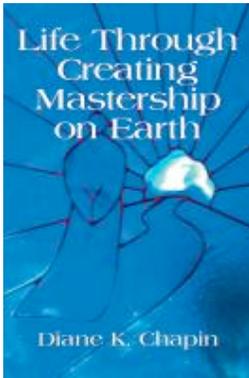
The background of the cover is a blue-toned stained glass window. It features a central sunburst or starburst pattern with a bright yellow and white center. To the left of the sunburst is a large, dark blue, abstract shape that resembles a figure or a stylized object. The entire design is composed of dark red or brown lines that form the leaded glass pattern.

Life Through Creating Mastership on Earth

Diane K. Chapin



Each of you has an opportunity to live as a Master, so do not be afraid of who you really are. Who you are is majestic. So many of you are afraid of the majesty that is you." Many self empowerment techniques are included to assist in that, plus: self-illumination, you are multi-dimensional/light and energy, earth in transition/world change, the world of tomorrow, the new generation of souls and Mastership.

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LIFE THROUGH CREATING MASTERSHIP ON EARTH

Diane K. Chapin

Channeling

The Buddha Consciousness

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CHAPTER 1

THE NATURE OF THE UNIVERSE

We greet you. We greet you one and all. We are very blessed to be offering you this series in which we are going to be speaking about reality, reconstructing your reality and the beauty that surrounds you in your concept of reality.

When we say 'reality' we are speaking of what is real. Reality is about that which is on the within, that which you present to the Universe. It is constructed, not only from your thoughts, but with an understanding that there really is a reality outside of the concepts that you have viewed as reality throughout your life.

Reality begins with the basic premise that there is a God and that there is a fundamental mathematical construct to the Universe which is composed of light, frequency, vibration and energy. Reality is based on the understanding that what is fundamental, that flows through the Universe, is peace... and that the effect of peace in your life is balance and love. All these concepts that we have been teaching are not individual concepts, they are REALITY and they are the nature of the Universe.

This is what we are going to discuss briefly with you now... the nature of the Universe. Many of you think that as you look to your stars, the moon and the sun, that you are, indeed, seeing the Universe and its nature. But you are only seeing the *projection* of the Universe. The reality of the

Universe is Spirit and consciousness. The reality of the Universe is *you*, your essence and your inner being as light, love and affection.

A great deal of the Universe is constructed around affection. Affection begins with our Infinite Father's spiritual affection for mankind and the other entities and bodies throughout the galaxies. That is to say, when you give affection from one to the other you are constructing and participating in reality as it really exists. The Universe is really constructed of frequency, light, vibration, color, energy and warmth. This is the beginning of reconstructing your reality (and you may wish to have candles about as you read this).

We wish to speak to you of the nature of the Universe, which is warmth. If there is no warmth from one to the other, then there is no dissemination of God's love, for you cannot hoard the love of God, the warmth in your heart, your affection for others or your willingness to be affectionate to all mankind. To do so is to limit your reality, to limit that which flows through you and that which is to be extended, provided and offered to others.

Reconstructing your reality is about understanding yourself, not only as fluidity, but as warmth in motion, affection in motion, as that which lives through the Universe at a heartbeat's rate. When you speak of yourself in terms of your heart, you are speaking of your ability to generate light, color and warmth. It is a *MUST* that you understand that, without the light of Spirit, without the light of harmony, and without the warmth of God's breath and grace... (then) there is no reality.

So, each of you are participating each minute of each day in the construction and reconstruction of your reality. To reconstruct your reality is to construct a new way of viewing yourself, of viewing the world and of looking upon the internal workings of your spiritual life. That is what we have been teaching you in our first four books, “A Modern View of God” through “A Path to the Inner Self,” to use your spiritual tools, to project forward and to gain what it is you feel you want.

Now, let us tell you what is actually there. It is beyond your thoughts, words and deeds. Your thoughts, words and deeds affect you through the law of cause and effect. But what is beyond that is your inner world... the world that is comprised of your emotions, your feelings and your sensitivity to the God within. How much warmth and affection are you willing to extend to the God within and to those about you? How much time are you willing to spend on cleansing the inner self? How much time are you willing to spend lighting the fire of humanity, of peace, of affection and warmth? How much time are you willing to give to allowing a nurturing inner atmosphere for all of this work we have brought forward for you to do?

