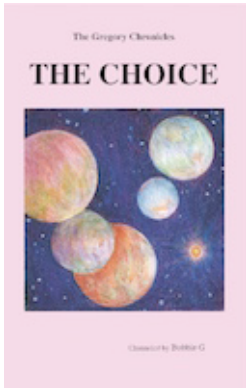


The Gregory Chronicles

# THE CHOICE



Channeled by Bobbie G



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# **The Gregory Chronicles**

## **Book I**

# **The Choice**

**Bobbie G**

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## CHAPTER 1

First, let us say that we are happy that these writings are going to begin. There are many things we wish to share with you and those who will be reading this document. It is not that these sayings are not available in other places. It is that they are not said the exact way we want them to be said. There is a shift coming to your planet that you cannot help but see. It is in the changing of the physical climate, the political climate, the religious climate, and the climate of human interaction. It cannot be otherwise if this grand plan of planet earth is to continue. When you live in a climate of distrust—of better than, of greed and jealousy—there is a discordant energy that is harmful to each of you as human beings, and also harmful to the electrical balance of the energy of the planet. For you see, the planet itself is held together through your collective consciousness. Now, we know this is a rather grandiose belief, and a rather scary thought, but it is true that there is an agreement about the creation of this physical dimension, and all of you are a part of that agreement. We all decided to create this environment to play in, to experiment with how it is to be in physical form and be in touch with the spiritual essence of who we are. We have created many venues to play with. We have created different continents, different races, different sets of circumstances to experience, and then let the fun begin. No, we are not extra terrestrials, we are spirit energy of All-That-Is that plays with the whole experience of universal energy, and one of the energies we all play with is earth. You, too, play with different aspects of this energy, here and in other dimensions (you all do), but we are talking about this particular dimension at this point in our sharing. Now, once we set the stage, we let the outcome take whatever course it was going to take, and we (you and us) all observe the dynamics of how it is

to be spiritual in a human body over what you call centuries, and what we call a blip of time.

So, here we are on a planet that has evolved to the point that the different parts of the experiment are coming together at a faster and faster rate, and the way each part has evolved is different and believes it is the only right way, or best way, or should be the only way, and that is causing quite a bit of confusion, conflict, anger, and war. Most of those things are fueled by greed, fear, and desire for power. Now, the task at hand is for us to share enough information with divergent parts of this agreement, so that each of you can begin to see that all parts are just part of the whole, all belong together with their differing beliefs and possibilities and contributions to the process. Once that has happened, we will be in the middle of the next phase of development, and we will all get to see how that comes out.

What is so frightening to many individuals is that to move into this portion of awareness, you must give up the illusion of a GOD that is in charge, watching over you, and all knowing. And if that is not scary enough, you must begin to see the power and responsibility of your own thoughts and actions. You must begin to see that the energy of your thought forms affect not only your life, but also the very life of the planet that you are all co-creating. You CAN do this. But for those of you on the cutting edge of this transformation, the task feels very big, and sometimes too big. We are here to tell you the only shift you need to do is from ignorance to a conscious level to awareness of what has always been. For those of you in psychology, you already understand a piece of this as you watch individuals transform their lives through becoming aware of the unconscious information that has ruled their lives without their control until they stepped up and became aware

and responsible. This is the same process that will be taking place on the planet.

That being said, just as there are individuals who do not choose to become aware and responsible in their own lives, so too there are individuals and cultures that are going to resist this awakening process stronger than others. This resistance will cause great conflict, and will end up causing a reduction of numbers of people on the planet. The show will still go on if enough of us are willing to be present in the process and stick through the hard times to see the new beginning that awaits us. Those of you who are reading this are a part of that process. You were brought to this reading to share in the information. You do not have to do anything, and for heaven sakes don't create a religion or thought form from these teachings. Just step into your knowing of personal responsibility for being a beacon of light and knowing that all will be well, and you will do your part to make all well just with positive loving energy and the willingness to listen to those in fear and lead them out with the questions we will share with you in future chapters. That being said, we will close for today and more will be revealed as we move forth in this process.

—Love, Gregory Continuum out.

