

Self2self is a charmingly illustrated collection of simple spiritual observations that carry a profound message at their core. A message from the Self that is all of us to the self it imagines itself to be.

Self2self

By Martin Brookes

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Self2self



written and illustrated
by
Martin Brookes

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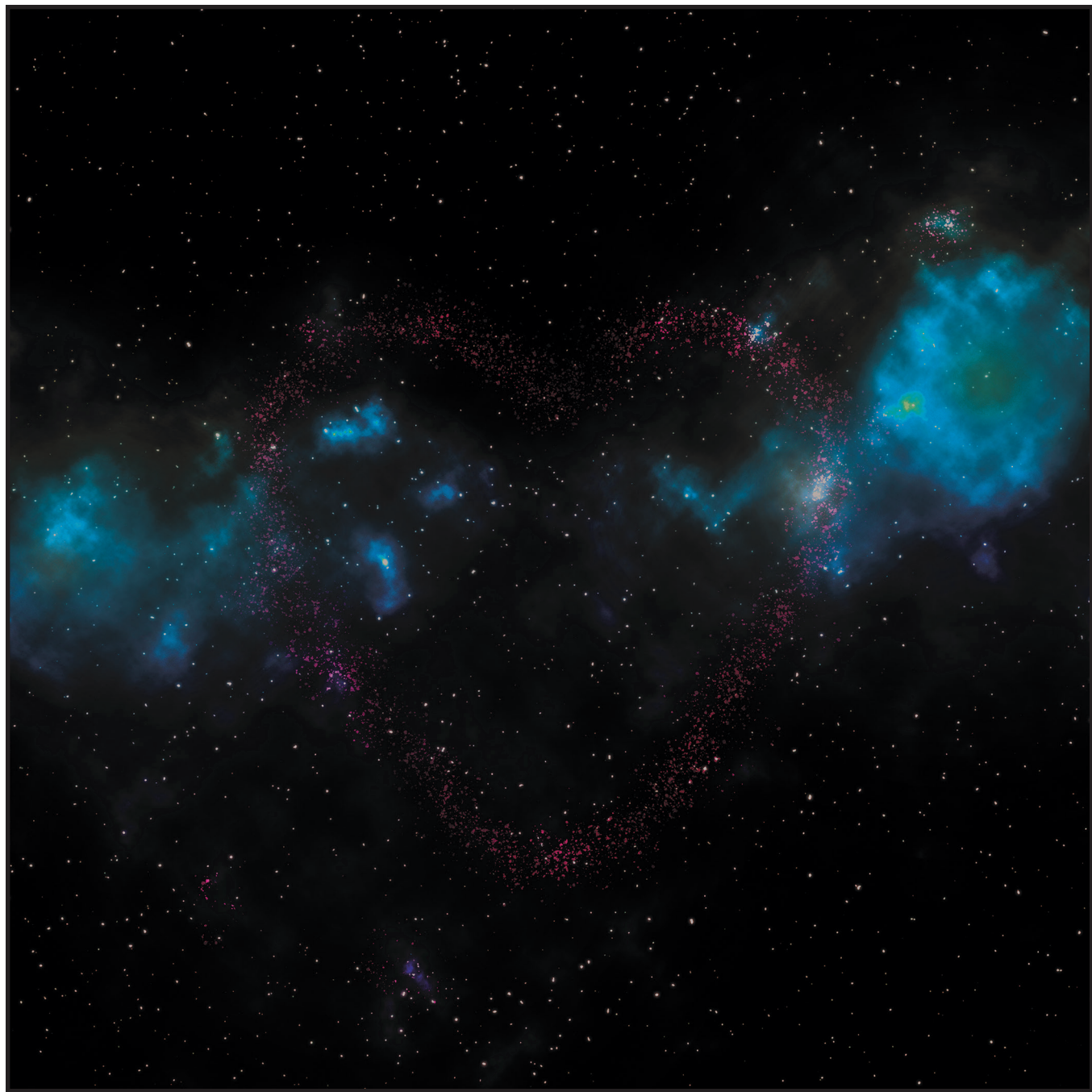
After having a glimpse of the true nature of reality in his youth, Martin Brookes spent the next thirty years on a desperate quest to discover the meaning of what had been revealed. In March of 2007 his quest came to an end in a moment of absolute and complete surrender at Mount Baldy Zen Center in California USA, revealing the unspeakable nature not only of himself but of all creation.

