

*What if you knew the exact principles that would allow you to achieve your perfect life? This is exactly what award-winning musician & author John Novello offers in the pages of his extraordinary new transformational book the Invisible Architect.*

**THE INVISIBLE ARCHITECT:  
HOW TO DESIGN YOUR PERFECT LIFE FROM WITHIN**  
By John Novello

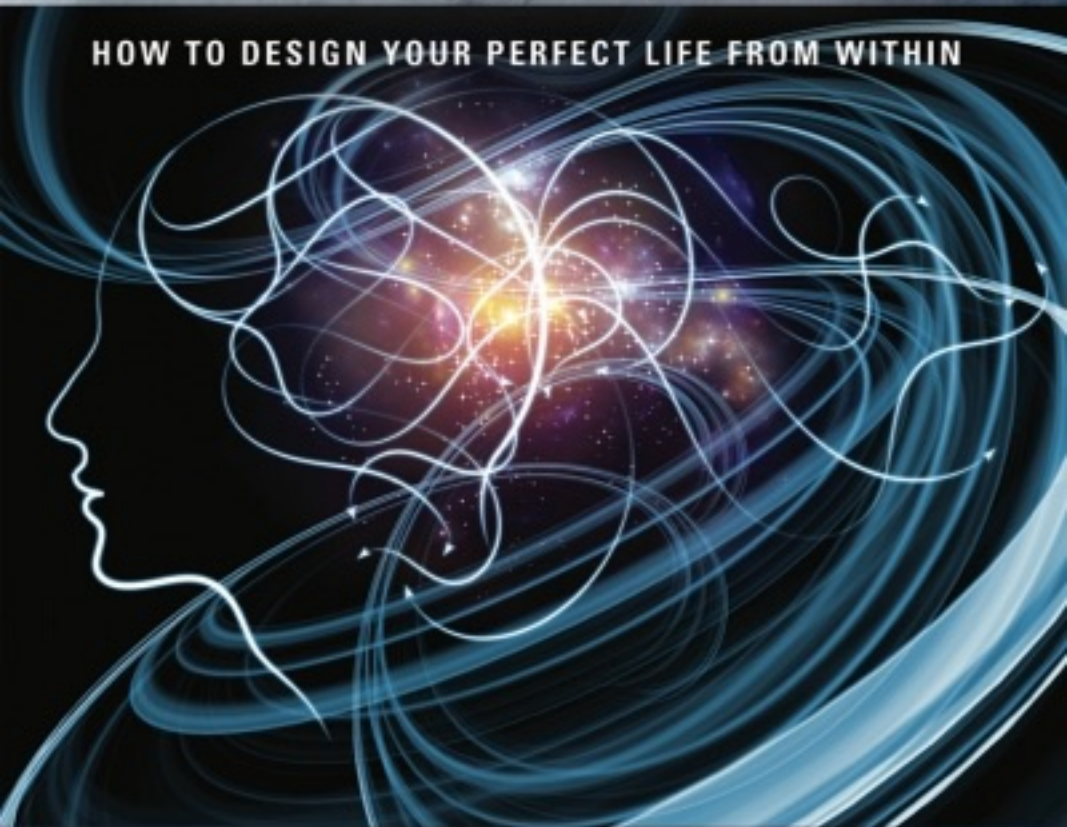
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# THE INVISIBLE ARCHITECT

HOW TO DESIGN YOUR PERFECT LIFE FROM WITHIN



*"Your Perfect Life Awaits Your Discovery"*

JOHN NOVELLO

## The Invisible Architect's Life-Saving Message...

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*“There’s something not quite right with Barb’s flight from Dulles to LAX—change the date!”*

This is one of the most incredible *inner voice* life-and-death communications that I have ever received, and I am glad I acted on it! After my first wife passed, I was contacted by my high school sweetheart, Barbara Simpson, as she saw me on the Internet and wanted to say hello. I hadn’t seen her for over thirty-eight years and always wondered what had happened to her. She didn’t know I had just lost my wife a year earlier, but as we began catching up on the phone, the discussion quickly evolved into a refreshing new relationship for both of us, a relationship I had not been looking for as I was still in mourning.

