

*The mysteries of life; many people believe in the unique and puzzling possibility of reincarnation and past lives. To consider that we have lived before and had different lives is a fantastic conception. Wouldn't it be wild and wonderful? This book is a fantasy story.*

## **The Journey**

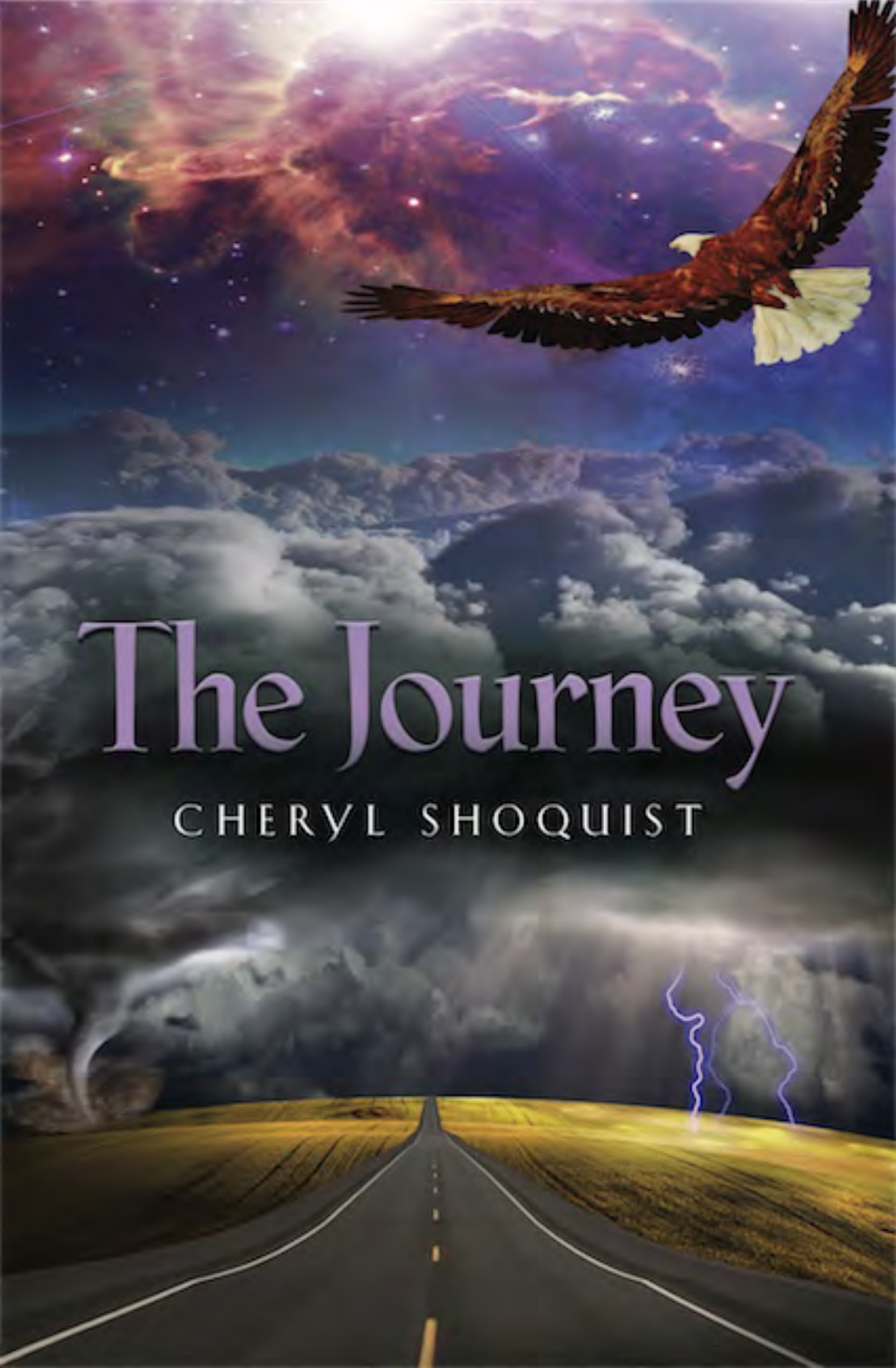
by Cheryl Shoquist

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# The Journey

CHERYL SHOQUIST

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## Biography

I, Cheryl Shoquist, live in Spokane Washington and have been a writer for many years publishing my work in books and on the internet on various sites such as Drunkenland, Facebook and Twitter, to name just a few. Each one of my books is created to pertain to a different genre of literature. My book titles are; Echoes in the Darkness, Drunkenland, and Moments in Time. This book, The Journey, is a tale that would fit into the genre of Fantasy. This book tells a tale of one couple's journey from one past life to another until they reach the end of their journey, and make it home. I find the whole conception of past lives exciting and intriguing so I decided to write this book. Within the pages of this book is a fantasy story depicting the mysterious realms of past lives and how it could have all began. I profess no specific knowledge or expertise on the subject. I have just thought about all of the complexities of it for many years and decided that I would put my thoughts on it, within the pages of this book. Everyone has an opinion and this is mine. I hope you enjoy the possibility of this wondrous depiction.

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**The Journey**  
**By: Cheryl Shoquist**

**Prologue**

The mysteries of life...Scientists, theologians, professors, laymen and many more people from all walks of life have studied the mysteries of life trying to unravel the truth behind the divine existence of humans, where and when it started and how it evolved to where we are today. Everyone has an opinion on it. Everyone has a belief.