Over the years, words of wisdom made themselves apparent and Martin jotted them down in notebooks and on scraps of paper, eventually compiling some of the most meaningful into a book replete with illustrations which he gave to his wife as a birthday present.

This is that book.



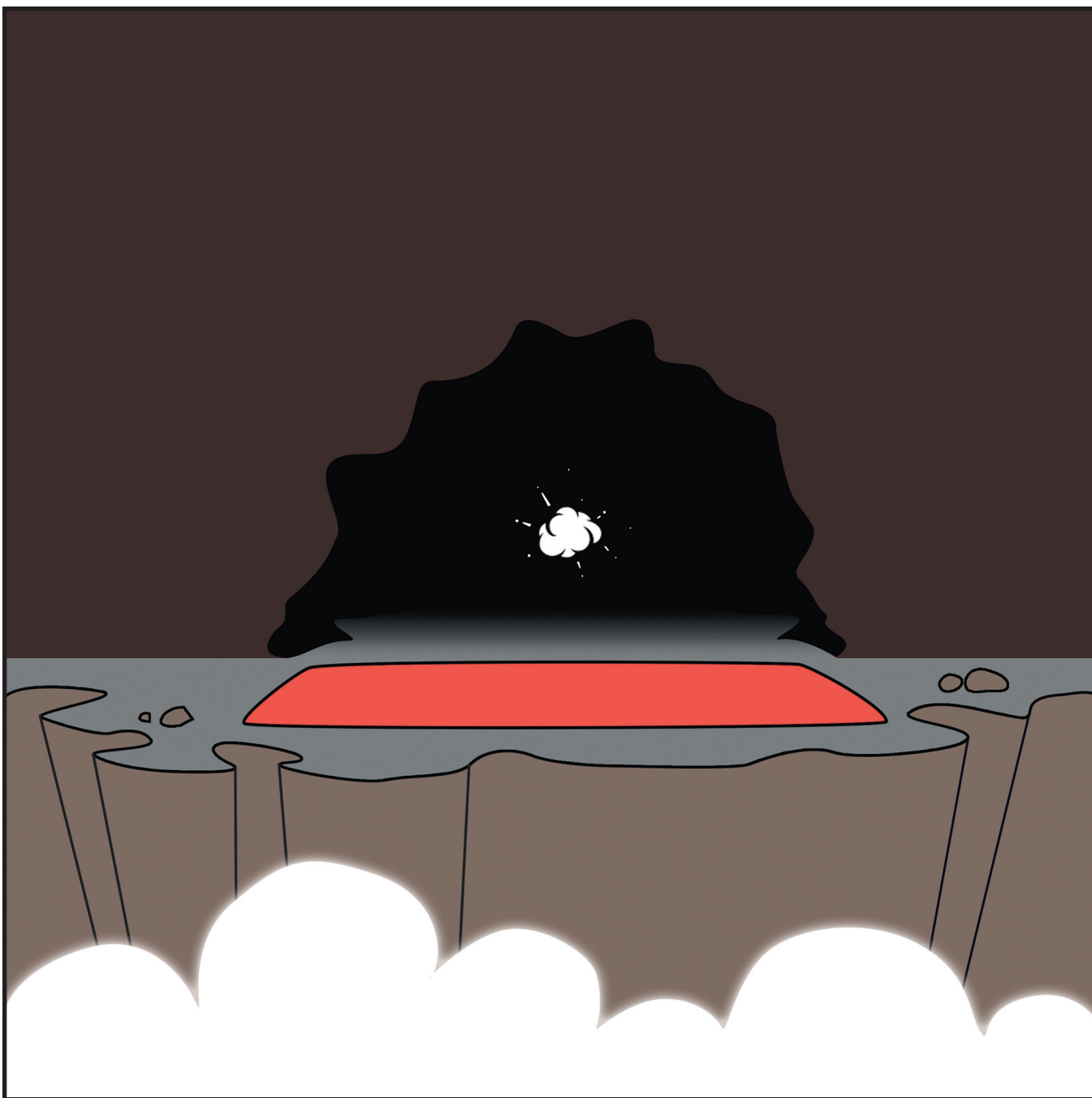
The love that supports the universal life
cannot be described in earthly terms.
It is impersonal, unemotional, unromantic,
deeper, and more profound
than any love you have ever known.
And it is you.



