

A 60-day devotional containing Bible verses, stories that bring the verse to life, related subjects for focusing, and journal prompts. The style and life stories speak to teens in a real and "non-preachy" way that teens can relate to.

**BIBLE WISDOM FOR TEEN GIRLS:
BACKPACK BIBLE SERIES - BOOK TWO**

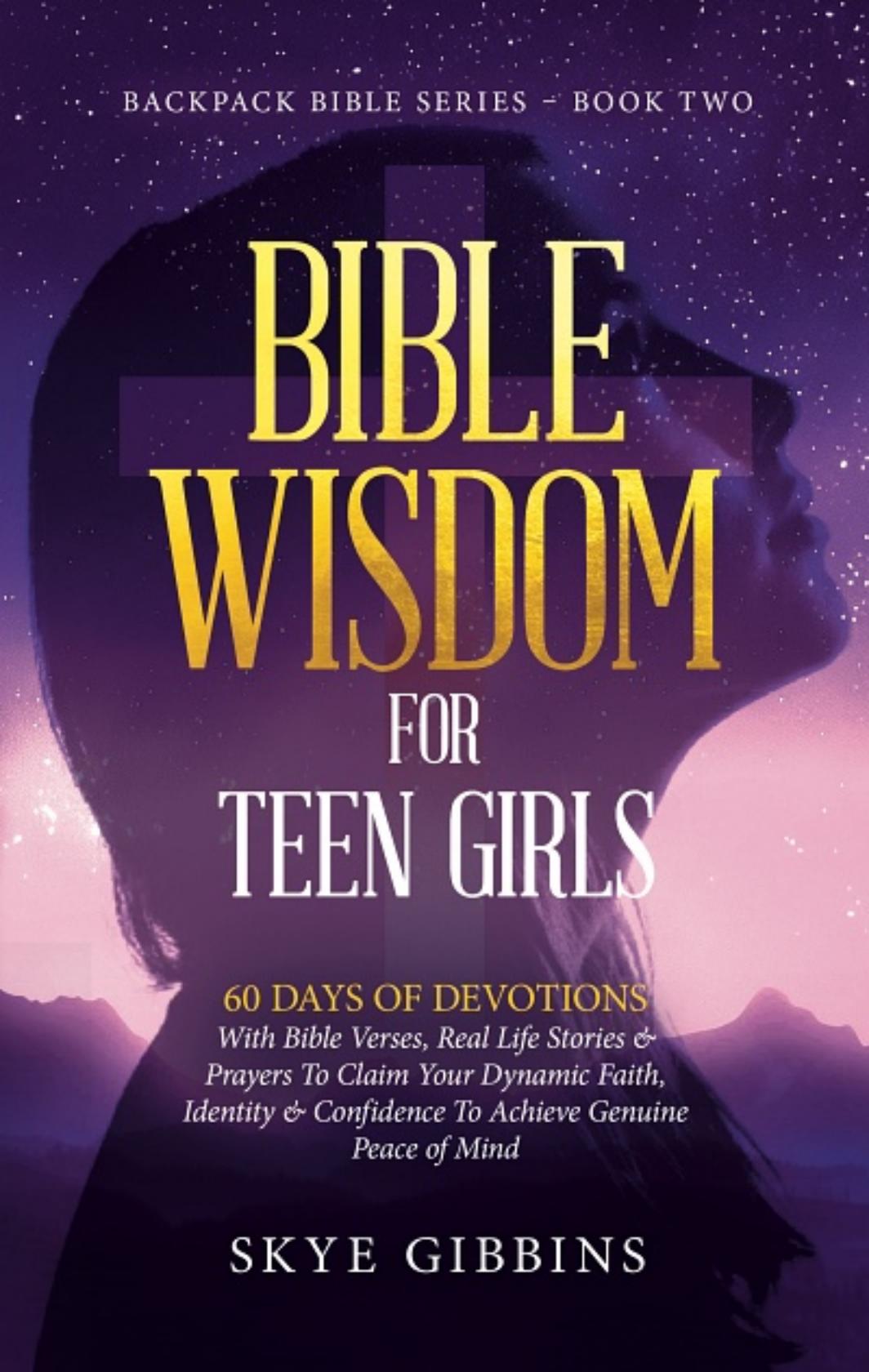
By Skye Gibbins

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BACKPACK BIBLE SERIES - BOOK TWO