A few months later, I invited her to my home in Los Angeles. So, she booked a flight on a Tuesday a few weeks later in 2001, a year and nine months after my late wife passed from an aggressive breast cancer. A couple of weeks before her flight, I got a strong *inner voice* communication to change her flight without an explanation. I called her and told her to change her flight, and she kept asking me why. I said, “Just trust me and do it, as I sense something is not quite right.” She thought I was getting cold feet about seeing her. Anyway, she did change her flight, and if you haven’t guessed it, that was 9/11 and her flight was number seventy-seven from Dulles, one of the hijacked planes that went into the Pentagon. She changed her flight to three days later, and the rest was history.

Imagine what would’ve happened had I not followed my *Invisible Architect’s* advice. Now if that wasn’t a sign that we needed to be together forever, I don’t know what would be.

We eventually got married and have been together ever since!

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## ALSO BY JOHN NOVELLO

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*The Contemporary Keyboardist (1986)*

*The Contemporary Keyboardist for Beginners (2006)*

*The Contemporary Keyboardist Three-Part DVD Series (1991)*

*Stylistic Etudes (1996)*

*The Song That Never Ended (2003)*

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## FOREWORD

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I take it seriously when someone asks me to read their book and write a foreword, even though I usually say no! It is not the work but the content that has to be of high standards.

But you will be pleased to know that in this case, I was so impressed by the material that I had to do what I do with classics like “Think and Grow Rich” by Napoleon Hill or the “Master Key System” by Charles Haanel—namely, I read them, put them on the shelf for several days, and don’t think about the content. Then I pick the book back up and really study and meditate over each morsel and key thought.

Sidebar: I met John years ago when he registered and attended “The Master Key System”—an online six-month course I delivered on *mindset and manifestation* principles. It was a very tough time for John emotionally due to deaths in his family and his music career not moving in the direction he wanted, but he was determined to complete it, which he did!

I will let John share his side of the story, but I will tell you this: It would not have been possible for me to work through this demanding online course had I had John’s burden. John, for years, has validated his hero status with me!

So, I read the first few chapters and told John I would be honored to write the foreword. Then I got lost in his magnificent work!

So, here is my advice...

1. Slow down, savor, and stop from time to time and think about what you are reading. To help you in this endeavor, pay attention to the questions at the end of each chapter, which John refers to as “cognitions.” Why? Because these cognitions are valuable life-realizations to be applied. Because, you see, John discovered the doorway to a life second to none...the world of metaphysics.

2. Apply. If you apply what you are learning in this instant classic, you’ll begin surprising yourself. You’ll start seeing inexplicable things happen in your favor, and your heart will soar!



I'm excited for you, and so I've jumped a tad ahead. It's not really what we read but what we learn and apply from what we read. One of the best attributes in John's book is the introduction to *The Invisible Architect*. Who is it? Where is it? What is it? And more importantly, how can you use it to help you design a better outcome for your life?

Once you discover the *Invisible Architect* and can hear its voice, your life will never be the same. Wonder, joy, and bliss beckon you, and kindred spirits are impelled toward you magically!

Sound extreme? Too much hype? I get it, I really do. When I first tapped the world of metaphysics back in the mid-'90s, I could not believe it either. Weird and wonderful—so weird and wonderful, you might feel gloriously strange!

Let's face it...we all know how unfair it is for a child to die before the parent. So, on top of this challenging, impossibly difficult course, John's daughter got ill and eventually passed. (Note: His wife had passed away twenty years earlier from the same illness!)

Now just to sweeten the pot here, John is a wonderful, successful, critically acclaimed musician, but he had never been up front per his ambition.

He performed with great musicians all his life but never developed his solo career as he desired and deserved. Then, as you will read in the book, he found the *Invisible Architect* and heard the whispering of his heart, all while coping with his burdens. How he managed to give the course its due diligence I'll never know, but he did it and with excellence!

So now what happens? He finishes the course and shortly thereafter hits number one on Billboard as a solo performer!

As John writes, "Like most of us, I had no focused plan on how to achieve or manifest anything. All I knew was that I loved music and its positive effect on me and others. I just wanted—desired—to be a good musician and play in a band."

So how does that sort of humble statement about his music—true but not the whole truth—impact him? How does he overcome all that and really begin to express the wonder of himself?

If you are reading this in the hopes of discovering the answer as to whether you should buy this book or not...I will take a risk here and make it easy for you.

