

Gives you direct contact with your Soul Family and its heritage.

Soul Mastery - Accessing the Gifts of Your Soul

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Soul Mastery:

Accessing the Gifts of Your Soul

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PREFACE

We are each a master, here to bring forth our Soul's purpose, our heart's fulfillment, and our life mission. As a master, it's our job to understand why our Soul chose to come to Earth and how it is to bring Light into a world at a time when great darkness prevails. Each Soul has many helper aspects. It is innately connected to guides, angels, councils of beings, and Soul Families. Through our Souls, we belong to a collective, unified energy field that is working for all humankind. This appears to be true more than ever at this highly significant time in our universal history.

Each moment that we lead our life from our heart and Soul, we are aligned with our Soul's destiny and we are practicing Soul Mastery. As simple as it sounds, accessing the gifts of our Soul is the greatest offering we each can make to return the world to its Original Blueprint based on Love. It is the world that we all feel in our bones is possible.

FOREWORD

I met Susann in the mountains of Colorado. It was a summer evening. We sat on the couch in my cabin retreat, Susann's little dog Ollie between us, talking about life, love, science, mystery, spirit, and soul. Each piece of our conversation would come to expand this book. Each excited breath would eventually appear in these pages. As the hours passed and darkness began to fall, the cool wind stirred the curtains. We opened the cabin door to witness a torrential downpour, hail bouncing off the porch. Somehow, it seemed appropriate.

Susann and I share a passionate and highly energized view of life. We speak the same language, often without words. Out of a desire that sprang from deep within we had each begun our own study and practice of mastery of the Soul. We had to travel many miles to finally meet face to face. The journey was long and winding with many years full of experiences, and then our paths began to cross. Why wouldn't the elements match the energy that had been created by this union of like spirit?

We live in a world of strange contrasts. We can decode DNA. We can transplant organs to prolong the body's life. We can create life in a petridish, and clone stem cells. If you have no family history, you can get your DNA tested and learn what part of the world you are from. All of these things give meaning to people's physical existence, yet the world is still far from being freed from the grip of disease, poverty, or war. That is the world we live in.

Technical advances in science have created the ability to see beyond our planet in ways unimaginable ten years ago. We are reaching out to the stars and the galaxies for information about how we got here and what that means for us. Yet each scientific journal I read still admits to more ignorance than information. This is the world we live in.

With all the knowledge and information available to us, people are still searching for answers to what remains unanswered in the depths of their Souls. Through our consulting practices, Susann and I, along with other practitioners, have been privileged to bring our clients back into a realization of the part of them that is unique and immortal; the part in *all* of us that breathes life into form. The Soul. These physical bodies of ours are just temporary and could not exist without this amazing and powerful force. How much do you know about it? Put aside the life view you are experiencing by being temporarily alive in physical form in this particular point in the history of mankind. Go back to the beginning and consider that each one of us has always been in existence and look at what that means to you in particular. Where does your immortal Soul come from? What are your Soul gifts and challenges? Let that give meaning to each breath you take and each day you wake up to experience what life has in store for you.

Soul Mastery is a gift of awareness to those looking for the answers. It is a beacon of light to lead you to places where the Soul finds its truth, fulfillment, and peace. Read it with an open-hearted mind. Only as each one makes the journey back to their Soul truth, will the tide be turned for the world to be returned to Paradise.

—Mamie Wheeler, RNC
Intuitive Consultant

I

INTRODUCTION

*We do not have to leave the room.
Remain standing at your table and listen.
Do not even listen, simply wait.
Do not even wait.
Be quite still and solitary.
The world will freely offer itself to you to be unmasked.
It has no choice.
It will roll in ecstasy at your feet.*

—Franz Kafka

To the Reader

One of the deepest concerns of our heart and Soul is that we do not wish to die with our song unsung, with our gifts unwrapped, and, really, we do not wish to live in any moment that our spirit is not free to shine!

Do you remember what it was like when we were children and we lived from our openhearted love and purity, freely expressing our brightness and sensitivity? Each of us hold that memory in our Soul even if it was just for one brief moment at birth. At some point, our truth and sense of inner direction were overridden by someone else's idea of how life should be for us. The unique Light we came to bring into this world was not seen or understood. We lost our sense of knowing why we came, a sense that was declared in our first breath.

How do we get from where we are—which may not feel fully alive or abundantly wealthy in spirit and life expression—to that very state that we sense is possible, that we remember from once before, where we feel alive in every breath we take? Our Soul brought that richness with it, from its existence and experience before coming here. It holds the potential to be in full connection to the universal cornucopia of oneness and connection to the beloved all that is, every day, in every experience. Our Creator never meant for life to be otherwise. The Universe is abundant and freely wants to pour its riches through the vessels of human experience that planet Earth has been designed for by our Creator.

Yet I encounter many precious Souls in my counseling work who feel like strangers to this life. They tell me that in their hearts they feel that Earth is not their home. They long to know what they are homesick for. What is the piece that so palpably seems to be missing? These are questions that this book can answer because the answers are not mysteries. These longings for home can be fulfilled because our Creator meant for every Soul to be seen, known, and understood. We deserve to feel deeply connected to the Divine and the universal foundation of the home we are part of.

