

Hope for troubled souls. Living in this time in history has confused us and made us vulnerable. Learn what and who has caused this world chaos. Find solutions, and finally experience what every soul is looking for; True Happiness.

A Book for Troubled Souls By I.H. McKenna

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A BOOK FOR TROUBLED SOULS

You will find what you are searching for within!

I.H. McKenna

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First Edition

This book is dedicated to the Good Shepherd the Author of life. And To the Sorrowful and Immaculate Heart of Mary— His Mother.

Also dedicated to my loving children, their spouses, and to the delightful grandchildren. The future always lies ahead of you may you fill it with precious moments always.

Dedicated also specifically for you, dear Reader, who might be confused and troubled in these disorientated times. May you clear away all your troubles and find what you are looking for within. Are you a little surprised to have this book dedicated to you? You are most certainly welcome, and may you find in it a great treasure.

And, a big THANK YOU, to the very generous souls who perused and edited this work as it progressed. May you receive an abundance of Graces for the generous giving of your precious time and professional advice.

DISCLAIMER

This book details the author's personal experiences with and opinions regarding sixty-five years from 1958 to 2023, discussing the diametric changes which happened within the spiritual sphere; and its cause and effect within society at large. The author is not a licensed professional or official of any kind.

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This book provides content related to awareness of being made vulnerable within the spiritual and physical way we live life. Allowing positive changes to be made if necessary for a brighter future. As such, use of this book implies your acceptance of this disclaimer.

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CHAPTER ONE: AN INTRODUCTION

Dearest Reader, welcome! For you I have one desire: that what will unfold before you in these pages will help you personally to cast off all darkness. I desire to help you clear away conflicting thoughts, confusion, tension, stress, anxiety, guilt, nervousness, or anything else unbalancing you; and give you the power to replace the Darkness with the Light. For far too long we have been fed dangerous portions of brainwashing lies, so much so, that we have lost the capability to think for ourselves and act precisely.

More importantly, we have also been robbed of nourishment both spiritually and physically. You will come to know the culprits who have robbed us as you venture through. Having this information, hopefully dear Reader, will help you to broaden your mind and allow you to find remedies for your troubles.

It is true. I do not actually know you personally, but I can understand why you would choose a book with this title. Most of us living in this current time in history are troubled souls because confusion and lies have been deliberately forced upon us. Whether young, old, or somewhere in between, most of us feel confusion and have emotional disturbances within ourselves. Take courage, dear Reader, for Light and Understanding are about to open for you.

If you have become accustomed, wittingly or unwittingly, to the brainwashing lies being fed daily to us from all walks of life then it may take you a little longer to clear the darkness. These techniques used upon us may have without you realizing it coerced you into accepting changes in your personal, social, spiritual, public, political, critical and creative thinking, but you will learn to decipher how and why these changes happened. The darkness will lift. You will know when this lifting starts to happen because you will begin to have your own thoughts, ideas, desires, and freedoms again.

For the younger ones, you will discover these delights and ancient capabilities for the first time. At this comment you might feel a little insulted, especially if you believe you already have full control of your own thoughts. Of course, you have the capability to control your own mind, but you will learn how outside pressures can sway our thoughts and confuse us. It is a technique used to make us vulnerable, doubtful, or even unbalanced.

Equilibrium is a state in which opposing forces or influences are balanced. This generation, I believe, dear Reader, has lost its equilibrium and become imbalanced. Another way to explain this is that we have lost our compass, or we have a compass spinning out of control where new laws, rules, regulations, ideas, and opinions are tossed at us continuously. This happens at such a fast-pace we have no time to process or ponder let alone understand.

A compass points us in the right direction. The Light Compass points us in the right thought direction. Without either our Light Compass (or our equilibrium), we become vulnerable enough to accept anything, everything, or even despondently accept nothing.

Note here I use the word "vulnerable." You may or may not be aware but our generation, dear troubled soul, has deliberately been made vulnerable. We are under attack constantly; our Light Compass has been deliberately tampered with and transformed into something else, and the true Light Compass is now in eclipse! Our equilibrium is imbalanced. The constant brainwashing being forced on us both physically and emotionally harms us.

If you are one of the older ones amongst us, dear Reader, you might remember a time when things were much simpler, more fulfilling, and rewarding—a time when people in general were happier. You might still be able to differentiate between truth and lies; goodness and badness; happiness and sadness; joyfulness and misery; right and wrong. You would have lived by a compass or a moral standard like the Ten Commandments. Maybe a loving family was your guide and compass. You would have known your neighbors, your friends, relatives, your children's teachers, and they would have all seemed to be on the same page as you. You would have known your politicians and world leaders, and you would have recognized their lies and truths. Your equilibrium would have been balanced and this would have given you comfort and security.