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FOR
TEEN GIRLS

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*With Bible Verses, Real Life Stories &
Prayers To Claim Your Dynamic Faith,
Identity & Confidence To Achieve Genuine
Peace of Mind*

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BACKPACK BIBLE SERIES
BOOK TWO

SKYE GIBBINS



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1.

THE MIDDLE OF EVERYWHERE

*Where can I go from your Spirit?
Where can I flee from your presence?
If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.*

PSALM 139:7–8 NIV

Before David ever became a king, he was a shepherd boy—surrounded by sheep, stars, and silence. His brothers didn't think much of him, and even his father left him out when the prophet Samuel came looking for Israel's next leader. But in those long, quiet nights, David began to know something the others didn't: that God was close.

When he faced wild animals, God was there. When he played his harp, God was there. When he ran from King Saul and hid in caves, feeling forgotten, God was *still* there. Whatever the circumstances, when David felt confused or lonely, he poured out his heart in songs that praised a God whom he knew never

left his side. Psalm 139 is one of those songs. It's David standing in awe: "*God, You're everywhere. You know everything about me. And still... You love me.*"

David's heart was far from perfect, but it was *surrendered*. He praised God through confusion, pain, terrible guilt, and even the loss of his child. His life reminds us that authentic worship isn't about having everything figured out, or chasing after God—it's about trusting that we are fully known and deeply loved by the One who made us.

Easy to Remember

Wherever I am, God already is.

Think About It

What would change if you truly believed God is with you in every moment? David wasn't just playing at religion; he was saturated with a love and knowledge of God, and he expressed it so beautifully in Psalm 139. Read the entire Psalm and then try to walk in ongoing praise today.

Prayer for Today

Lord, thank you for being present in every place and every feeling. Help me see You not just in church or during quiet time, but in the middle of my everyday life. Open my eyes to Your beauty and fill my heart with praise. Amen.

Take Away

You are never outside God's reach. His presence isn't a place you visit—it's the air you breathe. He knew you before you were even created, and knit you together. Now, how close is that?

Open That Journal

Where do you notice God most easily? What part of your life feels hardest to believe He's there?

Write a few lines of your own "Psalm 139," thanking Him for being everywhere you go.

3.

A QUIET PLACE

*“You will keep in perfect peace those whose minds
are steadfast, because they trust in you.”*

ISAIAH 26:3 NIV

Susanna Wesley lived a life that looked impossible from the outside. She was the mother of 19 children in the early 1700s—yes, nineteen. Only ten of them survived past infancy, and Susanna carried the grief of burying nine little ones. Her home was often chaotic, loud, and full of needs that never seemed to end.

Her husband struggled with money, leaving the family in poverty. At one point, he was even taken to debtor’s prison. Twice, their home burned to the ground (once possibly from arson) forcing Susanna to start over with almost nothing.

She cooked, cleaned, taught, disciplined, organized, prayed, homeschooled, soothed, and carried her family through every

storm. She didn't have quiet mornings, tidy schedules, or long moments to herself.

But she *did* have Jesus.

And Susanna made a decision: *If she couldn't escape the noise, she would meet God right in the middle of it.* With no private room to pray in, she came up with a brilliant idea. When she needed time with the Lord, she sat in her kitchen chair and pulled her apron up over her head! That apron became her prayer closet.