Many Souls have come to this precious Earth from other worlds to fulfill a mission. And at this ripe and precipitous time, that assistance is golden.

By connecting you to your Soul's heritage, this book will help you open the doors to your Soul's personal mission and give it expression in your daily life, bolstered by the divinity of your heart. You are not alone.

Many Souls like you have volunteered to come here with treasures of spirit to assist this world in returning to a Blueprint fueled by divine Love. In fact, Souls have been dedicated to coming here for up to 250,000 years from planets that are part of other star systems. These Souls have spent

their existences there developing qualities of spirit that make up the Soul heritage you can experience in your daily life. In these worlds where our Souls originate, their true families knew them.

They have given us this memory of belonging, brought to us from their world to ours. The contribution that some Souls bring to Earth is relatively new, even though as Souls they are ancient in their existence in the Universe. Some Souls have spent time predominantly in one star system before coming here, while others have spent time in multiple places, gathering a variety of resources. Each one knows that this mission to Earth at this time is essential to the life of the entire galaxy.

The sense of feeling seen, known, and understood will burst forth in you as you read about the various Soul heritages and discover which ones you resonate with. During the journey of reading this information, allow yourself to connect with the frequencies of the various Soul Families and patterns. Feel the spark of recognition ignite into the light of remembrance deeply within your own heart and Soul. Let the spirit in the words speak to the unique fingerprint of your Soul, coaxing it to come forward safely and lovingly. I am, through this book, a witness to your Soul's existence, awakening you to your Soul's significance, just as an intimate partner is a constant witness to your life and its movement. You are seen, known, and understood by me. There are many others who share your Soul purpose and mission and love what you love. They have even come from the same places your Soul knows as home.

It is my hope that the divine outpouring within the pages of this book will reawaken all that you are as a Soul, that divine part of you that so generously came from other reaches of this grand galaxy. I thank you from all that I am for taking the journey to come here and spread the seeds of your Soul treasures to help bring back the Original Blueprint, fueled by divine Love.

The Gifts of the Soul

The Akashic Records are an energetic library. They are the records of the knowledge of all Souls for all time. In the spiritual world, they hold the record of all events, actions, and feelings that have occurred and will occur. All the information about each of our Souls is stored in the Akashic Record Memory System. This includes our Soul history, training, gifts, strengths, challenges, and even possible future outcomes.

By declaring your openness to the Akashic Records and all the beings, teachers, masters, and guides who work within the context of the records, you will draw your Soul Families closely around you. They will be with you intimately, allowing your life and Soul purpose to emerge in all its glory. These beings will innately help you clear your inner space, like cleaning house, to bring in the resources of your Soul.

You will feel the touch of their presence on your heart, bringing divinity into your very life blood. You will receive the presence of our beloved Creator who allows you to stand as your authentic self as you bestow your eternal connection to Light upon the Earth.

By accessing the Akashic Records, a rendering of the story of a Soul's journey in this world is uncovered. In reading this book, you will discover the roots of your Soul heritage and Soul Family. You may sense this through the words you read or the feeling you get as the words resonate within you. It may be an intuitive resonance or a gut response. You can divine (or dowse, if you will) with a pendulum. You can also use applied kinesiology (muscle testing).

The Akashic Records are freely available to those who seek their knowledge with a pure intent of Creator Light. These records are held within the Soul's memory banks. As we emerge more fully in alignment with our heart and Soul's purposes and radiance, we may feel like a completely different person from the inside out, many times

over. We as Souls have chosen various trainings and experiences deliberately, from the Soul perspective, to grow, heal, explore, or simply to experience an energy field we've never known before.

Life here on Earth was meant to be a spiritual experience. Life was meant to be the means through which our Soul could expand and flourish in profound ways, unlike those of any other part of the Universe.

The more mature and wise we become, the more vital it is to draw in larger frequencies of spirit to support our expansion. As we expand as a Soul, our connection to larger realities becomes our nourishment. The larger worlds we come from as part of our Soul heritage are continually holding that space of Love and pure connection for us to be part of. They are our true "god parents," the beings from our Soul heritage who know and understand us and our Soul plans and purposes. They are in alignment with our mission to take on a human body to execute the purposes of the collective universal mission.

Our Soul is part of a collective of Souls who are deeply connected to us at many levels. If we haven't yet turned toward our Soul, and this collective of Souls we are a part of, there is a longing present because we have felt separate from our deepest part. It is natural for us to hold these heart longings. They allow our hearts to crack open to receive the divine Love we long for.

Whenever we feel the heart, we automatically have the tendency to translate the heart's voice or movement as lack: Oh, I wish I had ... ; I don't have ... ; I'm so lonely for ... We feel the reasons why we gave ourselves the excuse to close our heart in the first place. "Well, Love hurts!" we say. That's a given in our society. How many songs have been sung in the name of this untruth that's so opposite to what is true? It is the lack of Love that hurts. Do we hurt when we say, "I am in Love"? No, we hurt when we shut out Love. The lack of Love is a space, a creative void longing

to be filled with divine Love. When we feel an actual physical pain, it's the body's way of communicating its longing to know connection to the Divine in that place where it is missing, and thus in the pain of separation.

