

Innermost Journey: Poems for a Lifetime is a soul-stirring poetry collection exploring love, loss, faith, and resilience. With grace, Nanette C. Orange invites readers to discover hope, strength, and splendor in life's defining moments.

Innermost Journey: Poems for a Lifetime

By Nanette C. Orange

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Innermost Journey

Poems for a Lifetime

Nanette C. Orange

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Print ISBN: 978-1-959624-82-0

Ebook ISBN: 979-8-88532-147-1

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Published by BookLocker.com, Inc., Trenton, Georgia.

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BookLocker.com, Inc.
2025

First Edition

Library of Congress Cataloging in Publication Data
Orange, Nanette C.

Innermost Journey: Poems for a Lifetime by Nanette C. Orange

Library of Congress Control Number: 2025919991

Contents

Acknowledgements.....	xi
Foreword.....	xiii
LIVING	1
Welcome.....	3
Where's the Little Girl?	4
This Is Your Life, Mom	5
My Friend, the Sea	6
Colorful and Purposeful.....	7
Surrender	8
Too Tempting.....	9
Alone with My Thoughts	10
Park Life	11
Poem to Poet	12
Bring Back the Poet.....	13
LOVING.....	15
Dance of a Lifetime	17
Who Are You?.....	18
Dearest Son.....	20
The Rose.....	21
In Love Again.....	22
Separation Anxiety	23
Always a Mother.....	24
No Words Needed.....	25

Stop the Clock.....	26
LOSING.....	27
Did She Forget?.....	29
A Year Later.....	30
Missed.....	31
Lost Moments.....	32
Promises, Promises.....	33
Train Commuters.....	34
Shine for Me, Evening Star.....	35
Demolition of Innocence.....	36
April Rain.....	38
Non-constructive Criticism.....	39
Unwanted Silence.....	40
Broken Vows.....	40
Double-Masked.....	40
Frozen in Time.....	41
The Garage Sale.....	42
A Wall Reflects.....	43
LEARNING.....	45
God's Plan.....	47
The Streets of Downtown.....	48
After the Storm.....	50
Inner Peace.....	51
Uncounted Blessings.....	52
The Key to Empathy.....	52
Self-Love.....	52
Nature of Thanksgiving.....	53

Innermost Journey

Spirit Sailing	54
No More U-Turns.....	55
Tomorrow	56
Forgiveness	58
Paper's Anchor.....	59
My Best.....	60
Rumor Control.....	61
Hope Prevails.....	62
Simplicity and Tranquility	63
Notes to the Poems	65
About the Author.....	67
Have You Read?.....	69

Living

*Like seasons, life has intervals—some
etched in gold, some laced in white.*

Nanette C. Orange

Welcome

Welcome to earth, my dearest child.
Your flight will balance dark and light.
Like seasons, life has intervals—
some etched in gold; some laced in white.

You might endure a slip or two
as you attempt to grasp and crawl.
Just grip the hands of diligence
and aim to rise if you should fall.

Around the tender age of five,
the bells of school begin to hum—
it's time to learn to read and write.
A scholar you may well become.

The focus may shift in teenage years—
the trendy clothes, the prom, the grades.
Desire to “fit in” might reproach.
Be wary of peer pressure's blades.

At thirty, one may multitask—
the children, spouse, and spry career.
Some people say: “Go for it all,”
but don't relinquish what is dear.

In golden years, the past may knock,
enticing one to voice regrets.
Embrace the wisdom aging brings,
and learn from yesterday's upsets.

Go soar, my dear—the world awaits.
Unveil the notions of your heart.
Remember, I'm a wing away;
my saintly love will not depart.

L o v i n g

*Our love sprouts like roses;
each bloom opens in layers,
a budding so refreshing,
we forget earth revolves.*

Nanette C. Orange

Dance of a Lifetime

Under crystal chandeliers,
violin strings and piano keys mingle
to sing their story
as we orchestrate ours
on the ballroom floor.

Eye to eye,
palm to palm,
heartbeat to heartbeat,
we begin our partnership.

T w ^{i r l} i n g,
gracing,
gliding,
e x t e n d i n g,
our steps voice passion.
We yearn for the dance turns
that bring us cheek to cheek.

Lost in rhythm,
we waltz in leaps with time,
unaware of onlookers,
unaware of when minutes
become hours.
We long to whirl forever—
an eternity comprised of dancing
to music that we'll compose—

a dance with no finale.

L o s i n g

*We sprint through life—
no time for nature walks,
no time to reflect or to relax.
We lose the moments
“to be.”*

Nanette C. Orange

Did She Forget?

Snubs followed her
as she scurried high school halls,
attempting to flee
whispers and finger pointing.
Her Levi's and robust frame
didn't meet the "standards."

Cotton pillows endured
her punches and midnight sobs.
She tugged the fiber
as if it were her only friend
as she pondered,
What am I lacking?

High grades and test scores
later led her to Ivy League schools,
summa cum laude status,
and an undefined superiority.