There are no common people; there is greatness within all of us. We each have some gift, skill, voice, and words to help others...an endless list, really. So, here is the risk. I will either make it easy for you to put this book down or to buy it and commit to really doing it.

Do you have thoughts that you could have more, be more, and be happy? Are you a bit sad, or mad, or angry, or frustrated that you are not happy? Do you use the underperformance of your friends with their lives to justify your own? If any of this sounds like you, buy the book. If you bought it but haven't started reading and applying...giddy-up! You are holding the key to the vault!

Me? I went from bankrupt to beachfront, living the dream on Kauai, Hawaii, for the past ten years.

Q: How'd it happen for me?

A: Surrender!!!

You see, before the criteria to maximize this book in your life (1. Slow down and 2. Apply), you've got to nail the qualifier: honesty!

What do you genuinely want? Like most people I know you have a list of what you don't want (credit card debts, bills, mortgage or rent, etc.). But what do you really want? Your heart already knows, and I'm not being "sappy" here. More messages are passed from heart to mind than mind to the entire body!

Know what yours is telling you? Do you really want to die with that magnificent dream and song in your heart unmanifested and unplanned?

It all comes down to understanding that we are spiritual beings who occasionally have human experiences. We can virtually manifest on demand if what we are seeking is good for us and others and if it is derived via service.

So, what stops us? We have been conditioned to fit in, to be average. Again, there are no average people, no common people. As a result of the conditioning and being mired in the momentum of mediocrity for decades,

we've not only forgotten we are sons and daughters of the Spiritual King, but we also don't hear the voice of our own divinity anymore.

Why? Our spiritual mechanics need repair. John defines that this way: "the relationship between the Universal Energy (the *Invisible Architect*) and its creations and the interactions thereof."

The real challenge is that most of us are unfamiliar with this flawless mechanism between our ears. Meaning? We've got the greatest mechanism on the planet, our mind, but we are inexperienced or poor operators of this most remarkable gift.

Get honest and think about a perfect world. Both John and I and thousands of others are proof it is never too late to find the song of your heart and manifest its dreams. Get honest: Imagine all your bills are gone, house paid, an abundance of income coming in monthly, and you're progressing to your dreams...What would you do?

Read, study, and apply. And when you do, with John's help, open-mindedness, and work, you can stun yourself repetitiously!

Keep giving to keep growing—believe!

Mark Januszewski

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## Why This Book?

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*Angel number<sup>1</sup> 1111 symbolizes that the universe has opened an energy gateway for you. The universe has recognized you and is reaching out to you to help. It is a message from your angels to be very aware of your persistent thoughts and ideas as these are manifesting rapidly into your reality.<sup>2</sup> That's why you're reading this book!*

—John Novello

Somewhere, in the future—if there is such a thing—your ideal Divine self and life await manifestation. Your journey may be long, but so long as you believe in angels, you will never walk alone for long.

I remember how excited I was about the future and its challenges way back when I left my home in Erie, Pennsylvania, to start my personal lifestyle journey, one I didn't even fully understand I was on.

Like most of us, I had no focused plan on how to achieve or manifest anything. All I knew was that I loved music and its positive effect on me and others. I just wanted—desired—to be a good musician and play in a

---

<sup>1</sup>Angel numbers work in accordance with the tenets of numerology, which upholds the notion that each number is connected to a certain vibrational energy or frequency that encompasses meaning beyond its sheer numeric value.

<sup>2</sup>Joanne Walmsley, Sacred Scribes Australia, [sacredscribes@gmail.com](mailto:sacredscribes@gmail.com)

band. I didn't realize that desire was a seed I had planted in my subconscious garden, my subjective mind, awaiting objectified expression in the garden of reality. That desire began driving me forward. I listened to great musicians and looked for the best music teachers and schools. Yes, that was a plan of sorts, but I had no knowledge of what I now refer to as the Thought or Mental Universe, one's inner world or subconscious, where all creative manifestations occur. I had no knowledge or understanding of our personal spiritual architect, the Invisible Power, which all of us have at our disposal to create a better life, if only we understand its three fundamentals:

1. A higher "invisible" force or universal energy is responsible for and permeates everything. Therefore, it is everything! It makes no difference whether you believe all things were created by an all-encompassing, transcendent god or a distinct personal god, anthropomorphic or otherwise.
2. This higher force or energy is available to help us manifest our desires once we understand its spiritual mechanics. It is sometimes referred to as your inner voice, higher self, instinct, intuition, or gut feeling.
3. We are, in fact, always using this energy but not efficiently, due to our lack of knowledge regarding its mechanics.