Have you felt this balance slipping away from you? Do you feel the compass spinning? Do you sometimes feel you do not understand the changes in people close to you, or feel useless and confused in this modern world?

Currently most of us do not speak out about things we know in our heart are wrong, fearing even to raise these wrongs with our own acquaintances for the horror of being laughed at, judged, belittled, or ostracized. People are being blocked on social media, or even punished by law, for speaking out and using free speech. This might add to our fear.

Dear younger Reader, if you are a soul raised in a terrific family environment, you are one of the fortunate ones. Step outside the family and into the world and you too might possibly feel the confusion and stress. If you are a hurt soul, that has come from a broken family torn between two uncompromising parents, it must be difficult for you. Or perhaps you are under an abusive family; or sadly, you have no family and have been passed around from foster family to foster family. In whatever horrible situation you find yourself in, dear soul, you would possibly be feeling miserably unwanted and unloved. I want you to know there is help at hand. There is Light that shines so brightly it clears all your Darkness.

You might be one of thousands of souls caught up in a false reality due to taking substances, alcoholism, or trapped in a dark abusive situation. If you are of school age, or a university student, dear soul, you may feel you do not even know yourself. This confusion comes from lies

being taught to you. Have courage young, troubled soul, as it is very possible, with a little determination, you will soon understand that a better life is ahead of you—a clearer, brighter knowledge, about who you really are, and what you really are capable of achieving. Read with an open mind, know that you are truly loved by Love itself. Go forth on this journey with confidence following the Light and dismissing the Darkness, all of which will be explained to you as we wander on through this adventure.

First though, if you are doubting any change in you is possible, I do understand; maybe you feel you are in a permanent dark hole. Yes, it is harder for those who have not been shown or raised by the Light Compass, or even been taught there is such a thing. Your equilibrium has probably never been balanced.

A thing known as common-sense has also been killed off. There was a time not so long ago, dear young one, that things that made sense, things that we knew were correct, were automatically understood by most of us. Unfortunately, common-sense is not so common anymore. In fact, the merging of truth and lies, goodness and badness, right and wrong, happiness and sadness, joyfulness and misery has been so deliberately mingled together you probably see life in a grey tinge. So dark a grey, that you live in a cloudy fog. You probably try with all you might to grab some happiness in anything that comes your way. Afterwards though, you are left feeling worse than before. Take courage, young one, for being young you can learn faster, see more clearly, and hear better. You will be able to find the Light Compass and balance your own equilibrium sooner. Therefore, you will be able to think clearly for yourself for the first time. Have confidence because Light and Understanding will also open to you.

For all Readers, of all ages, no matter what the darkness is that surrounds you now, it is obvious you are searching for a way out. I know this because you are reading this book in the hope of finding help. As mentioned already, I do not know you personally, but this is not important. What is important is that you get to know yourself better. Therefore, you will understand that what you yourself is searching for is what every human being desires: happiness! True happiness only comes through true freedom, which is the Light!

You will come to understand that happiness is not only found in the good times, the healthy times, the rewarding and successful times. It is very possible and often necessary to find happiness also in sorrow and suffering.

The trouble disturbing your soul presently, dear Reader, is probably coming from two sources: from outside of yourself, and from within yourself. From outside of yourself, there are two forces always working within the world around you, not necessarily in any equality or strength. From within yourself, there are also the same two forces working within you, but at lesser and differing degrees. One force is the Light, which is love; the other opposing force is the Darkness, which is hate. These two forces not only affect the spiritual and physical world which we live in, but also, they affect everyone's life on earth. The Light governs with benevolent order, while the Darkness attacks with utter chaos.

CHAPTER TWO: OPENING TO THE LIGHT

FIRST SECTION

[Dear Reader, this book could possibly become an obstacle to you because of certain things I will write about. Do know there is absolutely no intention to confuse or hurt you; thus, I only desire to draw your attention to truth.]

TRUTH has its own particular properties and power. If refused, it can cause you pain, bitterness, anger and frustration. If accepted it does the opposite it gradually heals, nourishes, soothes, and delightfully enlightens you. Never be frightened to speak the truth always, for its most powerful property is that it can never be ignored or undermined, for it is TRUTH!]

You may ask, dear Reader, what is Truth?

My simple definition of Truth: **Truth** is an absolute, a certitude, a reality! Truth does not rely solely on people or tests to confirm something is true. It stands alone, as **Truth**. It stands the test of time; it is true for eternity! Truth is not questionable, debatable, or doubtful. If it were, it would not be truth. It would only be a theory, a thought, an idea, or even a falsehood. It would be a **lie**!

