

Alan Roger Currie examines the effects of manipulative head games employed by single men and women in today's challenging and oftentimes frustrating dating scene. Upfront and Straightforward is Currie's follow-up to his best-selling paperback, Mode One.

Upfront and Straightforward

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UPFRONT

and

STRAIGHTFORWARD



Let the Manipulative Game Players Know What You're REALLY Thinking

Alan Roger Currie

Mode One Multimedia, Inc.
USA

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Chapter TWO

**Traditional Dating
VS
21st Century Dating**

What exactly is **dating**? Many men and women use the term “dating” very loosely, and even to a certain extent, inappropriately. For example, many men and women believe that if a man and a woman are involved in a monogamous romantic relationship, this means that they are “dating.” Actually, this is somewhat of a misnomer.

Dating is to being in a relationship what shopping for clothes is to actually purchasing clothes. Based on what I would refer to as “traditional” or “old school” philosophies towards what the term ‘dating’ means, I will go with this definition: To say that a person is dating means that this man or woman is in regular communication with a single, unattached member of the opposite sex, and this person is hanging out socially with a number of different members of the opposite sex to determine who is the most compatible candidate to be involved in a steady, exclusively committed relationship (Gay men and Lesbian women not included in this discussion).

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For example, if over the last 12-16 months, I've only been in communication with one woman ... and I've spent all of my free time with one woman ... then I am not really "dating" that woman. I'm essentially in a relationship with her, even if we have never referred to each other as "boyfriend" and "girlfriend."

When you are truly dating, you are going out with a wide variety of men or women to identify similar interests, tolerable differences and intolerable differences. Using the shopping analogy again, it would be like me trying on eight or nine different double-breasted suits before I decide on the one double-breasted suit that I am going to purchase. Again, this was the basic concept of dating from those who are a part of my late mother and father's generation.

This is why most men and women from my parents' generation frowned on the idea of premarital sex and/or casual sex. Because once you start having sex with someone, you might as well be in a steady relationship with them. You see, no one would frown on a man going out with a new and different woman every other night over a two or three month period if he were not engaged in sexual activity with those women. Many who possess the "old school" mindset would simply say, "Oh, he's just **dating**." In the 1930s, 40s, and 50s, that's generally what it meant when you said someone was "dating."

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There is a popular show on syndicated television entitled *elimiDate*. You have one guy, who starts out the night with four women, and by the end of the episode, he ends up with one woman (or sometimes, it's flipped where you will have one woman at the beginning of the episode with four men).

elimiDate is a great example of how the old school concept of dating worked. A man would start off with say, six women ... then he would socialize with those six women until he began to narrow that number down to five women, then four, then three, then two. . . and then finally, he decided on the one “special woman” with whom he wanted to go steady with. Sound simple and structured enough? Cool.

Side Note: When I resided in Los Angeles, I was involved with a very popular “megachurch” that would encourage dating in the “old school” manner; the leaders of the church would encourage the men to go out on a date every week with a different sister in the church.

Then, the brothers in the church would select maybe five to ten sisters to go out on a second date with; from there, a slightly lesser number of sisters to go out on a third and fourth date with, until ultimately, the brother in the church selected the one sister who he wanted to be his steady girlfriend. Given that no sexual activity was allowed, that concept actually worked, and worked very well.

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For the most part, dating in that manner has virtually disappeared in contemporary society. Today, I believe dating is far more complicated, confusing, challenging and frustrating for many single men and women attempting to find “the one” (i.e., their romantic “soulmate”). Welcome to 21st Century dating for singles.

As I alluded to already, what made the “old school” manner of dating work were the low occurrences of premarital sex and/or casual sex. Once men and women started having sex before marriage, and even more so, sex outside the context of a steady, exclusively committed relationship, the entire dynamic of dating was changed **forever**.

I believe this change first started taking place during the era of the “Sexual Revolution” and “Free Love” phenomenon in the 1960s and 70s. During this two-decade period, there was a significant change from old school dating to “new school dating.” Once women got comfortable with birth control pills and other birth control methods, and men got increasingly comfortable with condoms, the instances of premarital sex and casual sex exploded.

The end result of that transition from one form of conservative dating rituals to a more open and free-spirited form of dating is that engaging in sexual activity is no longer exclusively associated with the idea of getting married like it was in my parents’ generation.