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**March 26, 2006**

So, to begin with where we left off, there is a shift coming to the planet, and those of you who are reading this are part of a plan to help the planet, and those on it, continue to grow in the process of being a spiritual being in a corporeal, i.e. physical body. For you see, this is quite a challenge that we

have endeavored. Spirit flows freely as the air; it has no form, no limit, no beginning, and no end. To take spirit, that energy, that thought form, and condense it into physical form, for an extended period of time, like your stay on planet earth, is quite a challenge. That is why the sleep cycle is so important. Energy needs time to be free, to expand, to move beyond the confines of this condensed physical form. Think of it like the Odo character in your Star Trek science fiction. Odo is a liquid form being that takes shape to be human, rock, bird, tree, whatever takes his fancy as he experiences being “solid”. But he cannot stay in that form indefinitely. He must return to liquid every so often, to relax into his true essence. So, too, is your journey on this planet. You come to be many things on the planet from rocks to trees, to birds, to human—not in that order, but just as you are moved. The challenge in the human format is that in this experience, you are conscious on some level of your spirituality. You have a knowing of your essence and your participation in this creation. It takes a part of your essence to keep all the faculties of your body moving your blood, breathing, heart pumping, etc. You say these are automatic functions of your body, but they are not. A part of your essence is moving the energy through your being to generate the experience you are having on this planet. So, let us say you are having the experience of being physically handicapped. You are not running the same energy to your non-working parts as you are to those that function well. This is not a bad thing. It is just necessary for you to have the experience of being a person with different parts not functioning at optimum levels, so you can experience the feelings and daily life challenges that come with that set of variables.

So, too, is it when you choose to be in an environment, let us say of war or peace or religion or tropical islands. Each of



those variables gives you a different experience of being human on the planet. For those of you who are choosing to read this chronicle, you are to a point that you are willing to look at your choice, at the responsibility you have taken when you came here, and the choices you have made to create the life you have. Now, for some of you, this might create anger, because you do not like what you have chosen. For others, you will be quite pleased. What we are wanting you to do is look at where you are from a perspective of realizing you have made choices that have led you to this life. If you can step back from past value judgments and the judgment of the society you live in, you can begin to see that the experience that you have chosen is full of lessons. If you can begin to embrace those lessons, you might choose to experience them more profoundly. If you can experience them more profoundly, you have the opportunity to choose to move beyond them. This does not mean that if you are handicapped that you will grow a new limb. Although you could, it means you will embrace the experience of what it is to be human, with this set of variables, and you will maximize your experience within this set of circumstances. You might share this experience with others who do not understand the various parts of this choice. You might choose to learn from others about their experiences, and you will all be the richer for the exchange.

It is this sort of acceptance of self and sharing of the journey with others that will begin to heal many of the conflicts within the planet. For it is people's fear of being different, of being vulnerable, of not being lovable because they are different, that is driving the need to have everyone be the same, so that they can feel safe. It is through appreciating the beautiful journey you have created here that you can begin to appreciate all the other journeys that you see around you. Then

you can all come together to appreciate the gifts of this planet and this experience, and begin to move forward to the next level of being together.

We are just going to give you a brief glimpse of what the next level of being together is right now. It is moving into being in a place of harmony. Now, harmony does not mean that you will all agree, or that you will all think alike, or that there will be no war and everyone will be participating in a great “love in.” Harmony means you will move to a place where you see the diversity, you appreciate the differences, and you encourage one another to experience these differences and choices without needing to kill each other or force one another to conform to your belief. A “crazy” person would be allowed to have these different thoughts without being locked up or ostracized. You would find ways to create support and safety for those of you on the planet that are just learning and just beginning to experience the difficulties of a new transition. You would see that you all heal when you help one another, even when you disagree.

There is a major shift that will need to happen for this transformation, and letting go of old beliefs of right and wrong, and power, and power over. But for now, my dears, we want you to just begin to focus on the life you have chosen. Look at the body you have chosen, the people you have chosen to be around, and the circumstances in which you choose to play. Then, look at the gifts that are being received from these lessons. Begin to let go of anger and resentment, and replace them with appreciation and gratitude. Begin to consider your responsibility for the choices you have made, so that you can increase your ability to create different choices as we move

along this path to healing, compassion, and understand that is necessary to transform the planet to the next level of growth.

And so it is.

—Gregory et al.

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**April 08, 2006**

There is much to say today about choices that you can make on planet earth. You think that the only choices you have are the ones you see, hear, feel, and notice in your world. That is such a limited viewpoint to have, and one that keeps many of you very stuck in a reality that does not serve you. If you just take a look at the possibilities that exist in your town that you have not chosen to use; then expand to the choices in your state that you have chosen not to use; then those that exist outside your state; then to those outside your country, and finally to those outside your world. Now, we realize that most of you do not have access to those choices outside your world, and many of you do not think you have the resources outside your country, but you must see that you could avail yourself of many choices in your town that you do not currently use. For example, if you are a carpenter, you could always choose to be a store clerk. And, if you are a parent, you could choose to have more children. If you have no children you could adopt them. If you own dogs, you could switch to cats. If you live in the city, you could think about moving to the country. Each of these choices would afford you a different experience in life. Each of these options would bring into your reality a different set of experiences, finances, and individuals than you currently have access to in your current situation.

