

My Revelation...Stepping with Power is a short story about an event on this writer's spiritual journey of self-awareness and awakening. She found her voice and reconnected to her Source in the year-long self-directed inquiry.

My Revelation...Stepping with Power

By Cheryl E. Armstrong

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REVELATION... STEPPING WITH POWER

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INTRODUCTION

This is my personal story. Providing services in the community or the home as a caregiver can erode one's sense of self if doing so on autopilot. I am a Seeker on a spiritual journey of self-awareness, looking for a deeper meaning for my life, my unique purpose on earth, and the pathways I am taking as I become a conscious participant in my life. I recognized that I was in autopilot mode as I served in the community or at home as a caregiver. I felt I was losing my connection to my higher self on a deeper level. I was existing, not knowing what to ask or turn to for help; however, I remained steadfast in prayer, innately knowing there was more to living my life, so I kept seeking.

This journey brought me to the six-week Power of Prayer Affirmative course offered by Agape University, Agape International Spiritual Center, in the spring of 2022. The program amplified my inward journey of self-discovery. I woke up to a deeper awareness, a state of consciousness of circumstances.

In this state, I embraced deep feelings, knowing without hesitation that I needed to feel the emotions, without rushing the process, without feeling uncomfortable but accepting myself and all that was showing up: tears, loving feelings, intimacy, and a long list of other emotions I had kept locked away. I took the time to be and remained in this state until I felt it was time to move forward after the emotional release.

As I transitioned to the new state of awakening, energized, I felt feelings of pure love, joy, patience, and

compassion for myself- a liberating and empowering form of being.

My Revelation of Stepping into the Realization with Power was birthed in this state of elevated consciousness. It is a step on my journey of awakening to my higher self; it is a journey that is evolving every moment of every day.

Dear reader, I am honored that you said yes to reading this short story, a chapter of events on my self-awareness journey. This 12-month self-inquiry deepened my awareness as I embraced seven growth practices and the master teachers I learned from on the way. I encourage you to remain open to what and who shows up for you. May you be inspired to capture your special moments on your unique journey through life. I further encourage you to remain present to all beckoning you on your journey and know that you are amazing. You are not in competition with anyone. There is no one else on this earth like you!

TAKEN FROM MY REVELATION... STEPPING INTO REALIZATION WITH POWER

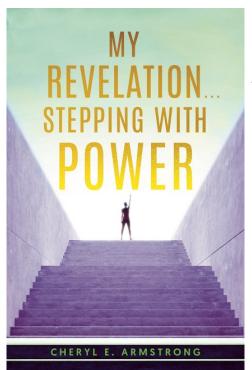
ou are needed; your gift is needed. But it would be best if you woke up. You get to wake up to the beauty that awaits you and is within you.

Throw off the shackles: the self-doubt, the guilt, the not knowing, the not knowing enough, the not being enough, the lack, the limitation. You have the Power, and It walks with you.

Be open. Be aware. Be receptive. Get into the feeling tone. It is exhilarating. It will bring you joy and happiness because It is joy and happiness and much more. But it would be best if you wanted It. You must have faith; it doesn't matter how small.

As soon as you open to the possibility of knowing, It will help you to bring It into full manifestation. It will take building your faith muscle, commitment, and follow-through.

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