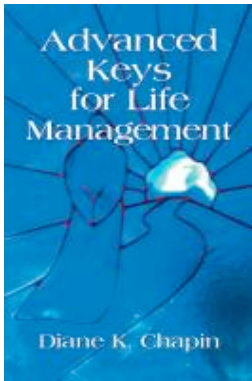
The background of the cover is a blue-toned stained glass window. It features a central sunburst or starburst pattern with a bright, glowing center. Below the sunburst, there is a large, dark blue, abstract shape that resembles a dove or a stylized figure. The entire design is set against a deep blue background with subtle, lighter blue patterns.

# Advanced Keys for Life Management

Diane K. Chapin



*Advanced Keys For Life Management* includes: 1) invaluable information and methods for the use of light & energy in expanding our consciousness and spiritual advancement into Unity Consciousness, which is **DIRELY** needed by all as Earth transitions into other Dimensions; 2) a personal experience of the effects of living in Unity Consciousness; 3) a large selection of high-interest-topic quotes from throughout the first nine books; and 4) as in other books in this series, authoritative refutation of various earthplane-developed church doctrines.

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**Advanced Keys For Life Management**

**Diane K. Chapin**

**As a Vehicle for**

**The Buddha Consciousness**

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## **CHAPTER 9**

### **THE PERSONAL SIDE OF MASTERSHIP**

Blessings, blessings. We are deeply grateful for the diligence you have exhibited and efforts you have put forth through our material, but, indeed, it is now time for each of you to live your spirituality, to love God and to be self-empowered through the use of your tools, your faith and your trust.

What we would say, most importantly to you and most significantly, is to remember to love yourselves, to be patient with yourselves through your spiritual growth and to understand the individual nature of spirituality; to realize that each of you will experience your spirituality differently. You will experience God in a variety of different ways as each of you learns to identify the God within for yourself.

It is a wonderful message and gift to be able to conclude our workshops with you, but the time has come for each of you to let your light shine as a beacon throughout the world... and that is our one request that we would make of each of you... that you make an effort every day to let your light shine so that others may be blessed and uplifted, that world peace may be fostered and that the beauty of your planet may be restored.

Now we will speak on the personal side of mastership. It is a fitting closure as you learn the truth of your being for yourself. What is that truth? That you are truly spiritual, but that, because you have ego, personality and free will, you will have the human side of mastership. Your doubts and fears comprise the human side of mastership, your

steps along the way, your days of insights, great faith and your hours of darkness.

Very, very few on your plane of action achieve mastership that is complete. Most achieve it in various areas and they, too, are very few.

On your planet, spirituality is considered to be that of being a good person, of loving your neighbor and showing occasional kindness. We agree that these qualities are important, but they do not exemplify spirituality.

Spirituality is living your truth as a spiritual being. By 'living your truth' we mean that every opportunity to treat your challenges with light and energy should be used... to allow Spirit to resolve the difficulties in your lives, to always take the time to be compassionate and loving of others and, above all, to pray for peace on your planet.

All of these things require a degree of selflessness; to let your light shine, to pray for peace, to extend yourself a little bit for others... and this, indeed, is one of the attributes of spirituality.

Both the Christ and the Buddha and other living Masters prayed unceasingly, meditated as they walked and were selfless in their desire to uplift those around them. The personal side of mastership involves that which we have discussed previously.

Each individual has his or her own temptations and that is the personal side of mastership: Your temptations will come. As you develop your spirituality and your growth, it is for you to treat your temptations spiritually and to release them lovingly. This is quite a task, for temptations

come in subtle forms, in unconscious activities and sometimes as desires that are difficult to turn away.

It is appropriate to understand that the personal side of mastership is part of being a human being. It takes great fortitude to systematically overcome your individual and personal temptations, to drop all of your expectations and to allow total grace to exude from you.

That is the professional side of mastership, that which allows miracles and typifies the God presence as it exudes from the Master. All of you have these complete capabilities within you.

But for most of you, the use of light and energy, the love of God, and moving forward in your lives in a more accurate and confident manner as you use your spiritual tools, is quite an accomplishment and more than enough.

We have offered these last few workshops in an effort to show you what else there is, but not at all to insist that you attempt to overcome all of your temptations and to instill total grace... for most of you this would be an ideal, for a few a realization.

How did the Masters overcome their personal trials? Such a thing can only be accomplished with great faith and reverence for God and with the belief that, with patience and dedication, triumph over personal desires and temptations would result. It involves the willingness to uplift the consciousness to a state of constant contact with intuition and creativity.

