The Ultimate Guide to Becoming a Successful Dance Team Officer

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The Ultimate Guide to...

BECOMING A SUCCESSFUL DANCE TEAM OFFICER

The first leadership development book JUST for dance team officers!



By Melissa Darnell

To Begin...

This book is designed to help you become the best leader possible. You can read the entire book in one sitting and go back to each section as needed. Or you may choose to read the book slowly, progressing to the next section only after you feel you have mastered the current one. However you decide, remember: this book is for YOU, to help you fulfill the role of leadership that you have been chosen for, and to help you reach your goals and guide your team to reach its goals as well. So let's get started!

Some things in life you are born with. Your eyes, nose, and hands are a few examples. Other things, such as your opinions and feelings, are developed over time. And though this may come as a surprise to you, leadership skills fit into the development category. Though people may say that someone is a "born leader", it is much more likely that successful and admired leaders actually grew up around other successful leaders, giving them a head start on understanding what it takes to inspire and motivate others. They may have also been in situations that required them to develop their leadership skills much faster than usual. Thankfully, with the help of this book, you won't have to wait until you're "in the line of fire" to learn how to lead your team to success!

The benefit of being chosen as an officer is that obviously you already possess at least a few of the skills needed to lead others, or you wouldn't have been chosen for the position. But which skills do you already have, and which do you need to develop?

The following quiz will help you determine this. Simply read over the list below carefully, then put a check beside each skill that you feel you have.

- 1. Teachability Can you learn something and then go on to apply it to real life situations?
- 2. Relationships Can you get along with others well, or does your life seem to be filled with discontinued friendships and problems with the people around you?
- 3. Passion Do you love to dance, or are you doing it for someone else? If it is for yourself, do you show your love of dance on a daily basis?
- 4. Commitment Are you dedicated to the team's best interests and to seeing the team succeed?
- 5. Integrity Do you stick to your morals and beliefs, or do you follow the crowd's way of thinking?

- 6. Honesty If faced with the decision to either tell the truth and get in trouble, or tell a lie and save yourself from the consequences, what would you do?
- 7. Responsibility Can you take credit for the mistakes you make as well as for your accomplishments?
- 8. Self-control Can you keep your emotions from affecting your behavior, or do you show every mood?
- 9. Steadiness Are you the island of safety that never moves, or the flooding river that follows the current?
- 10. Vision Do you have a dream or goal that you strongly care about achieving? Can you envision a successful future for your team as well?
- 11. Focus Can you develop and stick to a plan, or would you rather go with the flow and just "see what happens"?
- 12. Self-assurance Could you believe in yourself even if no one else did?

- 13. Communication Can you get your ideas across to others well without confusing them?
- 14. Charisma Can you make someone feel good about themselves just by being around you?
- 15. Initiative Can you get started on a project by yourself without having to be pushed by others?
- 16. Courage Can you be scared to death of doing something but be brave enough to try it anyway?
- 17. Competence Do you "show what you know", or do you talk a lot but do little?
- 18. Listening Abilities Can you listen to someone without judgment or allowing your mind to wander?
- 19. Discernment Can you read between the lines in a situation and go with your gut instinct when you make your decision?

- 20. Optimism Do you try to see the good points in every situation?
- 21. Problem-solving Do you know how to find a good solution to a problem and see that it is taken care of?
- 22. Generosity Can you give freely of your time and energy without expecting something back?
- 23. Patience Do you have a lot or a little?
- 24. Respect Can you give it as well as ask for it?

So how did you do? Don't worry if you don't have all of the listed qualities right now. The purpose of this book is to help you develop the ones you don't have, strengthen the ones you do, and help you learn how to use them to lead your team well. So turn to the next chapter and let's begin!

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