

A woman wearing a red beret, a black coat, and blue jeans is walking away from the camera through a dark, circular stone archway. The archway is built with large, weathered stones and is surrounded by lush green moss and foliage. The scene is set in a forest with a gravel path leading through the archway.

the WALK

*Leigh McMehan
poetry*



the WALK is a gentle book about those moments in life that remind you how to live fully and appreciate everything you did right or wrong for the experience of it all. It's about breathing after being suffocated for years. It's about moving in a new direction that feels natural and effortless, trusting your legs to be the only compass you'll ever need. the WALK is about walking the walk - your way - in living color...

the Walk

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Poetry

Leigh McMehan

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Second Edition

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The Muse

A beautiful word
appears out of nowhere.
A soft whisper of a verse
sets the tone for a poem.

In the quiet of night
words begin to stir
with creative intensity
bringing a few lines to life.

Who is it that teases me
with the flow of perfect verse
and quickly takes it away?

It's the reason I wake at 3 a.m.
from an impatient, elusive muse.
A muse who wants someone to talk to.

Piano Memories

Piano memories
cling to the keys
of an old Steinway
she used to play.

Haunted by a song
heard only by her
plays over & over
inside her head.

Abandoned lyrics
find the strength
to rise above the spell
of a writer's insecurity.

Fluid fingers
with intuitive reach
caress the keys
in all the right places.

Releasing a song
longing to be born
in an effortless flow
of perfect harmony.



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