This is, in itself, an enormous task and takes a great deal of discipline and time. It also allows world consciousness

and a dedication to mankind that is the hallmark of mastership.

The Masters relied on God in the final analysis to deal with their human considerations and to take them through their dark hours. The key to their success was personal forgiveness and patience.

Expectations must be dissipated, but, without forgiveness, many doors still remain closed on the spiritual path. You must forgive within and without, all circumstances, all situations and above all, when you do not think you are achieving, to forgive that and yourself first.

Forgiveness teaches you, as growing Masters, reliance on Spirit, for it is a spiritual thing to forgive. Without forgiveness comes the temptation to rely on yourself. You will find that the tenets of those living Masters who are successful in completing mastership while in the human form, are filled with messages of love, compassion and forgiveness.

Many of the teachings of the Masters have been lost, so you will find there are double messages and misunderstandings. But all of these were advanced for the purpose of control over the masses.

The professional side of mastership is that that Being who functions as a living Master, offers light to the world, access to their own self-empowerment and shows how to access God.

It is only through the historical changes brought on by greed and desire that those truths were removed from the



teachings of the Masters. And even that has been forgiven, for mankind is now ready to experience itself in a wholly different way.

The professional side of mastership is the understanding of the sacredness of your physical body, it is understanding your own holiness and the willingness to not be afraid of that word. For, as you are living aspects of God, so too, must each of you be a holy being and, as such, your regard for yourself in that light can only be one of reverence.

This changes the total picture of yourself, and truly of your life and how you wish to live your life. The human side of that is disbelief in your own holiness and reverence.

It is difficult for you to see your individual selves in the light that they are seen by us. We see your lights, we know your pursuit of mastership and that each of you are walking a systematic path toward that end.

But the human side will tell you that you have only taken a few baby steps and so it is easy, then, to miss your own holiness, the sacredness of your being and importance of who you are on this planet.

So, mastership definitely has duality, or, using a more complicating word, it is paradoxical. For, as the soul soars and understanding takes place, the temptations come and human nature desires to prevail. These desires must be treated with forgiveness and released.

But, above all, there must be some insight as the Master truly realizes who he or she is... that all those

temptations are simply energy and that, in order to discontinue them, it is simply necessary to stop exchanging energy with those things.

How do you stop exchanging energy? Light and love must fill that which you desire to release and then you must take the steps to release it. More than that, as you release it, you must be willing to replace it with an understanding of yourself as truly spiritual and a living Master who is simply working out the human side of your spiritual truth.

It is *never* proper to demean yourself or to assume that you are not holy every minute of the day. It *is proper* to forgive yourself lovingly for those days when you feel more human than masterful... and to understand that what we have presented in these final phases of this workshop are advanced, and, to some extent for many, will remain ideals.

But, there is always the challenge of the pursuit and there is always the aspect that you are, nevertheless, living Masters. You simply might not exemplify complete mastership in all areas of the life.

So, there is an understanding that must take place. Great respect and admiration flows from us for all that you have done, of the painstaking work that you have done and the growth we have seen.

The individual and personal side of mastership can take quite some time to work out, whereas the soul, in the blink of an eye, can be enlightened. How can such a thing be? We would say it is part of the human condition, that the soul can become so advanced that your individual

human side must take time to catch up with it... and, frankly, there is sometimes a considerable lag.

But, as your soul is teaching you, so, too, do those teachings seep through to the human side of yourself that would disbelieve your inner truth. So then, the hallmark of mastership is living your inner truth and loving God, respecting your own holiness and not being afraid of your temptations or ashamed of them.

First things first, you must give up shame and guilt and understand, for yourselves, that you are in the human condition. As such, you will experience days of limitation and other days of intuition and creativity. It takes quite some time to totally balance all those aspects.

But, if you are ashamed of your temptations, then you are exchanging energy with them and they are keeping them and you bound to one another, rather than squarely, lovingly, releasing your temptations. With that activity, the level of mastership becomes more complete. But, you must be patient with yourselves and you must stop exchanging energy with those things that you are not satisfied with and that trouble you.

Christ, Buddha and others learned that lesson quite early, to stop exchanging energy with fear. How else can a miracle be performed, but by understanding that so much of the human condition is belief and that the minute that there is no energy exchange in that negative belief, healing takes place immediately?

This is quite an elevation in consciousness, but it is a truth... and this truth leads us back to your thoughts, actions, words and deeds and the importance of them to

you (Ref. "Living Life Radiantly"). For they will reveal to you the inner world, your human condition and your temptations, as well as your personal, individual revelations.

