

Marie's unexpected loss of Francois was devastating. She thought she found new love but what she has learned may be far more fulfilling. Written with a fresh perspective. Timely and transparent. Please join her in these heartfelt pages.

A Small Collection: From Mustard Seed to Masterpiece

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A Small Collection
From Mustard Seed to Masterpiece

By
Pauline Sexton

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The characters and events in this book are based on a true story, however, the names of the characters have been changed. The author has altered or added to scenes to provide dramatic effect.

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Loss

Marie's journal

When you lose your mate you lose a part of you that only that person completed. It is a part of your heart that was exclusively theirs. And when they are taken from you there is no way to replace that dimension, that fine exquisite part of the fabric that has been woven throughout your senses.

There are so many ways that people lose each other: through choice, through chance, through tragedy, through disdain, through neglect, through distance, through time. And each element of the journey on the path chosen, willingly or not, collides with every emotion and more than you knew existed, as you must pick yourself up off the floor of despair and become what you were purposed to be.

Some try it on their own. Some bury it in chemical cocktails of their choosing. Some never recover, never move on, are permanently suspended in that morsel of time. Some deny faith or the existence of any greater dimension, power or spirit that can be a source of rest and strength. Some never trust again. Some are relieved, freed from a prison of hopelessness that has finally ended. The list continues.

I have chosen journaling, giving my faith and trust to that higher power because this is my way, my understanding, my recovery, my foundation, to help me grapple with all that lies ahead as I walk through the rest of my days on this side of the veil.

I wonder if all of this in all of me will ever make a difference to anyone but me. Isn't that what we are here for, to make a difference?

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