The greatest teacher of all...



...is Absolute Silence.



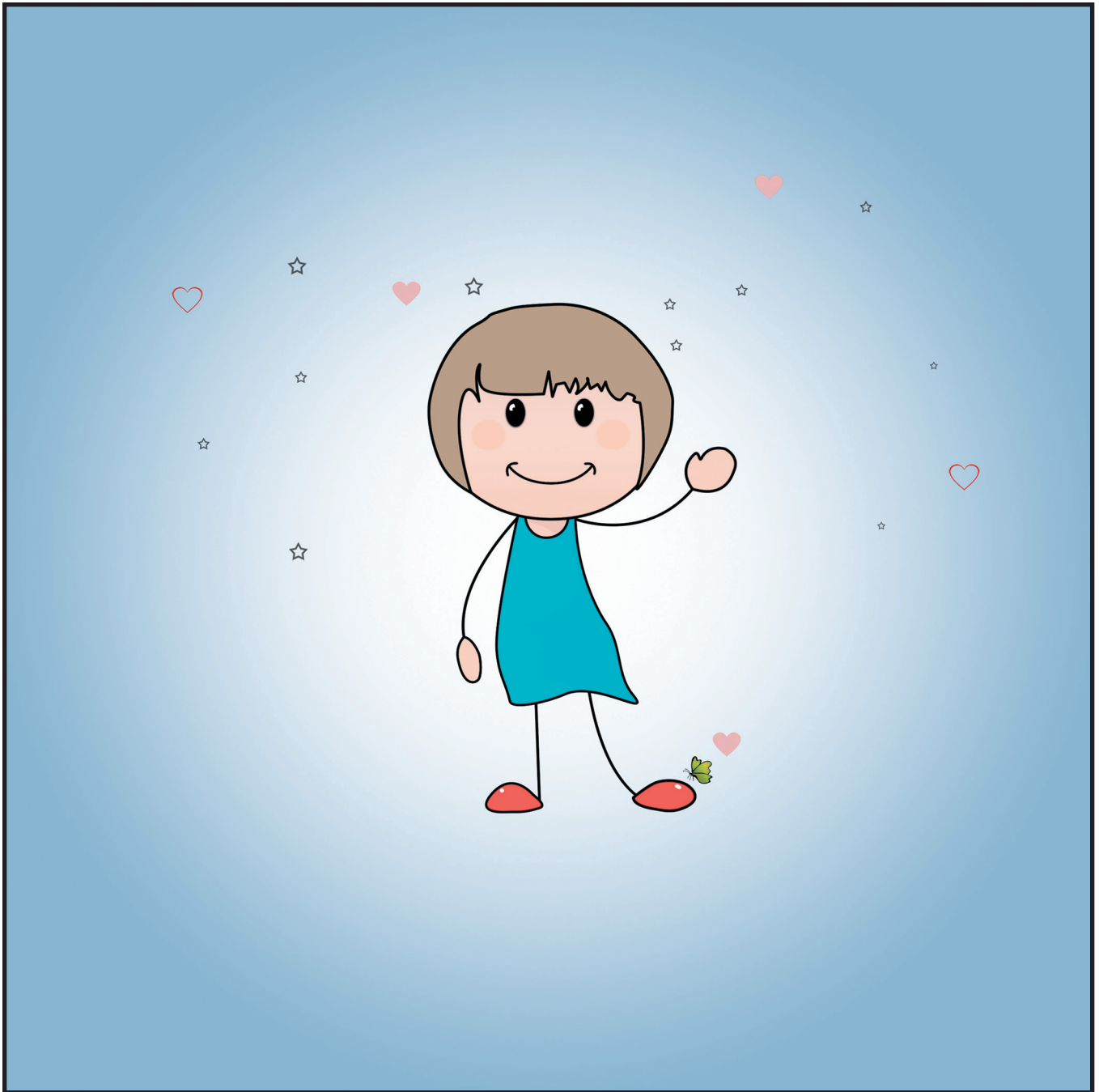