The reason that this exercise is so important is that, if you will play with these variables, you begin to see that the life you currently have is a choice. Once you understand that this life is a choice, it opens the possibility to your brain that other choices exist. Once you see there are other choices available, you can consider which ones you might like better, and from there you just might make a different choice than the one you currently feel stuck in. Once you see that you are not stuck, you have the opportunity to choose new opportunities, new vistas, a new life for yourself, if that is what you want. Sometimes, it is important to see that you chose this life, so you can begin to appreciate the life you have chosen and build on the experiences you have afforded yourself. When you really begin to see that you made the choices that have led you to the life you are currently living, you can expand beyond the options you once saw as the only possibilities available to you when you first headed in the direction of your current life choices. Many times, you get caught up in the day-to-day choices and you forget the vision you had in your original dreams and plans. Once you see the choices available to you, you have the opportunity to tap into the unconscious, metaphysical vibrations that led you to the current choices, and you can begin to fine-tune the options you wanted to experience. You see, everything is all about owning responsibility for your choices here on the planet. You chose to have the kids, mate, job and opportunities that you are now experiencing. Enjoy them and begin to expand into the vision you once had, and let the good times roll.

For our next teaching, we want to address concerns about the end of the world. Such a silly fear it is. It will not end, but it will transcend its current format eventually. Just as you will not stay the same in your life, so too, the world will not stay the

same in its existence or life. You are a breathing, living part of your world, and you have the illusion that you live on the world as a separate entity. You are no more separate from your world than your hair is separate from your body. Yes, it looks separate, yes it sits on your head, yes it comes and goes and drops off, but it is molecularly connected to you and your DNA, just as you are connected to the earth's DNA. True, your hair does not get in wars with each other, or try to blow each other up. No metaphor or analogy is without its limitations. But, you can understand the concept that you are a part of this earth. You and the earth understand that connection and, even those who do not appear to understand, know at some level that there is a connection. Just as some individuals absolutely know that they are in a body, but choose to give the body substances that harm it, work too long, eat things that do not serve the body, etc., they still know at some level, that they and the body are one, and they need this body to play in this particular playground of experience. It is also true that to play in this particular reality, you need the earth part of you to continue here.

Unfortunately, you sometimes go about the planet doing things that are not helping the planet do well, just as you go about doing things that do not serve your body well. Honoring the self, the body and the earth are very connected concepts. We want you to begin to notice how those concepts are connected. We want you to begin to pay attention to how you treat your body and how you treat the body of your planet. We want you to begin to accept the knowing that you have the power to change your reactions to both, and when you do, you affect the balance of the interactions of everyone around you. This is how we are going to maintain the balance necessary to keep this playground going for a while longer. We are not

worried that the earth will end, but we are concerned that you learn the lessons of interconnectedness, and the reality of how what is happening outside in your world, is a reflection of what is happening inside of your being. Change inside you and the outside world can't help but change, as it is only a reflection of you, manifest outside for you to see. The vibrations you are working at sometimes make it hard for you to grasp this concept, but we know you can, if you just open your being to the new thought forms, communicate with each other and play with what it is you want to have happen in your world. There is room for many different viewpoints and possibilities, so do not worry that you do not all agree. You will all learn the lessons of gravity and the lessons of the need to work within the rules you set forth about playing in this playground. So, just pay attention and you will grow and learn what we are talking about.

—And so it is. Let the good times roll.

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## **April 16, 2006—Easter**

Today is no different from any other day in the totality of your existence, but the special meanings you give to different days can make a substantial difference in how you live each day. If you believe that this is your last day, you might give it more significance. If you believe it is a day to give love to all, you will behave differently. If you believe it is a bad day, you will act in a completely different way. You see, your belief about what the day means determines the kind of day you are going to have. If it is a work day, it means something different than if it is a play day. YOU get to make the decision about what kind of a day you have. Now, when you read these lines

you say, “well, of course, I know these facts,” and it resonates as an obvious statement; but when you are in the process of your everyday life, you seem to forget the power you have to determine your reality. You seem to step into a belief that the day determines you. That the external reality is determining the way you will feel and painting a picture for you to respond to, instead of the other way around. Take, for example, the different way you feel about your current job. You stated that they have not changed in the many years you have been there, but you have changed about how you feel about them in those years. Yet, when you get up to go to work, it appears to you that you feel happy or sad based on what is happening with the other individuals you work with, instead of on how you feel about them in the moment. We want all of you to think about that for a while. Think about the situations in your life that appear to have changed over time. Look to see if the people, places, or things around you have really changed, or has your perception about them changed, or your reactions to them changed, so that how you interact with them is now changed. You see what we are saying?