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We now live in an age where even pre-teens in middle school are having orgies and blowjob parties on their lunch hour, or afterschool (no joke; this has been highlighted in magazine articles and on morning television talk shows). There are men today who are teenagers or in their twenties who don't even believe in the idea of a monogamous relationship. They can't even relate to that concept.

Many young men today believe in having a "harem." Some of these young womanizers refer to the women in their lives as "their stable of hos (whores)." STDs are being passed around like crazy these days. Bi-sexual men are passing on the HIV virus to their girlfriends and wives. The term "men on the down low" is a common phrase.

Make no mistake . . . it's not just the men in society today who are promiscuous and out of control. Women today are far more erotically uninhibited and promiscuous than women in the first half of the Twentieth Century. Women want to enjoy the lustful pleasures of multiple sex partners just as much, if not more, than most men do.

This directly relates to why there are so many manipulative head games being employed between men and women these days. I believe manipulative game-playing is more rampant than ever before. One of the main reasons why you have so many manipulative head games being employed in today's dating scene is because you have a

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lot of men and women who are sexually duplicitous and erotically hypocritical walking around pretending as though they are 'innocent,' 'virtuous,' and erotically conservative and only into monogamous relationships ... when in reality, they love kinky sex and promiscuous sex as much as any currently employed adult film star does.

Think about it: Hypothetically, if all men and women in society were divided into two groups ... those men and women who only have an interest in a long-term, monogamous relationship ... and those men and women who are only enthused about engaging in casual, non-monogamous sex ... finding a romantic companion and/or sexual lover would be a fairly easy and straightforward process.

What makes dating and relationships far more complicated and frustrating than it really needs to be is the fact that you have men and women who are 'pretending' to be interested in only monogamous relationships, when in reality, they really want to enjoy sexual pleasure with a variety of new and different partners.

The second major contributor to the increase of manipulative game-playing is that you have women who want to be offered "incentives" and "rewards" in exchange for their romantic and/or sexual companionship. I discussed this in Chapter Two of *Mode One*. You

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have men who are more-than-willing to offer these women their desired incentives and rewards. Let the head games commence.

There are pretty much only six relationships a man and a woman (who are not blood related) can have with each other:

1) A long-term, monogamous sexual relationship

(e.g., husband & wife)

2) A long-term, non-monogamous sexual relationship

(e.g., “friends with benefits” or “fuck buddies”)

3) A short-term, monogamous sexual relationship

(e.g., your normal short lived “boyfriend-girlfriend” relationship that doesn’t have a chance of leading to marriage)

4) A short-term, non-monogamous sexual relationship

(e.g., a one-night stand, weekend fling, etc)

5) A long-term, non-sexual, platonic relationship

(e.g., high school or college classmate, long-time co-worker, etc)

6) A short-term, non-sexual, platonic relationship

(e.g., casual acquaintances, brief co-workers, brief neighbors, etc)

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If every man and woman who was interested in a relationship that falls into Category #1 were to express their interests upfront and straightforwardly, there would be no manipulative head games needed. Same with Categories #2 thru #6.

The reality is some people who want a relationship in Category #2 will pretend as though they are searching for a relationship in Category #1; Some people who want a relationship in Category #4 will pretend to want a relationship in Category #3 or #6. And so on, and so on. This is the primary basis behind head games. Head games begin when your fear of rejection becomes so overwhelming, to the point where you just can't fathom not having your way. You want the response, reaction and result you desire so badly that you will do anything to achieve it.

For men, Mode One Behavior is the most effective means of identifying when a woman is not being totally genuine about her desires, interests and intentions. For women, being upfront and straightforward with their romantic and/or sexual desires and interests is beneficial as well, but there is usually more required on their part.

My early advice to women: Do not engage in premarital sex and/or casual sex if you do not have the emotional fortitude to deal with the potential consequences or repercussions. I have had conversations with too many women who think single men should operate with a

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“code of ethics” when it comes to casual sex. Casual sex is casual sex. There are no established rules or obligations to exhibit integrity.

That is the difference between a married relationship and an unmarried relationship. A married relationship is based on pre-determined spiritual and legal rules, guidelines, boundaries, and values. When you engage in sexual relations with someone who is not your husband or wife, you are entering into that relationship based on your own desires and expectations for how you want that relationship to work out. Sort of like jumping into a swimming pool with that “Swim at Your Own Risk” sign and no lifeguard nearby.