If, dear Reader, you are a person who is not satisfied with my simple definition of truth, then that is fair enough. I encourage you to read how a sample of the great thinkers describe Truth. [Appendix A.]

THE PRECISE MOMENT IN HISTORY

You find yourself, dear Reader, at the precise moment in history, which strangely enough, is the precise moment that every living human being is always at. It is the moment where only two paths are available to us. One path is the Dark Path which has been planned out over time by the Power of Darkness. And because this path is dark, extremely wide, murky, and strewn with lies and temptations, it is designed for you to stumble, get lost and fall off into the abyss.

The other path is the Light Path. It has always been there. It is a narrower and a tougher path, and has existed unchanged outside of time by the Eternal Light. As this path is brightly lit, strewn with truth and with support for you, by picking you up if you slip, you should not lose your way.

Dear Reader, it is beneficial to know that the Darkness has been trying to destroy the path of Light for approximately six thousand years and has never triumphed, nor ever will! You will eventually understand that the Light that is shining eternally for each and every soul is especially shining for you. Then you will know that it is the Light that will lead you out of your personal Darkness and heal you.

I am now going to introduce you to the "Eternal Light." Some of you may already know this Light. Some may have heard His name but only because it is spoken often. Not usually in any affirmative way, only as a curse or a form of Blasphemy. His name is heard while watching television, movies, or at workplaces, schools, factories and out of the mouths of the young and the old. Others will know nothing about Him, and some will not want to know Him, or refuse to believe in His existence.

Dear troubled soul, let me introduce you to the Good Shepherd, Jesus Christ, who leaves His healthy flock of ninety-nine sheep and goes out to find the one who has become lost. The Good Shepherd knows His own, and they know Him. Today, at this very moment, He has found His lost sheep: you, dear troubled soul, who is now reading this book searching for hope and happiness. The Eternal Light is God. He is a pure spirit, having no beginning and no end. He is omnipotent—has unlimited power. He, who is all-powerful, all-knowing, all-perfect, alljust and all-loving is calling you, dear soul, to read, to understand, to

accept love and forgiveness, and to heal! ["Thou have found Me that sought Me not." Isaiah: 65]

"Wait," you may say! Where is all this leading? Dear Reader, if you are unsure whether you want to read on because any thought of God frightens you, or you have an aversion to religion, or if you have a religion and think this might conflict with it, I do understand. But stop and think for a moment. Aren't you reading to find happiness and freedom and to rid yourself of what troubles you? Then, good: I encourage you to read on because it is only God who truly heals.

It is okay if you do not believe in God at this given moment, for He knows you. He created you and will be patient and kind with you, especially since you may be in the dark. Therefore, to explain where the Darkness originated, I must first explain the Light. And if you are not aware, it might help to know that the Good Shepherd laid down His own life to save everyone, and especially you. He is your benevolent Savior, Our Lord Jesus Christ, second person of the Blessed Trinity, The Father, The Son, and The Holy Ghost; One God, one substance in Three Divine Persons. Yes, this is a profound and Glorious Mystery! [Appendix B.]

Do you, dear Reader, ever wonder why you were born and what life is all about? May I refresh you? You were created, dear soul, by God who wants you to have life in abundance and desires you to be happy with Him in Heaven after your sojourn—your temporary stay—on earth. Now compare that to what the Darkness wants. He is an oppressor, a destroyer of life, and wants to chain you forever in Hell. So do not put the book down. Give Light a chance to shine upon your intellect; do not fear, especially if you are doubting. After all, all you are doing is reading. And more importantly, you have freedom: the freedom God gave you at your birth. His precious gift to you is your own Free Will!

Luckily also for you I am not an evolutionist, probably for two reasons. Firstly, I will not be filling in the gaps of the 25 to 350 million years ago belief with concocted theories. Secondly, as creation happened approximately four thousand years before Christ was born, this narrative has to be shorter.

[Dear Reader, if you believe in evolution as taught to you in school, I understand that this may all be foreign to you, but I would like you to ponder something. First Cause! If the world started with a Big Bang, something must have caused it. So, what caused the Bang? For example, if you say an explosion, then I ask what caused the explosion, and so on? You will always have to explain the *first cause*.]

If you already know God, let this be a refresher. If you do not know or doubt, but are wise enough to read on, do so with confidence. And if you refuse to believe, but are open to Truth, then be surprised. After this, we will discuss the origin of Darkness.

As mentioned, you will have the capability of discerning—having good judgment—for yourself again. Or if you are young, this will be something you will experience for the first time. The freedom gained from thinking for yourself will give you back your creativity, your understanding, and your life. As God is the beginning of all, we shall start there.