As a simple exercise, whenever you feel the heart aching or sadness present, instead of focusing on the sensation of pain present, feel it as a moment of unlocking. See it as a moment of creative void asking you to make a choice. This time will you choose Love to come into this space where you have locked it out? If the answer is yes, focus on breathing in your connection to universal Love, to the space where the sensation of pain or sadness is. Keep breathing in universal Love or your connection to something, maybe of nature, that you associate with pure Love. Breathe the Love you feel into that place where you feel the pain. Let universal Love fill your heart's longing for the connection to the Divine, which is your deepest longing. The greatest form of self-Love is known in your return of divine Love to your heart and Soul and life expression. It's a breath away.

As you reconnect to who you are as a Soul, what you are deeply a part of, and what your heart and Soul's purposes are, your Soul is truly fed. This reconnection is the first step of realizing your Soul's destiny and accessing the gifts of your Soul.

The means for magnetizing an abundance of connection, understanding, and support for your Soul's journey is available within the words and energy field of this writing. The gifts you generously bring are recognized and valued within these chapters, to create a firm foundation for your Soul's presence and purposes. The ancient and beautiful self that you are, your exquisite dimensions of Love—these gifts are yours to manifest and share in the midst of the challenges present on your Soul's journey on Earth.

Reading these pages will energetically open huge portals to your Soul's emergence into life. I hope this moment finds you in a com-

fortable chair, on a grassy knoll, or on a beach. Maybe you have a view of the stars from where you are. Relax into the frequencies present behind the words. Open to receiving your Soul's plans and purposes as you originally intended for yourself before even coming into the Earth's atmosphere. Feel the presence of the legions of beings who are part of your Soul Family supporting and guiding your journey here as part of a galactic unfolding of eternal life.

Feel how you are championed by the stars and planets that hold sacred union to the all that is. Touch the ever-present beloved in your Soul, beating in your heart right now. It has always been there. It always will be there.

In the Beginning

Here's how I would describe our Soul journey that has brought us to this moment in time.

Each person starts as a Soul essence born of creator/creation energy. As each one looks upon this sphere of creation, their Soul makes choices as to what it wants to create and experience. It looks at the various universes or planets that are creating specific dimensions of spirit and chooses where it wants to play. It's that simple on the Soul level.

A Soul might choose to experience more of the varieties of the expression of divine Love or to spend time where wholeness is the focus; just as we might travel to New York City to experience life in the Big Apple or to Africa to understand the spirit and culture of that land or to Iowa to be a farmer, at a Soul level we choose various aspects of spirit we are attracted to in order to explore and create more of them. We accumulate many experiences that have gone into the make-up of who we are at this very moment.

An additional element of choice for many is the opportunity to come to a place like planet Earth out of a sense of service and

purpose, to assist in the larger universal picture. This is indeed a very particular use of free choice. We are not just creating to accumulate Soul experiences, but to work in conjunction with others to assist in the creation of a whole new way of being and doing life for a whole world, such as planet Earth.

I would describe our journey here as somewhat equivalent to going to graduate school versus just going through elementary school. It is a high-level student of creation who comes here to assist in bringing this world back into alignment with its original plans and purposes, or Blueprint for life.

So whether you are here because you wanted to experience the magic and wonder of multidimensional of living of life that is available on Earth or you wanted to have the opportunity to serve humanity and the universal movement, you have brought your Soul here as just one piece of a giant and potentially infinite Soul journey that you are on. It's yours to create and enjoy.

Free Choice

There is a Creator energy that radiates infinite presence as Light throughout this Universe and galaxy. This is what allows us to know in our Soul and cellular being that there is a force within us. As we operate in this reality of free choice we are operating within this Creator energy field. Free choice refers to our choice based on creation and Light. That is how it was originally established. What do I choose to create from Light that is true for my heart and Soul in this and every moment?

It is essential for each Soul to have a clear connection in their heart and Soul to the purity and absoluteness of this Creator energy to fulfill their Soul destiny plan. When this connection is deeply held, then free choice is not an issue. One feels free to create as an individual who is part of something vast and magnificent, and at the same time able to

honor the uniqueness of his or her Soul essence and expression.

Here is a fabulous example of how one's connection to this Creator energy field directly impacts one's everyday life.

From Claudia: "I was paralyzed as an artist because I had so much fear about my ability to create artistically or in any other way. Susann and I worked together for the purpose of assisting me to move more freely into my artistic self. We discovered the Soul-level roots to this situation. By reconnecting to the source of creation and our Creator's presence, I remembered what it was like to be held by, supported by, and encouraged by my Creator, and my creative abilities blossomed. They just needed Light and water, so to speak."

This story describes the essence of free choice for us here. It was originally intended that free choice in Light was the only option. As we realign with free choice based only in Light, how we see darkness and destruction changes radically. We no longer fear darkness or feel threatened by the use of darkness when it appears to be power. After all, from the vantage point of pure Light, darkness is not a power in and of itself. It is nothing more than the absence of Light. If there is no room in us for anything but Light, darkness holds no weight or power. It is displaced by Light. It simply dissolves. It ceases to exist for us. Even as just one man or woman grasps this truth about life, he or she can help change the nature of how darkness is seen and how it operates in this world.

