or with regard to the environment. But when you approach problems of the body or problems of the Earth from such an external point of view, you are coming from your head and you are approaching them as if it were a battle.

As an example, think of what happens when you are on a diet to lose weight. If you do this from an external approach, from your head, you start from the idea that your body is not good enough as it is. It is fat, ugly, or unhealthy and “that has got to change!”. You are expressing a contempt for your body as it is. Sticking to the diet will then depend on your will power and your ability to subject your body and your emotions to your will, and diets done this way usually fail. This approach is not born from a sense of respect for your body as it really is and for you as you actually are. A change of eating habits can only succeed if you work together with your body; if you can first accept it as it is and also be forgiving and loving about your emotions regarding eating. If you bless your body with your appreciation and respect, even if it does not comply with the many ideals and demands it is supposed to meet, it will start to tell you what it needs to be healthy. A unique flow of communication will arise between you and your body; a love relationship that helps you to realize your deepest potential.

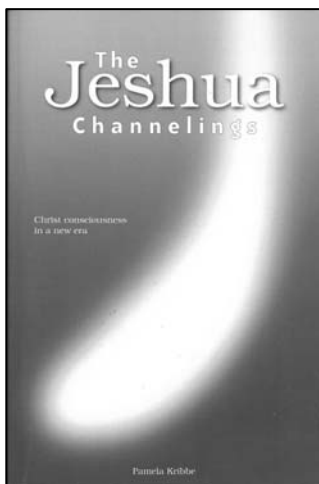
It is the same in your dealings with me, Earth. I ask you first and foremost to see and recognize me for who I am. Revel in my beauty and take in my abundance. I am a reflection of you, just as is your body, so enjoy what I have to offer. Have faith in my power and my ability to self-heal. *You do not have to*

save me, I am perfectly able to save myself. I know who I am and I trust the Cosmic Powers who accompany me. My spiritual essence is indestructible and I do not fear annihilation by human hands. You do not support me by being angry and worried about the damage done to nature on the Earth. You help me by taking up your natural role in relation to me. In that role, you are both child and parent, both small and vulnerable *and* great and majestic. Allow yourself to be a child again who entrusts itself to the great Powers of life who carry, cherish, and sustain you. Dare to embrace your vulnerability and surrender to Powers who transcend you.

Yet be self-conscious, also, and accept your responsibility as a creator and inspirer of life. You are gods in the making, but you can only truly embody your divinity if you know yourself to *be* that and you are also connected with the great web of life that supports your very existence. Humility and surrender on the one hand *and* self-esteem and self-consciousness on the other are the qualities that reinstate the original role of giving and receiving between humans and Earth. I invite you to dance with me. Dancing together, heaven and Earth will merge and miracles will abound.

Other books by Pamela Kribbe

The Jeshua Channelings



In clear and accessible language, Jeshua speaks about the origins and destiny of the lightworker family. He offers a detailed account of the transition from ego-based to heart-based consciousness. In the second part of the book, Jeshua deals with several aspects of everyday life, such as relationships, work and health. He addresses the most common questions and problems we struggle with in these areas.

Some books are filled with shining wisdom. Others radiate great love. A few – a very rare few – are overflowing with both. The Jeshua Channelings is one such book. If you want to know who you really are, why you're here, and what your life is truly about, look no further. This book gently and compassionately guides readers toward remembering their magnificence as divine souls. Brilliantly insightful and inspiring, it is true gem and a blessing to our world.

- Robert Schwartz, author, *Your Soul's Plan: Discovering the Real Meaning of the Life You Planned Before You Were Born* -
yoursoulsplan.com

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Heart Centered Living



Heart Centered Living is living according to the calling of your soul. You can recognize the calling of your soul by the feelings of joy, peace and inspiration it brings to you. However, daring to trust your heart often involves a leap into the unknown. You may be confronted with deep-seated fears about your own worth and your ability to pursue your own path. This book is a loving guide on your way to heart centered living. It contains clear and informative channelings inspired by the Christ energy. They deal with different subjects, such as finding your

true passion, how to create balanced relationships, parenting the new, sensitive children and emotional healing in the face of fear and depression. They also speak about the profound transformation humanity is going through, letting go of ego-based consciousness and evolving into heart-based consciousness.

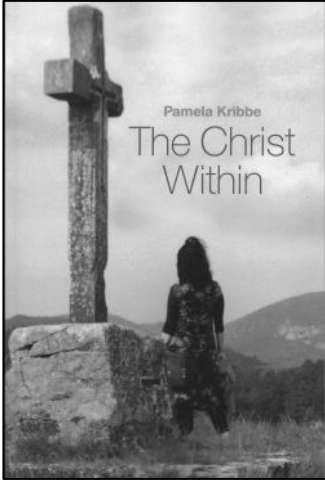
This book is written for lightworkers, souls who feel compelled to go deep within and express their true soul's calling on Earth. The teachers who speak in this book (Jeshua, Mary and mother Earth) all encourage you to take the leap of faith and become who you really are. Their teachings gently inspire you to face and overcome whatever holds you back in listening to the voice of your heart.

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The Christ Within



In each of us, Christ consciousness is waiting to be awakened. Christ consciousness is the awareness that behind outer appearance and form, all life is one and connected. As we enter this level of awareness, we gradually let go of our fear, our resistance, our need to control. We discover the reality of our divine essence, our soul. Life becomes less about struggling to survive, driven by the demands of the ego, and more about joy and creating from the heart.