*When you sleep,
you dream.*



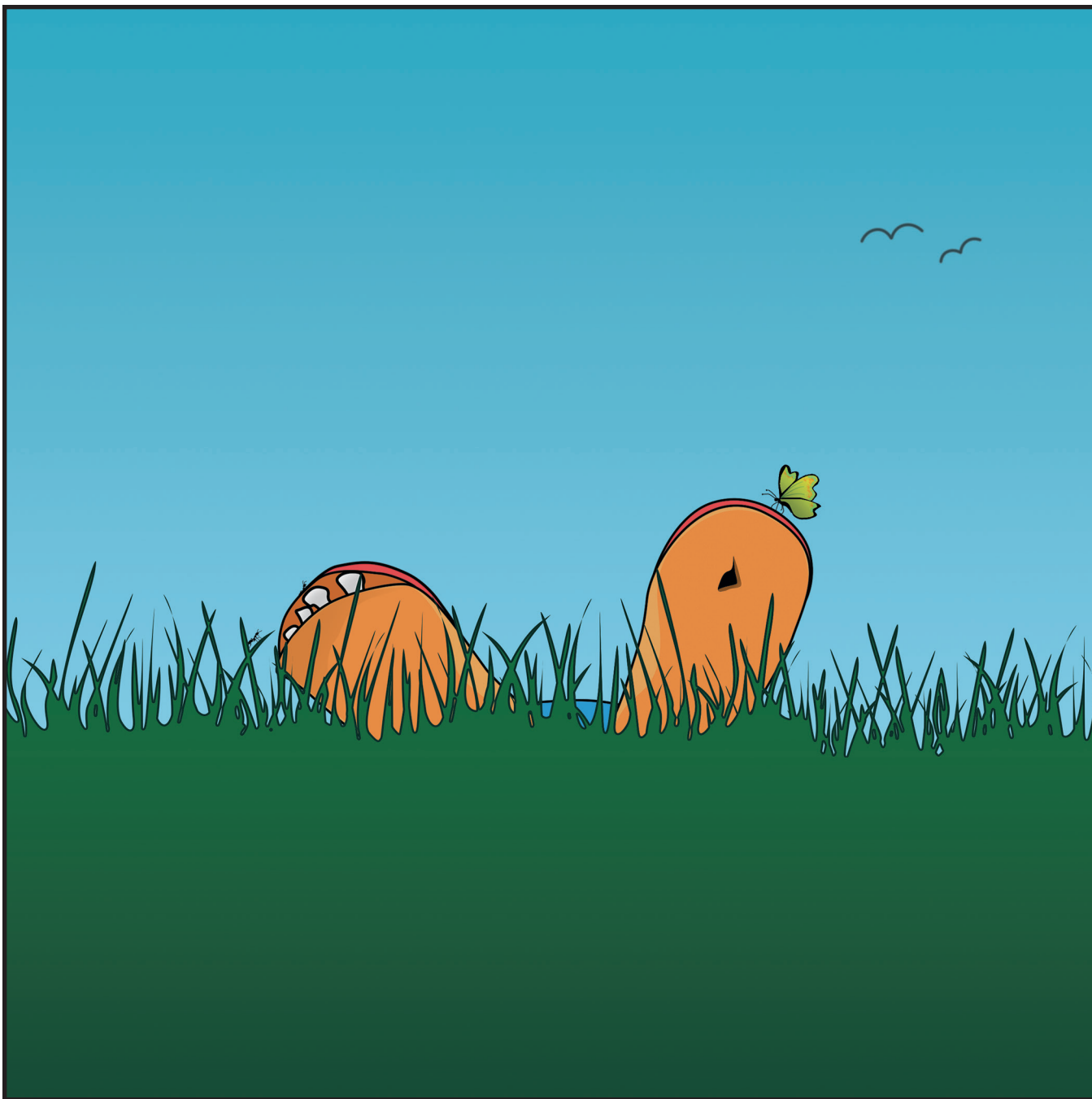
When you wake up,
you are still dreaming.