It is a strange thing that what now unfolds below has to even be explained again because it was not so long ago that past generations knew, understood, and believed in what I am about to tell you. The Darkness, I believe, has cast such a terrible shadow on modern mankind's thinking that it has almost blotted out this greatest reality.

THE OLDEST AND TRUEST STORY EVER TOLD

This is written in simple terms, for God's Creation is simply perfect! It is our numerable distortions that are complicated!

In the Beginning was the Word and the Word was with God, and the Word was God! God created the Heavens and the Earth, the Angels,

the Sun, Moon and Stars, the Celestial Planets, and out of the dust of the Earth, He created Man. Adam! And a helper for Adam, Woman. Eve! She was made from Adam's rib. The first man and woman were given a beautiful garden called Eden, where gentle precipitation watered the garden by night and the sun ripened the fruit by day and greened the grass by photosynthesis. God created all the animals and told Adam to name them. He created cattle, horses, and beasts, fowls of the air, fishes and amoeba, and creepy crawlies. Every evening God would visit his creation and speak to Adam and Eve, who lived in perfect temperature, in harmony and without knowledge of good or evil. That is, they lived in total innocence. They could survive without clothing and eat from the fruits of the Tree. Only one demand did the Creator give to Adam and Eve, our first parents. He told them not to eat the fruit of a certain tree. God looked at His creation and saw that it was good.

THE ORIGIN OF DARKNESS

We need to go back just a little bit. God's first thought, or creation was the most beautiful and humblest soul ever created. She was foreseen when only the ancient Uncreated was, and before any ideals of the future creation were formed.

This soul was named *Sedes Sapientiae*, in Latin, which means the "Seat of Wisdom," but later known to us as the "Mother of Christ" or the "Virgin Mary." There were nine choirs of Angels that God created Seraphim, Cherubim, Thrones, Dominations, Powers, Virtues, Principalities, Guardian Angels, and Archangels. He named the Archangels: Michael the Protector, Gabriel the Communicator, Raphael the Healer, and Lucifer the Light. Lucifer's light was so beautiful he was called Light Bearer! When sometime after his creation, Lucifer caught a glimpse of his own magnificence he experienced pride within his spirit. He became obsessed with his own beauty and greatness. Gradually he came to believe he was equal to and as powerful as God his Creator. He convinced other angels that

they were also equal to God and as powerful, and this false belief started a rebellion against God. [Appendix C]

Out of his prideful obsession, Lucifer refused to serve God. He tried raising himself to the height of his creator. St. Michael battled with Lucifer, and thrust the light bearer out of Heaven. Lucifer took a third of the rebellious angels with him. These fell into the dark abyss and lost their beauty and light. They are known as devils and are in the place we now call Hell. Lucifer also lost all his beauty and light and is also in Hell. He is the Darkness, now called Satan.

Eventually Satan discovered that God had already created something exceptionally more magnificent than himself—the Seat of Wisdom. He had no knowledge this creature was to be the Mother of Christ, the Messiah. Toward this most beautiful soul, Satan amassed such anger, envy, and hate within his spirit that he became forever unstable with an obsession to destroy anything and everything God made.

The Angels who did not rebel against God had been tested and had triumphed and were admitted into the presence of God. They remain always faithful.

In Hell, Satan took counsel with the other devils who also had learned to harbor Satan's hatred, and they devised their revenge. The first man and woman had been given sanctifying grace in their souls, which reflected light back to God; this kept them in communion with God. Satan, knowing this, conspired to destroy these souls with sin. He knew sin diminishes grace and separates a soul from its Creator. Satan took his first revenge in the Garden of Eden, and from there, the Darkness entered the world, for the purpose of destructive, hateful revenge. As time went by, he desired to completely break all of mankind's communion with God!

THE FALL OF ADAM AND EVE

Satan, camouflaged as a serpent, showed himself to Adam and Eve. He cunningly used the same trick he used on the fallen-angels by

tempting Adam and Eve with the sin of pride. He seduced Eve first, telling her that "If she and Adam ate of the fruit of the forbidden Tree, they would have knowledge and will be as great as God." His speech was so convincing and seductive that Eve fell for the lie and ate first. Then she tempted Adam and Adam ate. That evening when God came to visit them in the garden, He could not find them. Their eyes had been opened to the knowledge of good and evil, and their innocence had gone. They were ashamed of being found naked before God. They tried to cover their nakedness with fig leaves, and they hid from Him.

Adam blamed Eve for eating the fruit. Eve blamed the serpent, and the serpent had no leg to stand on. (Yes, this is a joke!) However, the narrative you have just read is no joke—no myth. It is truth! I realize you may doubt, for this is not often taught any more even by so-called followers of God. If it is taught, it is done as a myth—a story for children! Can you guess, dear soul, who the "Darkness" is that is able to shadow this profound truth from the modern world by using pride?