So, it is quite a task to pursue living mastership. The blessing is that each of you augments the growth of your soul and this is yours for eternity. This passes through the door of death with you, while other human things fall away.

Living mastership allows you to live in the world, but not be of it, so that your consciousness as an uplifted Master is stayed on God, not necessarily on the details of the next moment. That is why we teach you to live in the moment, because your focus becomes God-focused rather than human-focused.

There is a period of time where the old life falls away and this, indeed, requires the utmost tenacity, for often it seems that God is not speaking to you during these times. But God is ALWAYS speaking to you... and so the answer is that your human fears often keep you from hearing the message.

During this transition, it is necessary to be supported, it is necessary to use light and energy, but, above all, it is necessary to respect your own sacred beingness as you work through a process that, by any yardstick of the world, is not usual.

The Buddha, the Christ and some others were not exposed so much to the world as you know it, so they were able to rise above some of the daily pressures more simply. We would say that today, to exercise living

mastership, to let the world fall away, is an extraordinarily difficult task, but not impossible, for enlightenment is always occurring. ALWAYS.

Grace so often flows through individuals and they are, shall we say, asleep to that activity because they are focused on their temptations and their shame about them. Once you give that up, a great deal sweeps into your life like a breath of fresh air and your attunement to your own individual spirituality becomes ALIVE for you.

We would recommend that, as you read and re-read our material, as you absorb it, as you meditate, that you continuously forgive and bless yourself, that you do not judge yourself by that which is less than perfect.

Rather, honor your own holiness and sacredness, suspending the judgment of that which seems to be a human condition. You will feel much better about yourself and, consequently, much better about your life. Your ability can only increase. Consequently, your soul grows from those loving and compassionate activities and thoughts, and your insight into the Universe and spirituality begins to unfold as the magic and mystery of God.

The magic and mystery of God is that activity of the life that somehow opens doors that you cannot, that leads events to their highest conclusion when you cannot possibly imagine what that could be, and which takes you to new heights and new horizons through your growth and persistence. So, this is quite an undertaking and must be accomplished with as much patience with yourself as possible.

One last thing about your own holiness... because you have temptations does not mean that you are not holy. You were born in a holy condition and you will die in one. It is only that you see the human condition rather than the sacredness of your being.

So, don't wait for holiness to appear. Understand it is YOU, RIGHT NOW and that, as you forgive your personal trials and temptations, you will begin to have an appreciation of the sacredness of your being and the holiness of your living relationship with God.

That living relationship with God takes place as you begin to know yourself better and to drop your expectations, even about the way and the manner in which you should come to know yourself. Unfoldment is a process of wisdom and, at times, seems obscure.

So, you may apparently take two steps back and one forward, but each time you move forward, it is a step in the direction of your truth, it is a step in the direction of your own unveiling to yourself of the sacred nature of your being and the unconditional love of God.

So, that is what mastership is really about, steps along the way to the unveiling to yourself of the sacred nature of your being and God's unconditional love. There can be no more beautiful gift to yourself than this and there can be no greater gift to the world than your ability to love yourself unconditionally and, consequently, to pass that on to others.

So, as you live in grace, you must understand that it can have a down side... your personal temptations. But, through your forgiveness and patience, that becomes less

and less a part of your life. Then grace fills more and more of your life, so that there is a total fusion of your experience of grace and your own personal sacredness.

We would say that is true enlightenment... that is the complete picture. But enlightenment, as mastership, comes in degrees and steps along the path. This is why we have provided you with a variety of means and tools, so that each of you may pursue God at your own pace individually, patiently and lovingly... so that your souls may unfold for you your own divinity and mastership.

Our teachings are only meant to be guidelines. It is for you to live your own self-empowerment through living your spiritual tools, and it is for you to discover, for yourself, your inner being and who you really are. Do not compare one to the other and do not feel that you must pursue these last steps or assume that, without them, you would not know grace or God.

These last steps are meant to amplify God and grace in the life. It is meant to bring your level of mastership to completion and fruition. But, all along the way, you are loved unconditionally and, as you understand that, you will open your eyes to grace in your life in the subtlest ways.

Do not assume that you cannot have these glorious words called 'God' and 'grace' unless you are a living Master, unless you have overcome your personal temptations. Nothing could be further from the truth. Each of you have walked the path of your own individual spirituality... and this is your personal unfoldment, not the glorious words, but your own dedication, your own persistence and your

own willingness to experience God in the moment that you are now living.