Creator

In this free choice Universe, our relationship to our Creator is a vital consideration to our sense of self and purpose. How do we know that our Creator is with us? How do we explain our Creator's position when catastrophic events happen such as devastating earthquakes, tidal waves, or the September 11, 2001, terrorist attack on the two World Trade Center buildings? This is complex but lies within the framework

of our knowledge of free choice and free will.

Did our Creator ever make a promise to us when we were birthed as a Soul out of its force field of Love about how life would look for us? Did our Creator ever say that as part of our emergence as a Soul that everything would work out according to our individual agenda? Did our Creator say that no matter what choices we make this force would rescue us or take over like some authority figure? Did that force ever say, “I will always be responsible for how you do everything no matter what kind of choices you make? I will make sure you feel no pain even if you go out of integrity with your Soul plans”?

The answer is no. Our Creator is present with infinite wisdom and presence to ensure the continuation of creation at the universal level. One aspect of creation is each of us as Soul. We were given absolute connection to our Creator because it was out of it we sprang. Each Soul exists independently as a spark of Light, which is the manifestation of Love. Each is created equal in that sense. The command, “Let there be Light” applied to each Soul. What each Soul created and continues to create as that Light is infinitely varied. The possibilities for giving expression to our Creator’s Light through a human life are endless. And free choice is a vital part of the equation. The allowance of the freedom for each Soul to create as Light as they see to be true in each moment is an essential part of the makeup of the Universe.

The Illusion of Separation

We are designed to be unique Soul essences, a unique aspect of our Creator. A long time ago, even before our Earth was created, the beauty of the design for uniqueness within oneness for each Soul essence became distorted. Separation was born as some Souls chose to view their uniqueness as being more valuable than their dimension of oneness and connection to all that is. Many Souls chose to create from

the place of “I am me. You other Souls are outside of me and therefore we are not part of the same Creator and maybe your variation on the theme of Light is better or worse than mine.”

If we make the choice to live from this place of separation, this is not our Creator’s doing, it is ours! Our Creator is not responsible for our doings or undoings. Our Creator holds a focus for Light as a source for the pure connection to our freedom, to create Light as joy and aliveness in life constantly. That’s all. It is continually our choice to continue to be one with Light or create a diversion from Light.

Earthquakes, tidal waves, and 9/11 are reflections of our collective choices to avoid being fueled in life by that pure connection. Yes, we are part of a collective energy field of Earth. For instance, the man that is elected President of the United States is merely a reflection of our collective choices in what fuels our life blood individually and therefore collectively. It is not our Creator’s job to come change or fix our collective choices based on individual agendas that do not align with the way of Light. No, our Creator is an energy field that supports and amplifies Love as the life force for our heart and Soul. It is not an authority figure with overriding power to our choices here. If we were to believe that a God was responsible for or had power over our power of free choice, we negate our own ability to be a creator on Earth. We are asking “someone else” to create our life. Do we really want that? The natural state is to know our place as creator of our own world and let each and every other Soul be creator of their own world. This also frees us to trust that our Creator is handling the world of creation from a divine place of connection to universal Love.

The key is to remember that there is a larger field of our Creator’s Love that you are absolutely a part of. You have permission to be in sacred union with it. It is your decision to choose to be in alignment

with our Creator in every moment and to choose to create from that alignment. You can declare that you choose to remember to be aligned with our Creator's Light. I would like to bring up a very valuable point in relationship to remembrance of our Soul purposes. We don't have to forget to remember. We don't have to forget who we are and what we are here for in order to remember who we are and why we have come. This idea that we have to forget in order to remember is merely something that the Earth has played out for thousands of years, along with separation and polarity, so this idea may appear very real to many. We just need to awaken, remember what already is and has always been possible, and align with that. We can awaken to our vow to live our Soul's destiny and fulfillment. And this fulfillment and destiny is designed to be based on joy, pleasure, Love, and ease. This is all we have to awaken to and remember.

Why Souls Come to Earth

As I speak of the various Soul Families who have come here especially to assist planet Earth, I speak of the star or star system that the Soul Family lived within. These Souls did not actually live on the star; they lived on a planet within that star system. Because that planet may not have been given a name by astronomers yet, it is easier to refer to the star being described. But there are a few worlds that do have planet names. I will mention them but will continue to use the star name involved for the name of the Soul Family as a means for keeping it all as simple as possible.

You might ask why we move away from our home worlds in the first place, why we elect to come here, where life is anything but the paradise that we have known before coming here.

In these other worlds, our Souls existed in a place of curiosity, wonder, and exploration with continual direction from Love. We

are Light-filled and full of a sense of magical revelation. What do I choose to create from Light as Light now, and in every following moment? What fun and joy and endless possibilities do I choose to explore. So just as a child grows and wants to learn to move out into the world, to feel his oats and discover more of himself in relationship to his expanding environment, so a Soul loves to expand and discover itself in relationship to the varieties of the experience of divine Love in all its manifestations. Planet Earth is an exquisite example of Love embodied in a huge diversity of form, color, and frequency of creation. There is no other place like it. And yes, there is darkness and destruction in polarity to Light and creation here. But in a Soul's perspective from the universal view, darkness is not something to be feared or to be weakened by, in any way. It is just seen as a creative void and therefore a creative challenge. In fact, this void especially needs the presence of Light.