*You are more beautiful
than you can possibly imagine...*



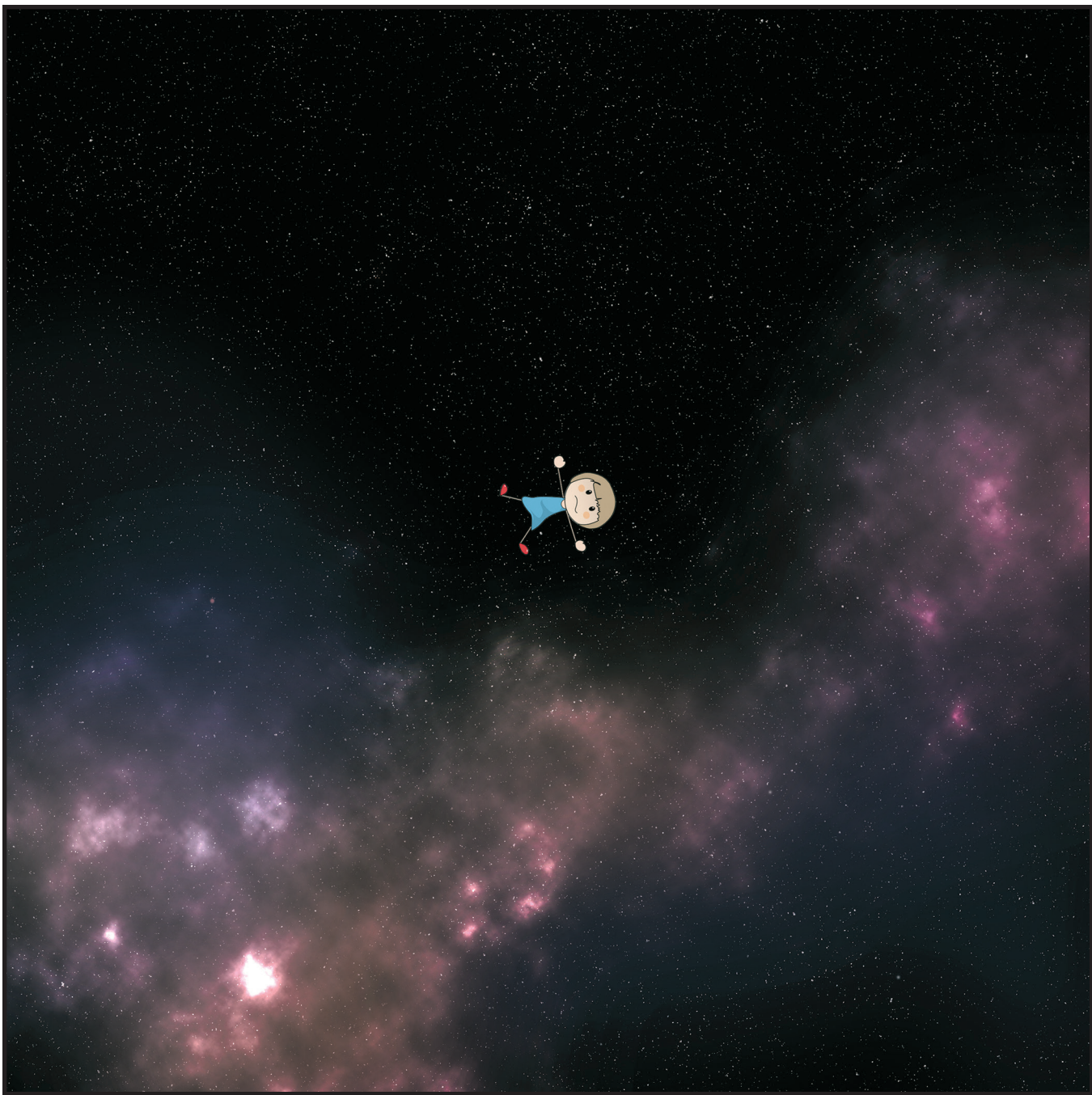
...and much less important
than you think.