Opening up to the voice of our soul involves taking a leap into the abyss: you are invited to rely on your inner guidance rather than the outer directions you are used to steering by. How do you let go of the worldly pressures and judgments that have become almost second nature? How do you know if you have truly connected with your soul? How do you deal with fear and trauma, which keeps you from surrendering?

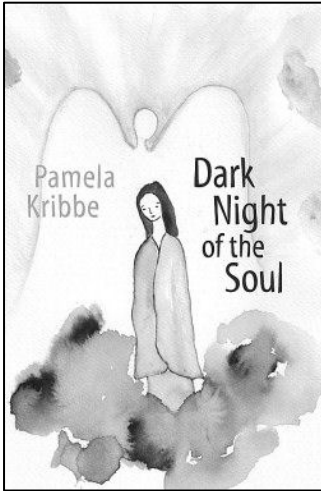
The spiritual messages in this book, received by way of channeling, are meant to answer these questions and to assist you on your path of inner transformation in a loving and compassionate way. As you surrender to your soul, the Christ Within will awaken and illuminate your life as well as the lives of others.

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Dark Night of the Soul



This book contains Pamela's personal story of the deepest crisis she ever experienced in her life. Successful as a writer and spiritual therapist, she was confronted first with illness, then with insomnia and fear, and ultimately with depression and psychosis. She had to be hospitalized and undergo psychiatric treatment. Pamela openly describes what she went through and also seeks to come to terms with what happened to her from a spiritual perspective. What do depression and psychosis mean from the perspective of the soul? How do they arise

and can they bear fruit? What is the role of psychiatry in a dark night of the soul?

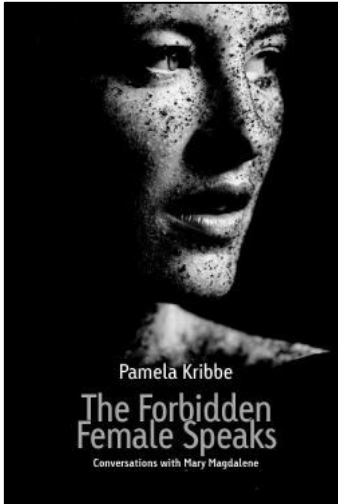
The second part of the book contains a series of channeled messages about the meaning of severe crises in our lives, the need to face our own darkness, and the unfailing presence of love and compassion in our lives.

ISBN-13: 978-1634908788

Paperback: 248 pages

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The Forbidden Female Speaks



Mary Magdalene was regarded as “the forbidden female” in the Christian tradition: wild, free and sinful. This book contains a dialogue with and messages from Mary Magdalene, channeled by Pamela Kribbe (PhD). It is about male and female energy, relationships, sexuality and healing. In these teachings, Mary Magdalene speaks with a clear, loving voice that is sometimes direct and confrontational but mostly compassionate and deeply appreciative of human nature.

In both men and women, there is a forbidden female energy, Mary Magdalene says, which has to do with feeling, intuition and the heart. In this day and age, both sexes are invited to become aware of this energy and to heal the old wound of separation between them. In this way, we will learn how to listen to our heart’s whispers again and reconnect with our soul.

ISBN-13: 978-1632637048

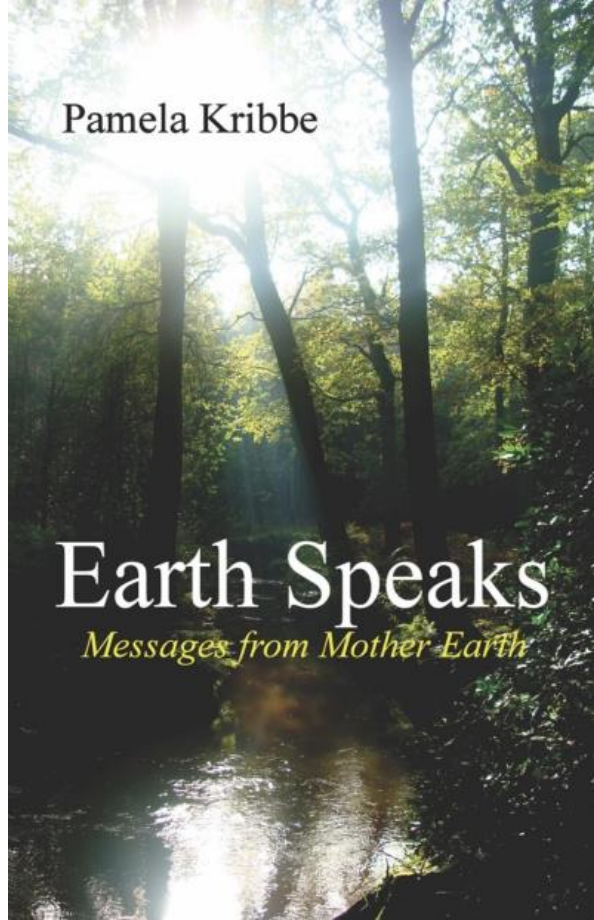
Paperback: 200 pages

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*Channeled messages from
mother Earth by Pamela Kribbe.*

Earth Speaks

By Pamela Kribbe

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