We don't want you to think that you must change back to a way you use to feel that is not so for you now. We want you to examine why you have changed your perceptions so you can begin to understand what message you are trying to give yourself. What changes do you now need to make to rebalance your feelings to a good feeling place? Is there something you must say, someone you need to talk to, something you must do differently, so that you can stay in this environment and feel good; or do you need to make more drastic changes like leaving or being there less, or adding a new person or activity to help rebalance? Once you begin to see that the outer world is a mirror for your internal feelings, and that how you react to

the outer world helps determine the outward manifestation of your reality, then you have the power to change it. You can change your mind, your actions, your reactions, and create a different outcome. It is all up to you, but to accomplish this you must stay focused and present in your reality with the knowing that you have choice and power to affect the world you live in, the life you choose, and the future and present you want.

There is no mistake that you have chosen to pick up this reading at this time. You are in a place where yourself, or higher self, is seeking new learning to help you move past a set of circumstances or beliefs that are holding you in a place that does not resonate with your highest good. Your highest good will always feel positive. This doesn't mean there won't be any conflict or struggle. Sometime when you are moving out to new vistas and moving into new learning, there is a space of discomfort that needs to be experienced as you make your next set of choices. Ultimately, there should be a sense, deep inside, that lets you know you are moving forward in a direction of your dreams. When you feel stuck, frustrated, angry, sad, hurt, etc., those are just feelings to let you know there is more that you need to address, so you can move more directly toward the path you are currently seeking.

Now, we want to speak about paths. When we are saying "your path," we do not want to imply that there is only one path or set of endeavors that you are to move toward in this life. Remember our original teachings: that all time is consecutive moments of now, and that you are deciding your next choice within these consecutive moments of now. So both you and we are never absolutely sure just what will happen in what you call your future, but you can pay attention to what feels right, and adjust to what feels better, and learn from what



does not serve you at this moment, and make better and better choices to move you in a direction to achieve a good feeling place in your life that will serve you and those around you quite well. For every one of you ultimately wants to be of service, grow, and have a satisfying life. What satisfies each of you can be very different. Some people might find joy in being a doctor or politician, where others might find joy in being a store clerk or parent. Ultimately, the joy doesn't come from the job, but from the set of circumstances that allow you to choose different variables to experience and different people to interact with, that help you learn the lessons that give you a sense of completion for this life and all that you are. You are so much more than this life, and yet, this is the life you are focused on right now, so this is the one we are here to help you with. Some of you like to go tripping into past and future lives, and that can be a fun experiment; but ultimately, you came to play with this set of variables that you call your life, and so we want to help you learn to work with the variables in this life in the most profound way, to lead you to the maximum abundance and satisfaction that you can experience.

There is no right or wrong way to do this life. As Abraham stated, “you can't get it wrong, and you are never done.” But we would like to add that some choices bring you a greater feeling of satisfaction and fulfillment, and those choices are the choices we would like to help you aim for and fine-tune on this wondrous journey you call your life. So, let the good times roll.

—Gregory et al.

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**April 25, 2006**

Now, let us begin with a tale of two cities. This is a time for you to let go and let us have complete control of the energy and the information. There is much that we would like to share with those of you who have come to partake of the information. There is no right or wrong way to do life on the planet. We know that is a hard concept, because you look out and see the consequences of various actions and you say how can that not be wrong? It would be anarchy if we let people do just what they wanted and didn't say things are wrong. What we want you to notice is that many people on this planet are doing things you do not agree with, without asking your permission or your approval. It is quite OK with them to experience their lives, even when you don't agree. Your need to have a say and your want of others to ask your approval before they live their lives is not serving you, and you have no power to change their life anyway. When you can let go of judgment about the way others live, you can begin to learn what lessons are available on the planet. You can begin to appreciate the diversity that is available for individuals to choose from. When you can allow others to choose their own paths, you free yourself up to make different choices in your life, and you expand the possibilities of what you can do in your journey on this planet.