While pots boiled, children argued, and chores waited, Susanna created a little sanctuary beneath that cloth—just her and God. And her children learned: *“When Mama's apron is up, she's talking to Jesus.”*

That simple, sacred act shaped her life... and the world. Through her steady faithfulness, she raised two sons who would change history: John and Charles Wesley, whose preaching and hymns impacted millions.

Susanna didn't wait for life to calm down so she could be close to God. She found peace amid the chaos because she couldn't find peace in a quiet house. It's found in a quiet heart.

Easy to Remember

You can meet with God anywhere—even in the chaos.

Think About It

Life won't always give you quiet moments. You might be dealing with noise, pressure, school stress, friend drama, family responsibilities, and a schedule that feels totally full. But Susanna Wesley shows us something powerful: You can create a quiet place with God wherever you are.

It might be your room or your car, or a bench at school. It could show up in the last minutes before bed. And let's not overlook one of my favorite places: the shower.

Jesus doesn't wait for perfect moods or perfect peace. He just waits for you.

Prayer for Today

Lord, help me be creative in finding moments to be with You, even when life feels busy or loud. Quiet my heart with Your peace, and teach me to seek You, no matter what's happening around me. Amen.

Take Away

Peace doesn't come from calm circumstances—it comes from opening yourself up to receive the peace that only He can give, no matter what life is doing around you.

Open That Journal

Where could you create your own “apron moment” with Jesus?

Skye Gibbins

Write down one place or time in your day where you can quietly meet with God, and then write a statement of commitment to doing that. After a few weeks, it will feel like a healthy habit. And after a few months, you won't even have to think about it!

6.

THE COMPASSION CAFÉ

*A good man takes care of the needs of his pets,
while even the kindest acts of a wicked man are
cruel.*

PROVERBS 12:10 TPT

This story of kindness and compassion moves us from the stage of World Competitions, Olympic gold, and a talented young woman of faith, to a small town on a small island— and a man who listened to God’s prompting in his own humble way...

In the town of Mytilene, on the Greek island of Lesbos, a small coffee shop (the Hott Spott) became famous not just for its espresso but for its compassion. Each night, when the last customer left and the chairs were stacked, the owner, Niki Belissary, unlocked the doors for a very different kind of guest—homeless street dogs. The city streets could be harsh and cold, but inside the café, the dogs found mats, blankets,

and bowls of water waiting for them. Some curled up on chairs. Others stretched across the floor, finally able to sleep in peace. It was okay for them to become “regulars” or just stop in for a night or two.

The owner didn’t do this for money, attention, or praise. In fact, he expected nothing in return. For Niki, the issue was that he just couldn’t bear to see the unloved dogs wandering the streets without shelter. Over time, customers began to notice, and the story spread. People from all over the world were inspired by the quiet generosity of one man who treated forgotten creatures with dignity and kindness. His café became more than a business; it became a sanctuary. And in that act of compassion, Niki reminded everyone who walked through his doors that mercy is most potent when it reaches beyond our own circle to those who have no one else.

Easy to Remember

God’s love reaches the forgotten, and ours should too.

Think About It

Proverbs reminds us that a good person cares even for animals. The way we treat the most vulnerable—whether a stray dog, a struggling friend, or someone society ignores—reflects the light of God in us. We live in a world that tends to attribute value to people (and animals) based on what they can offer us in return. But the Bible shows us a different way: kindness that

may require sacrifice, compassion that reaches beyond our circle, and mercy that sees worth in every life.

What would it look like if you treated everyone—and everything God created—with that kind of care?

Prayer for Today

Lord, open my eyes to see needs around me, even the small ones. Give me a heart of compassion that goes beyond convenience or comfort. Help me show kindness to Your creatures and Your people, reflecting Your love in the way I live. Amen.

Take Away

Compassion is infinite, and it reflects God's care for *all* creation.

Open That Journal

How do you usually respond when you see a need—whether in people, animals, or situations around you?

How can you ready yourself to recognize the need for compassion when it shows up, though it might mean moving beyond your usual circle of care?

11.