The decision of our first parents to disobey God and be seduced by Satan resulted in three devastating results. Firstly, not only was the Garden of Eden closed off to Adam and Eve, but Heaven was closed off too. Secondly, the sanctifying grace given to Adam and Eve at their creation was lost. Souls blackened by mortal sin cannot reflect light back to God; therefore, breaking communion with Him. Thirdly, we, the children of Adam and Eve, inherit this Original Sin. It is the dark stain of pride. This sin is in our souls when we come into this world. Only Baptism can wash away the original sin. It is the Holy Ghost, the third person of the Blessed Trinity who gives sanctifying Grace, and brings us back into Communion with God. Unfortunately, the effect of original sin lingers within us. Dear Reader, try not to be angry with our first parents. Think, if God had chosen any other parents, would the outcome have been any different?

Earth, Adam and Eve's new home, was certainly no Garden of Eden, where God had provided all their needs, physically and spiritually. Instead, from the Fall from Grace onwards, we have had to labor and struggle to exist by the sweat of our brow, sowing and reaping in a hostile environment, because even the earth felt the effect of the fall. So, dear soul if you think life is challenging, you are thinking correctly. We have two enemies to battle in our daily life. We have our own inclination to sin (the effect of Original Sin), which Satan keeps reminding us of with his temptations. Secondly, we have the enticing environment of the world, which is strewn with all types of worldly delights, like offering worldly elicit pleasures, power, wealth, etc. to distract us and leads us off the Light Path. **[Appendix D.]**

CAIN AND ABEL

I am just going to tell you about the first two children born on Earth. This story will help explain something I will write about later, with regards to the Invisible Great Swindle.

Now trying to survive on earth, Adam and Eve would offer sacrifices to God, and repent of their terrible sin. Cain and Abel, like their parents, learned to offer sacrifice to God. Cain was a farmer and offered to God the fruits of the land, but not the best of his produce; those he kept for himself. Cain was selfish with his sacrifice. Abel was a shepherd and when he made sacrifice to God he chose the best of the flock; an unblemished lamb, and offered it in great reverence. God was not pleased and rejected Cain's scanty offering, but with Abel's offering he was very pleased.

On hearing this, Cain did not correct his mistake and make a better fuller offering to God; instead, he grew in malice and anger towards his brother. He conjured in his mind to kill his brother, and without much thought, he slew Abel. After this, God put a mark on Cain; this mark stopped anyone else from killing him. He was banished, and lived as a vagabond upon earth.

Hopefully, dear Reader, this above information has gently established for you the eternal existence of the Light who is God. He is in Heaven, and He is everywhere. Also, the existence of Darkness and the

expulsion of the darkness, Satan, who was sent into Hell. Satan now roams the world with all his devils seeking the ruination of souls!

You probably have doubts, especially if this is all new to you. However, as you are still searching for happiness I encourage you to read on. We are now skipping the years in between the Fall from Grace to arrive at the mid-twentieth century. During those intervening years, Satan has done his best to steal souls from God. He has created as much disturbance to individual souls and to the world as he and his devils could muster.

During those long years, however, it was not a one-way street, as Satan had tremendous opposition, especially from all souls who prayed and did penance and from all who kept God's Commandments and who did not listen to Satan's lies. These lies did not necessarily come directly from Satan, but his devils planted these lies into his earthly agents; human tempters, and seducers. Satan's attacks continue to our present times, but with a difference! From the 1960s they have become more intense, more intellectual, and darker than any other time in history. Those dark ominous waves, described in my dream, just keep pounding at us today! Dear Reader, if you are not aware of Satan's attacks on us, hopefully it will become clearer as you journey through the pages.

[I realize most humans living today do not accept the majestic reality of God's Creation. Modern pride makes mankind believe the universe created itself, and its intelligence appeared out of a chaotic bang. They believe humans evolved from apes. They also believe man alone is responsible for their great discoveries and inventions, or they give praise to some deity who has never shown itself! Human's finite mind cannot perceive the Infinite mind of the God of love, so powerful as to create everything from nothing, including our own soul, the world, and the beautiful order of the universe, and everything in it, seen and unseen. He is a God who allows humans to explore freely. Sadly, this pride and ignorance has become humankind's greatest downfall! Read on to discover why!]