We have noticed that when many of you begin to see the diversity of choices available to you, and the unlimited possibilities you have to choose from, you become overwhelmed. You don't know how to choose from so many options. It's like individuals who get one hundred channels when they only had five before, and they get overwhelmed and don't know how to choose from so many options. We want you to know that you don't have to choose any more channels than

you are comfortable with, even if you could choose more. Sometimes you choose to block channels from coming on your T.V. set, because you know that you do not want to watch them. The channels do not cease to exist, and they are not wrong for existing, they are simply not channels that you choose to play with. So, too, is it when you look at all the possible channels available to all of you in this life journey. If you begin to understand that you do not have to choose all the channels available, you are free to look at the different channels that others are choosing without needing to judge those individuals for their choices. You can watch how their lives turn out with the choices they are making, and you can let it be OK that they are making those choices you do not choose to make at this time. Whether or not you choose to be rich, or to be poor, or to be with another partner, or have children, or live as a hermit, or as a politician, is not right or wrong, it's just a choice. We cannot say this enough for you to get it. Many of the problems that you experience in this current reality arrive from your fear about other people's choices. You fear that if they are right, you will have to do life their way, so you need to change their minds to agree with your mind so you can be comfortable and live in harmony. But you see, they are also working on that precept, and trying to change your mind to agree with them so they can live in harmony; and so the games begin.

Now, there is another reason we want you to move past the need to have agreement from those you live with. To fine-tune to what it is you are wanting in this life, you must be able to hear your heart, your own voice, your own connection to spirit loud enough to follow the path you are choosing. Every time you get distracted with another's thoughts, feelings, wants, fears, etc., it is harder for you to hear your own spirit, your own

energy, your own voice. You get confused, distracted, frustrated, and begin to believe you don't know what you want. You always know what you want when you take the time to listen to you, feel your response to your choices, and flow with your bliss. You get pulled off track when you get distracted by trying to please others, trying to fit in, and trying to create an image that is not congruent with your source energy vibration. You all have a different vibration. When you look at others following their bliss, and see they appear to be happy, and then question your own choices, it gets quite confusing.

The way to quiet the confusion, is to take the time to quiet your soul through meditation, walks in nature, music, or whatever task helps you quiet the mind, so you can begin to feel your essence and open to hearing your own inner guidance. Then, when you invite us in to help you fine-tune those messages, there is a chance for you to live a life completely authentic to who you are, how you are, and what you want to be, do, and have in this current endeavor. Then, when it is time for you to choose something different, you will have the skills and ability to listen to yourself and make different choices. So when you find yourself comparing your reality to others, when you find yourself negating your choices, when you find yourself making choices based on what others think is in your best interest, it is time to take a look at what it is you are wanting. Decide whether or not you have drawn their information in as a means to express some of your own concerns that you need to clear up, and take the time to make the choice that feels best for you at this time. Remember, there is no right or wrong, just choices that have consequences that you can choose to keep or transmute to alternatives that feel better and teach you different lessons.

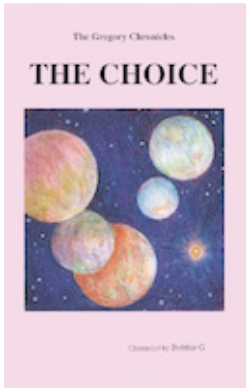
So, if you have drawn lessons into your life that you are happy with, acknowledge those choices and how they came about. If you have drawn choices into your life you are not happy with, acknowledge them and see what lessons are here for you to learn. Decide if you need more of those lessons, or if you want to move on to another lesson. Then, pay attention to the path you chose to get the lessons you wanted, and see if that choice will work to transmute the lessons you feel you are ready to move beyond.

We are here to say that if the lessons you don't like continue showing up, they are here because you are choosing them on some level, and those lessons will persist until you learn what you need from them. Then, and only then, will those lessons be free to go, because you will be ready to let them go. So, to sum up: To move past where you are, you must accept that you chose this experience to learn a lesson, let go of judgment about wanting this lesson, just accept the lesson you have chosen, get into it, experience it, revel in it until you have learned what you want to know. Then, you can let it go and move on to the next lesson.

If you doubt that this is the way of the world, just look back at your past experiences in this life, and see where you are now and where you were before, and notice that you are not still learning the lessons at 50 years of age that you were learning at 8 years old.

And let the good times roll.

—Gregory et al.



*Aware of it or not, you create your reality. Understanding this can transform your life. 'The Gregory Continuum' T, channeled through Bobbie G, says: "The Choice is yours. The possibilities are infinite. To understand this, read our book."*

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