"I of myself can do nothing; the Father within me He doeth the work."

—Neville Goddard, Biblical paraphrase

The first time I heard this quote I was a teenager studying catechism. I didn't really understand it then, but I do now. I didn't know that by improving the quality and focus of my individual thoughts and beliefs, correct decisions and actions would amplify and invite the invisible power available to all of us to express itself through me and help me design my life. In other words, I didn't understand that focusing my attention on my outer-world desires and little to none on the design of my inner-world desires was backwards.

Therefore, my biggest revelation, which seems silly in hindsight, was that to get rid of any unwanted life condition, all I needed to do was change

what was causing that unwanted condition! Why fuss directly with the unwanted condition? Focus on the thought, belief, or attitude that is the cause creating the effect. Then the unwanted condition begins transforming almost magically to the new condition given the new cause. Some refer to this as simply changing one's mindset or point of view. How quickly this manifestation occurs is directly proportional to your effective use of this *invisible power* available to us all.

But who or what is helping us achieve our desires?

Are we alone in this macrocosm, or are we our own microcosm—a harmonic individual of the Universal Energy, the *Invisible Architect*—and, as such, do we co-create and design our lives through our thoughts, beliefs, and desires? I believe this is so, given my incredible interactions with the *Invisible Architect*, which I'm excited to share with you. So, please, read on!

“Life is that quality or principle of the Universal Energy which manifests in so-called organic objects as growth and voluntary activity, and which is usually co-existent in some degree, with some manifestation of that same Universal Energy as the quality or principle termed intelligence.”

—Charles Haanel

Have you ever noticed that the beginning of any desire starts with a thought, a cause. Then and only then is it possible to create the desire or effect. (Think about this for a minute.) Have you ever had a desire not preceded by a thought? Look around you and try finding something that doesn't have a thought behind it—a car, computer, a skyscraper, an argument, a flower, or even the universe for that matter! Effects don't seem to just appear out of thin air; they are caused!

“Once you make a decision, the universe conspires to make it happen...”

—Ralph Waldo Emerson

**Cognition:** The mental action or process of acquiring knowledge and understanding through thought, experience, and the senses; cognitive mental processes; enlightenment; insight; awareness.

But why would a jazz musician write such a book? For that matter, what even qualifies me to do so?

I'm not a philosopher, theosophist, mystic, physicist, or even a well-known success author or motivational speaker—at least not yet!

Answer: To achieve any one of my desires, I really had to work at it. It did not come easy. I watched my hard-working parents struggle, as well as many of my friends. But my strong urge to achieve my desires drove me to an obsessive study of personal growth and development that included religious and philosophic studies, theosophy, mathematics, logic, and ethics. I wanted to know my nature and the nature of my interaction with the world into which I was born.

This all came into better focus after my late wife's passing in January 2000. Why? Because this was such a traumatic incident for me—the loss of my soul mate after a horrific fight with cancer—that my obsessive study of philosophy and theosophy mentioned above accelerated and led me into the field of ADCs—after death communications! In one year, I literally researched and read almost a hundred books covering the afterlife, ADCs, OBEs (out of body experiences), the Law of Attraction, New Thought, Quantum Spirituality, Soul transformation, Spiritual development, and more. I even contacted famous mediums and psychics and had many successful sessions where my late wife came through. This study and research led to my writing an earlier book called *The Song That Never Ended*.

Now I would like to share the cognitions that occurred during my journey. I sincerely hope they help you on yours!