CHAPTER THREE: THE WORLD'S BEACON IN ECLIPSE

SECOND SECTION

For all troubled souls, all Readers, believers, non-believers, doubtful, inquisitive and all others, who think the Catholic Church is the "Seat of the Antichrist," this section may be very helpful to you. Satan, who has been wanting to destroy Christ Church and bring destruction to all souls from the outset, has successfully done serious damage. It is most important for you to realize a "Swindle" took place, and the visible church you recognize as the Catholic Church in the city of Rome is now indeed the Seat of the Antichrist.

[However, there is a distinction to be made! It is not the True Church built on the Rock of Peter that the Good Shepherd gave us. That True Church, the true Beacon, is in eclipse; waiting, hoping, and praying in the Catacombs, as the first Christians had done.]

[Dear younger Reader, this second section, as mentioned before, may be full of information not familiar to you. I am hoping you will understand the gist of the section and know that by the end of the Cuban Missile Crises section that a robbery had occurred; which I am reminding you still has a dreadful influence on everyone's day-to-day life!]

[NOTE, dear Reader, I make no attempt to speak on behalf of the True Church. I am certainly not qualified to do so. I am only discussing my personal understanding of what has happened in the past, and how it affected and still affects the world and the souls in it. I will also reference other people's professional observations of the Swindle. Also the attempts to destroy Western Civilization, hence destroying the world at the same time, and in which case this does affect you, me and everyone else.]

THE BEACON THAT SHONE FOR THE WHOLE WORLD

Dear Reader, our Creator gave us the Light of the world, and every person coming into the world is enlightened by this light, the light of the Eternal God.

Through the many centuries since the Holy Ghost came down from Heaven at Pentecost, after Jesus had died on the cross and rose into Heaven, which opened Heaven to us again, up to about the midtwentieth century around the 1960s, most of the world's population found their trust and security in the "Beacon of the World." This was known for nearly two thousand years as the "One, Holy, Catholic, Apostolic and Roman Church." (To avoid any confusion, dear Reader, I will now refer to the True Church only as the One, Holy, Catholic and Apostolic Church, since this Church no longer exists in Rome, but only in her faithful members). Past generations clung to this Church having the "Pure White Disc" found in its heart, and through their faith they were holding back Darkness. They were constraining Satan!

In this Light they found their reason for living; they knew, loved, and served God; they were very aware of Satan and other temptations of the world. By their faith, prayers, fasting, sacrifices, and good works, they were able to diminish Satan's power over themselves and over others in the world.

I am certainly not saying past generations did not have troubles and did not sin or suffer or fall prey to Satan. On the contrary, all generations have been sinners. Satan tempted them as he tempts us now, and like us, they have all known suffering in various degrees.

Unlike now, however, they partook in the Sacraments (a sacrament is a visible outward sign of an invisible inside sacred action), of the Holy Church and felt their sustaining power, which strengthened them against troubles, especially when they had fallen into sin. This power was coming through the Church—from the Blessed Trinity. They knew Baptism washed away Original Sin and made them adopted children of God. The Holy Sacrament of Confession, for example, would wash away their sins and return reflecting Light to their souls, uniting them to God.

The Sacrament of Holy Communion, which is the unbloody renewal of the sacrifice on the Cross, allowed their souls to be nourished and sanctified. This consecrated "Small White Disc" of the Blessed Host raised their spirits and supernaturally strengthened and sustained them. It contained (the Body, Blood, Soul, and Divinity) of Our Lord Jesus Christ, their Savior.

In the Holy Sacrament of Confirmation, they found gumption, their fortitude to face difficulties and to war spiritually against Satan's temptations. Then in the Holy Sacrament of Matrimony, they found sanctifying Grace, giving strength to struggle through any troubles, and find blissful happiness in the good times and comfort in the bad times.

When the time came to leave life, they faced it with the help of the Holy Sacrament of Extreme Unction. This sacrament would often bring the sick back to health. It began to be called the "Blessing of the Sick." If a cure did not come and it was time to die, they knew they would pass over to eternal life. (To either an eternal misery in Hell, or a temporary purifying suffering, because any soul tainted with impurity does not go straight to Heaven. It must first pass through Purgatory.) Or if worthy, pure souls passed straight to a life of perfect "Eternal Happiness" in Heaven. They knew all this was depending on the state of their own soul at death.

No matter what overwhelming troubles were confronting our ancestors in their day-to-day lives, while exploring, pioneering, achieving, suffering, creating, developing, reproducing, struggling, and growing, they could stay focused. They could work through their problems, no matter how thick the black waves pounded them. They found courage to accept and deal with failure and suffering, if and when these problems came. Dear Reader, you are doubting. How, you ask? They simply knew there was always something at the very core of their own soul something greater than themselves. Someone to cling to; someone to trust. Jesus Christ, their savior and the source of all happiness, was found within. He, who knew them intimately, loved them immensely and would be there for them. He who first suffered for them, through the cruelest death on the Cross, was always with them, and always would be. Jesus Christ, the "Light of the World," truly present in the "Tabernacles" of His Holy Church, was found in the tabernacle of their own soul. *He was their compass; their balanced equilibrium*.

