Healing from grief. Believe in miracles. Unconditional love does not die.

Angel 54 A Mother's Sacred Journey from Grief to Healing

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Renee Ellen Pisarz

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Chapter 14 • "Light and Love"

Becoming more spiritual has helped me get through this tragedy. This has nothing to do with religion. I am not here to change anyone's belief system. I only want to share with you how I survived such a devastating loss.

Friends tell me that I am strong. I tell them that I am not made of stone. I do have moments of crying, missing him, wanting to hold Stephen and feel his flesh and bones. I know that is not possible, ever again. What sustains me is my faith in God, and I have learned to pray every night before I go to sleep. That truly helps.

From the beginning I needed to know that Stephen continued in another form and in another dimension. I researched and educated myself because I had to know. I did not stop being a mother, even though he was well taken care of and at peace. This did become a challenge for me. I was conditioned to think one way, and now my thinking and beliefs started to change very rapidly.

Unconditional love does not die. If you remember that, you will survive the loss of a loved one. Love is such a powerful force.

On Valentines Day in 2008, something happened that was so powerful. Until that day, I used to see energy that appeared very blurry, all around me. Picture a black and white television screen. Now, see it before you get to the channel you want. It has a very "snowy" appearance. That is how energy appeared to me.

I looked up from my computer that day of love and knew I had broken through. I saw round, glowing circles of light, some intense and some with bubbles. I remember seeing my son's number 54 in one of the globes of light. I also saw white beams of light with feathered edges going up both sides of my face with rays of white light over my head.

I have been told that I am using my aura to see into other dimensions. I know my thoughts and energy went out to the universe and I started to receive.

Initially, I went through much physical and

emotional distress because of this change in my awareness. I found an energy healer and have been seeing her regularly ever since. Working with her has helped me a great deal, especially to integrate all that I have experienced.

It is so important to forgive and accept. I remember saying to myself that nothing could hurt me anymore. Losing a child is the worst pain imaginable. I embraced the unknown and received these gifts from a higher existence.

I have no more fear and do not care what anyone thinks about my experiences and beliefs.

Believe in miracles. We all have the gift of intuition. I know mine existed, but it was dormant. After this tragedy, that "divine spark within" ignited. I listened to my heart and knew I was receiving this gift through the grace of God.

You see, when times are bad and tragedy hits, we have that birthright—to connect to the Creative Force. That connection saved me. As a result, I know my son continues his journey,

and I can continue mine with more wisdom and insight than I ever knew was possible.

It is my hope that you will experience this miracle, too, become more aware, and raise your level of consciousness.

I was waking up one morning, when I usually hear messages through telepathy. This time I heard very clearly "Pave the Path with Light." I will continue to follow this path. I hope you will, too.

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