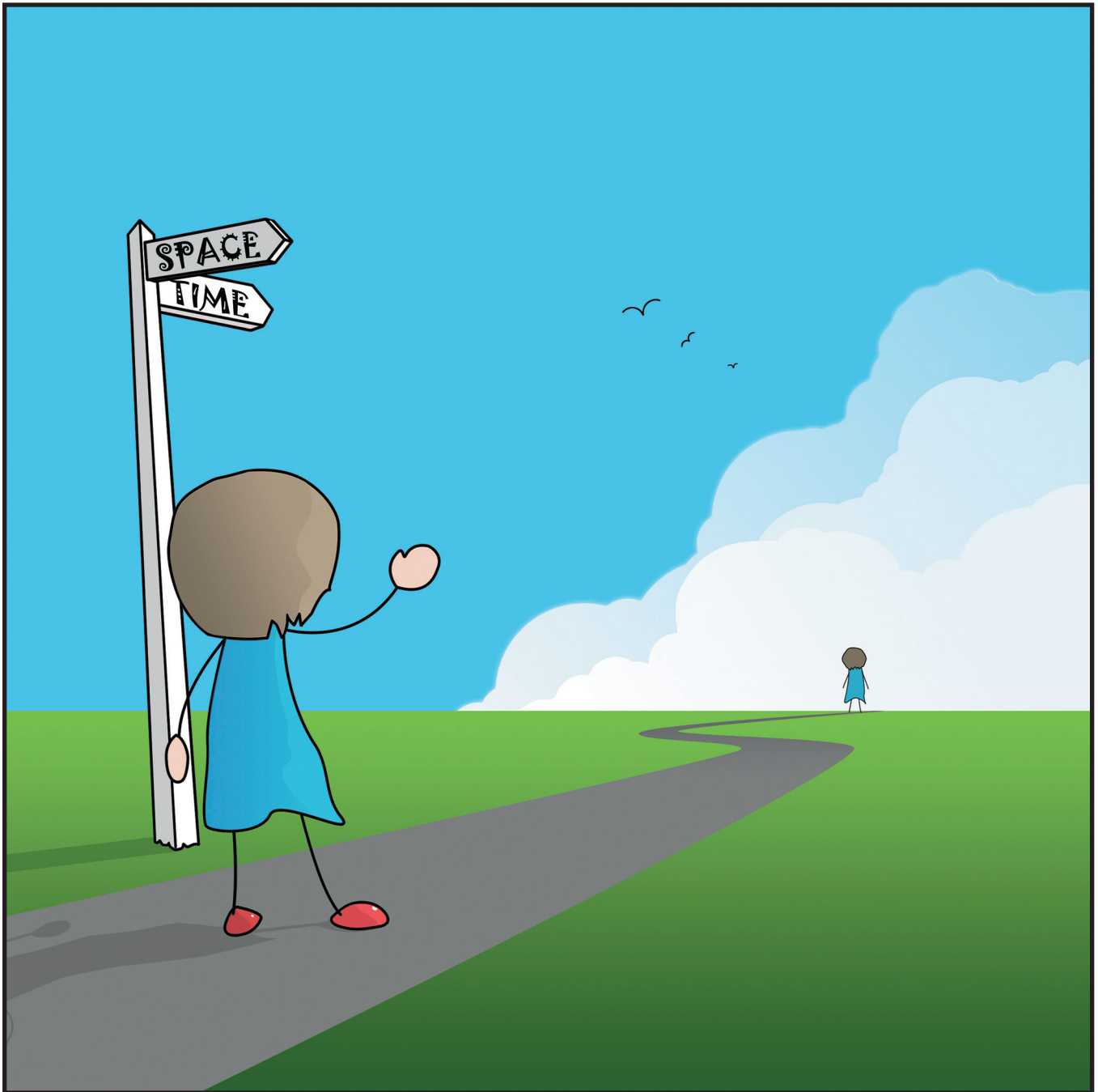
*If you are outside of the present moment
by a quarter of a second...*