I’ve had friends and acquaintances view writing a book about dating and relationships as “trivial.” Dating is an important part of our life. Let’s be real folks: The first thing that determines the quality of your upbringing as a child is the relationship between your mother and father. You are alive right now because of love, lust or sexual abuse.

If you were born as a product of a loving, caring relationship between your mother and father, feel BLESSED. Nine times out of ten, you received a lot of love from both of your parents, and your upbringing was probably not filled with too much “drama” or animosity between your mother and father.

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On the other hand, if your mother and father had a contentious relationship . . . before, during or after you were born . . . whether you want to acknowledge it or not, this inevitably had to have an adverse affect on your upbringing.

If you were brought up by a mother who harbors bitterness and resentment towards the men who she feels “dogged her out” or physically and/or emotionally abused her, there is a good chance that you’re going to grow up around negative attitudes being espoused towards men.

If you were brought up by a father who had a gold digger or highly promiscuous whore-type as a girlfriend or temporary wife, then you’re going to view women quite differently than most of your friends who come from an emotionally stable, two-parent household.

Make no mistake: Romantic and sexual relationships contribute to the quality of our life just as much as clean air, money, good health and quality friends do. Discussing and analyzing people’s dating habits and rituals is by no means “trivial.”

I really don’t consider myself a dating expert or a relationship expert. When I’ve been interviewed on radio and/or television, I’m

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often referred to as a relationship expert, but in reality, that is not a valid title. It is very flattering ... but again, it is not altogether valid.

I'm simply a man who has a keen sense of observation of other human beings' habits, behavioral nuances, interpersonal communication tendencies, and body language signals. At the time I write this book, there is a very popular television show on the CBS network entitled, *The Mentalist*.

A "mentalist" is not really a psychic, but rather he or she is a person who studies people's habits, nuances, tendencies and body language signs to the point where he or she can predict what the person who they are observing is going to do next and/or what the person who is being observed has already done.

I've had many friends of mine over the years suggest that I possess a talent of perception and observation that would informally qualify me as a dating and relationships "mentalist." I choose real world observation over academic research when it comes to drawing conclusions about dating.

I can name many instances where I have predicted a couple was going to break up or get divorced weeks, months or even years before the couple involved even had a clue that something was wrong in their relationship. I constantly study the nuances of the opposite gender as

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well as the nuances of my own gender with a particular emphasis on their interpersonal communication habits. I watch this very, very **closely**. I study how men and women communicate their desires and interests to one another.

I have a natural knack for identifying phony, disingenuous, manipulative type men and women from real, honest, non-manipulative type men and women within a brief time period of interaction and observation.

Usually, within the first five-to-ten minutes of a conversation with a person, I can quickly assess if a person **a)** is prudish or kinky; **b)** is materialistic or non-materialistic; **c)** hangs around people with high moral character and integrity or low character and integrity; **d)** frequently lies to people or tells others the truth; and **e)** gets what they want by straightforwardly asking for it, or do they try to ‘sneak through the back door’ to get what they want.

So it is this characteristic of mine ... or talent of mine ... that makes me SEEM to others who meet me that I am some sort of “relationship expert,” but the reality is, **I am just really, really good and sizing up various behavioral attributes in people in a short period of time.**

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Side note: If you watch one of the episodes from the first season of *Californication* starring former X-Files standout David Duchovny, his character (Hank Moody) once did this while at dinner with friends. Hank met this woman (who his friends were trying to set him up with), and then after only about five or ten minutes of conversation, he told her what type of woman she was, what type of men she had dated, and what her most recent dating experiences had been like. The woman's face became so serious, and later tense, that you could just surmise the vast majority of his perceptions were on point. She became so frustrated that she just got up and walked out.

I don't usually do what Hank Moody did with women I meet in the first conversation, but I've done that many times in the second, third or fourth conversation. I've actually had many women say, "*Wow. Alan, that was impressive. I almost feel like you have my past [dating] life on video somewhere. I can't believe so many of your assessments about me were so valid and on-point!*"

I am particularly perceptive with women who are "**undercover freaks**" (i.e., Urban slang for "Wholesome Pretenders" which I explained and described in *Mode One*; Women who publicly try to give you the impression that they are "innocent" and "wholesome," but are really very free-spirited sexually and erotically uninhibited, and to one degree or another, promiscuous).

