

This is a true story of James Bond's survival of multiple myeloma since 1992. Many say his caregiver wife, Kathleen, and Jim's story inspires them. Multiple myeloma survival is about 5 years. There is no cure, yet.

The Man in the Arena: Surviving Multiple Myeloma Since 1992

By James D. Bond

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THE MAN IN THE ARENA

Surviving Multiple Myeloma Since 1992



"A must read for cancer patients wishing to be inspired."

—RETIRED CEO, AMERICAN CANCER SOCIETY

JAMES D. BOND

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Introduction

This true story is written by a long-term survivor of a deadly, incurable blood cancer called multiple myeloma (also referred to as myeloma). In the US, there are an estimated 100,000 to 200,000+ myeloma patients alive at any time. When the author was diagnosed, the average survival was about 3 years, and it currently is about 7 years, thanks to several new ground-breaking myeloma drugs. The author was in initial clinical trials that helped two of the most widely used new myeloma drugs gain FDA approval, and are used worldwide.

There are other long-term myeloma survivors, but not enough. The author believes there will be more long-term survivors due to continued research, new drugs, and treatments.

Each case is unique, and this one case does not imply otherwise. How each patient chooses to treat myeloma is also unique to the patient, their family, and their medical team.

Praise for Jim and Kathleen Bond

“James Bond’s 2002 Velcade clinical trial saved his life. Being my most compliant patient also played a vital role in his success.”

Robert W. Kellermeyer, MD. University Hospitals of
Cleveland Seidman Cancer Center

“I have learned so much from Jim and Kathleen. I have witnessed the wisdom of Jim’s persistence, belief and amazing courage. I have shared Kathleen’s important advocacy and coping tips with many patients.”

Deborah Doss, RN. OCN

“I remember Jim’s appointment with us before heading to Boston, the weather was mild but he arrived in a winter coat. Jim was quite ill and I thought I probably would not see him again. But with his incredible will to live, he made it to Boston and entered a cutting-edge clinical trial that resulted in Velcade.

I recall he was Patient 007. Due to brave patients like Jim enrolling in clinical trials Velcade became the first new medication for myeloma. We no longer had to start with toxic chemotherapy, and this led to better initial response rates.”

Rose Miller, RN.

“I began caring for Jim 29 years ago at his diagnosis and continued for many years. Jim and Kathleen’s story is one of amazing advocacy, perseverance, love and strength. The hope and inspiration they bring to others is extraordinary. They have both influenced patient cancer care throughout the country.”

Ann Kolenic, PhD, DNP, APRN, AOCNS

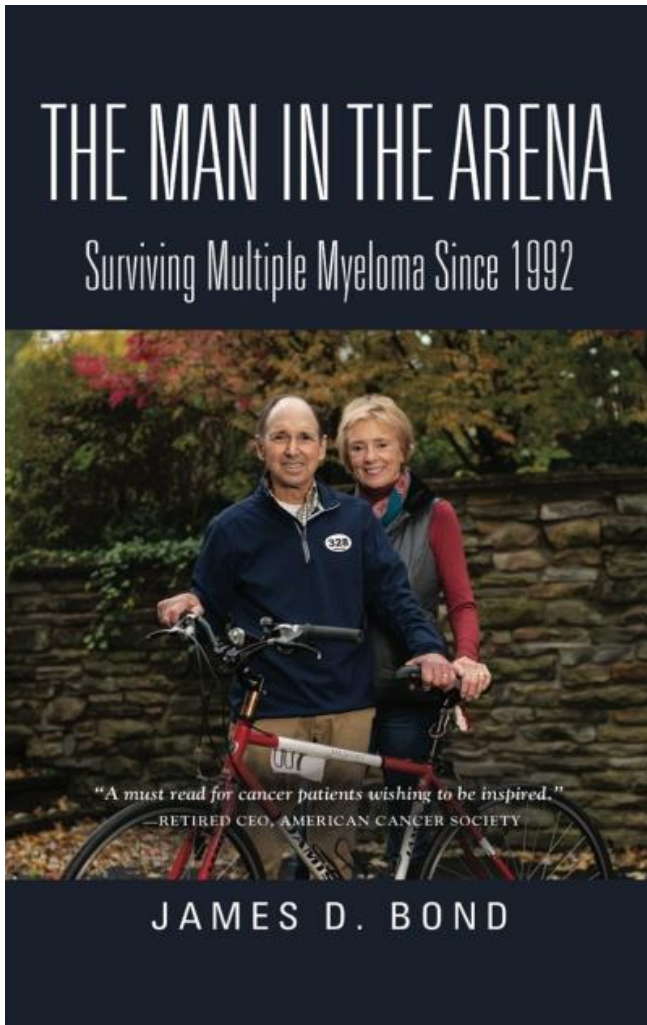
“For 10 years I have been honored to know Jim and Kathleen Bond, first as a patient/caregiver team and then as patient advocates. Their commitment to supporting, teaching, and fundraising for patients and families affected by cancer is amazing. The work they have done through the American Cancer Society is inspiring.”

Nina Dambrosio, RN, CNP

“Jim is a mental force to be reckoned with. We met in 2006 when Kathleen and I were putting together the initial American Cancer Society Pan Ohio Hope Ride

for 2007. Jim was one of our novices, never riders who bought a bike, trained and despite being frail from cancer treatments he cycled 328 miles in 4 days, including a 100-mile day. 'Superman' Jim cycles 7 - 9 mph, taking 12+ hours some days. Day 3, Arriving at Antioch College sweat pouring into his eyes, he did not see his fellow riders waiting for him and kept pedaling, personifying his character and willpower. I cherish the times we have ridden together. I proudly call Jim and Kathleen my friends who have truly enriched my life."

Dennis Hoffer, Rider #1, POHR Co-Founder



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