Dreams and visions, deep feelings and senses, déjà vu and psychic phenomenon of the mind are all extremely controversial topics. Some people believe in reincarnation and some people believe that whatever they dream or sense deeply will certainly come true.

The human mind is an intricate machine. It contains many levels of distinction, two of which are the conscious and subconscious memory banks. The first, the conscious memory bank is the one that we all use every day. It's the memories that we are conscious of at all times. What we did or what happened to us, certain events that struck a remembrance inside of us. The conscious memory is what we use to remember things that happened today, yesterday, weeks and years ago.

The subconscious memory bank works a lot like the conscious memory bank with one exception. Whatever information is stored into the subconscious memory bank cannot easily be remembered like all of the information in our conscious memory banks. The subconscious memory has all of the information that our conscious memory has, but the conscious memory chooses to remember certain things and the subconscious purposely blocks out other things like trauma, severe heartache, grief and sadness that has happened in a person's life that was so devastatingly painful that remembering it is just too much to bear so it's blocked out of the conscious mind and completely forgotten but it really isn't completely forgotten or lost information because it is all stored in a subconscious memory bank

just like papers in a file cabinet never lost or forgotten just put away for another time.

People that have serious head injuries often forget a lot of their past but it can be remembered. Different things cause a subconscious to expel its contents. Hypnosis is one very effective way to do that. Other things can trigger the remembrance of those memories; a person, a place, an accident and even head injuries can release memories as well as dreams, visions and strong psychic feelings can all start the ball of remembering to roll spilling the contents a little at a time or cascading at all once.

Many people don't believe in reincarnation and yet many others do. There have been many studies on the subject and many findings have been presented. The keys to unlocking the mysteries and the probability of reincarnation can sometimes be found in dreams and deep psychic feelings.

Dreams can mean and be brought on by a multitude of different things. It has been scientifically stated that everyone has dreams while they are asleep. Some people remember their dreams and remember them in specific detail and others don't remember anything at all.

The possibility of the "past life" phenomenon is quite unique and puzzling. To consider that we have all lived before, had different lives, lived in different times that is a fantastic conception. Some even believe that our fears today come from a past life experience and unbeknown to us we take something from a past life and bring it into the present. Feelings of déjà vu are claimed by some to be remembrances of past lives. Running into someone and saying "don't I know you from somewhere?" are some of those feelings that are claimed to be from another time and place.

In thought, wouldn't it be wild and wonderful to have many different lives. If we all knew that this was a reality, how would we feel about each life? Would we disregard the difficult ones, would we choose to end some of them knowing we could go on to the next? Some of us are unhappy with the life we have been given and in all regards some people unfortunately end up with a crappy life filled with abuse, neglect, loss of family members or just one hard knock

after another. Life in general is supposed to be a learning experience, one that teaches us moral values and allows us to practice them. It also teaches us the reverse and allows us ways to learn to cope, to overcome and to make a choice. Do we want to travel down the wrong road, knowing that it leads to trouble or do we want to make the choice of the alternate road that leads to the accomplishments of learning, doing and staying on the moral path? Either way, if we knew that there was a whole new life ahead of us, a “do over,” so to speak, what impact would that have on the one that we are living?

Some people really believe that we have one and only one life to live. I personally would hope not. My little sister died three days after she was born. We have been created by a loving and merciful God and with that in mind and if there were only one life for each of us, why.....why did my little sister only get three days? Is that injustice, or is it that she fulfilled a life and got what she came to do with it, and has moved on to the next? I suppose we will never know until it is our time to know, but until then speculation rages on about this deeply controversial and phenomenal subject.

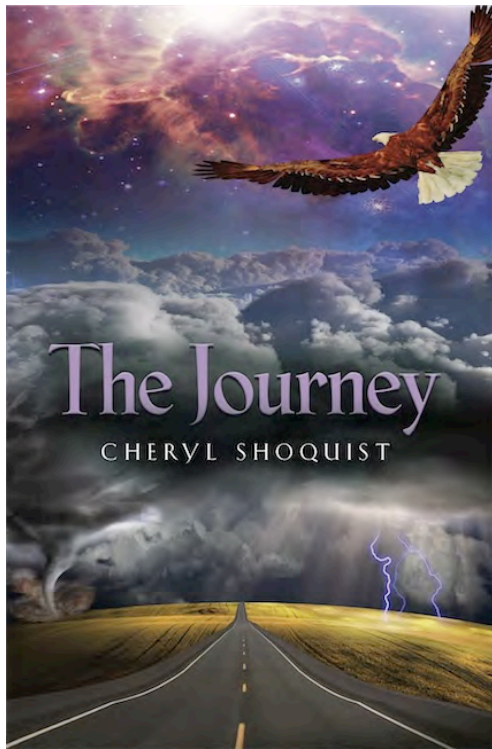
Some people know their life journey or life's work and others do not and many stumble in search of their own purpose. We don't understand why God puts us where we are but there is always a reason. Just because we are not a certified Teacher, does not mean that we are incapable of teaching something to others. Just because we are not a registered nurse does not mean that we are incapable of giving care to another human being and of course we are a stubborn lot and God actually gave us the gift of “free will” to make our own choices. I suppose that kept us from being robotic children. Yet, sometimes we all need the metaphorical hit on the head by life and by others to keep us from constantly having to redeem ourselves and our actions. We also need to learn to be happy with the hand that we are dealt in life, at least to some degree find some happiness to it, even if the hand is all 2's; 2's are wild in a lot of card games.

I find the whole conception of past lives exciting and intriguing so I decided to write this book. Within the pages of this book is a fantasy story depicting the mysterious realms of past lives and how it could have all began. I profess no specific knowledge or expertise on



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