

In this captivating memoir, you are taken beyond this realm to a number of remarkable healing experiences. They are as instructive as they are extraordinary. They direct you to connect with the Inner Wisdom that lives within us all.

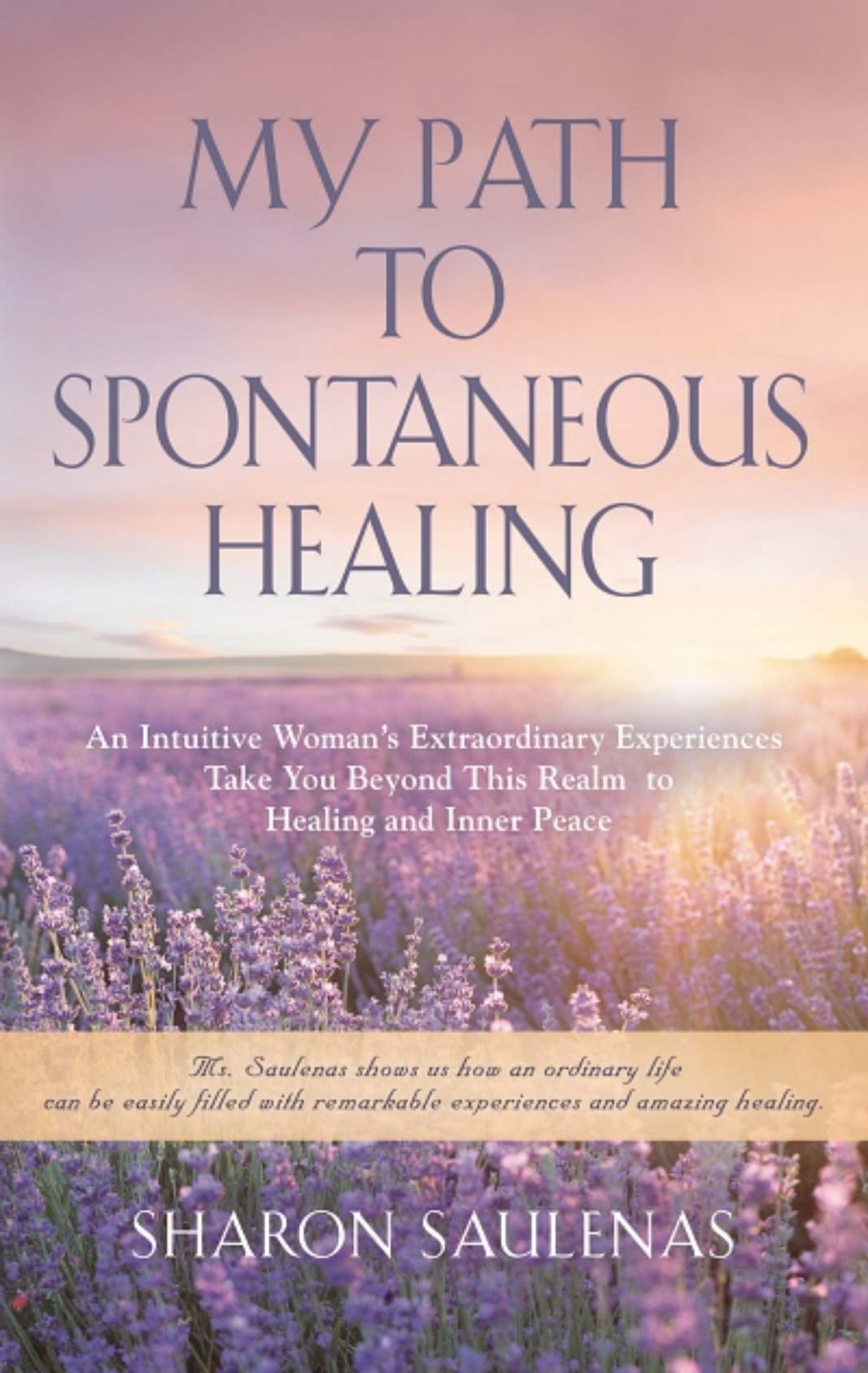
My Path to Spontaneous Healing

By Sharon Saulenas

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The background of the entire cover is a photograph of a vast field of purple lavender flowers. The sun is setting on the horizon, creating a warm, golden glow that filters through the sky and onto the flowers. The overall mood is peaceful and serene.

MY PATH TO SPONTANEOUS HEALING

An Intuitive Woman's Extraordinary Experiences
Take You Beyond This Realm to
Healing and Inner Peace

*Ms. Saulenas shows us how an ordinary life
can be easily filled with remarkable experiences and amazing healing.*

SHARON SAULENAS

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DISCLAIMER

This book details the author's personal experiences with and opinions about spontaneous healing, death and dying, life after death, and the health and well-being benefits of developing Intuition and living in the moment. The author is not a healthcare provider.

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The following are a few of the wondrous experiences that Robbie and I shared...

Headache Relief

Shortly after I began visiting Robbie, he started having crushing headaches from Glioblastomas, a deadly type of brain tumor.

It's a ruthless cancer that infiltrates the brain. He had recently had brain surgery to reduce as much of the bulk of the tumors as possible in order to give him temporary relief since they could not actually remove them. Now these two wretched masses were growing again, taking up space and causing inflammation as they grew, putting more and more pressure on his brain, hoping to gradually squeeze it out of its rightful seat within his skull.