CHASING THE CALL

*Then I heard the Lord asking, “Whom should I send
as a messenger to this people? Who will go for us?”
I said, “Here I am. Send me.”*

ISAIAH 6:8 NLT

*Those who cling to their lives will give up true life.
But those who let go of their lives for my sake and
surrender it all to me will discover true life!*

MATTHEW 10:39 TPT

When Jackie Pullinger^{vii} was just twenty-two, she boarded a ship to Hong Kong with little more than a suitcase, her clarinet, and a conviction that God was calling her somewhere—though she had no idea where that might be.

The voyage took weeks, and at every port she prayed, “*Lord, is this where You want me?*” But when the ship docked in Hong Kong, she felt a quiet certainty: “*This is the place.*”

Soon, she found herself standing before the infamous Walled City, a cramped, lawless warren of alleyways and gang-controlled rooms. Drugs, prostitution, and poverty filled every corner. Most people wouldn’t even walk near it. Jackie walked in.

She began teaching children by day and visiting heroin addicts by night, praying for them with a boldness that shocked even the hardened gang members. When she prayed, long-time addicts were released from their bonds and went through withdrawal without medication. Hardened men wept and surrendered to Jesus.

Jackie wasn’t brave because she was fearless; her courage came from knowing she was *sent*. She once said, “*God wants us to go where we are not strong, so His strength can be seen.*” Her life echoes Jesus’ words: whoever lets go of their life for His sake will find it.

From the narrow, filthy alleys of the Walled City (which was eventually torn down) to the lives she continues to touch today, Jackie Pullinger shows what happens when someone says, “*Here I am, Lord. Send me.*”

Easy to Remember

When I say yes to God, He writes the story.

Think About It

Obviously, not everyone is sent on the type of journey that Jackie was. But we *are* all asked to surrender to God's plan for our lives. In your everyday circumstances, how can you start remembering to control less, surrender more? You'll be surprised by what God may have in store for you!

Prayer for Today

Lord, give me courage like Jackie's: to step where You lead, even when I'm scared or unsure. Teach me to trust that when I lose my life in You, I'll find the life You created me for. Amen.

Take Away

God doesn't call the fearless—He calls the willing. Your “yes” can change someone else's world.

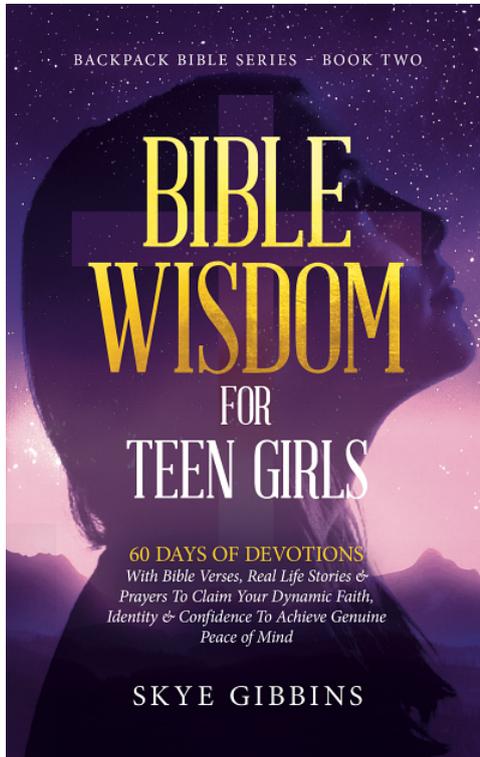
Open That Journal

Where is God nudging you to serve, speak up, or step out?

Write about what you know or are sensing, and then at the end, write: “*Here I am, Lord. Send me.*”

NOTE

^{vii} Jackie Pullinger, *Chasing the Dragon: One Woman's Struggle Against the Darkness of Hong Kong's Drug Dens* (Minneapolis: Chosen Books, 1980); supplemental biographical information from Wikipedia, “Jackie Pullinger.”



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