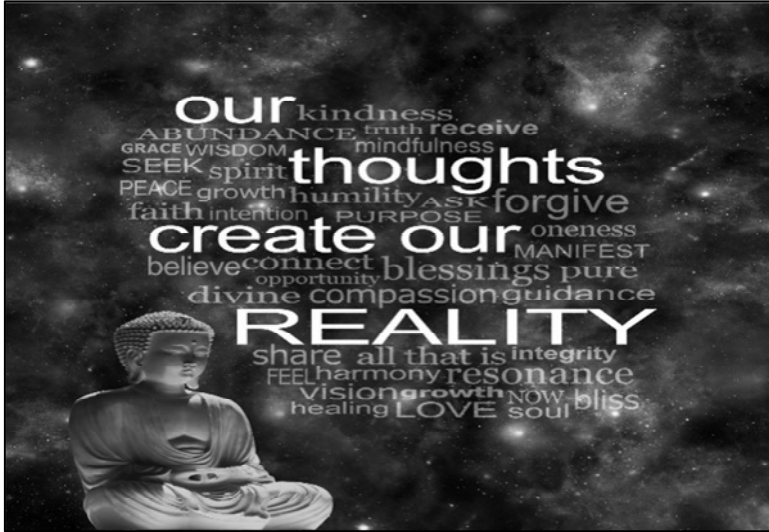
—John Novello

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# Cognition 1

## *The Invisible Architect*

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*“Mental action is the interaction of the individual upon the Universal Mind, and as the Universal Mind is the intelligence which pervades all space and animates all living things, this mental action and reaction is the Law of Causation.”—Charles Haanel, *Mental Chemistry**

Early in my life I realized I was not alone. Indeed, I had the ultimate best friend, bodyguard, counselor, consultant, assistant, and personal life architect ever!

Who, you may ask?

This companion has been known by many names—God<sup>3</sup>, the Universal Mind, First Cause, the Infinite Intelligence, Hidden Power, the Absolute, the Silence, the Intelligent Quantum Energy Field, the Changeless, the

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<sup>3</sup>The incorporeal divine Principle ruling over all as eternal Spirit: infinite Mind, Merriam-Webster.



Ageless, the Almighty Creator, One Great Light, Universal Energy, the One, the Force, Higher Self, Intuition etc.—the *Invisible Architect*!<sup>4</sup>

The *Invisible Architect*—those individual terms are worth defining:

**Invisible:** 1. unable to be seen; not visible; concealed from sight; hidden; treated as if unable to be seen; 2. ignored or not taken into consideration.

**Architect:** 1. a person who designs buildings and, in many cases, also supervises their construction; 2. a person who is responsible for inventing or realizing an idea or project.

The second definition applies here.

Some personal thoughts about creation (not meant to infringe on anybody's beliefs):

What are the odds that this universe created itself—whether by some sort of gradient evolution or by a big bang? The complexity, exact laws, and constants of the universe that physicists have discovered so far—I don't doubt there are many more undiscovered—that had to be put in place, let alone stay in perfect equilibrium, for harmonious existence and operation, are beyond human in nature! Changing any one of them even a little can have extreme consequences!

Did you ever look at a skyscraper, a personal computer, a space shuttle, a Ferrari, a cell phone, a software program (I could go on and on), and think they created themselves? Did you think any one of them just self-manifested without any thought, designer, or creator? How about the

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<sup>4</sup>Note: From time to time, I will refer to the *Invisible Architect* using one of the other identities mentioned above. This is done to ensure better understanding given the different beliefs and different names associated with the Almighty Creator.

miracle of life? Could it have created itself in all its abundant forms—atoms, cells, tissues, organs, organisms?

Then consider the miracle of the human body. Humans, at the time of this writing, number 7.7 billion, each of us being unique! And we share this planet with as many as 8.7 million different forms of life, all with unique designs and urges to survive. Did the human body create itself? You may say it's simple biology. The sperm impregnates the ovum, and we get life. That further proves my point. Who or what created the blueprint that created the process that evolves into life?<sup>5</sup> Was evolution created as a tool in the process of creation?

Does a book write itself? Does a song compose and record itself? Does a computer's operating system software write itself, let alone a computer's hardware create itself?

What are the odds of a pile of iron, wires, electronics, circuit boards, rubber, and plastic falling over and becoming a Bentley, or a Honda, or anything but a fallen-down chaotic rearrangement of iron, wires, rubber, circuit boards, and plastic?

Answer: Zero! "Something" had to put this universe together. Right?

Just as it takes human intelligence and skill to create, don't we have to believe there is some intelligence who created us?

From logical reasoning, empirical evidence, and my own personal experience, there appears to be an *Ordering Intelligence*, an Architect, somewhere in this life equation—an ether, a theoretical energy substance, a quantum field—that permeates and connects all and thus

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<sup>5</sup>Evolution does not explain the origin of life, but how it developed after it appeared on earth. ... In other words, to have evolution there needs to be a pre-existing gene pool, meaning life already must exist. Some theories attempt to explain the origin of life, notably including the abiogenesis theory. Yes, a giraffe gets taller through natural selection, but how did eyeballs suddenly appear? How did two organisms of the same species develop sex organs that perfectly mated with the opposite gender? Darwin, and no one, has answers for these questions.

acts as a medium for both physical and spiritual communication and interaction.