[Dear Soul, you may wonder why I am only focusing on one Church. Trust me. There is a reason. I will explain this when I do discuss other religions. In most of the world for the larger part of time, everyone referred only to "The Church." Only in recent centuries have we found ourselves with vast numbers of other denominations and belief systems.]

THE LIGHT THAT DISPELLS ALL DARKNESS

Dear troubled soul, I want to say to you right now that previous generations, for nearly two thousand years trusted, loved and obeyed "The Church!" "The One, Holy, Catholic and Apostolic Church" of our Lord Jesus Christ, and this is what you unknowingly are searching for. It is the "Light Compass," and it is what you need to disperse your troubles and rid yourself of darkness. It is what sustains and balances your equilibrium, so you can be healed. This dear Reader, is a perfectly correct statement, **BUT** only if you understand that the Church I am referring to is the **Supernatural Church** of Jesus Christ built on the Rock of Peter. Please note that it is **not** the fake Vatican II Church calling itself Catholic and operating unlawfully from the Vatican Basilica in Rome. Truly, but sadly, the True Church was "Swindled" and replaced with a fake. Consequently, the True Church has been eclipsed!

Are you thinking this might be a "conspiracy theory" and so does not interest you in any way? To conspire means to: make secret plans jointly; to commit an unlawful or harmful act. (Oxford Languages). I believe, dear Reader, the Catholic Church and our Western civilization have been conspired against and I would like to show you how this happened. I would like to show you what was able to stop the flow of "Sacramental, Supernatural, Sanctifying Grace," which used to pour out onto the Church and onto the entire earth bringing God's Blessings to the world!

Dear soul, you might be cringing even at the thought of having anything to do with the Catholic Church, and this I truly understand. Especially if you only associate it with what you currently perceive it to be in these present times or if you know little or have pre-conceived ideas about the Supernatural True Church!

I have just mentioned that I believe it is truly what you need. Then, straight after this, I tell you that the Church is not visible to you. This may be very confusing. You might be considering putting the book down, and why would you even care how or why the eclipse happened? How does this affect you and your troubles? Also, you are probably caught up in some trying sufferings of your own at this precise moment, but I do encourage you to soldier on as it does truly relate to you.

Let me explain very simply. The "Eclipse" I write about is a dreadful reality, which amazingly involved the Russians, the Americans, the Cubans and the rest of the world in a Nuclear Cold War. This was all controlled by Satan and his earthly agents, the "Powers That Be," using human white-ants working inside the Church for hundreds of years.

I do think it does need to be explained to you, dear soul, so you may know the truth and therefore avoid being deceived. Probably you do not realize it yet, but as mentioned, the loss of "Sanctifying Grace" through the swindle dreadfully affects you. Stay open to truth, for the "Light of Knowledge," and the ability to gain actual Graces will help you understand and help you to rid yourself of any troubles.

Dear Reader, this "Masterstroke" that you will read about, which Satan pulled off in 1958, has brought us to our current time of "diabolical disorientation," of confusion, mistrust, instability, insanity, imbalanced equilibriums, a lack of trust, and the rate of suicide unheard of in previous generations.

Today you see the visible church, which calls itself Catholic, scattered around the world in suburbs, in cities, basilicas, cathedrals, schools, universities; or you hear about it on the news with stories of corruption, child sexual abuse etc.; or see it at the Vatican, or hear from the mouth of Francis. Now don't be fooled by what you see or hear dear Reader, this church just described is now the "Synagogue of Satan." It is a mimic of the real Church. Francis is a fake pope, just like all the previous five fake popes, which you can read about further on. This is probably a bold and disturbing statement, but to know the Truth does set us free!

The hidden, "One, Holy, Catholic and Apostolic Church" is truly supernatural, and as Jesus taught us, "He will be with us always even to the consummation of the world." Thankfully, the True Church is still with us! At this moment though, it exists only in the hearts, minds and actions of faithful baptized followers who refuse the Fake Church. The faithful carry on in union with the true magisterium, the teachings of the Church Fathers, and the True Popes' infallible teachings up to 1958. They keep the "Deposit of Faith" given by Jesus to His Apostles.

[To know the difference between the Fake and True Church, I will give a brief description of both.]

First, the eclipsed, "One, Holy, Catholic and Apostolic True Church," NOT currently seen in the world. There are four principles to know the True Church: **ONE** means One Head, Our Lord Jesus Christ, and One Faith, One Baptism.

