

Seasons of the Soul is a compilation of both romantic and socially aware poetry.

Seasons of the Soul

By Heather Koelle

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THE SEASONS OF LIFE

Spring follows winter's cold breath.

Tiny buds form on bare branches
on the stark maple tree,
just waking up from its winter sleep
a crocus pushes through the half-frozen ground,
as a mother pushes out her newborn baby.

The maple leaves begin to unfurl
to a pale green,
dappled with sunlight.

A five-year-old boy begins kindergarten.

His excitement apparent as he boards the school bus for the first time.

Flowers and bushes explode in a riot of color fresh and new.

Spring serves its own role in its own time. Summer arrives.

The maple tree now shades a house with its thick green leaves.

A boy graduates from high school full of promise as he moves toward adulthood. Summer has entered in with steamy days,

Heather Koelle

thunderstorms, swimming pools, boats, and baseball.

A loon cries its haunting call in the Maine night.

Frogs croak, owls hoot,

and lightning bugs announce their time.

As summer draws to an end,

the maple's green leaves hang, wilting in the August heat.

A mother is getting her children ready for high school or college.

Autumn is the "New Year" for school.

New clothes, new books, new classmates.

High schools and Colleges hold tryouts

for football, soccer,

chorus, band, or orchestra.

Between frazzled trips back and forth

to school activities

mother is managing three children all going in different directions.

Looking in the mirror

the mother notices some stray gray hairs,

and lines around her eyes and mouth,

The price and joy of parenting.

Autumn appears.

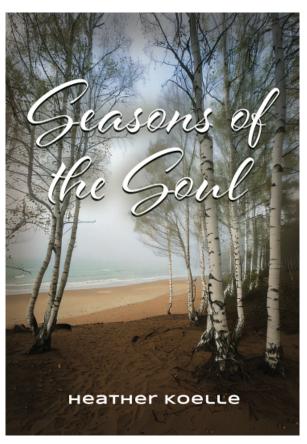
About the Author

Heather is a late bloomer. As a retired music therapist, writing was only a hobby. But since 2018 when she joined The Writers Guild of Delco, writing has become her primary passion. In addition to her first novel, *Invisible Thread*, published in 2021, she now adds a collection of short stories written from six years.

Heather lives with her husband of 59 years and has three children, and five grandchildren. She lives in Wallingford, PA.

When not writing, Heather is a voracious reader, and is a member of two writer's groups and a poetry group. She swims at least three times a week and is adding yoga to her exercise routine.

Heather also enjoys the country and nature, especially Maine which renews her spirit.



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