Today, she parades hospital halls
with a stethoscope of arrogance,
acknowledging only employees
with MDs behind their names
and barking at ones without college degrees.

She's practicing medicine;
dressing and healing
patients' wounds,

unaware her own remains open.

L e a r n i n g

*My gray vision will be colored
with an arch of understanding.*

Nanette C. Orange

God's Plan

You have a plan for me, dear Lord,
one that I don't quite understand.
I will not question this plan
or how long it will take to unfold.
In time, You'll unroll the divine design.

I don't know when or how
the message will materialize
beyond the cotton-white clouds,
but I'll recognize signs.
They'll beam like neon lights,
follow me like shadows,
and visit my midnight dreams.
My gray vision will be colored
with an arch of understanding.

Meanwhile, I'll remain faithful
and trust Your will for my life,
even when I'm tempted
to deviate from Your plan
or when visitors hauling
impatience and doubt
attempt to dwell in my thoughts.

In prayer, I'll wait, dear Lord,
for the unveiling of the unknown.

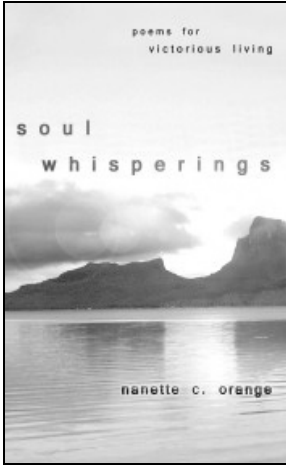
Nanette C. Orange, a retired paralegal, resides in Miami, Florida, surrounded by a loving family.

Innermost Journey: Poems for a Lifetime is Ms. Orange's second volume of poetry. Her first book, *Soul Whisperings: Poems for Victorious Living*, was published in 2006. Her work also appears in literary and e-zine magazines, including the *Loch Raven Review*, *Hudson View*, *Westward Quarterly*, *Kaleidoscope* and *Survivor's Review*. She is also a contributing author to anthologies, *From Under the Bridges of America*, *Natural Spirit*, *Pansitively: Awesome Pet Poems* and *The Innocence of Children*. She received Honorable Mention in the Bridge's National Homeless Poetry Contest.

She is a member of the National Association of Poetry Therapy.

Orange is also active in the Florida literary community, participating in local events and poetry readings.

For comments, readings, and appearances, contact Nanette C. Orange at the email address as follows:
Poeticworthy@gmail.com



If you ever wondered what riches lay within nature and the human soul, you will find a treasure chest of enlightenment in *Soul Whisperings: Poems for Victorious Living*.

With eloquence, freshness, and a keen understanding, poetess Nanette C. Orange fashions multifaceted gems of inspiration. *Soul Whisperings: Poems for Victorious Living* holds a collection of timeless pieces—poems of love and romance, family sanctity, self-awareness, and nature’s divinity. From rhyming stanzas to emotionally charged free

verse, Ms. Orange’s writing uplifts with a deep sincerity anyone can appreciate.

Life’s most difficult circumstances provide Ms. Orange with insight into the human condition and enrich her carefully crafted words. Her profound messages speak to the ills of humanity, guide you on a personal journey, and help you find “victorious living.”

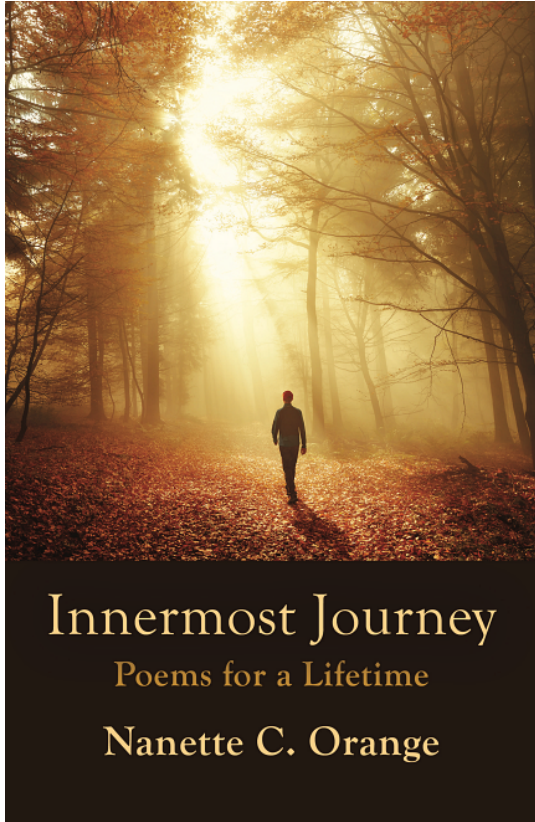
Become one with nature, discover the healing power in your soul, and celebrate reflections of love with this touching collection.

Whether by laughter or tears, Ms. Orange’s poetry offers wisdom to better comprehend life’s meaning and purpose, making *Soul Whisperings: Poems for Victorious Living* a treasure for every heart.

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