HOLY means goodness, void of any evil. The Church is Holy because Jesus, the head, is Holy.

CATHOLIC means universal because it is for all people, for all times, and in all places.

APOSTOLIC means the teaching of Jesus passed down by the Apostles to the Church.

Its sole purpose is to sanctify and save souls and lead them to Heaven. Like its Head, Jesus, it is never political. Yes, sinners and hypocrites are within, but Jesus came to teach us to stop sinning and to stop being hypocrites and to aim at becoming saints. He came to save us, especially sinners and hypocrites.

Second, a brief description of the "False mimicking church of Vatican II" visible in the world today, which has eclipsed the True Church:

ONE means multiple faiths, multiple fake masses/rituals, multiple imposters.

HOLY means evil is welcomed, goodness is frowned upon, and members are re-educated. It is evil because its head, Satan, is evil.

CATHOLIC now means "The Powers That Be," welcoming all religions including Satanism, Luciferianism, worshipping man as god, and indoctrinating the followers with false teachings and lies.

APOSTOLIC means distorted and re-written texts, passed down by anti-popes, and implemented by imposters, hirelings, homosexuals, pedophiles/abusers, witches, soothsayers and Satanists.

Their sacrifices to their new god, Satan, are offered in the Novus Ordo "mass" as a piece of unleavened unconsecrated bread and wine. (Worse in darkness and secrecy, those who took over the True Church, offer to Satan human sacrifices in "Black Masses.") Its sole purpose is to gain power directly from Satan so they can destroy souls by leading them to Hell. (Yes, some good souls still attend this fake church, probably through some sort of false, confused obedience.)

Dear patient Reader, when the truth of the Swindle is known, we can then concentrate on your problems and implement remedies. While you read, remember that The Good Shepherd who found you here amongst these pages is patiently waiting for you to start letting Him into your thoughts and your heart. Pray to Him, if you do not know how to pray, just speak to Him in your mind. Use your own words and welcome Him into your heart, for you need to mend.

First it may help to know about the event which caused Satan and his "Powers That Be" to rampage the earth, arousing him to bring on his ancient hateful plan. As mentioned, this plan had been festering in him since he first heard about God's initial created being, Mary the Mother of God! This event brought on a "Demonic Jealousy," which never before had raged with such diabolical strength!

Within the Catholic Church on August 15, 1950, a very glorious event happened; Pope Pius XII announced to the world a dogma. It had been a long time in coming, as it was something that was known and believed since Apostolic times. He announced that Our Lady, "The Mother of God" (*Sede Sapientiae*) was Assumed soul and body into Heaven! This is known as The Assumption." ¹



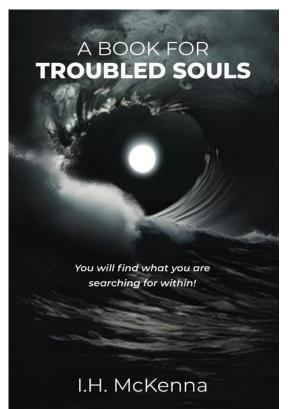
[Mary had heard God's voice calling her, and amid the longing of supernatural communion, love took away her soul. Like that of her Divine Son, her virginal body did not know corruption. She was raised from the dead, and more radiant than the sun, she rose on angels' wings to the seat of Eternal

Glory! She was crowned in Heaven by her Son, Our Lord Jesus Christ, and reached the majestic heights as Queen of Heaven and Earth!]

It was this event which tore open the gates of Hell. Satan now, disguised as an "Angel of Light," began to roam the world sowing seeds of discourse. He instructed his devils to wreak havoc on earth, as will be described during the sixty-five year period. Satan and his devils prepared the final stages of the very ancient "Freemasonic Plan" to swindle the Church and wipe-out the True Church. He then also organized the 1962 "Sleight of Hand," bringing about a revolution within the very heart of the Church which affected everyone, everywhere!

During the eight years between 1950 and 1958, with the announcement of the dogma of "The Assumption," and the 1958 Masterstroke, Lucifer's jealousy was re-enkindled. How could a mere human woman, called Mary, rise so far above him? Lucifer was enraged!

From Lucifer's jealousy, a brutal fiery force arose causing his devils to form a massive, frenzied army, who he dispersed onto the earth in fury! They spread agitation and lies, especially between followers of Christ. Satan, his devils and his human accomplices, the "Powers That Be," declared open warfare on God and On His Church and on everyone in the world!



Hope for troubled souls. Living in this time in history has confused us and made us vulnerable. Learn what and who has caused this world chaos. Find solutions, and finally experience what every soul is looking for; True Happiness.

A Book for Troubled Souls By I.H. McKenna

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