The first time I witnessed these headaches, he was lying on the couch consumed by unspeakable pain. This was a very tough man that had been in many physical battles in his lifetime. Once he had been attacked and slashed multiple times with a knife and left to die. No matter what, he always pulled through. Now he was living with two deadly tumors that were crushing his brain more each day, causing excruciating pain as they committed to ending his life. Today he had no control over himself or the pain.

When I arrived, he was moaning loudly and thrashing around wildly on the couch, the pain having taken over. I turned to my higher wisdom and asked what I could do, if anything to help him. Suddenly I was given a 'message' (as a sudden knowing) to put my hand on his head. As I attempted to do so, he immediately flung my hand away and continued moaning and thrashing side to side. He was, understandably, unable to tolerate being touched, even lightly at this point. So, I now kept my hand just above his head and followed his head with my hand as best I could. Immediately I began to feel heat coming into my hand. I kept following his head and the heat kept coming, like I was pulling it out of his head. My hand grew warmer and warmer. At one point my hand was so hot, it was almost unbearable, like being held too close to a hot burner or flame. It took all I could do to stay with it. Soon I noticed he was not thrashing around and moaning as much. As I 'pulled' more and more heat out, his distress decreased. Just as I wondered how much longer I could stand the now very intense heat, it seemed that it was complete. Heat stopped coming out of his head and I removed my hand. My palm felt terribly hot, like it was burned, but thankfully it cooled very quickly!

Robbie had stopped moving and moaning. He then sat up and looked at me and asked, "How did you do that?" I knew that I hadn't 'done' anything myself, that Divine healing had come through me. I told him it was the Divine acting through me. He looked intently at me for a moment and then thanked me. Then he said, "I'm starving. Want to go

get lunch?" - and we did! Once again, I was amazed and grateful.

For the next three months, he had no need for pain medication when I was with him. Each time he began to get the crushing pain, I would put my hand on his head and 'pull' heat out and the pain would be gone; even after he went into the hospital at the end of his life. He spent only one week in the hospital, something his brain surgeon could hardly believe.

One day I left his hospital room to take a short walk outside. When I returned, he was in terrible pain and his nurse had gone to get pain medication for him. As his sister looked on, I placed my hand on his head and the pain was gone before the nurse returned. This was just days before he passed.

Even as he had some major deficits from the effects of the brain tumor, his brain surgeon and other doctors could not believe that he had been up and about, going to lunch and working out at the gym everyday with such large tumors in his brain right up until a week before he was hospitalized.

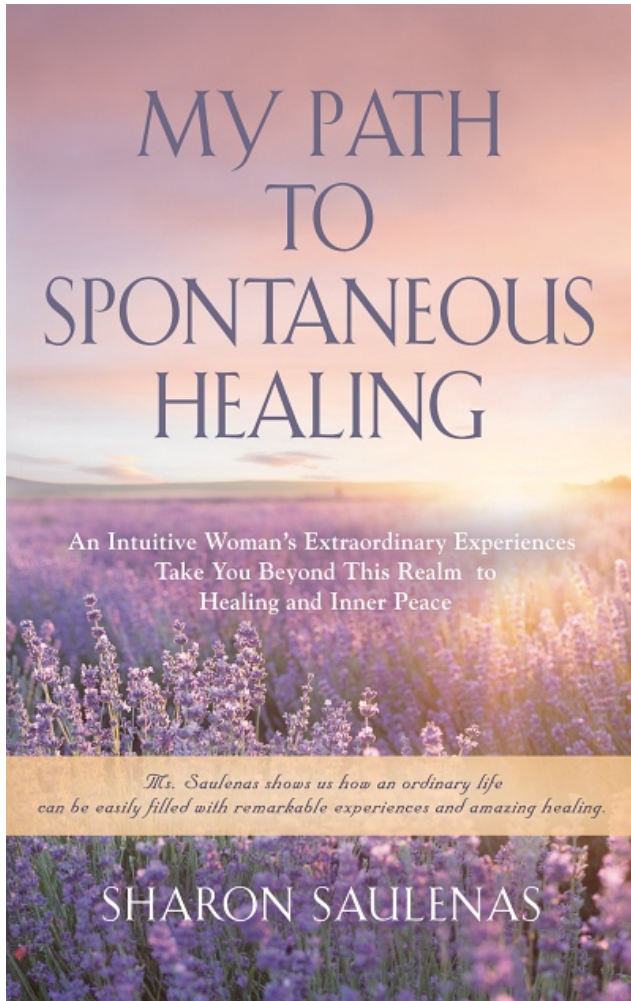
In order to help him, rather than get caught up in feelings of pity, anxiety or sorrow, I remained centered, allowing guidance and healing to come through.

About the Author

As an Intuitive, and former RN, Sharon Saulenas has offered hope, healing, insight, and inner peace to many, including those at end of life. She believes we all have the ability to 'connect' and reach past the physical plane to a place of Divine guidance, joy, and inner peace. A native New Englander, she has lived as far north as the arctic circle and as far south as Ecuador.

Currently she assists others in connecting with the Divine Wisdom and developing their fullness. She also helps those with end-of-life concerns release fear and find inner peace.

As an adolescent she was once asked how she could be so comfortable approaching and talking with strangers. She replied by saying " I never consider them strangers, only friends I haven't met yet."



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