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A lot of men and women have this naïve notion that all men behave in the same manner towards all women and vice versa, and this is such a wrong conclusion. I have observed a woman behave like a church-going, monogamous-minded, semi-prudish “good girl” with one group of men, and then turn around and behave like the most open-minded, free-spirited, semi-promiscuous “kinky freak” type with a different group of men. Studying sexual duplicity is a specialty of mine. I am fascinated by how duplicitous and/or hypocritical many men and women are in regard to their own sexuality.

When I meet women who are involved in a long-term relationship, I can usually tell within ten-to-fifteen minutes (or less) after being in her presence if that woman is cheating on her boyfriend, fiancé, or husband even before her male companion has any inkling or clue of it.

The very first thing I study with women is their eyes. This is why my own eyes are on the cover of both of my books. The eyes tell me more about a woman more than anything they say. You can tell so much just by studying a man or woman’s eyes. I can usually tell a woman’s degree of kinkiness and overall sensuality by the manner in which she uses her eyes.

I know there are some skeptics who will say, *“I don’t believe you can tell all of that about a person just by their eyes.”* Well, believe what

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you want to believe. The reality is sexually inexperienced women and/or very prudish women use their eyes far differently than women who are sexually experienced, erotically uninhibited, and/or promiscuous.

I gain enjoyment out of examining a woman's eyes, and quickly determining whether or not she is a virgin, a conservative prude, or a kinky freak.

The second physical characteristic I examine is a woman's **voice**. Women who are very kinky and promiscuous converse with men in a different manner than women who are generally conservative and prudish towards sex. Their vocal intonations are totally different.

Trust me on this: If you are a man, and you are as perceptive as me, you can learn a lot about a woman by the combination of her eyes and her voice. Most men pay attention to characteristics such as the type of clothes a woman adorns herself with.

Clothes can be misleading. A woman can be semi-prudish and be wearing a short, tight skirt. A woman can be a kinky freak and be wearing conservative clothing. I don't study men as much as women, but I would assume for very perceptive women, the same is probably true for men as well.

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I said all of that to say this: I may sometimes give off the misleading impression that I am somewhat naïve and slow, but on the real, I am extremely perceptive and observant. That's not braggin, that's just keepin it real. If you are a woman or man who is generally full of shit, I will know this in the first five-to-ten minutes of our interaction, if not less. This is what gives me the credibility to write this book.

Make no mistake, no man ... including Yours Truly ... will ever understand all of the complexities of women's behavior, just like no one woman will ever understand the various aspects of men's behavior that many women find puzzling or frustrating.

I don't think figuring out all of the aspects of the opposite sex will ever be easy, and therefore, having successful and satisfying dating relationships will always be challenging to one degree or the other, but what I attempt to help men and women out with in the contents of this book is specifically related to the category of manipulative head games. I want to help men and women quickly identify manipulation.

If you cannot identify and prevent manipulative head games entirely after reading this book, at minimum, you will have a better sense of when head games are being employed with you at any given point in time, and how you can diminish the frustrating effects of them.

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The fact that many men and women find dating so complicated and frustrating is exactly why the dating and relationships genre of authors, experts and gurus has exploded. Beginning with the mid-to-late 90s, and then even more so after the release of the box-office hit movie ***Hitch*** (starring Will Smith and Eva Mendes), you can now find Dating Coaches, Relationship Advisors, Seduction Gurus and every other variation of those three all over world in numbers.

One problem I have with many of these so-called “Seduction Community” gurus and pick-up artist mentors and advisors is that they not only fail to teach men how to recognize manipulative head games, but even worse, they teach men how to employ manipulative head games with women. I am not down with that at all.

Recently, the Attraction and Seduction Community has split off into two major factions and/or guiding philosophies:

- The Pickup Artists / Those who espouse “indirect” methods of approaching, attracting and seducing women; If you read Neil Strauss’ best-selling book, ***The Game: Penetrating the Secret Society of Pickup Artists***, then you know what I’m referring to. These guys are all about “pickup lines,” scripts, routines, methods, and psychological and/or hypnotic techniques designed to attract and seduce women

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- The Natural Conversationalists / Those who espouse being “direct” and straightforward with women regarding their romantic and/or sexual desires, interests, and intentions. I would put myself in this category, along with a few other advisors and "gurus." Authors in this category don't believe in any sort of manipulative tactics or head games.