Planet Earth is a vital, crucial part of this galaxy, especially at this time. It is a fulcrum point. The galactic questions are, "Which way will it ultimately turn? Will it turn toward darkness as its power source or toward Light feeding life?" It is extremely important for the Earth to shift to Light for the balance to be shifted for the whole galaxy. This is the nature of the time we all are playing in. We are Souls with an investment in the Earth energy field, yes, but even more so we are Souls who have an investment in things working out on a galactic level. This is even more primary to why we are here.

When you reconnect with your Soul destiny and Family, you will find a rekindling of this perspective. Now, you may feel out of sorts on the Earth, or that you don't belong, or that the energy field here is too negative or confusing. You may feel the heart and Soul have been lost. You may currently feel great discouragement when you view the state of the world and its movement and affairs.

From a galactic perspective that rings much truer for many of us than merely viewing things from the Earth perspective, creation cannot fail and Love will prevail. And Light is prevailing here. You may feel the surface imbalance of power on the surface of planet Earth. But know that the universal force is with you; it holds the true power every time you choose Love and your choice is from the path of your heart and Soul. In the eyes of our Creator, this is what matters.

As a Soul Arrives on Earth

As Souls come from other star systems and universes, their frequencies don't always match the frequencies in this world. There have to be adjustments made upon entering this world so that Souls align energetically with the mission of the Earth Blueprint. Souls from other worlds, especially other solar systems, have a hard time with the idea of grounding in the Earth. Because of the degree of disruption that is here, mostly on the surface, it's understandable that your intuition asks, "Why would I want to ground myself in this?" The Earth is anything but stable, connected, and anchoring.

At the same time, at the core of the Earth, divine Love, which birthed creation here, has always existed and has kept life pulsating. It is indeed valuable for Souls to connect to this Love at the core of the Earth as an extension of universal Love. It allows you to feel deeply connected to our Creator while living and breathing here, knowing that, in essence, Love is everywhere. That is a true anchor point that exists here and can be held sacred for anyone. Every time a Soul comes to the border, it is as if there are energetic border police telling Souls who come to Earth that they need to leave their bags from foreign soil behind. This pertains to a Soul's gifts and talents and what you have agreed to bring here for the Earth's greater good. These border police were born of the field of separation and polarity that was established here before Souls from oth-

er worlds ever came here. Souls from these other worlds came to help repair this field of separation, but have often innocently been tricked into believing that “to come to Rome you have to do as the Romans do.” So if the Earth beings said you had to leave a piece of your gold at the door as part of the program for being here, you would go with the program, later to realize not all programs are divinely designed.

This presents numerous challenges unique to each Soul family. For instance, if you came to bring the reality of divine Love, you will acutely feel an aspect of separation from Love, which feels like heartache as you feel the absence of divine Love here. If you bring the knowledge of the experience of oneness with all that is, you will feel the pain of some separation from that experience of oneness. This separation from our Soul gifts that occurred to varying degrees in coming here can feel like spaces in ourselves where our gifts have been drained from us. Our lack of an ability to feel we can bring our Soul gifts fully into this incarnation becomes our Soul challenge. Consequently, a Soul has not only the mission to remember his or her greatest gifts, but to work with his or her greatest challenges that come with the package of entering the Earth world. To reconnect with our Soul heritage and Soul Family allows us to remember those gifts. It is vital to feel seen, known, and understood as a Soul. So knowing your Soul heritage and your makeup and mission is deeply valuable. To dissolve any obstruction to the wealth each one has traveled all this way to bring is richly fulfilling for the Soul and heart. It allows the door to open to one’s Soul destiny and purposes with a huge swing. This is a large part of the work I do with individuals. I help others release the “barnacles of obstruction” on their Soul that create Soul challenges, and I open them to the resources of their Soul heritage and purposes.

When a Soul Chooses to Participate on Earth

At the Earth planet border we truly had to move through the collective energy field of separation to enter in, even though we were thoroughly filled with all our zealous plans and purposes. This field of separation from divine Love and oneness had been established here as a collective choice. When we hit the vortex of separation, which was a completely foreign energy field to us, we lost the sense of vastness, connection, and communion we knew and made choices based on the smaller perspective that the Earth carried. We wanted so much to know connection to universal oneness, which the majority of humans here were not carrying. To choose to hold universal connection, it felt as though we would have to let go of our connection to the beings on Earth because they were dominantly out of connection to universal oneness. Consequently we would feel a sense of aloneness, isolation, and lack of belonging to this world. The painfulness of that experience made us opt to be connected to the human experience and not our universal connection. We thought we had to choose one or the other. That was not true, but that was the driving force in life experience upon our arrival from other worlds. We just wanted to feel connected to something. To this day that is a driving force behind much of our behavior, good or bad, seemingly. This meant buying into the human idea of belonging, which had nothing to do with connection and oneness. We bought into the collective energy field of separation. We betrayed our mission to bring Love, connection, oneness, and creation, to feel a sense of belonging and feel a sense of family and home that was present here when we came. This sense of home and place was not based in spirit, but on the grounds of survival.