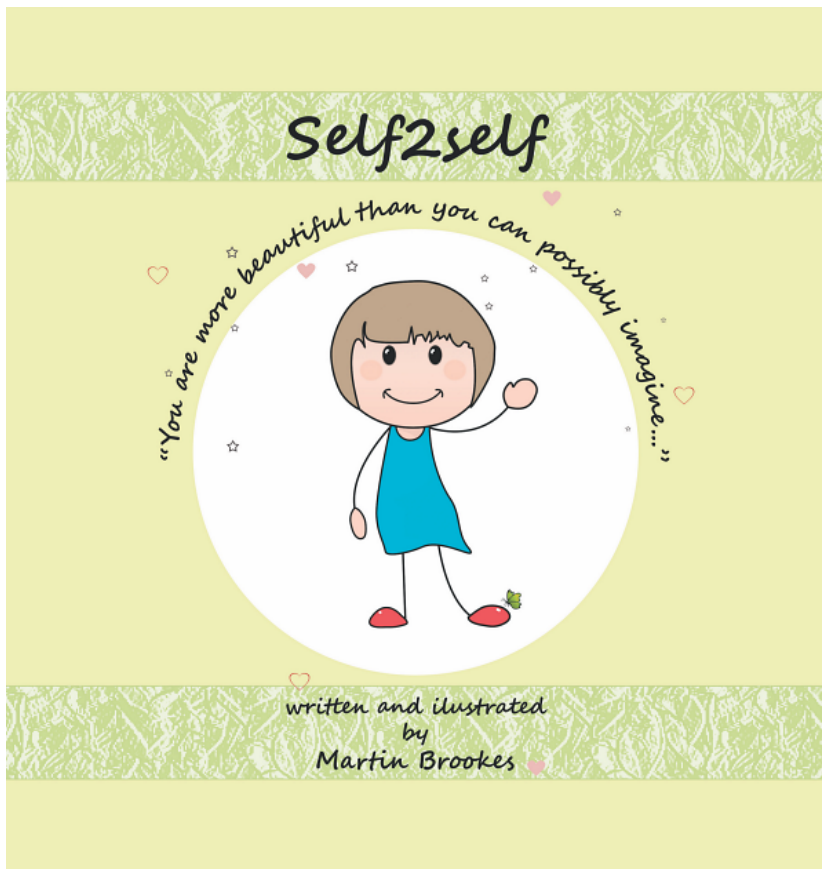
*...you may as well be outside of it
by ten thousand years.*



It is never Then...



...and you are never There.



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