What your reality is about is nurturing your spiritual growth. All of reality moves forward from that point. Nurturing your spiritual growth, nurturing your within and extending the affection, warmth and graciousness of God's love through you, flowing out of you, to all of the planet's beings and to every rock, tree and animal. That is reality. Reality is not the collection of atoms that you use for your convenience each day. That is only a reflection of human needs... it is only a reflection of that which has come to be for you to learn about nurturing your own spirituality.

There are many lessons you are here to learn, but the basic one is to learn that there is only one reality. That is what reconstructing reality is about: Understanding that the inner world is comprised of the essence of Spirit, that spark in you that leads you, not just to good deeds, but to openness, to genuineness, and to a willingness to experience yourself as One with God. That is your real nature and what reality is about: there is no separation from one to the other.

God flows through you, perfection flows through you, eternity flows through you. More than that, God's love and affection flow through you. In reconstructing your view of yourself in the Universe, your view of your reality and understanding what the world really is about and what you are here for, it is important that you add the elements of affection. For what is grace but God's good will, affection for mankind and willingness to extend to man every possible answer, every possible solution? All are available, but they come through your willingness to open your vortex, to open your heart, to open your third eye, at all times, to the affection and the infinity of that affection. Let it flow through you and teach you about the mysteries of the Universe.

The Universe is not only mathematical, but it is mystical, it is eternal and, above all, it is Spirit. Beyond consciousness is Spirit. That which cannot be defined in words... Spirit... that essence of light, that essence of affection, that eternal nature which is God, which is the basis for all that takes place in your universe, in other universes and beyond infinity.

Your inner reality, the affection and grace that flows through you, is beyond your imagination, beyond infinity.

Reality is not this (knocking on furniture). Reality is open hands, open heart, open third eye to all the blessings and the spiritual evolution that can take place within your own heart, as you are willing to see reality as it really is, and to let your expectations and your connection with the world fall away.

Basically, what we are going to speak of in these next sessions is nonattachment, the most difficult lesson for all souls to learn. The beginning of nonattachment is to accept, not only grace, but the flow of affection and peace that flows through you from spiritual eternity, from our Infinite Father's divine grace. Nonattachment is the beginning of spiritual evolution, spiritual power and spiritual upliftment. Through spiritual upliftment, your inner world changes and the inner goes forward in sequence and in peace. Nonattachment takes place slowly on your plane of action and we know that there is attachment to many things on your planet.

Nonattachment is the beginning of a transition into spiritual eternity, of seeing reality for all that it is and of living by God's hand, by God's word, and by God's grace. This is what we are coming to talk to you about in these next sessions, affection and nonattachment. That is the reality, the inner reality that you will begin to work toward, and you will work toward this on a level of knowingness.

To teach you a meditation for nonattachment is not possible. Nonattachment must take place through your willingness to let God's affection wash away all needs, all desires, all compulsions. This is the construction of your inner reality, the reconstruction of yourself as spiritual and as At-One with Spirit. This is the beginning of your

understanding that where you stand is holy ground and that each decision you make is based upon a spiritual understanding of yourself in the Universe as an aspect of God.

So, this is what we are coming to disclose to you in these next sessions: the sequential order of the Universe that takes place through nonattachment and the ability to begin to let go. It is a very tricky line, for many of you are practicing your visualizations, confirmation, actualization (Ref. "Living Life Radiantly..."). This we want you to do, for we know that many of you have goals you must meet. But what we would like you to do at the same time is to be unattached to those goals, to let them come to you through God's affection, through the spiritualization of your vision, your ideas and your inner-most being.

This is what we are coming to talk to you about, nonattachment and the spiritualization of your inner-most being. So, these next sessions will be very, very interesting for, in a sense, they will SEEM to be opposed to what we have presented to you... but not so. You can visualize and put forth all your desires, but you can do so without attachment... THAT IS THE SECRET.

So, begin to open your heart to God's grace, God's affection and the concept that you need not be attached so much to all of the positivity, or even the negativity, in your life. Begin to let them flow through you and out of you, back into the Universe. Know that the essence of your reality is that you are living spiritual aspects of God.