This created a denser field, which was very foreign to advanced Souls. The density of separation dragged us down. As we bought into more and more of the principles of going along with others' truths for

a false sense of connection, others' "ideas of a good time" like survival tactics of battle, dog eat dog, and heartless means of defending our sense of self became the norm. We lost sight, to varying degrees, of the universal gifts we agreed to bring. Our Akashic Record Soul memory got clouded, and we began to forget our grandness and brilliance. Each lifetime we return, we are making a choice to come into this world and deal with the field of separation here. And each time we see more clearly that separation is an illusion and myth we don't have to buy into. It's our choice. Each time we come we increase the power of Light here by holding true to our Soul's destiny and not betraying our mission and purposes.

Human Beings Remember Their Soul's Purpose

Remembering our Soul's purpose is simply waking up to what we already know from a universal perspective, even when the majority of people here are choosing not to. It really is much simpler and more direct to just reclaim what already exists in your Soul memory and DNA, to brush off the dust and the barnacles on the Soul and let all that you are as a Soul of divine infinity re-emerge.

As a collective, we are changing this paradigm. Reconnection to universal Light is being chosen by many individuals and is therefore having an influence on the collective dynamic of the Earth experience. This increased reconnection makes for a magnification of the ease of the ability for other individuals to reconnect in a myriad of ways. The book *The Reconnection* by Eric Pearl speaks of the means by which an individual can easily find their way to the reality of reconnecting to universal Light. This is a prime example of the increasing interest there is in the theme of reconnection. There are countless books, workshops, retreats, teachings, teachers, seminars, trainings, and movements with the underlying theme of reconnection.

There are many children being born on this planet now who are not having to go through the field of separation that has been created here. They are moving in through energetic portals of Light that have been created in recent years that allow for absolute connection to be maintained by them. They are also being born to parents who have had the experience of reconnection in varying degrees, so the children can know connection through the mentoring of these true god-parents who are holding the reality of connection on Earth to be present for them.

I must include a few examples of children I have worked with who have shown signs of being developed beyond what we think is appropriate behavior for their age. They are truly old, advanced Souls who have come specifically at this time to be living examples of what it is to live from a place of maintaining spiritual connection while enjoying the adventures of being in a physical body. They remind us that the Universe is well aware of what is at work here at this time and will assist to bring this Earth into alignment with its Original Blueprint in whatever way it can. Many unseen factions are aiding us in bringing this alignment. One known faction is the appearance of these children of such clarity and Love who are here to intensify reconnection at this time.

In the following paragraphs I have described some of the magical qualities of these dear children. As we honor their gifts, our lives will be rewarded manifold.

When Quinn was one-and-a-half years old his parents were having an argument and his mother lost control of her emotions. It was an intensity level hard for any adult to take. But not for Quinn. He simply said to his mom with conviction, “Mama, go.” Guess who knows how to be in command of his world in an effective way for all involved!

At two, Quinn was downstairs with his dad. Upstairs his mom

called down to her husband to ask him to come and get a large spider out of the room for her. Quinn pushed past his dad swiftly, ran upstairs and into the closet where the spider now was, and said bravely, “Show me where the spider is. I’ll get it.”

At age four, Keifer is very in tune with animals and seems to get strong intuitive feelings from them. When a neighbor’s dog was sick (she ended up dying the next day), Keifer spent time with her, laying down and talking to her. He was so sad that whole evening that he couldn’t eat. He didn’t eat until late the next morning. He was very sad the entire next day too. He knew what was going on and was completely attuned to the death cycle of this little animal that had just died. It was remarkable.

Soul Families

The following sections are designed to help you uncover your Soul heritage. There are many ways to discern your Soul’s makeup: intuition, applied kinesiology (muscle testing), or divining (also called dowsing) with a pendulum—there are many books on the topics of using intuition, applied kinesiology, or divining. I have taught classes in kinesiology and using a pendulum. Arlen Bock, who originated this material, is an expert in teaching the art of divining to access the Akashic Records. His name is referenced in the back of the book, along with the names of other books that teach the use of kinesiology and a pendulum.

The key in gathering the information about your Soul heritage is to stay lighthearted and at ease in yourself when discerning the message of the Akashic Records for your Soul. Trust that your Soul will give you all the information or guidance you need to find those who can assist you. Enjoy the process and keep it fun. The Universe supports you wholeheartedly.

As you read about the various Soul Families, your own heart and Soul will feel a resonance that comes from feeling seen and known. Your heart and Soul will smile to feel “your language” or your heritage being spoken of. Being able to see, feel, and be with your roots, your lineage, “your people” who understand the foundational pieces that make up who you are and what you are here to gift is truly exhilarating.