There is nothing dumber than trying to have sex with women by pretending like you are not trying to have sex with them. The sad reality is that this is what many men in society do on a weekly basis.

The second problem I have with the “indirect” gurus is that they cause men to become afraid of rejection and harsh criticism. I don't perceive either of those reactions as “negative” or representative of “failure.” I think rejection is inevitable and that negative reactions are to be expected by manipulative women.

These indirect guys contribute to the head games being played instead of making efforts to help men identify them, prevent them and diminish the use of them.

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Questions:

- 1) How did the relationship between your mother and father affect your upbringing? Were your mother and father married, or involved in a monogamous relationship, at the time you were conceived?

- 2) Beginning with approximately the age of twelve or thirteen up until now, what were your general attitudes ... both positive and negative ... towards the opposite sex? Did you grow up thinking all men were lying womanizers? Did you grow up thinking that all women were manipulative, promiscuous whores?

- 3) What is your attitude regarding sex before marriage? Do you believe sex is something that should only be experienced between two people in a monogamous relationship? Or do you think you should be able to exchange orgasms with whomever you find sexually appealing?

- 4) When you converse with people, do you look them directly in their eyes? Or do you tend to look up at the ceiling, to the

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right or to the left, or down at the floor? Do you study men
and women's body language and behavioral tendencies?

Frequently Asked Questions

When I'm on many blogs, message boards, and discussion forums, such as *AskMen.com* and *Direct-Method.com*, I'm asked a number of questions from both men and women, as well those who have already read Mode One and those who have not. In this chapter, I will attempt to answer most of the more common questions I receive.

“Isn't Mode One just another get-laid-quick scheme for men who perceive themselves as 'losers' to suddenly get a few women in bed so they can feel like successful womanizers?”

My reply: I've never thought of the Mode One mindset as a 'method' or 'technique' for the sole and specific purpose of seducing women and getting laid. Matter of fact, I tell men all of the time ... if your only reason for wanting to exhibit Mode One Behavior with women is to become an 'overnight womanizer,' then nine times out of ten, you are going to feel disappointed and frustrated in the long-run.

If I had to use a baseball analogy, Mode One is about teaching a potential home run hitter how to get over his fear of striking out. All home run hitters have a high degree of strike outs. It's just part of the

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game. Same with approaching, attracting and seducing women. You will never be successful with women if you are dreadfully afraid of being rejected and/or harshly criticized.

Being upfront and straightforward with the opposite sex is not a 'scheme.' It is a lifestyle and a constant mindset you must maintain.

“If being Mode One with women is all about straightforward honesty, then how come I can’t just walk up to a woman I don’t know and say ‘I want you to give me a blowjob!’ Wouldn’t that be representative of straightforward honesty if that is what I’m REALLY thinking?”

My reply: This is what I tell men when I’m asked questions similar to this one: You can say ANYTHING you want to a woman as long as you are prepared to accept the potential consequences and/or repercussions of what you say.

In other words, there is a fine line difference between being bold, self-assured, upfront and unapologetically straightforward ... and being stupid and foolish. You have to be experienced enough to know where that line is. Think before you speak.

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Trust me ... I have approached women and opened up the conversation with some very bold, XXX-rated, sexually provocative comments ... and 90% of the time, it has worked in my favor ... but the key is, I know how to read women's body language and quickly size up what type of woman I'm dealing with (e.g., self-righteous prude type, kinky freak type, Wholesome Pretender type, etc).

If you are a man, you have to spend days, weeks, and months just studying women. This is what I did in my twenties and early thirties. I would literally go to nightclubs and other social venues just to study women's nuances, body language and behavioral tendencies.

In the long-run, that studying pays off.

“I am very confident about approaching women when they are by themselves, but I am dreadfully afraid to approach women when they are with one, two or three of their girlfriends. Any advice?”

My reply: I don't like to approach women when they are in a group unless I absolutely have to. Women will rarely behave in a real, authentic manner when they are with their girlfriends. They will 'play the role.' They will exhibit the behavior that their girlfriends have come to expect of them.

