

Join award-winning author Karen Isaacson and her faux-author Maxine Paddington as they get creative with one of the world's most underrated inventions, the sanitary napkin. Guaranteed to put a smile on your face. Makes a great gift!

231 Other Ways To Use a Sanitary Napkin: The Ultimate Recycling Guide for Women Who Have Moved On

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231 Other Ways to Use a Sanitary Napkin

The Ultimate Recycling Guide for
Women Who Have Moved On



Maxine Paddington

and

Karen Isaacson

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In the Kitchen

Yes, sanitary napkins in the kitchen. It's time to re-evaluate some of our old notions of where these handy items belong. Take a deep breath and try to rid yourself of your former prejudices. After all, the key word here is "sanitary," isn't it?

- ❖ Blot recently washed fruits and vegetables. Give an apple a good polish.
- ❖ Attach maxi pads to your hands to use as hot pads when removing a pan from the oven.
- ❖ Use in place of magnets to hold miscellaneous lists, pictures and artwork on your refrigerator.
- ❖ Keep a pad by your stove to use as a disposable spoon rest. Keep away from heat or flame.
- ❖ Use a pad as a mini cutting board. Not only is it disposable for a quick cleanup, but it will absorb any excess juices.
- ❖ Use a pad to dry dishes. We recommend the ultra-absorbent overnight variety.
- ❖ Moisten a pad with plenty of water and place in a glass jar to sprout bean or alfalfa seeds. This is a delicious and healthy way to impress your friends when you invite them over for a sandwich or a salad. It is, however, recommended that you remove them from the pad before

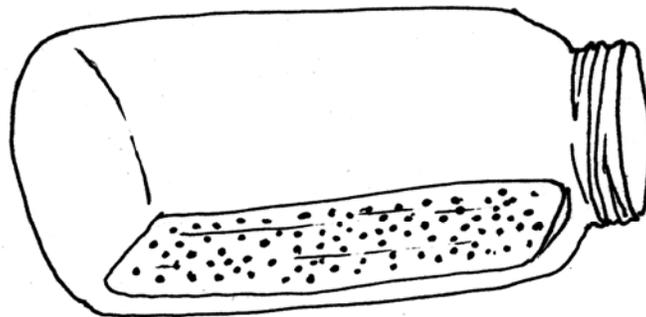
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serving. Not everyone is as practical and open-minded as you obviously are.

You will need:

1 glass quart jar
1 maxi pad
sprouting seeds
water

Place pad in jar. ↴

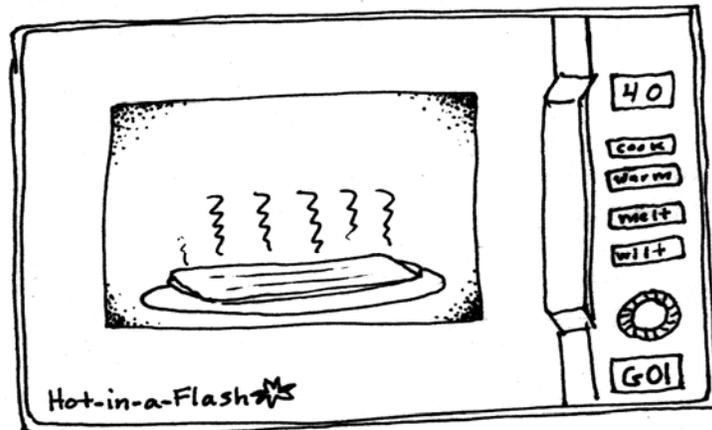


Pour water on pad.
until soaked. Sprinkle
with seeds and place
in a sunny window.

KAREN ISAACSON

- ❖ Line the bottom of the veggie crisper in your refrigerator to contain undesirable moisture.
- ❖ Place a soaking wet pad on a microwave-safe plate in your microwave and heat for 40 seconds. This will steam up the inside and soften all the baked-on residue that is normally so difficult to remove. Clean as usual.

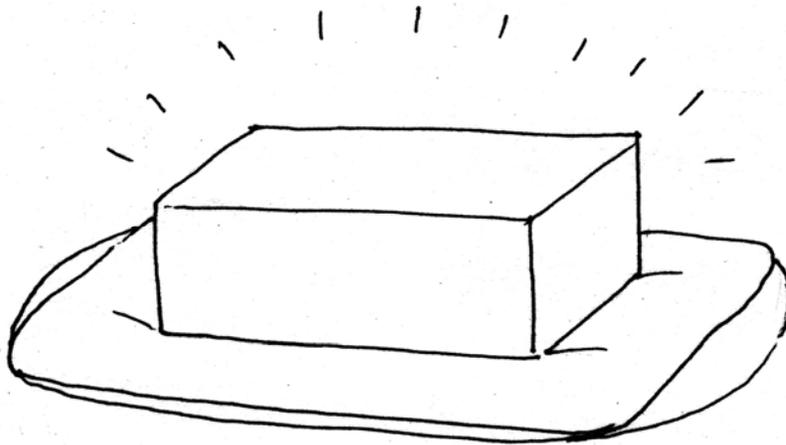
Just nuke and wipe.



And you can wipe with the same pad!

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- ❖ Instead of draining pasta the conventional way, place unscented pads in the pot to absorb water. Then blot away the remaining moisture with another pad.
- ❖ Use a pad as a disposable butter dish—after all, you’ve heard of a “pad” of butter, haven’t you? Well, now you know what that means.



- ❖ Pour a little oil on a pad and use it to grease baking surfaces. You may keep the oiled pad in a baggy in the refrigerator for future use. Remember—waste not, want not.

- ❖ Use a pad to absorb bacon grease.
- ❖ In a pinch, use a frozen pad as a candy thermometer. To test the candy's temperature, drop a small amount of the cooking syrup onto the pad. If the syrup is easily absorbed, you are at the, ahem, "syrup" stage. If the syrup piles into a soft, squishy heap, you are at the "soft ball" stage. If the syrup turns brittle upon contact with the pad, you are at the "hard ball" stage. If the candy burns a hole in the pad, you should probably turn down the heat—and start over from scratch.
- ❖ Line your flatware or silverware compartment with mini pads. Or use pads to give that silverware a good polish.
- ❖ Place a pad at the bottom of the water and ice dispenser on your refrigerator to catch any spills or overflow.
- ❖ If you happen to have the variety of pad "made with real baking soda," you can place one in your refrigerator to absorb odors.

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- ❖ Use pads to label foods in the freezer or in the pantry. Imagine your neighbor's surprise when you bring her a jar of your beautifully labeled homemade blueberry jam!

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