Love yourself unconditionally, be patient with yourself and be aware that, through intuition and creativity, there is grace... through the unexpected solution to your problems there is grace... through your appreciation of a beautiful day there is love of God.

Do not assume that it must take on mystical qualities overnight. That is well if that is what your inner direction is, but it is not our message that you 'must.' Our message is that you must appreciate the divinity of your own being, that you must listen to your heart and that you must have great faith and love God unconditionally.

There are those of you who will, however, be drawn into these final steps. The reminder is to be patient and, moreover, forgiving of yourself and of all the conditions and circumstances in your life. These final steps are arduous tasks. They can be compared to walking across the burning coals and having faith that, as the old life drops away, the new life will emerge.

This takes great courage and fortitude. It can and does lead to a renewal of the life, to a renewal of the inner spirit and to an understanding that is unparalleled. But the moments leading up to such an understanding can be quite harrowing.

So, our words to you are to listen to your heart, to see where you are on the path (not where someone else is), to let that unfoldment gently take you forward and to understand that, as you move more and more into mastership, you may experience the personal side... that



of your temptations... with more intensity, until they, too, fall away as you do not exchange energy with them and you develop enough insight to realize what is occurring. It is now for you to listen to your own heart, the messages of your own sacred being to you, and to move forward in the life spiritually every day.

So then, we will have our final meditation together. And so, we would say to you then... blessings.

**FINAL MEDITATION: THE SPIRITUAL SIDE and THE HUMAN SIDE**

So then, sit back, make yourself comfortable and open your crown chakra, palms and feet. Call in the pink light, now, and let this wonderful, radiant pink light fill you.

As this light completely fills and blesses you, begin to let it flow out of you. And, as that light flows out of you, just notice that you are not without the feeling of light.

As you have an opportunity to experience yourselves for a moment, let whatever light is inside you reveal itself and fill you... whatever light, whatever color.

Visualize yourself, now, filled with that same color and realize that, with this visualization, you are visualizing the spiritual you.

So, just send a message, now, to your spiritual 'you' of acceptance and love. Send that message of acceptance and love.

Now, let the spiritual you send you a message of acceptance and love, as the spiritual you accepts the human side of you.

Just feel that acceptance and love flowing from the spiritual you to the human side of you... and know that it is a great blessing to experience love and acceptance from one side of the self to the other.

Ask that spiritual you if it has a message this evening to the human you, the human side of you.

Fill that message with light and love, then release it and ask the human side to reveal its message to the spiritual you.

Now, exchange forgiving energy from the spiritual you to the human you. That is very, very good.

See a violet light between the human you and the spiritual you. Just feel a deep heart connection taking place from the spiritual you to the human you as this connecting violet light bonds the two of you in a way that you can visualize and understand.

Let the spiritual you on that violet bridge, that violet ray, that connecting light, send the human you a gift of peace. Just feel that peace flowing into your physical being. That is very, very good.

Now, extend that peace to your planet. Extend that peace to your planet... and let it flow back into the room, now, as you share your peace, as your parting gift to one another.

Just let that be your gift, now, to one another... peace.

Feel peace returning to you, broadened and deepened by its travels around the world and to your friends. So, just feel your sense of peace becoming deeper and deeper, and more and more nurturing and satisfying.

Ask this peace, as it flows through you, if it has a message for you and simply accept that message now.

Now visualize, once again, the spiritual you filled with light.

Visualize yourself... as you see yourself with that connecting violet light... see the two of you gradually merge into one, so that you are filled with light and a sense of your own spiritual nature and peace.

As we close this meditation, give thanks to God for All-That-Is, All-That-Has-Been and All-That-Will-Be.

Know that you have seen who you truly are. Do not be afraid to live with that every day, for it is truly you. You are truly spiritual and you are truly human.

And so, now, we would say to close your chakras, let any excess light be removed and, at your own pace, you can begin to return to the room, opening your eyes.

We hope that you have benefited from these words. And, as we part, we want you to know that all you have to do is to re-experience and remember that peace and to know that is your spirituality... peace.

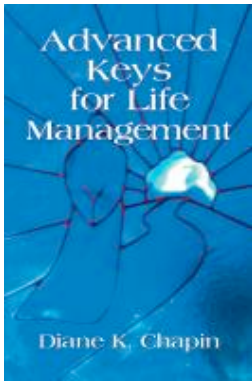
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So now, go in peace, live lovingly and compassionately and be patient with yourself as you experience the personal side of mastership.

We would say to you then, blessings. Blessings to you and live courageously from your heart.

Blessings, blessings.

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