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For example, if a woman is a kinky freak behind-closed-doors, but she gives all of her girlfriends the misleading impression that she is a conservative prude type, you're going to have a very challenging time getting her to drop that façade in front of her girlfriends.

What I do in group situations is find a way to get the woman away from her girlfriends so I can talk to her one-on-one. That usually works much better. "Cock blocking" happens a lot in groups.

"Does the Four Modes of Verbal Communication™ apply to single women as much as it applies to single men?"

My reply: My answer would almost simultaneously be "yes" ... and "no." Read my chapter on "Pretenders." There really are no male Pretenders (*i.e., men who share the same romantic and/or sexual interests as you, but will pretend not to*). There are many male Timewasters (*i.e., men who do not share the same desires and interests as you, but will indefinitely pretend to*), so Mode One Behavior could be used by a woman to identify those types.

Women do not approach men as much as vice versa, so some of the psychology behind the Four Modes of Verbal Communication™ just would not apply in the exact same manner. I have had many women

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who have wrote me and told me that reading Mode One has helped them understand men a lot more though. That's always a plus.

“I always read where you sing the praises of a porno movie entitled ‘Talk Dirty To Me,’ and the lead character ‘Jack.’ What was so special about that movie and that character? Aren’t all adult films generally the same? Sex, sex and more sex?”

My reply: *Talk Dirty To Me* starring adult film legend John Leslie as “Jack” was the very first impetus for the development of the Four Modes of Verbal Communication™. For starters, I never knew what a “Wholesome Pretender” was before I saw that film.

Watching that film was when I first really learned about women’s sexual duplicity (i.e., a woman pretending to be ‘innocent’ and ‘wholesome’ when in reality, she is erotically uninhibited and/or into non-monogamous sex). Secondly, the character of Jack taught me how to ignore harsh, subjective criticisms and opinionated insults.

Even if you take the explicit sex scenes out of *Talk Dirty To Me* and the sequel, *Talk Dirty To Me, Part II* ... and converted those movies from XXX-rated to R-rated, they would still be great movies and very educational to watch. Those movies could easily be re-named “Wholesome Pretenders, Part 1” and “Wholesome Pretenders, Part 2.”

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I actually plan on filming a DVD entitled “Pretenders and Timewasters” sometime soon. I will keep my book readers posted.

“Why do you emphasize identifying manipulators so much? Why isn’t your book more about attraction and seduction techniques than manipulation between the sexes?”

My reply: The ability to attract and seduce the opposite sex varies from man to man and from woman to woman. Therefore, I don’t really put too much emphasis on “Dating 101” guidelines or “Seduction 101” tips, tricks and techniques.

It is doubtful that the same principles that help Black men attract Black women would also help Caucasian men attract Caucasian women or Asian men attract Asian women. It is doubtful that the principles that would help an eighteen or nineteen year-old college fraternity guy would be the same principles that would help a blue-collar factory worker who is between forty-five and fifty-nine.

A lot of helpful, valid dating and seduction advice really depends to a large degree on how old you are, what your physical appearance is like, your level of intelligence and education, your level of career success and financial success, how good you are in bed, etc.

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Many so-called “experts” and “gurus” will have you foolishly believing that dating advice is “one philosophy fits all.” That is so untrue. My ability to attract and seduce women in their thirties was totally different than my ability to attract and seduce women between the ages of seventeen and twenty-four.

Manipulation on the other hand is, for the most part, universal. I don't care if you are nineteen, twenty-nine, thirty-nine or forty-nine, you can relate equally to the concept of manipulative head games.

“Why do so many women pretend to be only into monogamous sex when they are really into non-monogamous casual sex?”

My reply: Plain and simply, most women are dreadfully afraid of being labeled a ‘slut,’ a ‘whore,’ an ‘easy lay’ or a ‘super freak.’ Women value their sense of virtue in the same way that most men value their sense of manhood and machismo.

Women love sex as much or more than most men do, but they love the idea of maintaining a good reputation that is beyond reproach even more. Women are especially this way if they are looking to get married and/or have children. The reality of life is women who are kinky and/or promiscuous often times get married just as frequently as the so-called “good girls.”

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“Why do men cheat and commit adultery so much? Why can’t men just find a good woman and remain faithful to her?”

My reply: It is my belief that very few men are truly motivated to maintain a monogamous sexual relationship with one woman for the rest of their lives ... particularly if they are handsome, charming, wealthy, and/or have a number of attractive, sexy women throwing themselves at them.