From that reality, the concentration of good in your life that you seek will come forward and will be an avenue of great blessing to you. Your life will be fulfilled and

nurtured from the within, not just from having your human desires met. This is what we are speaking of, now, and we think it will be a great blessing and a great message to you all.

MEDITATION: OPENING TO GOD'S GRACE

We ask you to stay as open as possible and drop your concepts of yourself as you are.

We want you to sit back and open your third eye. Begin to open that third eye. Let it be flat, see it as a rose opening forth and be flat against your forehead so that your third eye is completely open.

As you step deeply into this meditation, you are more relaxed. You let your concepts of yourself fall away. You let your concepts drop away and you feel free of all of your ideas about yourself as good or bad.

Feel the peace and warmth of experiencing yourself as Spirit only. Experience that for a moment... not even as light and energy... as Spirit, that essence of affection for yourself and mankind that flows through you from God that is, in fact, you.

Feel great love and affection enfolding you, surrounding you, and more than that, supporting you.

Allow yourself, for a moment, to know that is the only support you need.... the Spirit and light of God, the presence of God.

Feel that warmth, that affection, that flow... God's affection enfolding you, surrounding you and being you... not just blessing you, but BEING you. All of you.

And now see God's light. See your own light. Visualize white light surrounding you, flowing through you and know that, as you do this, you are experiencing yourself as spiritual, as light, as energy and, above all, as non-attached... not attached to even a tree or a leaf.

Notice how free you feel. Notice how wonderful and light you feel. Such love that enfolds you, such grace that is flowing through you.

This is your reality. This is the inner peace that passes understanding. This is God's way. Not the way of humanity, but God's way and the way that we have come to teach.

Feel that light flowing through you, lifting your vibrations, washing away your cares and concerns.

As it does, even when you leave this meditation you will find that your problems will be washed away and solutions to these problems will become very apparent, even solutions to problems that are unformed and unnamed.

You will find that Spirit has fulfilled you and that you are filled with a great sense of contentment and peace... a great sense of wonderment as you flow through this spiritual experience of nonattachment.

And so, now, bless yourself and know that all negativity is washed away from you at this moment.

You are experiencing yourself as life, as that life force which is God, as that life force which is energy, and as that life force which is frequency and vibration.

As all of these are flowing through you, you are viewing them, but you are also free from the desire to possess them or even to be them, for you are not attached to those concepts.

You are Spirit, and you are At-One with God.

At this time you know that it is your purpose in your life to reconstruct this reality every day... to be At-One with God... to know that, as you view your personal color every day that, at that moment, you will know you are viewing YOURSELF as you are now, non-attached, with God's affection and love flowing through you... At-One with Spirit.

This is the purpose of personal color. Let it uplift you. Take a moment to view your personal color and, if you don't know it, view white light.

Let that color present itself in its fullest and most radiant form. Let that color flow through you, now, and energize you so that you will leave this meditation with problems solved, with fulfillment and contentment in your heart, and with more of a willingness to step beyond your concerns and become unattached to everything.

And so, we will bring you back, now. Be gentle with yourself. We will count you out as you come back.

One... you are beginning to return to the material that you are familiar with.

Two... you are beginning to be comfortable with your surroundings, but you are returning with a great sense of accomplishment.

On three... you open your eyes.

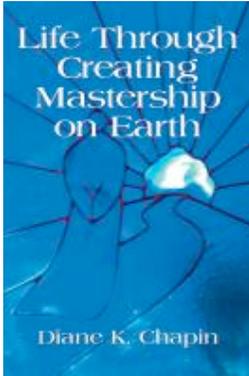
On four, returning to the room... and five.

We bless you for your presence and we will be with you as you begin to walk the path of spiritual wonderment and nonattachment with that Spirit and affection of God flowing through you. It is washing away your spiritual concerns and replacing them with the essence of energy and vibration, which is that your problems are solved, but solved in a spiritual way, not necessarily a human way.

So, take this opportunity to practice nonattachment, even as you do your manifestations. This will be a great blessing to you. We will join you again at our earliest opportunity.

We praise you for your presence and we are greatly blessed on our side by the warmth, companionship and love we feel coming from you to us. We wish to express our gratitude to you for that and our appreciation. So, we will rejoin you in the soon-to-be future and we thank you.

Blessings.



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