Is it possible that this energy substance is intelligent, responds to our thoughts, and shapes our desires?

Why not?

The more I contemplated my relationship with this energy substance, I became more and more aware not only of its nature but also of its willingness to assist me in designing and achieving my life urges, urges that I knew I had a duty to achieve.

At first, I didn't understand. But through personal study and miraculous experiences, I have learned that we are all unique, creative thoughts (manifestations) of *The One* who seeks expression through each of us, contingent on our awareness, understanding, and personal invitation to do so.

This is so important that I will state it again: *We are all unique, creative manifestations—thoughts—of The One who seeks expression through each of us, contingent on our awareness, understanding, and personal invitation to do so.*

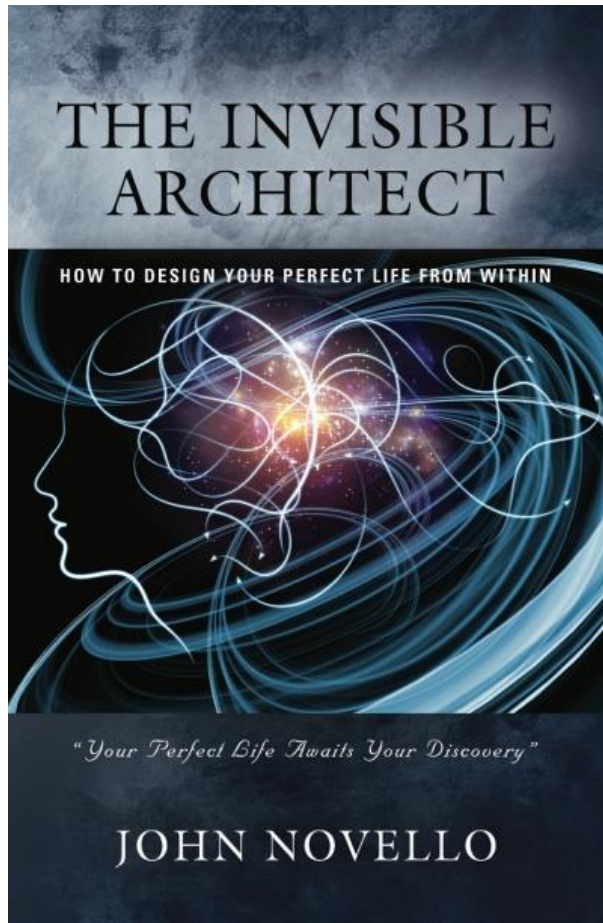
This truth leads to the next question: If indeed there is this Intelligent Universal Energy, what is its nature, purpose, and relationship to you and me? What are the spiritual mechanics?

How does this work?

## **Q&A Cognition 1**

1. Q: Who or what is the *Invisible Architect*?  
A: An Intelligent Universal Energy that created and animates all things and which seeks expression through each of us contingent to our awareness, understanding, and personal invitation to do so; the Universal Mind; God.
  
2. Q: Is it logical to assume the universe just evolved somehow by chance on its own?  
A: Unlikely, given its complexity, exact laws, and constants that physicists have discovered that had to be put in place, let alone stay in perfect equilibrium for harmonious existence!
  
3. Have you ever thought you were not alone, that there was a higher energy or intelligence? If so, try recalling when and what you were doing at the time and write it down or review it in your mind! If not, read on...
  
4. Q: Are each of us creations of the *Invisible Architect* or just random accidents of nature?  
A: We are each unique, creative thoughts (manifestations) of The One who seeks expression through each of us contingent to our awareness, understanding, and personal invitation to do so.
  
5. If you have experience with the *Invisible Architect*, what names do you use to refer to this phenomenon?

Next Cognition...



*What if you knew the exact principles that would allow you to achieve your perfect life? This is exactly what award-winning musician & author John Novello offers in the pages of his extraordinary new transformational book the Invisible Architect.*

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HOW TO DESIGN YOUR PERFECT LIFE FROM WITHIN**  
By John Novello

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