Most of us have a primary Soul Family that we have spent substantial time with before coming here and that correlates to a particular star system or Universe. Some Souls are quite gypsy-like and have explored quite a few of the places that I am describing. Each one’s path is unique. How much time you have spent in each existence varies, and how much influence it has on your Soul makeup also varies greatly. The slices of the pie that comprise you are the riches that you have to uncover and bring to this world.

The qualities that all Soul families bring are a part of the Original Blueprint. That is why these particular Soul characteristics were called upon. They are being brought forth to be reintroduced to the world’s expression, as many have been lost or minimized. It became time to call upon assistance from beyond this world to remember and return this world to the hands of light.

We may not feel that we are fully conscious or working actively with all the qualities and gifts we bring from our Soul worlds, but they are still held inexplicably within our Soul for us to draw upon.

Many people have come here with a Soul heritage from a few different star systems or worlds. The combination truly shapes their gifts and who they are. All the pieces of the Soul portrait work together to a specific end for each individual’s incarnation. You will find that you may be dominantly of one particular lineage, but have a smaller percentage of influence from another Soul world. From the many readings I have done, there seem to be no two Souls with exactly the

same Soul characteristics, which makes perfect sense in the scheme of the vastness of creation.

To touch the qualities of your home worlds is like taking a journey home. It gives you the opportunity to discover the truest, most authentic way to approach life here for the life fulfillment you want. Your Soul knows what this looks like! As you reconnect with the energy field of your home world, you allow your heart and Soul's purposes to be recatalyzed into existence within your very cells of experience. It opens the door for you to ignite *you* in the largest sense.

You may feel connection to the qualities of many of the star systems named. Remember, they are all descriptions of aspects of spirit. We hold the codes to the truth of all these elements within the seed of our Soul essence. These Soul characteristics are penetrating this Earth plane for healing and recollection. To return to the Original Blueprint here we must be in touch with all these aspects of spirit and integrate them as part of our life blood.

If you find that you come from a combination of Soul Families, you might decide that you are dominantly from one particular heritage and, secondarily, you have strong ties to another heritage. You can check the percentages from each, or just find which has a dominance and sub-dominance. For example, you may discover that you resonate highly with the Hadarian world and sense you have a connection to the Soul characteristics of the Mintakan world. Sense, perceive, and discern as best as you can what heritage and Soul Family characteristics bring you a feeling of purpose and fulfillment and describe how you love to embody your expression here. It's your gifts, talents, and resources for you to freely access and share. Many have asked me what is beyond the star systems and Parallel universes that I discuss as our Soul Families in the following chapters. Where did we reside before coming through these worlds or into this solar system? Thus far, what

I have found is that beyond these universes is what we might describe as pure existence. Beyond these worlds that hold enough physicality for the presence of form are vast spaces for the dimensions of existence that many Souls have had direct experience with. We speak often of the realm of peace as a desirable state. Ecstasy or wholeness, deep senses of well-being, infinite presence, or oneness with all that is are states of being or existence we aspire to. We would not aspire to them if we did not know at a Soul level that they exist and are attainable. These spaces of existence beyond the Parallel universes are filled with these essences that we long to know as real. Peace, Love, and joy are all essences out of which universes have been created to further embody and give dimension of creative form to these essences.

We all started as unique Soul essences and have taken on various dimensions of creation such as the opportunity to know wholeness or peace or self-sufficiency, etc., as we have moved along in the realm of creation. These attributes that we have chosen to acquire help define the nature of our Soul and its color and purpose.

Before we came into this solar system, we spent time in various existences to bring the dynamics of peace or oneness, etc., to be a part of our Soul nature. That is what we did before coming into this Universe. Here, we are to give form to these qualities of spirit in a form that we know exists in the star systems of habitation that I have described.

I have touched the richness of experience of that “starting” point of being a pure Soul essence for myself and with various clients. From that space there is a sense of the vastness of possibility of creation that is exquisite. So to attempt to put all our Soul experiences into definable boxes is impossible. And at the same time I have seen how deeply satisfying it has been for the many I have worked with to understand something more of the depth and breadth of the nature of their Soul

lineage that I am defining in the pages of this book. It is describable and indescribable at the same time.

My wish is that your very opening of the pages of this book will allow you to wholeheartedly access the gifts of your Soul lineage that you have generously brought with you. As you uncover the knowledge through the Akashic Records of your Soul dimensions, who knows what doors of knowledge beyond what is contained within this book will be discovered and revealed. I trust that the next level of existence of the beauty of creation will unfold to be birthed here through all of us.

Soul Families Journey Here

Whether we signed up to be here for many lifetimes or just a few, whether we came simply to be part of the adventure of the experience of life that is unique to this world, or whether we are on a planetary mission to change humankind or to help heal this world so it may return to being governed by Love, we are continually connected to the universal essences of wholeness. We are powerful beyond our wildest dreams.

Here on planet Earth there has been a tremendous loss of that connection. It is now the season to remove our Akashic Record amnesia, restore our collective Soul memory banks, and end this Soul memory cloud of disconnection.

All major religions have their own story of what is termed in the Bible as “The Fall,” when disconnection to Love as the source of our existence in life occurred to such an extent that there was more darkness (the absence of Light) than Light, as the ruling power. This was a collective choice to buy into powers of destruction (fear, greed, power over others, war, survival vs. creation, etc.).