All of us are guided primarily by four factors: Our desires and impulses, our fears and insecurities, our morals, values and principles, and our past experiences. If a man has a desire to have sex with a wide variety of women, the only thing that is going to stop him from acting on that desire or impulse is **a)** some sort of fear or insecurity (e.g., the fear of losing his wife and family; the insecurity that he is not really good in bed); **b)** his morals, values and/or principles (e.g., devout Christian, Doesn’t believe in betraying the trust of others, etc); or **c)** a bad past experience (e.g., one of his former girlfriends cheated on him and it was emotionally painful for him).

If none of those factors come into play, then a man is left with nothing but his desires and impulses. This is what happens with mentally ill people such as serial killers. Serial killers operate on their desires and impulses. Their fears and insecurities are

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diminished, they virtually have no morals, values and principles, and their past experiences usually involve trauma, abuse, or profound disrespect and ill treatment.

You have to be fair and objective though. Women cheat on their boyfriends, fiancés, and husbands just as much as men cheat on their girlfriends, fiancées, and wives. Many men and women ... you guessed it ... PRETEND ... to be interested in a monogamous relationship when in actuality, they enjoy non-monogamy.

***“What is so wrong with a man being a ‘nice guy’ or a ‘gentleman?’
Why do you have to be an ‘asshole’ or a ‘jerk’ in order to attract
women?”***

My reply: The main problem with men who try to be “Mr. Nice Guy” types is that they make the frequent mistake of putting women on pedestals, and trying too hard to prevent and/or avoid negative reactions and harsh criticisms. Read page 51 in *Mode One*.

A ‘gentleman’ in my book is someone who has respect for women, and is just the opposite of a misogynist. To be a ‘gentleman’ though is not necessarily synonymous with being a ‘nice guy.’ The movie character of *James Bond* is a ‘gentleman,’ but he is still smooth, debonair and an incorrigible womanizer.

UPFRONT and STRAIGHTFORWARD

“If I want to have a threesome with a woman I know and her best friend, should I just ask her? Or is that too forward or too bold?”

My reply: What can she do ... kill you? Ask. The worst she can say is, “*Have you lost your fu**in’ mind?!?*” No, I’m kidding. Obviously, you did not see the Woody Allen romantic comedy, ***Vicky Cristina Barcelona***. In that delightful film (actress ***Penélope Cruz*** won an Academy Award for her role in this movie), the character of Juan Antonio Gonzalo (Javier Bardem being Mode One) did just that. He let two women who were good friends (Vicky and Cristina) know that he wanted to have a threesome with them. A desire is a desire.

“I am a woman who is looking for a man who is financially secure who I don’t have to take care of. Some men mistake me for a gold digger. I’m not looking for any man to take care of me ... I just don’t want to play ‘sugar mama’ to them. How do I prevent men from mistaking me for a common gold digger?”

My reply: If you are a woman who has a successful career and earning a high five-figure salary or six-figure salary, there is nothing wrong with you looking for a romantic companion who is “on your level.” If that means some men will refer to you as a ‘gold digger,’ so be it. Never allow other peoples perceptions of you and/or opinionated labels dictate how you behave towards others.

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“Alan, you say that rejection is not that big of a deal, but what if you are a man who has not had a date in three or four years? What if your options for female companionships are limited? Isn’t it then harder to deal with rejection?”

My reply: If you are a man who has not socially interacted with a woman in over two or three years, then you need to really ask yourself why is that the case.

Do you have personal hygiene problems? Are you obese? Are your social skills just really, really horrible? Take an assessment of what you have to offer to women, and what areas of your life might warrant improvement.

If you need to improve your physical appearance, change your diet and your exercise habits. If you need to improve your social skills, then involve yourself in some personal development and self-improvement seminars. If you need to move to a new city, state, and/or country to meet more women ... do it! You only live once.

Don’t engage in “self-pity parties.” Rejection by one woman simply brings you closer to the women you are supposed to be interacting with. Build a strategy for yourself and act on it.

Alan Roger Currie examines the effects of manipulative head games employed by single men and women in today's challenging and oftentimes frustrating dating scene. Upfront and Straightforward is Currie's follow-up to his best-selling paperback, Mode One.

Upfront and Straightforward

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