This “Fall” began when human beings came as a civilization to consciously bring a Blueprint to the Earth based on Love and divinity

and to give it expression through life here. This was designed to be a conscious experience of divinity through human form—life as the embodiment of divine Love. Because of free will, human beings opted to inhabit existence here without the component of divine connection. Humans who chose to delete this divine connection created personal agendas and irresponsible choices, unaligned with a higher purpose. Those who didn't betray Light and the choice for Light realized that assistance was needed to bring a greater remembrance here for the choice of Light and all the qualities of spiritual expression that come with that. Light beings here could not force others to see that their choices were selfish and not aligned with Light. Because of free choice, we can only inspire others to choose Light; we cannot override individual will.

So, reconnection to our Creator purposes and the universal picture that Earth was a part of was essential. The Light beings here worked with many beings to call on assistance toward an outcome of highest good for the whole solar system. These beings comprised what is called the Solar Council for they were responsible for the Soul movement and collective purpose of all that occurs within this solar system. Thus, the process of introducing advanced Souls from other star systems to come here to assist the Earth to get back on track through free choice began.

After “The Fall,” around 250,000 BC, the first group of Souls were called on. They came from the parent planet for Earth. This planet is Artuvia, from the star system that includes Mintaka. This is the third star up in Orion's belt. This is how it began.

Each star system described in the following chapters contains a planet where the Souls actually exist in forms somewhat similar to Earth human form. This made it easier for them to translate their existence here if the form didn't have to shift dramatically to do so. Each group of Souls from the various star systems brought specific spiritual characteristics that are vital to the healing of this world

and that are the characteristics and qualities that are the specific gifts of each group.

Soul Contracts

Our Souls make contracts and agreements before each incarnation based on our Soul's ambitions and the desire to make certain contributions in this life. This can be a contract we make to create a certain impact as it relates to a career or love relationship in our life. This may be for growth or to magnify our gift with another from our Soul Family.

A young Soul may only want to learn how to master the combination of the physical, mental, emotional, and spiritual experience on Earth. This would be in the contract for incarnation. A more ambitious Soul may have many agreements and plans that they have set up ahead of time with a council of beings that are on hand for that purpose. One aspect of Soul contracts applies to the strong connections we have with those in our own Soul lineage. These contracts are designed to strengthen the nature of our Soul's mastery in this incarnation. They may be respected for the great spiritual influences and rewards they can deliver.

This is an extraordinary time to witness people from the same Soul Families joining as intimate partners, close friends, co-workers, or family members. You may feel a remarkable depth of Soul resonance with many precious individuals. But beware of trying to make intimate exchanges with those we have Soul connections with, out of misidentifying these shared purposes with romantic feelings. It is not unusual these days, even if you are happily married, to feel star struck by another individual. It is a Soul connection and you literally do have a star connection. You may have merged energetically with that Soul in another star system and agreed to come together into this world to combine forces in healing this planet. There are many of us Lightworkers here at this time. We are true Soul brothers and sisters, unified by divine Love. You

will feel seeds of sacred union. The body feels that. Be heartful in letting this Soul union feed your Soul destiny plans and not just your physical urges to know connection and union to divine Love.

I have worked with a number of people, each with unique stories on this score, and the people involved are so relieved to receive a clear perspective and act from this clear place in their interchange. It is much more fulfilling than the immediate gratification of an inappropriate exchange. For example, Diane came to me to ask about her attraction to Eric, a co-worker at the hospital she worked in. At first, they began by having uniquely stimulating conversations during break times. Then he asked her to join him for lunch in the hospital cafeteria. She was smitten by the ease and depth between them. Back at home was her husband and their child.

There was nothing wrong in the family, but since their child was born three years ago, a certain spark between Diane and her husband, Stacy, had smoldered in the throws of diapers and exhaustion. So her exchanges at work with Eric felt refreshing and revitalizing. She could easily have taken this attraction to immediate gratification. I described to her the genuine Love-filled, and purpose-oriented connection she had with Stacy. Their connection was a very old and dear one. Her contract with him spanned many lifetimes of being together and provided a place for healing and growth in an enduring, foundational way. At the same time, I described her deep Soul Family connection with Eric and their agreement to ignite greater life here together. He showed up to ignite her Light in every aspect of her life and thus her remembrance of her brightness. She was not meant to take that igniting force Eric brought and share it exclusively with him.

Understanding the nature of her Soul connections and contracts helped her immensely. She was able to sustain a friendship with Eric without getting overly involved, and she was able to deepen her con-

nection with her husband, which was the most valuable place for her to deepen the flourishing of her Soul.

My wish for each of us is that we may be able to honor all of our Soul contracts in this life, for the purpose of magnifying our Soul purpose or to complete what we agreed in our Soul we would carry out.

Throughout the next chapters you will have the opportunity to connect more deeply with what your soul strengths are so that you may bring greater light of understanding to your Soul's perspective. This will help you to see your world and all of your relationships from the eyes of your Soul.

Gives you direct contact with your Soul Family and its heritage.

Soul Mastery - Accessing the Gifts of Your Soul

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